

## HOME HEALTH NURSING



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FIRE SAFETY FOR OLDER ADULTS [15 min., A] (DVD-closed captioned-DV0435)  
FIRE SAFETY: THERE'S NO SECOND CHANCE [20 min., A, Prof] (video

closed captioned- 6228)  
**FOODBORNE ILLNESS PREVENTION [21 min., A] (DVD-Eng/Span-closed captioned-DV0486)**  
**FOOD SAFETY AND SANITATION [22 min., A] (DVD-Eng/Span—closed captioned-DV0398)**  
 HANDWASHING: YOUR HEALTH IS IN YOUR HANDS [13 min., A, Prof] (video closed captioned - 6223)  
 HELPING AT HOME: WOUND CARE [16 min., A, Prof] (video closed captioned-6439)  
 HIPAA: PRIVACY COMPLIANCE [16 min., A, Prof] (video-closed captioned-7643)  
 HIPAA PRIVACY COMPLIANCE SCENARIOS [Eng-18 min., Span-18 min., A] (DVD-Eng/Span—closed captioned-DV0061)  
**HIPAA: PRIVACY IN HOME HEALTH CARE [17 min., A, Prof] (DVD-Eng/Span-closed captioned-DV0405)**  
 HOW MEDICINES WORK [9 min., A] (video Eng closed captioned-6171) (video Span closed captioned- 6172)  
 HURRICANE! [60 min., JrH-A] (video closed captioned-6358)  
 INJECTING INSULIN [15 min., A] (video closed captioned - 6150)  
 KITCHEN SAFETY (Kinetic) [17 min., SrH-A] (DVD-closed captioned-DV0294)  
 LIGHTNING! [60 min., JrH-A] (video closed captioned-6357)  
 LIVING WELL WITH LUNG DISEASE: A SELF-MANAGEMENT PROGRAM [33 min., A] (video closed captioned-6755)  
 IMPLANT II: KNEE REPLACEMENT SURGERY [90 min., A] (video-closed captioned-7758)  
 MSDS FOR HEALTHCARE: READ IT BEFORE YOU NEED IT [18 min., A, Prof] (video closed captioned-6428)  
 OSTEOPOROSIS (Milner-Fenwick) [16 min., SrH-A] (video Eng closed captioned-5986)  
 PATIENT CONFIDENTIALITY: IT'S EVERYBODY'S JOB, NOT EVERYBODY'S BUSINESS [24 min., A, Prof] (video closed captioned - 6227)  
 PATIENT RIGHTS: KEEP THEM IN FOCUS [24 min., Prof] (video-closed captioned-7305)  
**PERIPHERAL ARTERY DISEASE: STAYING ON YOUR FEET [28 min., A] (DVD-closed captioned-DV0371)**  
 PREPARING TEXAS FOR A SAFER TOMORROW [Eng. 8 min., Span. 10 min., A] (video-Eng/Span-closed captioned-7895)  
 PREVENTING DISEASE TRANSMISSION [20 min., A, Prof] (video Eng closed captioned-6190) (video Span closed captioned-6191)  
 PROTECTING YOUR BACK/PATIENT TRANSFERS [24 min., A, Prof] (video closed captioned - 6226)  
 SEIZURE FIRST AID [11 min., SrH-A] (video closed captioned - 6179)  
 SEIZURES IN LATER LIFE [14 min., A] (video closed captioned-6684)  
 SIGNS AND SYMPTOMS OF A HEART ATTACK [8 min., A, Prof] (video closed captioned - 6148)  
 STEP BY STEP: AVOIDING SLIPS, TRIPS, AND FALLS [17 min., A, Prof] (video closed captioned - 6246)  
 TORNADO! [60 min., JrH-A] (video closed captioned-6359)  
 TO YOUR HEALTH! FOOD SAFETY FOR SENIORS [14 min., A] (video-7361)  
 TUBERCULOSIS AWARENESS [16 min., A, Prof] (video closed captioned-5858)  
 ULTIMATE DRIVING CHALLENGE [30 min., SrH-A] (video-closed captioned-7296)  
 UNDERSTANDING SEIZURE DISORDERS [11 min., SrH-A] (video Eng closed captioned-6175) (video Span closed captioned-6176)

## HEART DISEASE AND HYPERTENSION

ADIOS COLESTEROL, HOLA VIDA [28 min., JrH-A] (video Span-4349)  
 CONGESTIVE HEART FAILURE [14 min., A, Prof] (video closed captioned-6149)  
 CORONARY ARTERY DISEASE [28 min., A] (DVD-closed captioned-DV0354)  
 DIABETES AND HEART DISEASE [18 min., A] (video closed captioned-6991)  
 EXERCISE FOR HEART FAILURE PATIENTS [14 min., A] (video-closed captioned-7194)  
 FIRE SAFETY: BE ALERT NOT ALARMED [14 min., A] (DVD-Eng/Span-closed captioned-DV0198)  
 FROM THE HEART [23 min., A] (video-6978)  
 HAND HYGIENE FOR HANDS THAT CARE [Eng. 17 min., Span. 17 min.,

