

# Black MSM who are HIV-Positive and in Care in Texas

## The Medical Monitoring Project (MMP)

- MMP is a surveillance survey funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about adults who are HIV-positive and receiving medical care in the United States.
- From 2009 to 2014, Texas and Houston MMP sites interviewed 2,679 adults who are HIV-positive and receiving care in Texas. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this fact sheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

## Characteristics of Adults who are HIV-Positive and in Care in Texas, MMP, 2009-2014

- 74% were male and 24% were female, and 2% were transgender
- 60% were men who have sex with men
- 37% were black/African-American, 30% were Hispanic or Latino, and 30% were white
- 28% had been diagnosed with HIV less than 5 years at the time of their interview
- 28% had private insurance, 43% had public insurance only, 23% had Ryan White coverage only, and 5% were uninsured
- 43% had a household income at or below the poverty line
- 6% experienced homelessness

## Characteristics of Black MSM who are HIV Positive and in Care in Texas

- 30% diagnosed with HIV less 5 years at the time of their interview
- 31% had private insurance, 44% had public insurance only, 20% had Ryan White coverage only, and 5% were uninsured
- 43% had a household income at or below the poverty line
- 9% experienced homelessness

## HIV Treatment and Prevention Measures among Black MSM who are HIV-Positive and in Care in Texas\*

| Characteristics                                   | Prescription of ART <sup>1,2</sup> (%) | ART Dose Adherence <sup>3,4</sup> (%) | Sustained Viral Suppression <sup>2,5</sup> (%) | Receipt of Condoms <sup>3,6</sup> (%) | HIV Prevention Counseling <sup>3,7</sup> (%) |
|---|--|---------------------------------------|--|---------------------------------------|--|
| <b>Total, all participants, N=2679</b>            | 91                                     | 84                                    | 67   | 49                                    | 40   |
| <b>Black MSM, N=424</b>                           | 89                                     | 78                                    | 58   | 57                                    | 50   |
| <b>Age of Black MSM Participants</b>              |  |                                       |  |                                       |  |
| 18-29 years                                       | 84                                     | 66                                    | 38   | 70                                    | 65   |
| 30-39 years                                       | 89                                     | 73                                    | 58   | 53                                    | 50   |
| 40-49 years                                       | 88                                     | 83                                    | 55   | 57                                    | 50   |
| ≥50 years   | 94                                     | 84                                    | 75   | 49                                    | 37   |
| <b>Insurance Status of Black MSM Participants</b> |  |                                       |  |                                       |  |
| Any Private Insurance                             | 88                                     | 76                                    | 64   | 44                                    | 46   |
| Public Insurance Only                             | 92                                     | 82                                    | 56   | 59                                    | 45   |
| Ryan White Coverage Only                          | 93                                     | 75                                    | 61   | 74                                    | 61   |
| Uninsured   | 45                                     | **                                    | **   | 55                                    | 66   |

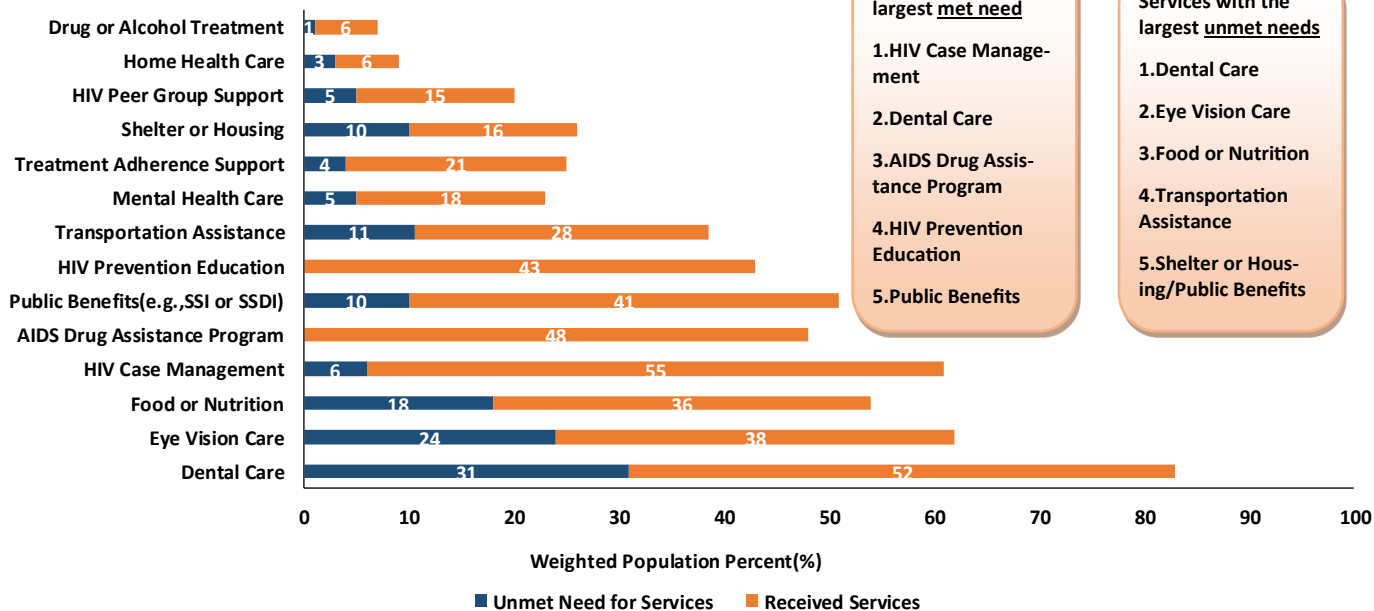
\*All data are from the past 12 months unless specified otherwise; \*\*Cell suppressed for small sample size;

