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# Presentation on Substance Abuse and Homelessness Programs to the House Select Committee on Mental Health

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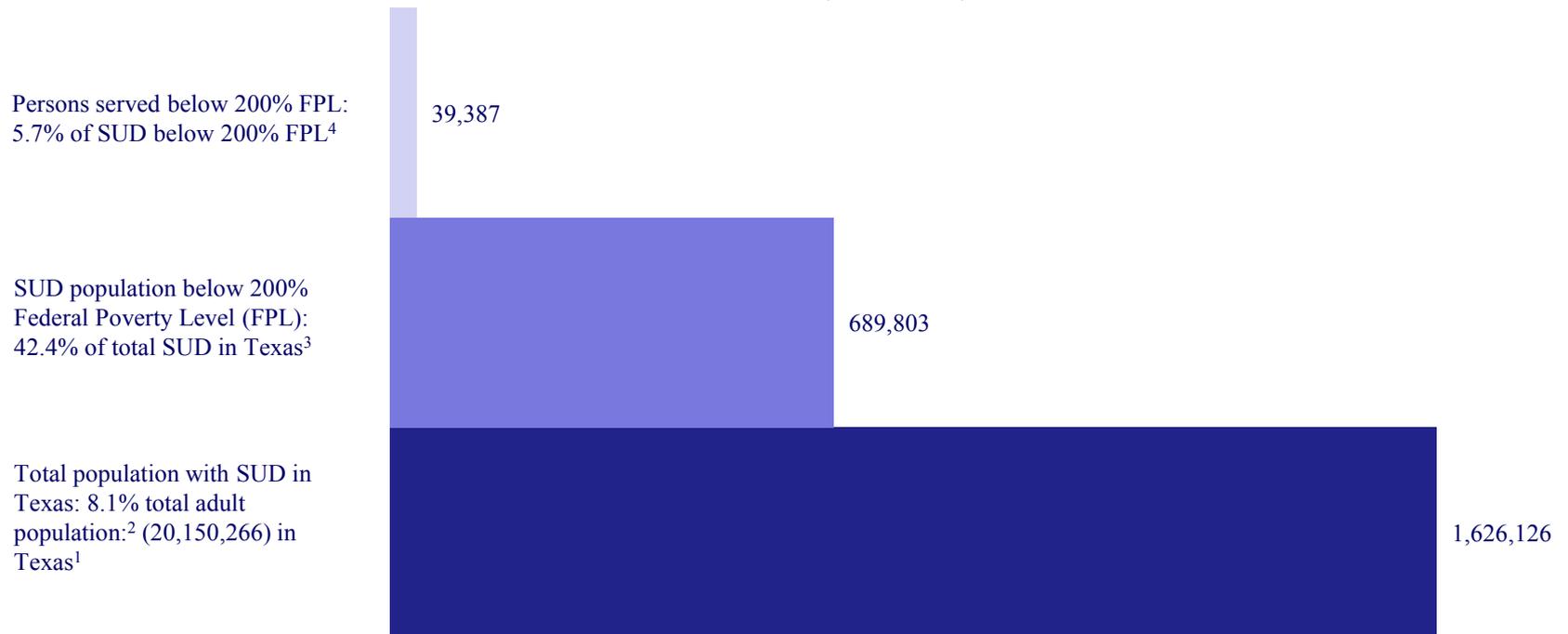
# Overview of Substance Abuse Services

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- Prevalence Rates and Need Met
- Substance Abuse Treatment for Adults
- Substance Abuse Treatment for Youth
- Substance Abuse Treatment for Women
- Opioid Treatment Services
- Co-occurring Psychiatric Substance Use Disorder Services
- Neonatal Abstinence Syndrome Program

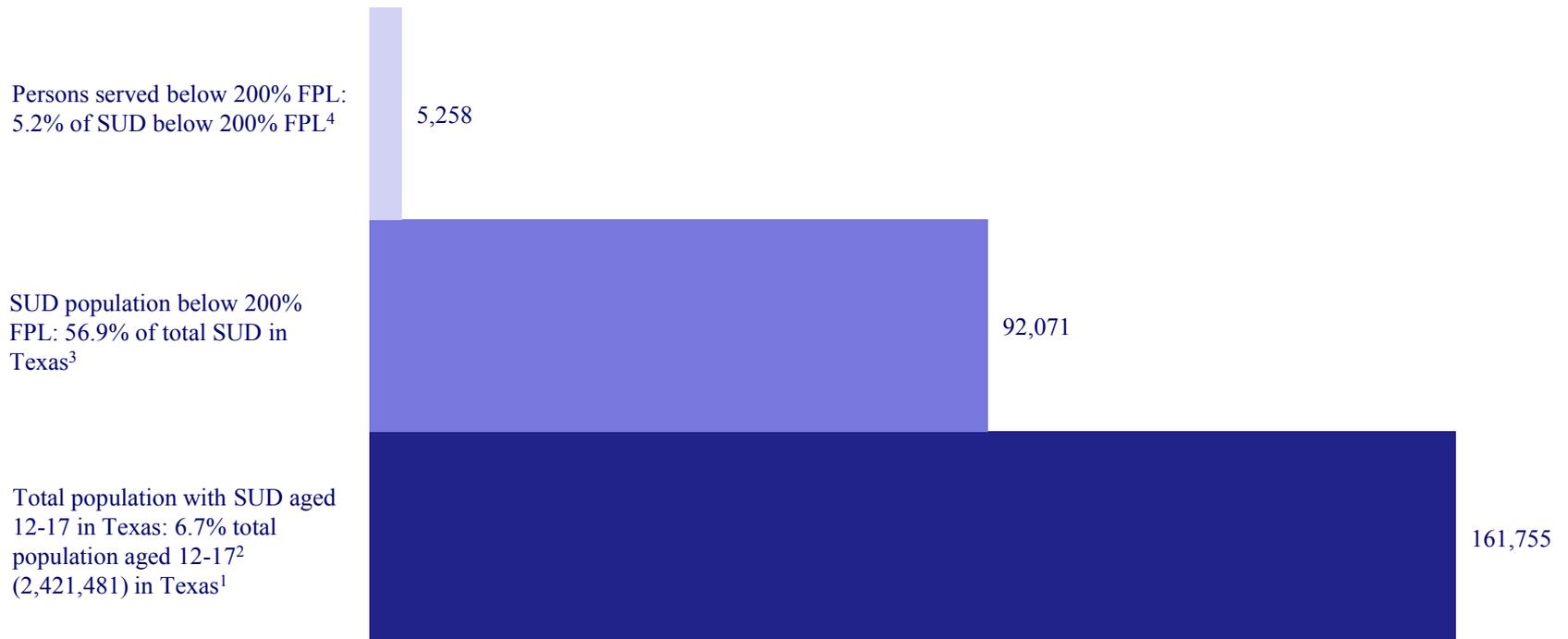
# Substance Abuse Treatment Need Met - Adult