Prof] (DVD-Eng/Span-closed captioned-DV0060)  
 HEALTHWISE: LOWERING YOUR CHOLESTEROL [7 min., SrH-A] (video-7626)  
**HEART DISEASE AND DEPRESSION [30 min. A] (DVD-DV0601)**  
 HIGH BLOOD PRESSURE: AN INTRODUCTION TO TREATMENT [16 min., A] (DVD-DV0052)  
 HIGH CHOLESTEROL: AN INTRODUCTION TO TREATMENT (2<sup>nd</sup> Edition) [14 min., A] (DVD-DV0051)  
 HYPERTENSION [18 min., A] (video-7210)  
 HYPERTENSION: A SELF-MANAGEMENT APPROACH TO HIGH BLOOD PRESSURE [31 min., SrH-A] (video-7334)  
 HYPERTENSION: AN OUNCE OF PREVENTION [15 min., A] (video-4144)  
 HYPERTENSION: THE SILENT KILLER [20 min., A] (video- 6448)  
 IT'S ABOUT TIME: ACTING FAST FOR HEART ATTACK SURVIVAL [16 min., A] (video Eng closed captioned-7039) (video Span-7040)  
 LIVING WITH HEART FAILURE [20 min., A, Prof] (video-6884)  
 OUNCE OF PREVENTION, AN: HYPERTENSION--NUTRITION-FOOT CARE-EYES--ORAL HEALTH--KIDNEYS--DIALYSIS [82 min., A, Prof] (video Eng-5785) (video Span-5795)  
 RECOVERING AT HOME: CORONARY BYPASS SURGERY [12 min., A, Prof] (video-6422)  
 RISK FACTORS OF HEART DISEASE [10 min., SrH-A] (video-5808)  
 SIGNS AND SYMPTOMS OF A HEART ATTACK [8 min., A, Prof] (video closed captioned - 6148)  
**WHAT EVERY CAREGIVER NEEDS TO KNOW ABOUT ALZHEIMER'S DISEASE [70 min., A, Prof] (DVD-closed captioned-DV0549)**

## HEPATITIS

HEPATITIS A [18 min., SrH-A] (video-6553)  
 HEPATITIS A: COMMUNITY-WIDE OUTBREAK [16 min., A, Prof] (video-6565)  
 HEPATITIS B: THE ENEMY WITHIN [21 min., A] (video-6407)  
 HEPATITIS C: A PATIENT'S GUIDE [40 min., SrH-A] (video- 6182)  
 HEPATITIS C: FACTS, NOT FEAR [12 min., A, Prof] (video-closed captioned-7771)  
 HEPATITIS C: THE SILENT SCOURGE [21 min., A] (video-6405)  
 HEPATITIS C UPDATE: DIAGNOSIS, EPIDEMIOLOGY, NATURAL HISTORY, AND THERAPY [45 min., Prof] (video-6181)  
 HYGIENE AND HEALTH AT WORK [20 min., A] (video-6942)

## INFECTION CONTROL

**AIRBORNE PATHOGENS [8 min., A] (DVD-DV0572)**  
**BBP IN YOUR WORLD: DON'T RISK IT [23 min., Prof] (DVD-DV0471)**  
 BLOODBORNE PATHOGENS [19 min., A-Prof] (video-Eng-7115) (video-Span-7369)  
 BLOODBORNE PATHOGENS: A HEALTHCARE REFRESHER [11 min., A, Prof] (video-closed captioned-7753)  
**BLOODBORNE PATHOGENS: MANAGING THE RISK [13 min., A] (DVD-DV0513)**  
 BLOODBORNE PATHOGENS SAFETY PART 1--BLOODBORNE INFECTIONS AND TRANSMISSIONS [15 min., Prof] (DVD-DV0246)  
 BLOODBORNE PATHOGENS SAFETY PART 2 (17 min., Prof] (DVD-DV0247)  
 BLOODBORNE PATHOGENS SAFETY PART 2 – EXPOSURE CONTROL AND PPE [18 min., Prof] (DVD-DV0247)  
 H.I.D.E. & S.E.E.K! PREVENTING THE SPREAD OF INFECTIONS [28 min., JrH-A] (video-7341)  
 INFECTION CONTROL [31 min., Prof] (DVD-DV0307)  
**INFECTION CONTROL SKILLS FOR THE CARE PROVIDER [17 min. A] (DVD-DV0563)**  
 INFECTION PREVENTION AND CONTROL FOR HEALTH CARE CLINICS [15 min., Prof] (video-7193)  
 MEDICATION MANAGEMENT: YOU CAN PREVENT ERRORS [18 min., Prof] (video-7836) (DVD-DV0275)  
 MRSA: THE EIGHT MINUTE SOLUTION [8 min., Prof] (DVD-DV0380)  
 OSTOMY URINARY DRAINAGE AND CATHETER CARE [13 min. Prof] (DVD-DV0079)  
 PREVENTING HEALTHCARE ASSOCIATED INFECTIONS [32 min., Prof] (DVD-DV0245)  
 PROTECTING THE CAREGIVER [26 min., A] (DVD-DV-191)  
 SAFETY FOR HEALTH CARE HOUSEKEEPERS: INFECTION CONTROL

