# Sample Resolution

# \_\_\_\_\_\_\_\_\_\_\_\_\_\_ ISD School Health Advisory Council

# Recommendations on Requiring High School Health Education

# Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**WHEREAS**, §28.004 of the Texas Education Code requires school districts to consider the recommendations of the local school health advisory council before changing the district's health education curriculum or instruction; and

**WHEREAS**, §28.004 of the Texas Education Code also requires the local school health advisory council to recommend to the School Board the number of hours of instruction to be provided in health education; and

**WHEREAS**, there is national, state, and community concern about the increase in obesity, diabetes, mental health risks and other health conditions among school-age youth; and

**WHEREAS**, the Texas Legislature passes numerous health-related laws that impact instruction of public school students, thereby indicating a general concern about the health of students, including requirements in child nutrition, wellness, physical education, health education, physical fitness assessments and reporting, coordinated school health, suicide awareness and prevention, substance use and abuse including, but not limited to, alcohol abuse and misuse, drug abuse and misuse, , vaping and e-cigarette education and prevention the operations of local School Health Advisory Councils; and

**WHEREAS**, adolescents often engage in risk-taking behaviors, and

**WHEREAS**, the number of teen birth and repeat teen birth rates nationally, in Texas, and in \_\_\_\_\_\_\_\_\_ County is cause for concern; and

**WHEREAS**, adolescents need information about various dimensions of health in order to make good decisions about their well-being, development, and safety; and

**WHEREAS**, the local school health advisory council has considered that local community values are reflected in any recommendation made by the council;

**NOW THEREFORE**, based on this information, be it resolved that the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Independent School District School Health Advisory Council (SHAC) recommends that high school heath education should be required for all students in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ISD.

Approved and adopted the \_\_\_\_\_\_\_\_\_\_day of \_\_\_\_\_\_\_\_\_\_ 20\_\_\_. We, the undersigned, hereby certify that the foregoing Resolution was duly adopted by the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ISD SHAC.

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