<sup>1</sup>Antiretroviral therapy; <sup>2</sup>As documented in the medical record; <sup>3</sup>Self-reported; <sup>4</sup>Past three days;

<sup>5</sup>All viral loads in past 12 months undetectable or <200 copies/ml; <sup>6</sup>Received free condoms, not counting those given by a friend, relative, or sex partner;

<sup>7</sup>Given by a healthcare provider

## Met and Unmet Needs for Services among Black MSM who are HIV-Positive and in Care in Texas, MMP, 2009-2014



### Services with the largest met need

- 1.HIV Case Management
- 2.Dental Care
- 3.AIDS Drug Assistance Program
- 4.HIV Prevention Education
- 5.Public Benefits

### Services with the largest unmet needs

- 1.Dental Care
- 2.Eye Vision Care
- 3.Food or Nutrition
- 4.Transportation Assistance
- 5.Shelter or Housing/Public Benefits

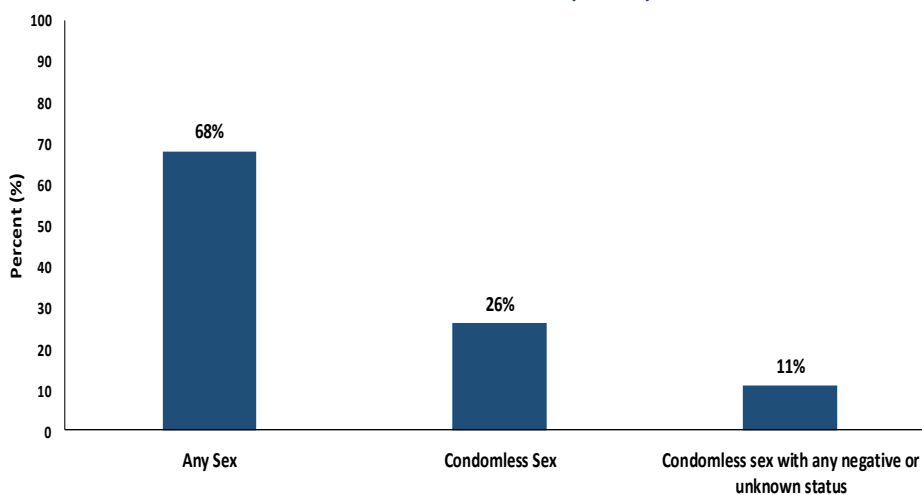
\*Eye or vision care data only available in 2013 and 2014

Abbreviations: SSI = Supplemental Security Income

SSDI = Social Security Disability Insurance

## Behavioral and Clinical Characteristics

### Sexual Behavior in the Past 12 Months among Black MSM who are HIV-Positive and in Care in Texas, MMP, 2009-2014



Notes: any sex = any oral, anal, or vaginal sex; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner=engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

### Substance Use in the Past 12 Months among Black MSM who are HIV-positive<sup>1</sup>

- 36% were current smokers
- 15% engaged in binge drinking<sup>2</sup>
- \*\* used injection drugs<sup>3</sup>

<sup>1</sup>Self-reported

<sup>2</sup>Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.

### STD Testing in the Past 12 months among Sexually Active Black MSM who are HIV-positive

- 63% were tested for syphilis
- 27% were tested for gonorrhea
- 32% were tested for chlamydia

### Influenza Vaccination in the Past 12 Months among Black MSM who are HIV-positive

- 79% received an influenza vaccine

Documentation of MMP methods can be found here: [http://www.cdc.gov/hiv/pdf/HSSR\\_MMP\\_2010-PDF01.pdf](http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf)

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Texas Department of State Health Services



<http://www.cdc.gov/hiv/statistics/systems/mmp/>

<https://www.dshs.texas.gov/hivstd/>