

Texas School Health Advisory Committee (TSHAC)
APPROVED February 28, 2022
10:00 a.m.
Department of State Health Services (DSHS)

Meeting Site:
TEAMS Virtual Meeting - John H. Winters Building
Public Hearing Room 125

Table 1: TSHAC member attendance at the February 28, 2022 meeting

MEMBER NAME	YES	NO	MEMBER NAME	YES	NO
Bajwa, Nomita, Pharm D	X		Naik, Neel, MD	X	
Cabra, Nydia		X	Rios, Eduardo	X	
Carollo, John	X		Saxton, Josette, MSSW	X	
Fudge, Barney	X		Schwind, Karen	X	
Gardner, Julie. MEd	X		Silvius, Pete		X
Glasscock, Bena, LPC	X		Surani, Zehra	X	
Kay, Patricia MD		X	Tyler, Amanda (Mandy), Med, RD		X
Kelly, Michael, PhD. Med, Chair	X		Wiseman, Rachel	X	
Mitchell, Li-Yu MD	X		VACANT		
Mosley, Michael		X	VACANT		

Agenda Item 1: Welcome/Call to Order/Introductions

The meeting of the TSHAC was called to order at 10:00 a.m., Monday, February 28, 2022 by Dr. Michael Kelly, Chair. Mr. Eric Owens, Health and Human Services Commission (HHSC) Advisory Committee Coordination Office announced the meeting was being conducted in accordance with the Texas Open Meetings Act and conducted the roll call and asked each member to briefly introduce themselves. Dr. Kelly provided the opening remarks to the committee, and members of the public. Ms. Rachel Wiseman, Committee Member representing DSHS, introduced DSHS staff; Nallely Trejo, Hayden Evans, and Olivia Holzum.

Agenda Item 2: Consideration of November 1, 2021, draft meeting minutes

Dr. Michael Kelly, Chair, called for a motion to approve the November 1, 2021 meeting minutes.

Motion: Mr. Eduardo Rios moved to approve the minutes from the November 1, 2021 TSHAC meeting as presented. Ms. Karen Schwind seconded the motion. Committee members unanimously approved the minutes with sixteen approves, no disapproves, no abstentions.

Agenda Item 3: Presentation from Health and Human Services regarding Mental Health and Suicide Prevention Resources

Ms. Laura Hernandez Gold, Program Specialist VI, HHSC, provided a presentation from the HHSC regarding Mental Health and Suicide Prevention Resources and referenced a PowerPoint entitled "School Mental Health and Suicide Prevention Resources". Highlights of the presentation and member discussion included:

- Ms. Laura Hernandez Gold shared information regarding the Texas School Mental Health Website and its features including frameworks, initiatives, and toolkits. She shared additional resources and contact information for the website.
- Dr. Michael Kelly, Chair, asked how the website will be publicized.
 - Ms. Hernandez Gold shared that the Texas Education Agency (TEA) is spreading it through their channels.
- Mr. Eduardo Rios thanked Ms. Hernandez for her presentation. He shared this will be a helpful tool in his local School Health Advisory Committee (SHAC).
- Ms. Josette Saxton thanked Ms. Hernandez for the presentation and appreciated how robust the website is. She stated that the resources can help inform districts on mental health and supportive school climate.
- Ms. Nomita Bajwa thanked the presenter especially for the Importance of Language portion. She shared she has parent educators in her district and asked if there was a presentation around the importance of language they could use.
 - Ms. Hernandez Gold shared she is not sure if there is currently a training but knows of a resource pamphlet around language.
- Ms. Karen Schwind shared she supports other comments. School nurses are also on front lines hearing about the mental health and physical health. This is a wonderful program and hadn't heard of it. She will share with all members of her school community.
- Mr. Barney Fudge shared his congratulations on collaboration with TEA.
- Ms. Bena Glasscock shared that counselors have received this resource through service centers, but it needs to be shared further.
- Dr. Kelly shared the committee is very excited to support and share the resources provided.

Agenda Item 4: Discussion related to House Bill 3489, 87th Legislature Regular Session, 2021, relating to integration of digital devices

Ms. Rachel Wiseman, DSHS, provided an update from leadership related to House Bill 3489, 87th Legislature Regular Session, 2021, relating to integration of digital devices and referenced a handout entitled "House Bill 3489". Highlights of the update and member discussion included:

- Ms. Rachel Wiseman shared that following a discussion with leadership, it was determined that HHSC is the leading agency on this bill. She shared they will consider DSHS and TSHAC when they are ready to collaborate.

