

FOOD EXPOSURES – in the 7 days prior to illness (provide as much detail as possible and include locations/address of exposure or purchase)

Ground beef exposure:

Did the case **handle or prepare ground beef at home**? Yes No Unsure

Brand, when, how prepared (tacos, casserole, hamburger, rare): _____

Did the case **eat ground beef at home**? Yes No Unsure

Brand, when, what (tacos), how prepared (rare): _____

Did the case **handle, prepare or eat pre-formed raw, pre-cooked or frozen ground beef patties**? Yes No Unsure

Brand, when, where, how prepared (rare): _____

Did the case **eat ground beef outside of home** (at another's house, restaurant, food truck, fast food chain, social event or gathering)?

Yes No Unsure

Where, what (tacos, burger), when, brand, how prepared (rare) : _____

Other beef exposure:

Did the case **handle or prepare any other beef products at home** (steak, sirloin, tri-tip)? Yes No Unsure

What (steak), when, brand, how prepared (rare): _____

Did the case **eat any other beef products at home** (steak, sirloin, deli meat, jerky, frozen meals)? Yes No Unsure

What (steak, carne asada), where, when, brand, how prepared (rare): _____

Did the case **eat any other beef products outside of home** (at another's house, restaurants, food truck, fast food outlet, social event)?

Yes No Unsure

What (steak), where, when, brand, how prepared (BBQ, rare): _____

Other meat exposure:

Did the case **handle, prepare or eat bison**? Yes No Unsure

Where, what (steak, BBQ, sandwich), when, brand, how prepared (rare): _____

Did the case **handle, prepare or eat venison, elk, boar or any other game meat**?

Yes No Unsure

What, where, when, brand, how prepared (steak, taco, rare): _____

Did the case **eat dried or fermented meat** (jerky, pepperoni, salami, lunch meat, summer sausage)?

Yes No Unsure

What, where, when, brand, how prepared (on pizza, in sandwich): _____

Did the case **handle, prepare or eat any other meat products** (such as poultry, pork, lamb, goat)?

Yes No Unsure

What (chicken, turkey, lamb), where, when, brand, how prepared (roast, in sandwich): _____

Dairy or juice exposure:

Did the case **drink any raw or unpasteurized milk**? Yes No Unsure

Where, when, brand: _____

Did the case **eat any cheese or dairy products made from raw milk**? Yes No Unsure

What (queso fresco, queso blanco), where, when, brand: _____

Did the case **eat any artisanal or gourmet cheese** (feta, brie, camembert)? Yes No Unsure

What, where, when, brand: _____

Did the case **drink any raw, freshly squeezed or unpasteurized juice or cider**? Yes No Unsure

What, where, when, brand: _____

Lettuce and greens exposure:

Did the case **eat iceberg lettuce** (prepackaged, whole, shredded, in a salad, burger, sandwich)?

Yes No Unsure

Where, when, brand, how prepared, how packaged: _____

Did the case **eat romaine lettuce** (prepackaged, whole, shredded, in a salad, burger, sandwich)?

Yes No Unsure

Where, when, brand, how prepared, how packaged: _____

Did the case **eat spinach** (prepackaged, whole, shredded, in a salad, burger, sandwich)?

Yes No Unsure

Where, when, brand, how prepared, how packaged: _____

Did the case **eat other leafy greens** such as **mesclun or red leaf lettuce** (prepackaged, whole, shredded, in a salad, burger, sandwich)?

Yes No Unsure

Where, when, brand, how prepared, how packaged: _____

Sprouts exposure:

Did the case **eat sprouts** (in a salad, sandwich)? Yes No Unsure

Where, when, what type, how prepared, how packaged: _____

Animal contact:

Did the case **visit a petting zoo**? Yes No Unsure

What animals, where, when: _____

Did the case **visit, work or live on a farm with animals**? Yes No Unsure

What animals, where, when: _____

Animal contact continued:

Did the case visit a county/state fair, 4-H, livestock show or other events where animals were present or involved?

Yes No Unsure

What animals, where, when: _____

Did the case have contact with any animals of any kind or visit a location where animals were present?

Yes No Unsure

What animals, where, when: _____

Did the case have contact with animal feces (dried/pellets, manure, pet droppings, owl pellets for science projects)?

Yes No Unsure

What, where, when, brand: _____

Did the case have contact with animal food products (pet chews, pet or livestock food or feed, wet and dry foods)?

Yes No Unsure

What, when, where, brands, packaging: _____

Shopping locations where food was purchased or eaten at:

Grocery store, supermarket Warehouse store Small/mini market Ethnic market Health food store, co-op Fish market
 Butcher Farmers market, roadside stand Other: _____

Please list the grocery stores, markets, warehouse clubs where food is commonly purchased (or during exposure period) for food consumption:

Name, Address, Ph., Dates, Shopper card #: _____

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Name, Address, Ph., Dates, Shopper card #: _____

Name, Address, Ph., Dates, Shopper card #: _____

Sources of food prepared outside of home during exposure period:

National fast food chain Mexican Italian Seafood Jamaican, Cuban, Caribbean
 Steakhouse, grill BBQ Buffet Vegetarian, vegan Middle Eastern, Arabic, African
 Deli, sandwich shop Diner, café Catered event Take-out Asian (Chinese, Japanese, Indian)
 Breakfast, brunch School, institution Cafeteria (work, school)

Other: _____

List the names, food consumed, addresses, dates: _____

OPEN ENDED FOOD HISTORY

Recollection of the foods commonly eaten daily in the 7-day period prior to onset: ___/___/___ TO ___/___/___

Start with the day of illness onset and work backwards.

Day 1 – Date of illness onset (_____, ___/___/___)

Time of illness onset: ___:___ am/ pm

Breakfast

Home or

Out:

Lunch

Home or

Out:

Dinner

Home or

Out:

Other/Snacks

Day 2 – Day prior to onset (_____, ___/___/___)

Breakfast

Home or

Out:

Lunch

Home or

Out:

Dinner

Home or

Out:

Other/Snacks

Day 3 – Second day prior to onset (_____, ___/___/___)

Breakfast

Home or

Out:

Lunch

Home or

Out:

Dinner

Home or

Out:

Other/Snacks

Day 4 – Third day prior to onset (_____, ___/___/___)

Breakfast

Home or

Out:

Lunch

Home or

Out:

Dinner

Home or

Out:

Other/Snacks

Day 5 – Fourth day prior to onset (_____, ___/___/___)

Breakfast

Home or

Out:

Lunch

Home or

Out:

Dinner

Home or

Out:

Other/Snacks

Day 6 – Fifth day prior to onset (_____ , ____ / ____ / ____)

Breakfast

- Home or
- Out:

Lunch

- Home or
- Out:

Dinner

- Home or
- Out:

Other/Snacks

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 7 –Sixth day prior to onset (_____ , ____ / ____ / ____)

Breakfast

- Home or
- Out:

Lunch

- Home or
- Out:

Dinner

- Home or
- Out:

Other/Snacks

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Day 8 –Seventh day prior to onset (_____ , ____ / ____ / ____)

Breakfast

- Home or
- Out:

Lunch

- Home or
- Out:

Dinner

- Home or
- Out:

Other/Snacks

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Thank you for your assistance with our investigation.

Should we need to contact you again, what would be the best phone number to reach you? Ph: (_____) - _____ - _____

What is a good alternate contact phone number? Ph: (_____) - _____ - _____

Do you have an email address we could contact you on? _____

ADDITIONAL COMMENTS: _____