Need Met for Substance Use Disorder Treatment Services  
Texas Adults (FY2015)



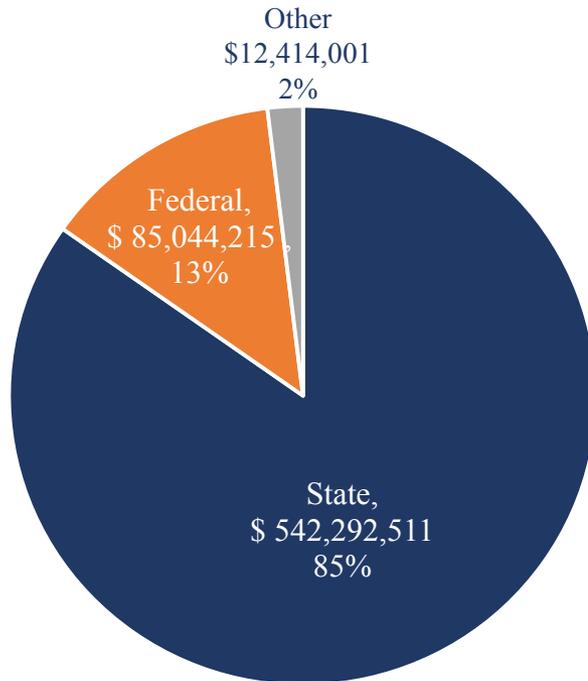
# Substance Abuse Treatment Need Met - Youth

Need Met for Substance Use Disorder Treatment Services  
Texas Youth (FY2015)



