

Combination

Group & Individual Crisis Intervention Workshops

Hosted by the Richardson Police Department

September 17, 2013

This 3-day workshop is designed for anyone who desires to increase their knowledge of individual (one-on-one) and group crisis intervention techniques. Crisis Intervention is NOT psychotherapy; rather, it is a specialized, acute, emergency mental health intervention that requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This workshop is designed to teach participants the fundamentals of, and a specific protocol for, individual and group crisis intervention.

Workshop Highlights

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Large group crisis interventions
- Small group crisis interventions
- Critical Incident Stress Debriefing (CISD)
- Risks of iatrogenic “harm”

These techniques are useful in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

This workshop has been accepted for Continuing Education credit by TCLEOSE for law enforcement personnel, TCFP for fire personnel, TDSHS for Paramedics/EMS personnel, and the Texas State Board of Examiners of Professional Counselors for LPCs, Texas State Board of Examiners of Marriage and Family Therapists for LMFTs, and Texas Board of Social Worker Examiners for Social Workers.

Instructor: *Lt. Larry Lowe (Ret.) MS, LMPO*, Chaplain - Richardson Police Department, is a graduate of Texas Christian University with a Bachelor of Arts in Criminal Justice and Abilene Christian University at Dallas with a Master of Science in Human Relations & Management (Psychology & Communications). He served seven years with the Ft. Worth Police Department and twenty-seven years with the Richardson Police Department retiring in 2002. He established the CISM program for Richardson and serves on the Department’s CISM Team. Larry has served the Department in a Chaplain capacity since 1994 and received his Clinical Pastoral Education (CPE) training in hospital chaplaincy from Baylor University Health Care System. Larry is a member of the International Conference of Police Chaplains (ICPC) and is accredited as a CISM instructor by the International Critical Incident Stress Foundation (ICISF). He holds an ICISF Specialized Training Certificate in Emergency Services.