[22 min., A] (video-7135)  
STANDARDS FOR INFECTION CONTROL: AN UPDATE FOR  
HEALTHCARE WORKERS [45 min., Prof] (DVD-DV0200)  
SUPER STAPH INVINCIBLE BACTERIA [28 min., A] (DVD-DV0302)  
WHAT'S WRONG WITH THIS PICTURE (TTN) [7 min., A] (DVD-  
DV0027)

## KIDNEY HEALTH

OUNCE OF PREVENTION, AN: HYPERTENSION--NUTRITION-FOOT  
CARE-EYES--ORAL HEALTH--KIDNEYS--DIALYSIS [82 min., A,  
Prof] (video Eng-5785) (video Span-5795)  
PEOPLE LIKE US: PERITONEAL DIALYSIS--CHOOSING A  
TREATMENT THAT'S RIGHT FOR YOU [18 min., JrH-A]  
(video-5449)  
**UNDERSTANDING KIDNEY DISEASE [26 min., A] (DVD-DV0423)**

## MEDICINE

ADAPTING SUCCESSFULLY TO PARKINSON'S DISEASE [30 min., A]  
(video-5416)  
ADMINISTERING INJECTABLE MEDICATIONS [28 min., Prof]  
(video-7062)  
ADMINISTERING ORAL AND INHALATION MEDICATIONS  
[17 min., Prof] (video-7063)  
ADMINISTERING TOPICAL MEDICATIONS [18 min., Prof] (video-7064)  
ANEMIA: THE SILENT SHADOW [12 min., SrH-A] (video Eng-6385)  
(video Span-6704)  
APPENDICITIS [14 min., A] (video-6386)  
BRAIN ATTACKS: ALL ABOUT STROKES [27 min., A, Prof]  
(video-6356)  
COLDS AND FLU [14 min., A] (video-6387)  
DIGESTIVE DISORDERS [24 min., A] (video-7208)  
DOCTORING BAD DISKS [29 min., A] (video-7155)  
DYSTONIA [14 min., A] (video-6388)  
EBOLA: THE PLAGUE FIGHTERS [60 min., SrH-A]  
(video closed captioned-6363)  
ETHICAL ISSUES IN NURSING SERIES: PROTECTION PRIVACY  
SAFETY AND STANDARDS [20 min., Prof] (DVD-DV0381)  
ETHICAL QUESTION: INFORMED CONSENT [23 min., A, Prof] (video-  
7762)  
GALLSTONES [30 min., SrH-A] (video- 6164)  
GASTROESOPHAGEAL REFLUX [14 min., A] (video-6389)  
GLYCEMIC CONTROL IN DIABETES [70 min., Prof] (video-6940)  
HAIR LOSS [14 min., A] (video-6390)  
HIPAA PRIVACY AND SECURITY IN DEPTH [28 min., A, Prof] (DVD-  
DV0069)  
HIPAA: PRIVACY COMPLIANCE [16 min., A, Prof] (video-closed  
captioned-7643)  
**HIPAA: PRIVACY IN HOME HEALTH CARE [17 min., A, Prof] (DVD-  
Eng/Span-closed captioned-DV0405)**  
HOW MEDICINES WORK [9 min., A] (video Eng closed captioned-6171)  
(video Span closed captioned- 6172)  
IMPLANT II: KNEE REPLACEMENT SURGERY [90 min., A] (video-closed  
captioned-7758)  
INSOMNIA [30 min., SrH-A] (video- 6162)  
**JOINT REPLACEMENT [30 min., A] (DVD-DV0603)**  
LIVING WELL WITH LUNG DISEASE: A SELF-MANAGEMENT  
PROGRAM [33 min., A] (video-6755)  
MEDICATION MANAGEMENT: YOU CAN PREVENT ERRORS [18 min.,  
Prof] (video-7836) (DVD-DV0275)  
MENINGITIS: THE SUDDEN ILLNESS [20 min., A, Prof] (video-6408)  
MULTIPLE SCLEROSIS [26 min., A] (video-5341)  
MUSCULAR DYSTROPHY [26 min., A] (video-5342)  
OSTEOPOROSIS: DIAGNOSIS, TREATMENT AND PREVENTION  
[120 min., Prof] (video-6914)  
OUNCE OF PREVENTION KEEPS THE GERMS AWAY, AN  
[30 min., SrH-A] (video-6804)  
PAIN MANAGEMENT [28 min., A] (video-7153)  
**PERIPHERAL ARTERY DISEASE: STAYING ON YOUR FEET [28 min.,  
A] (DVD-closed captioned-DV0371)**  
PNEUMONIA: ALL YOU NEED TO KNOW [10 min., A] (video-6732)  
SUPER STAPH INVINCIBLE BACTERIA [28 min., A] (DVD-DV0302)  
TUMORS [14 min., A] (video-6393)