Agenda Item 5: Discussion related to Senate Bill 9, 87th Legislature 2nd Special Session, 2021, and House Bill 1525, 87th Legislature, Regular Session, 2021, which amended Education Code, §28.004, relating to SHAC meeting requirements and curriculum recommendations

Ms. Rachel Wiseman, DSHS, provided an update related to Senate Bill 9, 87th Legislature 2nd Special Session, 2021, and House Bill 1525, 87th Legislature, Regular Session, 2021, which amended Education Code, §28.004, relating to SHAC meeting requirements and curriculum recommendations and referenced a handout entitled "House Bill 1525".

Highlights of the update and member discussion included:

- Ms. Rachel Wiseman shared that the SHAC Guide is being updated to reflect changes from House Bill 1525 and Senate Bill 9. The new language in the statutes required us to update the DSHS guide to reflect the updates. Some of the changes include an update of the duties of each school district's local SHAC and recommending human sexuality instruction curriculum. It also changed SHAC public meeting requirements. Senate Bill 9 updated the duties of each school district's local SHAC in recommending child abuse, family violence, dating violence, and sex trafficking curriculum. DSHS has updated the guide and it will be posted online soon.

Agenda Item 6: Updates from subcommittees on document revisions and resources

Mr. Eduardo Rios, Ms. Nomita Bajwa, and Mr. John Carollo provided subcommittee updates. Highlights of the updates and member discussion included:

- Mr. Eduardo Rios shared update for Benefits to Students sub-committee. The group has reevaluated the recommendation document from 2016. The group has proposed new updated sources and is working to complete the revised document for input. They hope to present the completed document to TSHAC at the next meeting.
 - Mr. Barney Fudge asked if this document was circulated with committee or subcommittee members. He inquired if the document references previous sessions and senate bill 7-12 (86th legislative session) which discusses prohibited and perverse techniques for coaches and staff.
 - Ms. Rachel Wiseman confirmed that this is in the draft.
 - Dr. Michael Kelly, Chair, asked Mr. Fudge to share more about the bill.
 - Mr. Fudge shared it is about intervention and restriction training.
- Ms. Nomita Bajwa shared updates from the Health Education for all Texas Students sub-committee. She shared they have had two meetings so far. They've discussed how to adapt the document and how to encourage the half credit health class which is no longer required for graduation. The group is reviewing changed Texas Essential Knowledge and Skills (TEKS) and standards and will reach out to TEA about curriculum review process.
- Mr. John Carollo shared group members and updates for the Late Start sub-committee. Research in the existing document is still supported. The subcommittee is hoping to share the completed recommendation at the next meeting.
- Dr. Michael Kelly, Chair, thanked subcommittee members

Agenda Item 7: Open Discussion on current topics and trends in School Health

Dr. Michael Kelly, Chair, opened the floor for discussion on suggested topics from members/participants for the next meeting. Highlights of the discussion included:

- Ms. Nomita Bajwa shared she appreciates the opportunity. She was recently in a meeting around social media and the effect it has on kids. Discussion included screen times, content, and what kind of protection is out there. She is interested in how this intersects with student health.
- Ms. Karen Schwinn shared that school nurse practice is different from other types of practice. She is aware of a new school nurse orientation resource from DSHS and wanted to know the status of it.
 - Ms. Rachel Wiseman shared that the document is under review but stalled until the nurse is hired.
- Dr. Neel Naik shared that students at high risk for suicide are those who identify as Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ). He asked if there are resources for these particular students and resources for schools specifically to support these students
 - Ms. Wiseman responded that DSHS doesn't have a specific role, but Friday Beat resources are shared weekly.
 - Dr. Naik replied that best practice sharing could be helpful.
- Mr. John Carollo shared that athletic trainers are often excluded from health services in the districts. Education for athletic trainers is now under allied health and are licensed but not included. Since they have a large role in health of athletes, trainer association is trying to get more visibility on school health settings. As we move forward, they would like to see more committees for health of kids should include licensed athletic trainers.

Agenda Item 8: Workgroup assignments for resource updates

Ms. Rachel Wiseman, DSHS, provided updates to the TSHAC Document Revision Schedule and referenced handout titled "TSHAC Document Revision Schedule". Highlights of the update and member discussion included:

- Ms. Rachel Wiseman shared which items are currently being reviewed and which are scheduled for review. She shared that mental health is not currently scheduled for review.
- Mr. Eduardo Rios shared that due to COVID, he would like to discuss bullying and cyberbullying and would like to start progress on this toolkit.
 - Dr. Michael Kelly, Chair, asked if a group would like to start this
 - Mr. Rios said he would chair the committee
 - Ms. Bena Glasscock volunteered to help
 - Dr. Kelly asked anyone was interested in those
- Dr. Neel Naik asked about the Mental Health toolkit. He shared he is happy to update that and include resources from the morning presentation.
 - Ms. Wiseman agreed that would be helpful.
 - Mr. Rios volunteered to support Dr. Naik in that
 - Ms. Glasscock also volunteered to support this.
- Ms. Wiseman supported moving revisions to the Physical Activity document to spring 2024.
- Ms. Wiseman volunteered to edit SHAC Board Reports and Assessments
 - Mr. Rios agreed to support those revisions.

