



Homeward Bound, Inc.

Providing comprehensive drug and alcohol treatment for over 25 years



2020

Homeward Bound Programs

Dallas

Outpatient & MAT

315 Sunset St. Dallas, Texas, 75208

Satellite Outpatient Services: The Colony & Corsicana

SUD Residential, Psychiatric Crisis, MH Outpatient and Peer Support

5300 University Hills Blvd. Dallas, Texas 75241

(214) 941-3500

El Paso

Outpatient & Residential

8716 Independence Rd, El Paso, Texas 79907

(915) 772-9111

HOMeward BOUND

- **Established in 1980**
- **Mission Statement**
 - To promote the development of positive behavioral health and independence for individuals and families caught up in the cycles of substance abuse and addiction, criminal behavior and mental illness.
- **Homeward Bound Program Goal:**
 - To offer client-centered rehabilitation and development programs that enhance quality of life and interrupt the process of disease and personal disintegration that results in imprisonment, institutionalization or death

HOMeward BOUND

Programs

- Intake & Assessments
- Detoxification
- Psychiatric Crisis Residential
- Residential units (male & female)
- Statewide HIV Residential Unit (CD-HIV-MH)
- Outpatient Group and Individual Counseling
- SUD Recovery Support Services
- CMHP–Outpatient Mental Health
- COPSD – Co-occurring SUD/MH
- Mental Health Peer Support
- MAT – Medication Assisted Treatment

Other Local Services

- Criminal Justice Residential
 - 30 to 60 Days per court order
 - DIVERT Court
 - MH Jail Diversion
 - SAMHSA Jail Diversion
 - Legacy Court
 - Dallas County CSCD
 - Collin County CSCD

Detoxification

Detoxification Program

- **25 Beds for men and women**
- **Medical Interventions for Withdrawal Symptoms from Substance Abuse**
 - **Primary Admissions:**
 - **Opioids – Heroin, Illegal Prescription Drugs**
 - **Alcohol – Life threatening seizure precautions**
 - **Multidrug combinations – benzodiazepines +++**
 - **Methamphetamines – on the rise again**
- **Typical Stay, 4 to 6 Days**
- **Can initiate MAT at this point**
- **Peer Engagement to Determine Motivation to Change**

Men's Residential

Men's Residential Program

- **24 Bed Unit**
- **28 – 60 Day Stay**
- **Average Age: 34-36**
- **Years of Drug Use: 14**
- **Prevalent Substances:**
 - Opioids
 - Alcohol
 - Polydrug Involvement
- **Specialty Services:**
 - Parenting Classes
 - HIV/ STI Testing and Resources



Women's Residential

Women's Residential Program

- **19 Bed Unit**
- **28 – 90 Day Stay**
- **Average Age: 32**
- **Years of Drug Use: 8+**
- **CPS Involvement: 40+%**
- **Substances:**
 - **Opioids/Heroin**
 - **Alcohol**
 - **Benzodiazepines**
- **Specialty Services:**
 - **Domestic Violence**
 - **Women's Health**
 - **HIV/ STI Testing and Resources**
 - **Parenting Classes**



SUD Outpatient

Outpatient Program

- **Dallas – Bishop Arts District**
- **Downtown Corsicana**
- **The Colony (NFM)**

- **Current Roster = 218**
- **Intake Monday-Friday**
- **Flexible Access**
 - **Groups:**
 - **M-F 9-12:00 or 6-9:00**
 - **Family Program - Saturday**

- **Continuing Care**
 - **Group and Individual Counseling**
 - **SUD Education**
 - **Medication Assisted Treatment Available**
 - **Screening and Connection to Local Health Care/HIV Service Providers**
 - **Employment or Vocational Guidance**

Recovery Support

SUD Recovery Support Services (RSS)

- **314 Participants**
- **10 Recovery Coaches embedded in the Residential and Outpatient programs**
- **Engagement and Encouragement from Inquiry to Intake and transitioning between Levels of Care**
- **Peer Recovery Activities**
 - **Alumni Meetings and Events**
 - **Direct Connection to Community Resources**
 - **Drivers License**
 - **Birth Certificate**
 - **Employment or Vocational Support – Clothes, Tools**
 - **Sober Housing**
 - **Transportation Assistance**
 - **Court Support**