UNDERSTANDING MEDICATION GUIDELINES [21 min., Prof]  
(video-7065)  
WISE USE OF MEDICATIONS [10 min., A] (video 6742)

## MENTAL HEALTH

CHRONIC ANXIETY IN THE ELDERLY [26 min., A, Prof] (video-7211)  
DEPRESIO: EL CAMINO HACIA LA RECUPERACION [12 min., A]  
(video Span - 5684)  
DEPRESSION AND THE ELDERLY [28 min., A] (video-5619)  
DEPRESSION IN OLDER ADULTS: THE RIGHT TO FEEL BETTER  
[30 min., Prof] (video-6721)  
**HEART DISEASE AND DEPRESSION [30 min., A] (DVD-DV0601)**  
**LATE-LIFE DEPRESSION [28 min., A] (DVD-DV0631)**  
OBSESSIVE COMPULSIVE DISORDER: THE HIDDEN EPIDEMIC [76  
min., Prof] (video-7765)

## NURSING

ADMINISTERING INJECTABLE MEDICATIONS [28 min., Prof]  
(video-7062)  
ADMINISTERING ORAL AND INHALATION MEDICATIONS  
[17 min., Prof] (video-7063)  
ADMINISTERING TOPICAL MEDICATIONS [18 min., Prof] (video-7064)  
APPLYING PROTECTIVE DEVICES [20 min., Prof] (video-7059)  
ASSISTING WITH BATHING [17 min., A, Prof] (video-7050)  
ASSISTING WITH BOWEL ELIMINATION [18 min., Prof] (video-7056)  
ASSISTING WITH URINARY ELIMINATION [20 min., Prof] (video-7057)  
BASIC PRINCIPLES [22 min., color] (video-7892)  
BEDMAKING SKILLS [17 min., A, Prof] (video-7051)  
CARING FOR THE ELDERLY RESIDENT WITH DIABETES IN A LONG  
TERM CARE FACILITY [30min., A, Prof] (video-7009)  
CASE MANAGEMENT [85 min., Prof] (video-5864)  
CHOICE AND CHALLENGE: CARING FOR AGGRESSIVE OLDER  
ADULTS ACROSS LEVELS OF CARE [22 min., A, Prof] (video-6956)  
**CHRONIC CARE [28 min., A] (DVD-closed captioned-DV0543)**  
COLLECTING LABORATORY SPECIMENS [17 min., Prof] (video-7053)  
CONFIDENTIALITY--ETHICAL AND LEGAL CONSIDERATIONS  
[19 min., A, Prof] (video-5427)  
CREATIVE WAYS TO VALIDATE COMPETENCIES [34 min., Prof]  
(video-6376)  
DAY IN THE CAREER OF A REGISTERED NURSE, A [20 min., SrH]  
(video-7144)  
DAY IN THE CAREER OF THE HOME HEALTH AIDE, A [12 min., SrH]  
(video-7145)  
DEFENSIVE DOCUMENTATION: A LINE OF DEFENSE  
[20 min., A, Prof] (video-6493)  
DEVELOPING CULTURAL COMPETENCE [40 min., Prof] (DVD-DV0169)  
DOCUMENTATION IN HOME HEALTH [16 min., A, Prof] (video- 6238)  
**ELDER ABUSE AND NEGLECT: SHOW YOU CARE [20 min., A] (video-  
VC7950)**  
ENSURING INFECTION CONTROL [21 min., Prof] (video-7060)  
ETHICAL ISSUES IN NURSING SERIES: PROTECTION PRIVACY  
SAFETY AND STANDARDS [20 min., Prof] (DVD-DV0381)  
ETHICS, RESIDENTS' RIGHTS AND DIGNITY [20 min., A, Prof] (video-  
6185)  
EVERYDAY CHOICES ETHICS AND DECISION MAKING IN HOME  
CARE AND COMMUNITY NURSING [28 min., Prof] (DVD-DV0040)  
GATHERING ASSESSMENT DATA [18 min., Prof] (video-7054)  
HELLO IN THERE: UNDERSTANDING THE SUCCESS OF PERSON-  
CENTERED CARE [19 min., A, Prof] (video-6952)  
HELPING AT HOME: BATHING AND PERSONAL HYGIENE  
[12 min., A, Prof] (video- 6447)  
HELPING AT HOME: EATING AND FEEDING [12 min., A, Prof]  
(video-6419)  
HELPING AT HOME: ELIMINATION [12 min., A, Prof] (video-6416)  
HELPING AT HOME: MEDICATIONS [12 min., A, Prof] (video-6417)  
HELPING AT HOME: PRESSURE SORES [12 min., A, Prof] (video-6438)  
HELPING AT HOME: WOUND CARE [16 min., A, Prof]  
(video closed captioned-6439)  
**HIPAA: PRIVACY IN HOME HEALTH CARE [17 min., Prof] (DVD-  
DV0405)**  
HOSPICE - CARING INSTEAD OF CURING [20 min., A, Prof] (video-  
6186)