Agenda Item 9: Updates from the Texas Education Agency, Texas Department of Agriculture, and Texas Department of State Health Services.

Mr. Barney Fudge provided an update on the Texas Education Agency and Ms. Rachel Wiseman provided an update on the Department of State Health Services. Mr. Michael Mosley was unable to attend and as a result no updates were provided of the Texas Department of Agriculture. Highlights of updates and member discussion included:

- Mr. Barney Fudge shared the following updates:
 - House Bill (HB) 1525 and Senate Bill (SB) 9
 - Frequently Asked Questions (FAQ) documents have moved to legal review.
 - Physical Fitness Assessment
 - For the 2021-2022 academic year, physical fitness assessment data will be due to the agency on June 10, 2022.
 - The PFAI data collection tool opened on January 4, 2022, for the reporting of data.
 - Information and resources which include a Quick Start Guide: Physical Fitness Assessment Initiative (PFAI), PFAI File Information and Upload Help Template, PFAI Data Template Spreadsheet, and PFAI Data Submission FAQs have been posted to the [Physical Fitness Assessment Initiative](#) (PFAI) web page and are being provided to assist districts with a successful data submission.
 - For technical assistance, please email pfaiprogramsupport@tea.texas.gov.
 - Health Education and Physical Education TEKS Update
 - At the November 2020 State Board of Education (SBOE) meeting, the SBOE approved for second reading and final adoption revisions to the K-12 health education and physical education TEKS.
 - The revisions for health education and physical education include new standards for kindergarten–grade 8, three new high school courses for health education, and three new high school courses for physical education. The new health courses will be offered for one-half credit and the new physical education courses will be offered for one-credit.
 - The new health education and physical education TEKS were adopted to be effective and implemented beginning with the 2022-2023 school year with an effective date of August 1, 2022.
 - The new TEKS will replace the current TEKS in Texas Administrative Code, Chapter 115 [https://texreg.sos.state.tx.us/public/readtac\\$ext.ViewTAC?tac_view=4&ti=19&pt=2&ch=115](https://texreg.sos.state.tx.us/public/readtac$ext.ViewTAC?tac_view=4&ti=19&pt=2&ch=115) and Chapter 116 [https://texreg.sos.state.tx.us/public/readtac\\$ext.ViewTAC?tac_view=4&ti=19&pt=2&ch=116](https://texreg.sos.state.tx.us/public/readtac$ext.ViewTAC?tac_view=4&ti=19&pt=2&ch=116).
 - In the interim between now and the effective date, the new TEKS can be accessed on the Adopted State Board of Education Rules—Not Yet Effective web page <https://tea.texas.gov/about-tea/laws-and-rules/sboe-rules-tac/adopted-state-board-of-education-rules-not-yet-effective>.
 - Instructional Materials for Health Education and Physical Education

- At the November 2021 SBOE meeting, the SBOE approved instructional materials which address the new health education and physical education TEKS.
 - The list of approved instructional materials can be found by visiting <https://tea.texas.gov/sites/default/files/p2022-list-of-materials-adopted.pdf>.
 - The SBOE did not adopt any instructional materials for health education at the elementary level or instructional materials for physical education at the elementary or middle school level.
 - The physical education materials adopted were for high school and address the TEKS for Lifetime Fitness and Wellness Pursuits which is a new high school course that will be offered for credit beginning with the 2022-2023 academic year.
 - Please note that districts can use any instructional materials they wish to teach the TEKS. If the instructional materials haven't been vetted through the TEA process, districts must determine the extent to which the instructional materials meet the TEKS.
 - If you have further questions about instructional materials or the adoption process, please visit <https://helpdesk.tea.texas.gov/hc/en-us/categories/360001825294-Instructional-Materials> to fill out a help desk ticket.
- Ms. Rachel Wiseman asked when fitness gram data for this academic year will be ready
 - Mr. Fudge shared it doesn't close until June 10, 2022 so data is not available until 2023 fall.
 - Ms. Wiseman asked if there was any data the past 2 years.
 - Mr. Fudge said last year's data is still under review.
- Texas Department of Agriculture representative Michael Mosley was not present.
 - Ms. Rachel Wiseman gave the following DSHS updates:
 - Staff update
 - Nallely Trejo is the new Diabetes and School Health Branch manager. She started in the past two weeks and we are happy to have her as part of our school health team.
 - Ms. Anita Wheeler's position was reclassified to reflect the nurse licensure requirement and is currently posted on the HHS job application site. We hope to do interviews in the very near future, but we are still encouraging applications and feel free to share the posting widely.
 - Ms. Mary Cloud left the School Health program in January to take a position with HHSC. Her Program Specialist V position is currently vacant, and we hope to have it posted soon.
 - Mr. Hayden Evans was promoted within the school health team, he is now a Program Specialist IV.
 - In December, Olivia Holzum was hired to fill Mr. Evans previous Program Specialist III position. Going forward she will be taking over from Mr. Evans as the TSHAC liaison