Crisis Residential

Psychiatric Crisis Residential

- **18-bed unit for men, women, and transgender**
- **Average Length of Stay: 7 days**
- **Goal: Stabilize and Connect**
- **Simultaneous treatment for Mental Health and Detoxification needs**
- **Psychiatric Medication Stabilization & Management**
- **Visitation for family/support system**
- **2019 Admissions = 888**
 - **Schizophrenia – Schizo-Affective**
 - **Depression – Suicidal**
 - **BiPolar – Mania**
 - **Drug-Induced Psychosis**

CMHP

CMHP – Comprehensive Mental Health Program

- **Outpatient currently located at 5300 University Hills**
- **Soon expanding to 315 Sunset**
- **Medication Management**
- **Therapy**
- **Case management**
- **Served 245 consumers from October-December 2019 (143 unduplicated)**



Peer Support

Mental Health Peer Support

- **Persons with “Lived Experience”**
- **Served 233 peers from October-December 2019**
- **Assistance with:**
 - **Medication management**
 - **Housing**
 - **Birth certificate, social security card, driver’s license**
 - **Group facilitation**
 - **Encouragement**
 - **Life skills development**
 - **Service to peers in Homeward Bound’s programs**
 - **Service to peers who are in other NTBHA-funded programs**



Statewide

- **Statewide Residential**

- 16-bed unit for men, women, and transgender clients
- 60-day length of stay

- **Achievement Measures**

- To get people newly diagnosed or out of healthcare 6+ months, on HIV medications, a balanced diet, engaged with health services and Case Management Services
- People currently in care to become medication compliant, keep all of their medical appointments and try to reach a virally suppressed status by time of discharge

Statewide

- **Admission Criteria:**

- **Labs taken within the past 90 days showing**

- ✓ **Viral Load**

- ✓ **CD4 Count**

- ✓ **Chem-20 Panel**

- ✓ **CBC**

- ✓ **TB Test Results *We can test on site if needed**

- **Must pass medical assessment at time of intake**

Statewide

Program Objectives

- **Facilitate self-care** - accomplished through the combination of three major components:
 - Client Education
 - Client Counseling
 - Self-help Facilitation
- **Service Enrollment**
 - Connecting clients with HIV care

Statewide

● Treatment Approach

- Motivational Interviewing, CBT
- Seeking Safety
- Medication Assisted Treatment
- HIV/STI Education, Testing, and Resources
- Medical and Psychiatric Referral
- 12 Step and Faith-Based Support
- Alternative Recovery Programs
- Community Resources
- Recovery and Peer Specialist Support

● Discharge Approach

- Sober & Drug Free Housing in Home Community
- Continuing Care through Outpatient Counseling
- Peer Recovery Activities
- Connection to Local Health Care/HIV Service Providers
- Employment or Vocational Opportunities
- Clothing Assistance
- Family Communication and/or Reunification

Statewide

2019 Statistics

- **133 Admissions**
- **Gender**
 - **Male: 114 (86%)**
 - **Female: 10 (7%)**
 - **Transgender: 9 (6%)**
- **Race**
 - **African American: 60 (45%)**
 - **Caucasian: 50 (38%)**
 - **Hispanic: 21 (16%)**
- **Primary Drug Abused**
 - **Methamphetamine: 67 (50%)**
 - **Alcohol: 28 (21%)**
 - **Cocaine/ Crack: 21 (16%)**
 - **Marijuana: 9 (6%)**
 - **Opiates: 6 (4%)**
 - **K2: 1 (<1%)**
 - **PCP: 1 (<1%)**
- **IV Use**
 - **48 (36%)**

Statewide Contacts

Wendy Cohen, LCDC

Statewide Clinical Manager

wcohen@homewardboundinc.org

214-941-3500 x445

Grant Johnson

Statewide Intake Coordinator

gjohnson@homewardboundinc.org

214-941-3500 x290

Melissa Cade, MSW, LCDC, LBSW

Clinical Director

mcade@homewardboundinc.org

214-941-3500 x439



HOMeward BOUND