HOW TO CREATE ACCOUNTABILITY THROUGH COMPETENCY ASSESSMENT [16 min., Prof] (video-6377)  
 IMPLEMENTING POSTOPERATIVE CARE [19 min., Prof] (video-7066)  
 IMPLEMENTING PREOPERATIVE CARE [22 min., Prof] (video-7067)  
 NURSING DOCUMENTATION A REFLECTION OF QUALITY CARE [15 min., Prof] (DVD-DV0412)  
**MEASURING VITAL SIGNS [28 min., Prof] (DVD-DV0628)**  
 MEDICATION MANAGEMENT [18 min., Prof] (video-7836)  
**MOVING AND TURNING [10 min., Prof] (DVD-DV0562)**  
 OFF THE RECORD [15 min., A, Prof] (video-5912)  
 PATIENT CONFIDENTIALITY: IT'S EVERYBODY'S JOB, NOT EVERYBODY'S BUSINESS [24 min., A, Prof] (video-closed captioned - 6227)  
 PATIENT AND RESIDENT RIGHTS AND COMMUNICATION [102 min., Prof] (DVD- DV0306)  
**PATIENT LIFTING SAFE STRATEGIES [16 min., Prof] (DVD-DV0466)**  
 PHYSICAL THERAPY [25 min., A, Prof] (video- 6192)  
**PRESSURE SORES TIPS FOR THE GNA [20 min., Prof] (DVD-DV0419)**  
**PRESSURE ULCERS [28 min., A] (DVD-DV0548)**  
 PROMOTING HYGIENE [19 min., A, Prof] (video-7052)  
 PROVIDING NUTRITION [22 min., Prof] (video-7058)  
 PROVIDING WOUND CARE [20 min., Prof] (video-7068)  
**RANGE OF MOTION EXERCISES [24 min., Prof] (DVD-DV0564)**  
 RECOGNIZING AND RESPONDING TO EMOTION IN PERSONS WITH DEMENTIA [22 min., A, Prof] (video-6957)  
 SIMPLE FOOT CARE TECHNIQUES: THE CARVILLE APPROACH [30 min., Prof] (video-7095)  
 TO CHOOSE NO HARM: ETHICAL DECISION-MAKING AT THE END OF LIFE [45 min., A, Prof] (video- 6123)  
 TRANSCULTURAL NURSING [22 min., A, Prof] (video- 6260)  
**TRANSFER AND AMBULATION [23 min., Prof] (DVD-DV0566)**  
 UNDERSTANDING MEDICATION GUIDELINES [21 min., Prof] (video-7065)  
 USING PRINCIPLES OF BODY MECHANICS [21 min., Prof] (video-7061)  
 VITAL SIGNS--TEMPERATURE, PULSE, RESPIRATIONS, AND BLOOD PRESSURE [25 min., A, Prof] (video- 6193)  
 WHAT CAN I DO? SIX CASE STUDIES OF STAFF-RESIDENT INTERACTION IN THE LONG-TERM FACILITY [39 min., Prof] (video-7133)