- Program will begin the process of reviewing and updating the food allergy guidelines later this year. We will be reaching out to TSHAC members for input.
- DSHS would like to recognize and express our appreciation for all outgoing TSHAC members:
 - Ms. Mandy Tyler
 - Ms. Josette Saxon
 - Ms. Nomita Bajwa
 - Mr. Eduardo Rios
 - Dr. Michael Kelly, Chair
 - Dr. Neel Naik
 - Thanked everyone for their service. For those of you who can reapply, please do so. You should have received an email if you are eligible to reapply, but if you're unclear, please reach out to Olivia or the School Health team and we can let you know.
- We are currently soliciting applications for new TSHAC members
 - There are several different types of positions open, and we have a specific need for applicants for the school nutrition services category.
 - Deadline to apply is March 7, 2022.
 - Information about applying can be found on the DSHS website.
- We are also currently soliciting applications for new SEAC members
 - Deadline to apply is April 14, 2022.
 - Information about applying can be found on the DSHS website.

Agenda Item 10: Scheduling of the next TSHAC meeting and future meeting dates.

Dr. Michael Kelly, Chair, led discussion and provided the future proposed meeting dates. Highlights of member discussion included:

- Dr. Kelly, Chair, recommended September 12, 2022 as the next meeting date.
- No conflicts were noted.

Agenda Item 11: Future TSHAC agenda topics and priorities

Dr. Michael Kelly, Chair, opened the floor for suggested topics. Highlights of member discussion included:

- Mr. Eduardo Rios shared that in light of document revision schedule he would like to see any bullying resources from HHS or TEA for a baseline.
- Ms. Rachel Wiseman asked for ideas for speakers for the next meeting.
 - Ms. Josette Saxton shared Texas School Safety Center – TSU – has trainings/resources available.
 - Mr. John Carollo stated that he will ask the Texas State Athletic Trainer Association chairman if he could speak to the committee.
- Ms. Nomita Bajwa shared there is a lot of changes to online schooling. She is interested in hearing about the state of childhood health and baseline on obesity.
 - Ms. Wiseman shared obesity prevention group at DSHS could be a resource as a speaker and will reach out to them regarding presenting at the next meeting.

Agenda Item 12: Public Comment

Public comment was offered by Ms. Faith Colson.

- Mr. William West with Texas Council on Family Violence provided oral public comments regarding Senate Bill 9. The group appreciates the focus on teen dating violence and healthy relationships. He shared his concern for opt outs because the most vulnerable children are likely to not be opted into this education. He shared that there is a need to work together on the provisions of the bill so that it doesn't create safety risks for the vulnerable young survivors
- Ms. Faith Colson provided oral public comments regarding concerns of possible risks of screen time and internet access. She asked for other contacts at TEA or HHSC regarding this bill since TSHAC can't take any direct action at this time.
 - Mr. Barney Fudge shared he is unsure of who is working on this at TEA.
- Ms. Stacey Vaughn provided oral public comments on behalf of Monique Burr Foundation for Children. She commented on Senate Bill 9 and introduced their evidence-based programs. She offered support to district SHACs as they research programs to use for teen dating violence. She shared that they work closely with partners to meet the requirements of Senate Bill 9.
 - Mr. Eduardo Rios thanked her for her comments and said he would reach out for info for his district.

Agenda Item 13: Adjournment

Dr. Michael Kelly, Chair, provided closing remarks and thanked committee members and members of the public for their attendance. Dr. Kelly, Chair, adjourned the meeting at 12:40 p.m.

Below is the link to the archived video of the February 28, 2022 Texas School Health Advisory Committee meeting that will be available for viewing approximately two years from date meeting was posted on website and based on the DSHS records retention schedule.

[Texas School Health Advisory Committee \(TSHAC\) Agenda](#)