

Department of Aging and Disability Services Quality Monitoring Program

DSHS Influenza Surveillance Workshop

July 23, 2015

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Quality Monitoring Program

- ❖ The Quality Monitoring Program's (QMP's) purpose is to:
 - Detect, through the Early Warning System (EWS), conditions inside Texas nursing facilities that could be detrimental to the health, safety, and welfare of facility residents.

- ❖ The Quality Monitors (QMs) are:
 - Nurses
 - Pharmacists
 - Dietitians

- ❖ QMP Visit Types:
 - Inservice – single discipline
 - Quality Monitoring – single discipline
 - Rapid Response Team – multiple disciplines

Quality Monitoring Program

“Get on Board the TRAIN”

- ❖ **Texas nursing homes rank 50th in the unnecessary antipsychotic medications in the US – current rate = 23.8%**
- ❖ **Goals:**
 - Improve dementia care
 - Reduce the use of unnecessary antipsychotic medications
- ❖ **Strategies:**
 - Each QM assesses the use of antipsychotic meds on every QM visit
 - Alzheimer’s Disease and Dementia Care training
 - Virtual Dementia Tour® training
 - Webinars
 - Phone consultations
 - Music & MemorySM Pilot
 - Reminiscence Therapy Pilot

QMP Best Practice Topics

Nurse

- ❖ Fall risk management
- ❖ Staff and resident flu vaccinations
- ❖ Pneumococcal vaccinations
- ❖ Immunization systems
- ❖ Pain management
- ❖ Pressure ulcer prevention and management
- ❖ Mechanical restraint reduction

Dietitian

- ❖ Weight management
- ❖ Dehydration prevention
- ❖ Dining/meal service
- ❖ Enteral feedings
- ❖ Advance care planning

Pharmacist

- ❖ Antipsychotic usage
- ❖ Anxiolytic usage
- ❖ Sedative usage
- ❖ Pain medication management
- ❖ Medication simplification

QMP Multidisciplinary Topics

- ❖ Abuse, Neglect & Exploitation
- ❖ Care Planning
- ❖ Documentation
- ❖ Infection Control
- ❖ PASRR – Preadmission Screening & Resident Review
- ❖ Recruitment & Retention

QMP Conferences

- ❖ Geriatric Symposium – Texas Taking the Next Steps: Dementia in Long-Term Care and the Community
 - August 20 at the Palmer Events Center in Austin
- ❖ TRAIN: Full Steam Ahead
 - Five locations around the state in Nov & Dec
 - Two-day conference
- ❖ Infection Control in Long-Term Care
 - 8 Texas cities
 - 1 more in Longview on August 13, 2015

Working with DSHS

❖ Nursing homes

- Infection Control Program
- Notifiable conditions
- Written P&Ps

❖ Influenza outbreak assistance in nursing homes:

- Refer to DSHS in Austin
- Follow-up with the local public health department
- Follow-up with DADS Regulatory
- In-services & education for nursing home staff

Finding QMP Information

For information on QMP Projects and evidence-based best practices:

- Visit the QMP website Texas Quality Matters @ <http://www.dads.state.tx.us/qualitymatters/index.cfm>
- Email: TQM@dads.state.tx.us.
- Phone: 512-438-4399

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