



ADVISORY BOARD OF ATHLETIC TRAINERS

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Examination Reference List

The Advisory Board of Athletic Trainers does not provide or promote any commercially available study guides or courses for the state licensure examination and does not assure improved performance by using any such study guides or courses. The blueprint for the state licensure examination is the Board of Certification, Inc. © Role Delineation Study, 6th edition (<http://www.bocatc.org>). The Role Delineation Study 5th edition, describes the current knowledge, skills and abilities expected of an entry-level athletic trainer to practice athletic training. Questions on the Texas Athletic Trainer Licensure Examination (Written and Practical) are drawn from the sources on the reference list below.

References (Most recent editions used):

- Advisory Board of Athletic Trainers' Statutes & Laws: Chapter 451, Texas Occupation Code Title 3, Chapter 451 (http://www.dshs.state.tx.us/at/at_laws.shtm)
- Advisory Board of Athletic Trainers' Rules/Regulations: Title 22 (http://www.dshs.state.tx.us/at/at_rules.shtm)
- Texas University Interscholastic League (UIL) Athletics Constitution (<http://www.uil.utexas.edu/>)
- *AAOS Emergency Care and Transportation of the Sick and Injured*, Gulli, Jones and Bartlett.
- *ACSM's Guidelines for Exercise Testing and Prescription*, Lippincott, Williams & Wilkins.
- *Arnheim's Principles of Athletic Training*, Prentice, McGraw-Hill Higher Education.
- *Athletic Injury Assessment*, Booher and Thibodeau, McGraw-Hill Higher Education.
- *Athletic Taping and Bracing*, Perrin, Human Kinetics.
- *Athletic Training and Sports Medicine (AAOS)*, Starkey and Johnson, Jones and Bartlett.
- *Athletic Training Management Concepts and Applications 2nd edition*, Rankin and Ingersall, McGraw-Hill, 2001
- *Basic Biomechanics*, Hall, Mosby-Year Book, Incorporated.
- *Clinical Pathology for Athletic Trainers: Recognizing systemic Illness*, O'Connor and Fincher, SLACK Incorporated.
- *Clinically Oriented Anatomy*, Moore and Dalley, Lippincott, Williams & Wilkins.
- *Counseling in Sports Medicine*, Ray and Wiese-Bjornstal, Human Kinetics.
- *Evaluation of Orthopedic and Athletic Injuries*, Starkey and Ryan, F.A. Davis Company.
- *Exercise Physiology: Energy, Nutrition, and Human Performance*, McArdle, Katch and Katch, Lippincott, Williams & Wilkins.

- *Foundations of Athletic Training*, Anderson, Hall, Martin, Lippincott, Williams & Wilkins.
- *General Medical Conditions in the Athlete*, Cuppett and Walsh, Elsevier-Mosby, Inc.
- *Management Strategies in Athletic Training*, Ray, Human Kinetics.
- *Modalities for Therapeutic Intervention*, Michlovitz and Nolan, F.A. Davis Company.
- *Musculoskeletal Assessment: Joint Range of Motion & Manual Muscle Strength*, Clarkson, Lippincott, Williams & Wilkins.
- *National Athletic Trainers' Association Statements (Position, Official & Consensus Statements)*, National Athletic Trainers' Association. (<http://www.nata.org/statements>)
- *NSCA's Essentials of Strength Training and Conditioning*, Baechle and Earle, Human Kinetics.
- *Orthopedic Physical Assessment*, Magee, Saunders Elsevier.
- *Pharmacology in Rehabilitation*, Ciccone, F.A. Davis Company.
- *Physical Rehabilitation of the Injured Athlete*, Andrews, Harrelson and Wilk, Saunders-Elsevier.
- *Principles of Human Anatomy*, Tortora, John Wiley & Sons.
- *Principles of Pharmacology for Athletic Trainers*, Houglum, Harrelson and Leaver-Dunn, SLACK Incorporated.
- *Rehabilitation Techniques in Sports Medicine*, Prentice, McGraw-Hill.
- *Special Tests for Orthopedic Examination*, Konin, Wikstein and Isear, SLACK Incorporated.
- *Sports Nutrition for Coaches*, Bonci, Human Kinetics.
- *Therapeutic Exercise: Foundations and Techniques*, Kisner and Colby, F.A. Davis Company.
- *Therapeutic Modalities for Sports Medicine and Athletic Training*, Prentice, McGraw-Hill.
- *Therapeutic Modalities*, Starkey, F.A. Davis Company.
- *Writing SOAP Notes with Patient/Client Management Formats*, Kettenbach, F.A. Davis Company.