## NUTRITION

ADIOS COLESTEROL, HOLA VIDA [28 min., JrH-A] (video Span-4349)  
 ALL ABOUT VITAMINS [16 min., SrH-A] (video-6547)  
 ANEMIA: THE SILENT SHADOW [12 min., SrH-A] (1/2 Eng-6385) (video Span-6704)  
 CARBOHYDRATE COUNTING FOR PERSONS WITH DIABETES [17 min., A] (video-6939)  
 CLOSE WATCH, A: INTENSIFIED MANAGEMENT OF TYPE II DIABETES [22 min., SrH-A] (video-7010)  
 DIABETES AND FOOD: THE CHALLENGES OF CHOICES [23 min., A] (video-5695)  
 DIABETES AND HEART DISEASE [18 min., A] (video closed captioned-6991)  
 DIABETES AND YOUR HEALTH: #5. FOOD NUTRIENTS [12 min., SrH-A] (video-7047)  
 DIABETES AND YOUR HEALTH: #6. MAKING HEALTHY CHOICES [15 min., SrH-A] (video-7048)  
 DIABETES AND YOUR HEALTH: #7. STEPS FOR CONTROLLING YOUR BLOOD SUGAR [16 min., SrH-A] (video-7049)  
 DIABETES: DIET, EXERCISE AND SELF-CARE [16 min., SrH-A] (video-6963)  
 DIET AND STRESS MANAGEMENT [15 min., A] (video-6549)  
 FROM THE HEART [23 min., A] (video-6978)  
 GESTATIONAL DIABETES [14 min., A] (video-7091)  
 HEALTHWISE: LOWERING YOUR CHOLESTEROL [7 min., SrH-A] (video-7626)  
 NUTRITIONAL ASSESSMENT OF THE ELDERLY [28 min., A, Prof] (video-4869)  
 NUTRITION AND CANCER AND CANCER RISK REDUCTION [27 slides, A, Prof] (Slides- 3180)  
**NUTRITION AND MEAL PREPARATION FOR OLDER ADULTS [43 min., A] (DVD-DV0546)**  
 NUTRITION: AN OUNCE OF PREVENTION [14 min., A] (video-5529)

OSTEOPOROSIS: DIAGNOSIS, TREATMENT AND PREVENTION [120 min., Prof] (video-6914)  
 PATIENT RIGHTS: KEEP THEM IN FOCUS [24 min., Prof] (video-closed captioned-7305)  
 PROVIDING NUTRITION [22 min., Prof] (video-7058)  
 SPECIAL NUTRITION PROBLEMS OF THE ELDERLY [19 min., A, Prof] (video-6880)

## OCCUPATIONAL HEALTH AND SAFETY

BACK CARE AND SAFETY [15 min., A] (video-5240)  
 BACK FITNESS [12 min., A] (video-closed captioned-7307)  
 BACK INJURY PREVENTION [15 min., A] (video-6935)  
 BACK SAFETY [28 min., A] (video-4904)  
 BACK SAFETY: SLIPS, TRIPS, AND FALLS [25 min., A] (video-6613)  
 BACK TO BASICS FOR SAFE LIFTING [21 min., A] (video-4467)  
 BARBECUES, PICNICS, AND POTLUCKS [34 min., SrH-A] (video- 6231)  
 BATTLING FATIGUE [5 min., A] (video-5291)  
 BLOODBORNE PATHOGENS ANNUAL RETRAINING [18 min., A, Prof] (video-5908)  
 BLOODBORNE PATHOGENS: "BLOODBUG" BARRIERS [23 min., A-Professional] (video - 6426)  
 BLOODBORNE PATHOGENS IN HEALTHCARE FACILITIES [26 min., A, Prof] (video Eng-6715) (video Span-6799)  
 BLOODBORNE PATHOGENS IN THE WORKPLACE: REDUCING THE RISK [13 min., A] (video-5296)  
 BLOODBORNE PATHOGENS STANDARD: HOW IT AFFECTS YOU. HOW IT PROTECTS YOU [20 min., A] (video Span - 6024)  
 BREAKING THE CHAIN OF NOSOCOMIAL INFECTIONS: PNEUMONIA [15 min., A, Prof] (video- 6349)  
 EGRESS/EXIT SAFETY [5 min., A] (video-5616)  
 ERGONOMICS: REDUCING WORK RELATED INJURIES [8 min., Prof] (DVD-DV0382)  
**FALL PREVENTION IN HOME HEALTH CARE [16 min., A-Prof] (DVD-DV0404)**  
 FATIGUE BUSTERS: HOW TO SURVIVE FATIGUE IN THE '90s [46 min., A, Prof] (video-6345)  
 FIGHTING BACK PAIN [18 min., A] (video-5246)  
 FIRE SAFETY IN HOME HEALTH [24 min., A, Prof] (video-6951)  
 HEALTHCARE ERGONOMICS: WORKING TO YOUR ADVANTAGE [21 min., A, Prof] (video-6425)  
 HEALTHCARE SAFETY ORIENTATION [16 min., A, Prof] (video-6229)  
 HELPING AT HOME: LIFTING, MOVING, AND POSITIONING [12 min., A, Prof] (video-6414)  
 HELPING AT HOME: PREVENTING FALLS [12 min., A, Prof] (video-6415)  
 HOME AIR CARE: INDOOR AIR AND YOUR HEALTH [13 min., SrH-A] (video-6294)  
 HYGIENE AND HEALTH AT WORK [20 min., A] (video-6942)  
 HYPOTHERMIA [6 min., A] (video-7265)  
 INFECTION CONTROL [25 min., A, Prof] (video- 6189)  
 INFECTION CONTROL FEATURING DRUG-RESISTANT ORGANISMS [25 min., Prof] (video-6427)  
 INFECTION CONTROL IN HOME CARE 1996-1997 [24 min., A, Prof] (video - 5973)  
 LEVANTANDO Y CARGANDO [11 min., A] (video Span-5714)  
 LIFTING PEOPLE [27 min., A] (video- 6614)  
 MANAGING STRESS, (Rev.) [26 min., A, Prof] (video-5106)  
 MINIMIZING BACK STRAIN (Revised) [21 min., A] (video-6364)MSDS FOR HEALTHCARE: READ IT BEFORE YOU NEED IT [18 min., A, Prof] (video closed captioned-6428)  
 ORIENTATION TO WORKPLACE SAFETY [17 min., A] (video-6947)  
 OSHA RECORD KEEPING FOR EMPLOYEES [14 min., Prof] (DVD-DV0088)  
 PREVENTING DISEASE TRANSMISSION [20 min., A, Prof] (video Eng closed captioned-6190) (video Span closed captioned-6191)  
 PROTECTING YOUR BACK / PATIENT TRANSFERS [24 min., A, Prof] (video non-captioned-5245) (video closed captioned-6226)  
 RESPIRATOR SAFETY [16 min., A, Prof] (video Span - 5510)  
**SAFE LIFTING TECHNIQUES [7 min., A] (DVD-DV0577)**  
 SAFETY FOR HEALTH CARE HOUSEKEEPERS: INFECTION CONTROL [22 min., A] (video-7135)  
 SANITATION: RODENT AND INSECT CONTROL [9 min., A] (video-5107)