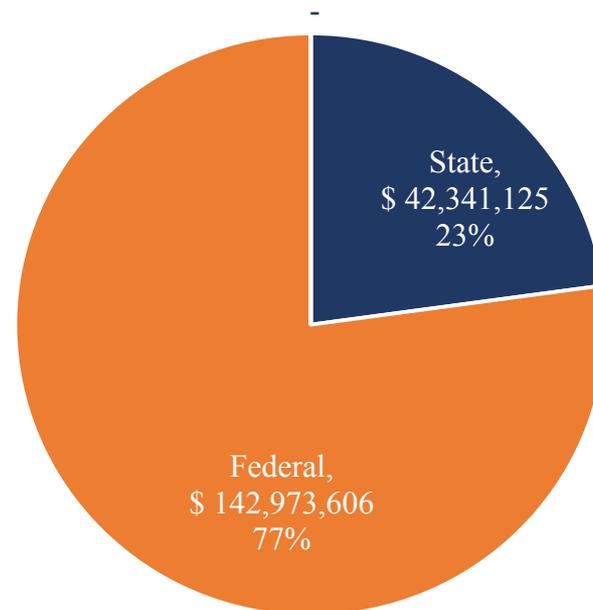
# Behavioral Health Funding by Source

## Mental Health Funding



■ State ■ Federal ■ Other

## Substance Abuse Funding



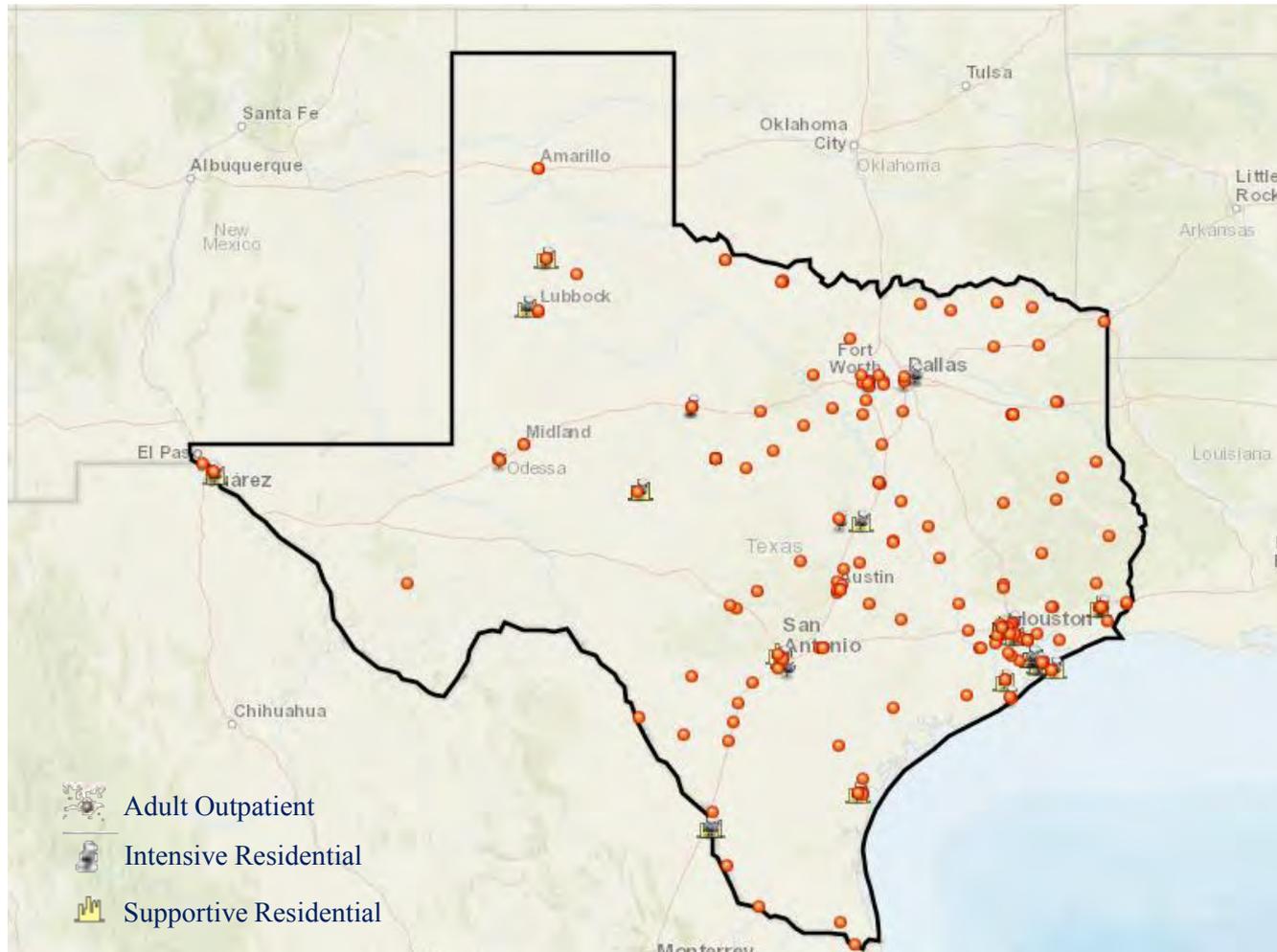
■ State ■ Federal ■ Other

# Substance Abuse Treatment for Adults

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- Description: An array of different intensity substance abuse programs for Texans aged 18 and up, including:
  - Detoxification Services
  - Residential Treatment Services
  - Outpatient Treatment Services
- Population served: Adult Texas residents who meet financial criteria for DSHS-funded substance use disorder services and meet clinical diagnosis criteria for a substance use disorder.

