



Additional Resources

PrEP Facts

Understanding PrEP

» [cdc.gov/hiv/basics/prep.html](https://www.cdc.gov/hiv/basics/prep.html)

Start Talking. Stop HIV.

How to talk about HIV and HIV prevention

» [cdc.gov/stophivtogether/hiv-prevention/index.html](https://www.cdc.gov/stophivtogether/hiv-prevention/index.html)

Get Tested

Find STD/HIV testing nearest you

» [gettested.cdc.gov](https://www.gettested.cdc.gov)

Condom Locator

Find free condoms near you

» [texaswearscondoms.com/](https://www.texaswearscondoms.com/)

PrEP Locator

Find a PrEP provider near you

» [pleaseprepme.org](https://www.pleaseprepme.org)

Texas HIV Syndicate



TEXAS
Health and Human
Services

Texas Department of State
Health Services

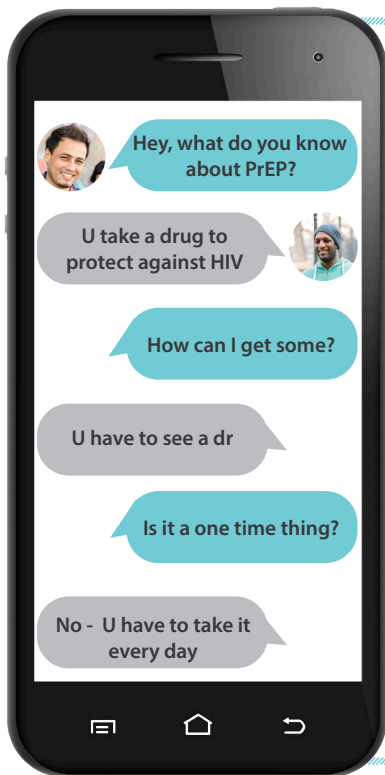
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Learn More About

PrEP

(Pre-Exposure Prophylaxis)





PrEP stands for pre-exposure prophylaxis. PrEP comes in two options: 1) a daily pill and 2) an injection once every two months. Research has shown that taken daily with other safer sex practices, like condoms, **PrEP** is 92 percent to 99 percent effective and can help protect you from getting HIV through sex.

PrEP is FDA-approved and may have different side effects for different people. You should consult your doctor to see if it is a good fit for you. Check out the resources provided on this flyer to ask your doctor-informed questions. People taking **PrEP** should allow their doctor to monitor them through the process. Regular and consistent doctor visits only ensure that the drug is working well for you.

PrEP is for anyone not living with HIV looking for an additional tool to protect themselves.

Love yourself and the ones you are with. **CONSIDER PrEP!**

What Questions Should I Ask My Doctor?

- Am I a good candidate for **PrEP**?
- What other options can I use to prevent myself from contracting HIV?
- How effective would **PrEP** be at reducing my vulnerability to contracting HIV?
- Are there any side effects?
- Can you prescribe **PrEP** for me here?
- Are there ways to help me pay for **PrEP** if I need assistance?
- How often do I have to test for HIV and other STDs?

Additional questions for those who may get pregnant or breastfeed:

- Can PrEP help me and my partner become pregnant if one of us is living with HIV?
- Can I take **PrEP** if I am pregnant or breastfeeding?