SEVERE WEATHER SAFETY: WATCH FOR THE WARNING [18 min., El-JrH] (video-6543)  
 SLIPS AND FALLS [10 min., SrH-A] (video-5124)  
 SLIPS, TRIPS AND FALLS [14 min., SrH-A, Prof] (video-4783)  
 STEP BY STEP: AVOIDING SLIPS, TRIPS, AND FALLS [17 min., A, Prof] (video non-captioned - 5857) (video closed captioned - 6246)  
 STRESS MANAGEMENT FOR HEALTHCARE PERSONNEL [27 min., A, Prof] (video-5424)  
 TUBERCULOSIS IN THE HEALTHCARE ENVIRONMENT [22 min., Prof] (video Eng-6467) (video Span-6783)  
 UNIVERSAL PRECAUTIONS: A PERSONAL PRIORITY [13 min., A, Prof] (video-5880)  
 UNIVERSAL PRECAUTIONS FOR INFECTION CONTROL IN THE HOME CARE SETTING [20 min., A] (video-4562)  
 UNIVERSAL PRECAUTIONS--INFECTION CONTROL PROCEDURES [8 min., A] (video-4907)  
 ULTIMATE DRIVING CHALLENGE [30 min., SrH-A] (video-closed captioned-7296)  
 USING PRINCIPLES OF BODY MECHANICS [21 min., Prof] (video-7061)  
 WHEN LIGHTNING STRIKES [5 min., A] (video-5139)  
 WINTER DRIVING [7 min., A] (video-7624)  
 WORK SAFETY ESSENTIALS [23 min., A] (video-6941)  
 YOUR RIGHT TO KNOW: HAZARD COMMUNICATION STANDARD [16 min., A, Prof] (video Eng-5511) (video Span-5512)

## OSTEOPOROSIS / OSTEOARTHRITIS

AGING PROCESS, AN: OSTEOPOROSIS [21 min., SrH-A] (video-5422)  
**OSTEOARTHRITIS [30 min., A] (DVD-DV0602)**  
 OSTEOARTHRITIS: A VIDEO HOUSE CALL [30 min., A] (video-5642)  
 OSTEOPOROSIS (Milner-Fenwick) [16 min., SrH-A] (video Eng closed captioned - 5986) (video Span - 5987)  
 OSTEOPOROSIS: DIAGNOSIS, TREATMENT AND PREVENTION [120 min., Prof] (video-6914)  
 OSTEOPOROSIS: HOW TO PREVENT OSTEOPOROSIS [18 min., A] (video-7827)  
 TAKE CHARGE OF YOUR HEALTH: OSTEOPOROSIS AND DIABETES [91 min., A] (video-7042)