# DSHS-Funded Substance Abuse Treatment Facilities for Adults

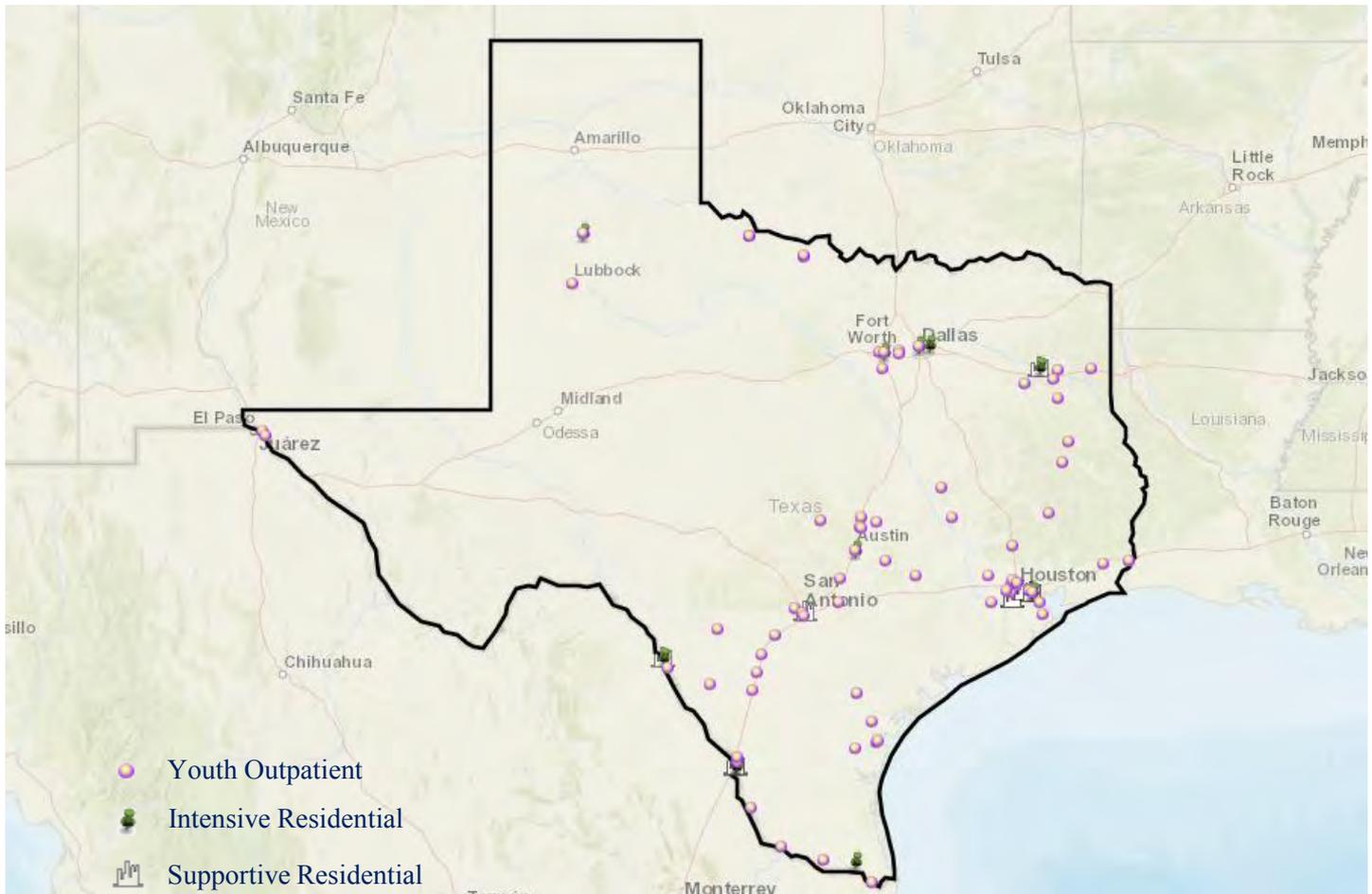


# Substance Abuse Treatment for Youth

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- **Description:** An array of different intensity substance abuse treatment programs for Texas residents ages 13-17, including:
  - Intensive Residential Treatment (for individuals assessed as high severity)
  - Supportive Residential Treatment (for individuals assessed as moderate severity)
  - Outpatient Treatment (for individuals assessed as lower severity)
- **Population served:** Texas youth ages 13-17 who meet clinical diagnosis criteria for substance abuse or dependence

# DSHS-Funded Substance Abuse Treatment Facilities for Youth

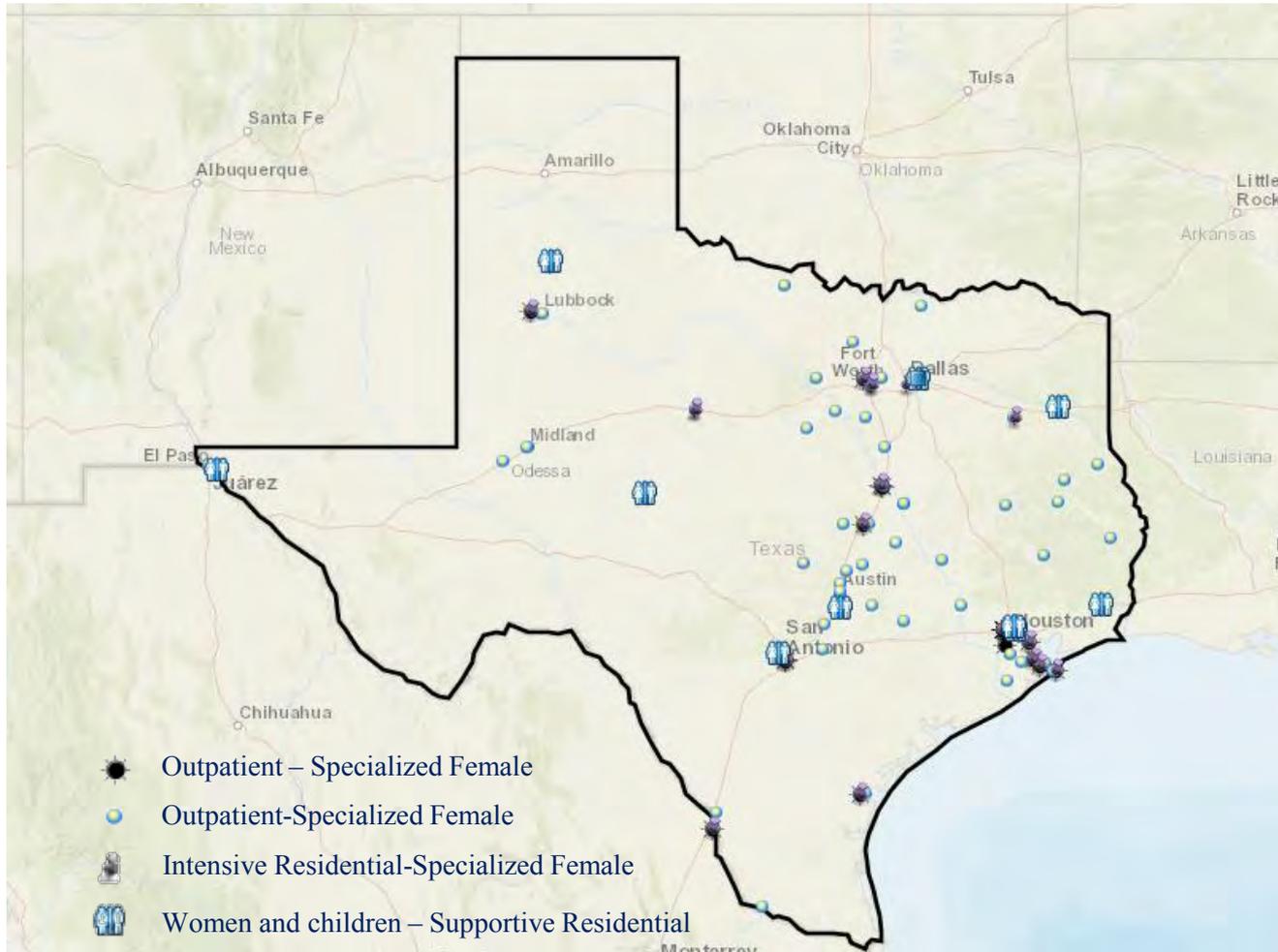


# Substance Abuse Treatment for Women

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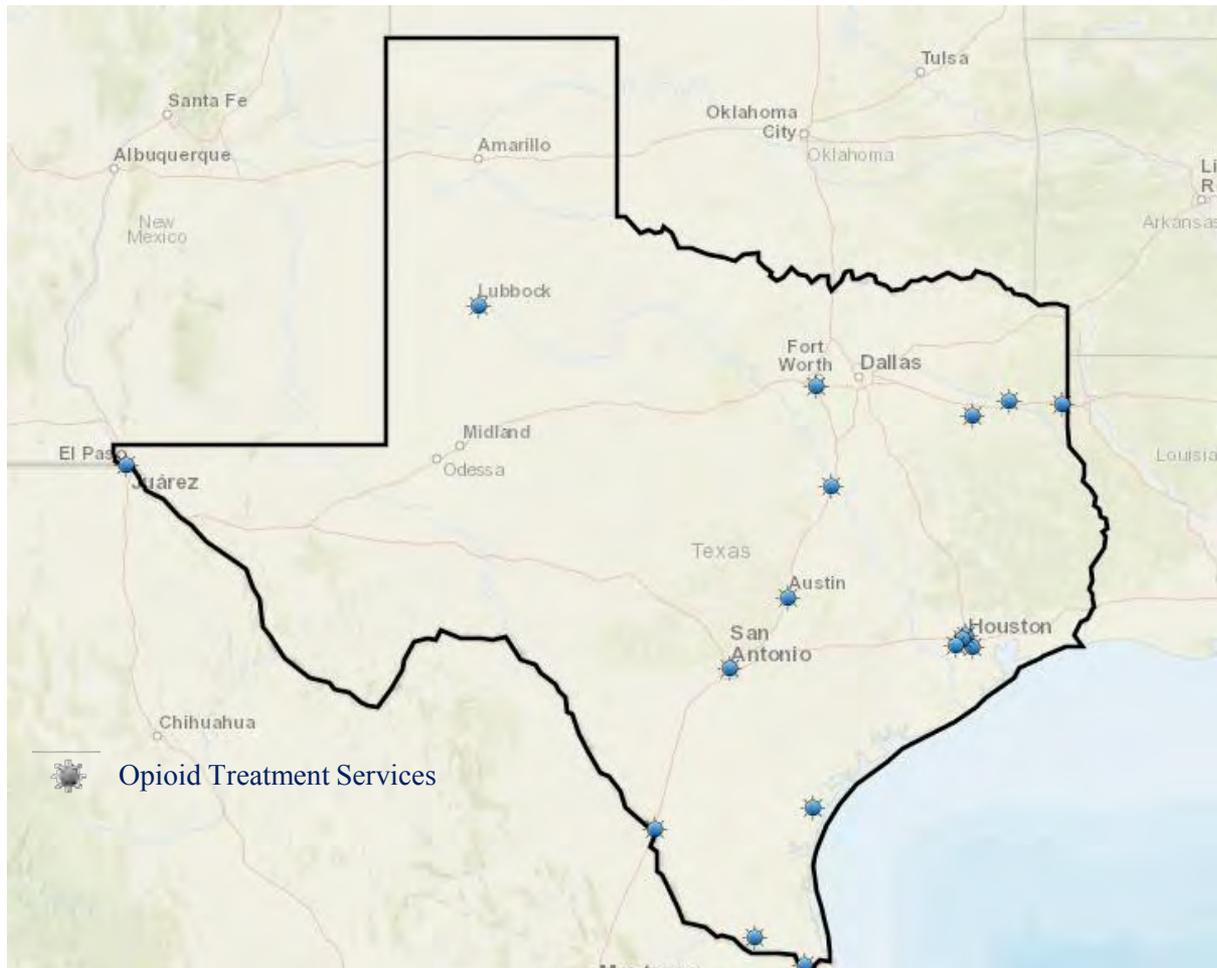
- Description: Trauma-informed and gender-specific substance abuse treatment services for a specialized population of women in a structured environment
- Population served: Adult women with dependent children and pregnant women who meet clinical diagnosis criteria for a diagnosis of substance use disorder

# DSHS-Funded Substance Abuse Treatment Facilities for Women



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- **Description:** Treatment services for opioid-dependent individuals
    - Alleviates adverse physiological effects of withdrawal from the use of opiates
    - Detoxifies the client to a drug-free state over a period of time according to the individualized needs of the client
  - **Population served:** Adult Texas residents
    - Individuals who have experienced opioid dependency for at least 12 consecutive months

# DSHS-Funded Opioid Treatment Services Facilities

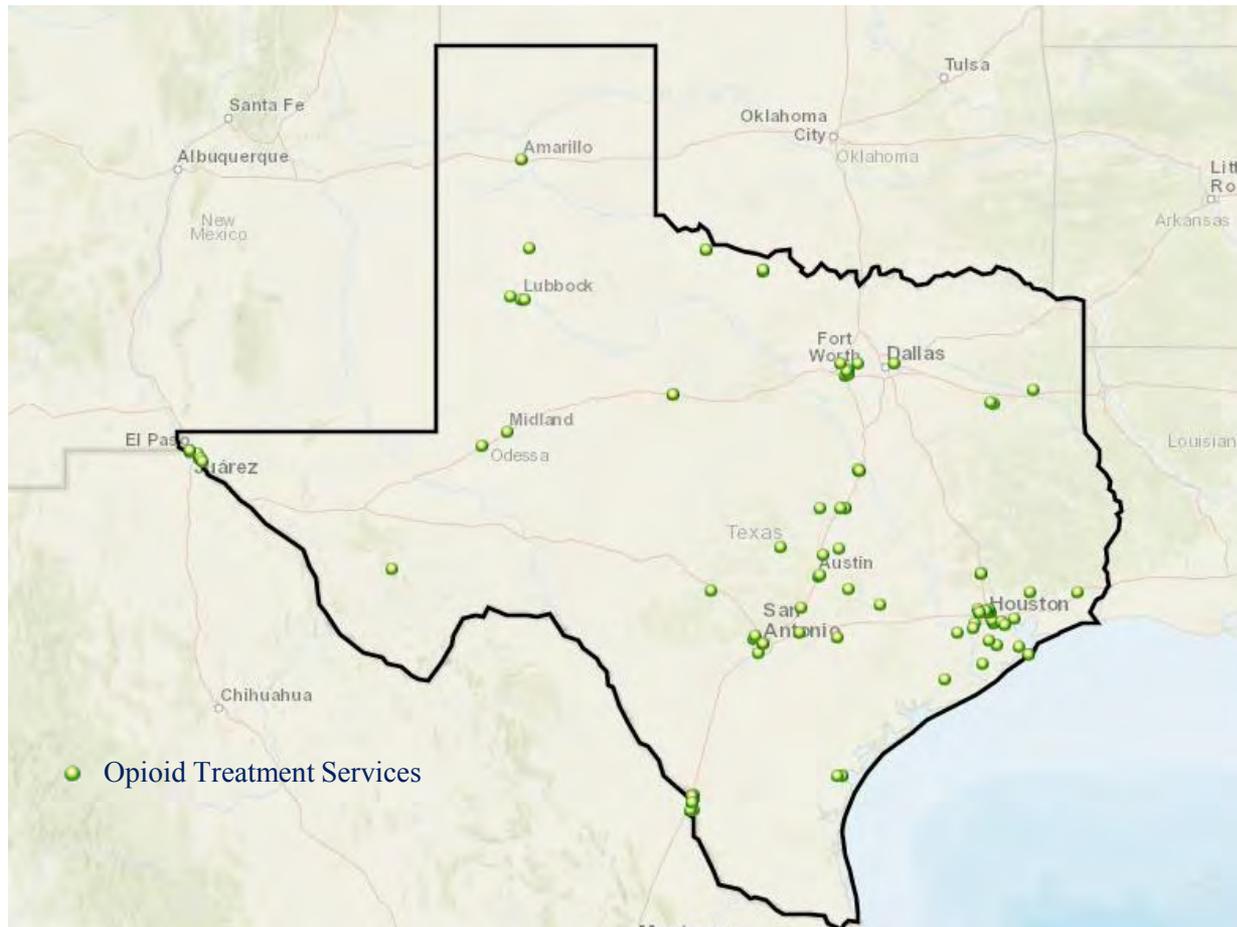


# Co-occurring Psychiatric Substance Use Disorder Services

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- Description: Services are intended to provide adjunct services to clients with co-occurring psychiatric and substance use disorders (COPSD)
  - Emphasizes integrated treatment where both disorders are seen as primary, in existing mental health and substance abuse treatment services
- Population served: Texas residents who meet clinical diagnosis criteria for a substance use disorder and have reported problems with one or more mental health issues.

# DSHS-Funded Co-occurring Psychiatric Substance Use Disorder Services Facilities



# Neonatal Abstinence Program

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- Description: A multi-pronged program to reduce the incidence and severity of problems experienced by newborns who were exposed to addictive opiate drugs while in the womb (neonatal abstinence syndrome)
    - Screening and outreach
    - Intervention and treatment
    - Specialized programs (residential treatment pilot, Mommies program)
  - Population served: Texas residents who meet clinical diagnosis criteria for a substance use disorder and have reported problems with one or more mental health issues

# Homelessness Services: Overview of Supportive Housing Programs

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- Supportive Housing Program
- Healthy Community Collaboratives
- U.S. Department of Housing and Urban Development (HUD) Section 811 Project Rental Assistance Program
- Projections for Assistance in Transition from Homelessness (PATH)
- Home and Community-Based Services – Adult Mental Health
- Oxford Houses
- Money Follows the Person
- Project Access

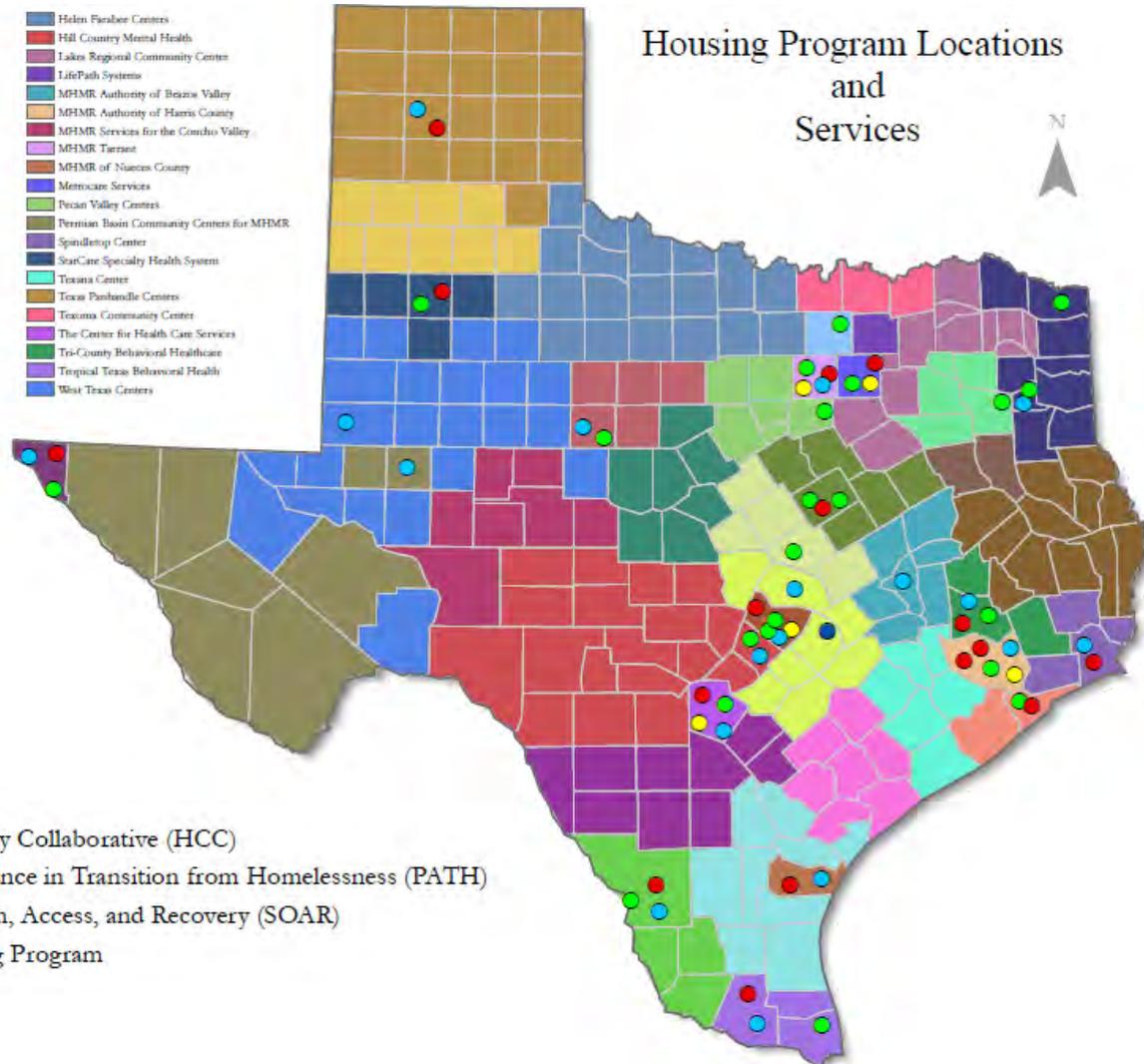
# Supportive Housing Map

## LMHA Catchment Areas

-  ACCESS
-  Andrews Center
-  Austin Travis County Integral Care
-  Behavioral Health Center of Nueces County
-  Betty Hardwick Center
-  Blanton Trails Community Services
-  Border Region Behavioral Health Center
-  Burke Center
-  Camino Real Community Services
-  Center for Life Resources
-  Central Counties Services
-  Central Plains Center
-  Coastal Plains Community Center
-  Community Healthcare
-  Denton County MHMR Center
-  Emergency Health Network
-  Gulf Bend Center
-  Gulf Coast Center
-  Heart of Texas Region MHMR Center

-  Helen Parabee Centers
-  Hill Country Mental Health
-  Lakes Regional Community Center
-  LifePath Systems
-  MHMR Authority of Brazos Valley
-  MHMR Authority of Harris County
-  MHMR Services for the Concho Valley
-  MHMR Tarrant
-  MHMR of Nueces County
-  Metrocare Services
-  Pecan Valley Centers
-  Permian Basin Community Centers for MHMR
-  Spindletop Center
-  StarCare Specialty Health System
-  Texans Center
-  Texas Panhandle Centers
-  Texas Community Center
-  The Center for Health Care Services
-  Tri-County Behavioral Healthcare
-  Tropical Texas Behavioral Health
-  West Texas Centers

## Housing Program Locations and Services



## Housing Programs

-  Healthy Community Collaborative (HCC)
-  Projects for Assistance in Transition from Homelessness (PATH)
-  SSI/SSDI Outreach, Access, and Recovery (SOAR)
-  Supported Housing Program
-  811 Waiver

# Supportive Housing Program

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- Description: Rental and utility assistance, in concert with mental health services, including:
    - Short term assistance up to 6 months
    - Long term assistance up to 12 months
  - Population served: Texans with mental illness and co-occurring substance abuse who are homeless or imminently homeless and are receiving services through Local Mental Health Authorities in a full level of care
    - Currently, 18 LMHAs receive supportive housing funding

# Health Community Collaboratives

- Description: Assistance with locating permanent housing and receiving services that will enable the individual to become independent and able to manage their own treatment
  - Requires extensive service array through collaboration with LMHAs, municipalities, and community stakeholders
  - Utilizes Permanent Supportive Housing (through mixture of vouchers and bridge subsidies)
- Population served: Chronically homeless individuals in Houston, Dallas, Forth Worth, San Antonio, and Austin with mental illness and/or co-occurring substance use issues

## Projects for Assistance in Transition from Homelessness (PATH)

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- Description: Street outreach, case management, housing services, and services that are supported by mainstream mental health programs
  - The program goal is to strengthen and increase referrals and link to permanent supported housing that will support recovery
- Population served: Individuals who have a serious mental illness and may also have co-occurring substance use disorders; and are homeless or at imminent risk of becoming homeless

# Home and Community-Based Services

## Adult Mental Health

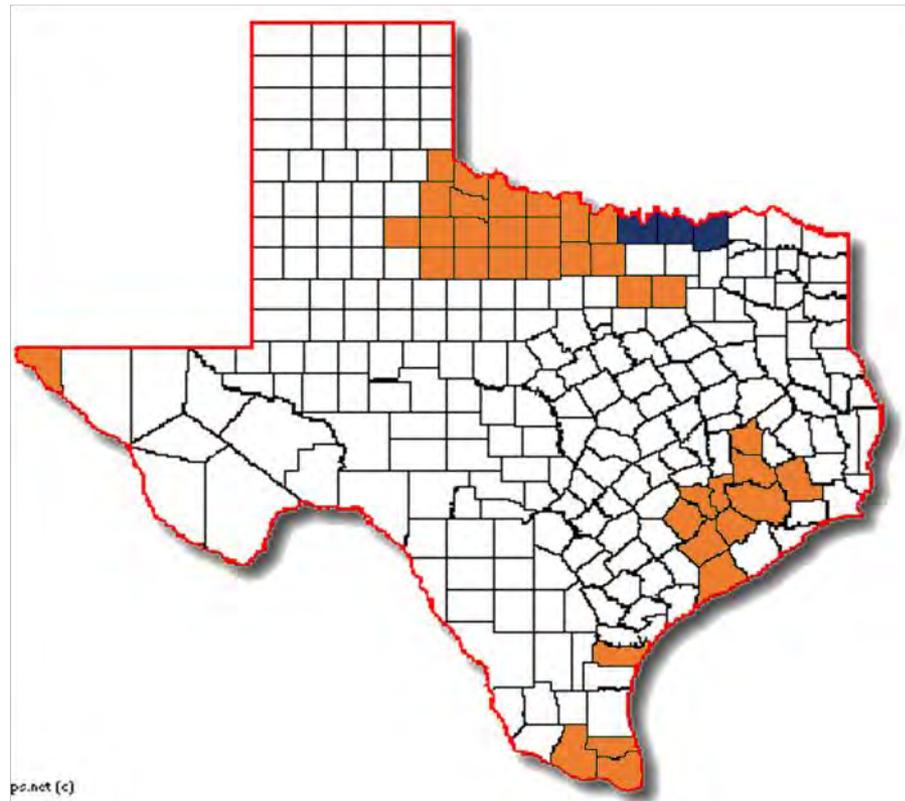
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- Description: A full and comprehensive array of services, including: supervised living, assisted living, supported home living, and host home/companion care
  - Services are delivered in home and community-based settings which include an individual's home or apartment, an assisted living setting, or small community-based residence
- Population served: Individuals with serious mental illness (SMI) who have extended tenure in state mental health facilities, repeated arrests, or frequent emergency department visits

# Home and Community-Based Services Adult Mental Health

## Home and Community-Based Services Adult Mental Health Service Areas

-  Current HCBS-AMH Service Areas
-  Pending HCBS-AMH Service Areas



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- **Description:** A fund to administer start-up funds to eligible applicants from DSHS funded substance abuse programs to move into or be part of the opening of a new Oxford House
    - Residents in Oxford Houses live in democratically run, self-supporting and drug free homes
  - **Population served:** Individuals in recovery from substance abuse disorders
    - Individuals must remain abstinent from drugs and alcohol
    - Individuals must pay an equal share of house expenses

# Money Follows the Person

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- **Description:** A grant program that helps individuals transition from institutions to community care
    - Services provided intended to improve adaptive functioning through Cognitive Adaptation Training (CAT), and substance abuse counseling
    - Individuals may also access Housing Choice vouchers
  - **Population served:** Eligible individuals with co-occurring physical and mental health/substance abuse conditions in nursing facilities who want to live independently
    - Pilot in Bexar, Atascosa, Wilson, Guadalupe, Williamson, Hays, and Travis Counties (San Antonio and Austin)
    - Intake ceased on June 30<sup>th</sup>, 2016. Enrolled participants may continue to receive services through December 31, 2017.

# Project Access Pilot Program

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- **Description:** Housing vouchers to individuals in state funded psychiatric hospitals and Local Mental Health Authority services
    - The program operates through collaboration with The Texas Department of Housing and Community Affairs
  - **Population:** Disabled individuals currently in state-funded psychiatric hospitals or who have been recently discharged