## PHYSICAL FITNESS

ARMCHAIR FITNESS: AEROBICS [60 min., A] (video-7011)  
 ARMCHAIR FITNESS: GENTLE EXERCISE [30 min., A] (video-6979)  
 BACK INJURY PREVENTION [15 min., A] (video-6935)  
 CHAIR FITNESS VOL. 1 [65 min., A] (DVD-DV0331)  
 CHAIR FITNESS VOL. 2 [65 min, A] (DVD-DV0332)  
 CHAIR FITNESS BALANCE AND POSTURE VOL. 3 [34 min., A] (DVD-DV0333)  
 CLOSE WATCH, A: INTENSIFIED MANAGEMENT OF TYPE II DIABETES [22 min., SrH-A] (video-7010)  
 DIABETES AND EXERCISE [13 min., A] (video-5694)  
 EXERCISE FOR HEART FAILURE PATIENTS [14 min., A] (video-closed captioned-7194)  
 FOREVER FIT: THE MIND-BODY-SPIRIT CONNECTION [60 min., A] (video-6741)  
 HEALTHWISE: FITNESS [6 min., SrH-A] (video-7626)  
 HYGIENE AND HEALTH AT WORK [20 min., A] (video-6942)  
 MAKE YOUR MOVE: GET INTO ACTION WITH THE ACTIVITY PYRAMID [11 min., JrH-A] (video-6958)  
 ORTHOBICIZE [53 min., SrH-A] (video-6817)  
 SPECIAL NUTRITION PROBLEMS OF THE ELDERLY [19 min., A, Prof] (video-6880)  
 TAKE CONTROL WITH EXERCISE [60 min., A] (DVD-DV0202)

## SANITATION / HYGIENE

BACTERIA AND DISEASE CONTROL [9 min., A] (video-4908)  
 CLEANING AND SANITIZING [25 min., A] (video-4933)  
 HANDWASHING: PROMOTING A HEALTHY ENVIRONMENT [13 min., A] (video-5428)  
 HANDWASHING: YOUR HEALTH IS IN YOUR HANDS [13 min., A, Prof] (video closed captioned - 6223)  
 HEALTHCARE SAFETY ORIENTATION [16 min., A, Prof] (video- 6229)  
 HELPING AT HOME: BATHING AND PERSONAL HYGIENE

[12 min., A, Prof] (video- 6447)  
 HELPING AT HOME: INFECTION CONTROL [12 min., A, Prof] (video-6418)  
 HELPING AT HOME: WOUND CARE [16 min., A, Prof] (video closed captioned-6439)  
 INFECTION CONTROL [25 min., A, Prof] (video- 6189)  
 INFECTION CONTROL FEATURING DRUG-RESISTANT ORGANISMS [25 min., Prof] (video-6427)  
 INFECTION CONTROL IN HOME CARE 1996-1997 [24 min., A, Prof] (video - 5973)  
 INTRODUCTION TO FOOD SAFETY: EMPLOYEE HEALTH AND HYGIENE [24 min., A] (video-4930)  
 OUNCE OF PREVENTION KEEPS THE GERMS AWAY, AN [30 min., SrH-A] (video-6804)  
**PERSONAL CARE [21 min., Prof] (DVD-DV0565)**  
 PREVENTING DISEASE TRANSMISSION [20 min., A, Prof] (video Eng closed captioned-6190) (video Span closed captioned-6191)  
 SAFETY FOR HEALTH CARE HOUSEKEEPERS: INFECTION CONTROL [22 min., A] (video-7135)  
 SANITATION: RODENT AND INSECT CONTROL [9 min., A] (video-5107)  
 STERILIZATION AND DISINFECTION PROCEDURES [25 min., A, Prof] (video- 6194)  
**TECHNIQUES IN BATHING, Rev. [31 min., Prof] (DVD-DV0626)**  
 UNIVERSAL PRECAUTIONS FOR INFECTION CONTROL IN THE HOME CARE SETTING [20 min., A] (video-4562)  
 UNIVERSAL PRECAUTIONS--INFECTION CONTROL PROCEDURES [8 min., A] (video-4907)

## SKIN AND SKIN DISEASES

CARE AND PREVENTION OF PRESSURE ULCERS [18 min., A] (video-5426)  
 CARING FOR THE ELDERLY RESIDENT WITH DIABETES IN A LONG TERM CARE FACILITY [30min., A, Prof] (video-7009)  
 FUNDAMENTALS OF HOME WOUND CARE: CARING FOR THE PRESSURE ULCER PATIENT [26 min., A, Prof] (video- 6152)  
 HELPING AT HOME: PRESSURE SORES [12 min., A, Prof] (video-6438)  
 HELPING AT HOME: WOUND CARE [16 min., A, Prof] (video closed captioned-6439)  
**PRESSURE SORES TIPS FOR THE GNA [20 min., Prof] (DVD-DV0419)**  
**PRESSURE ULCERS [28 min., A] (DVD-DV0548)**  
 PROVIDING WOUND CARE [20 min., Prof] (video-7068)

## SPANISH LANGUAGE

ADIOS COLESTEROL, HOLA VIDA [28 min., JrH-A] (video Span-4349)  
 AMERICAN RED CROSS COMMUNITY CPR [110 min., A] (video Span-6281)  
 AMERICAN RED CROSS COMMUNITY FIRST AID [39 min., A] (video Span-6285)  
 ANEMIA: THE SILENT SHADOW [12 min., SrH-A] (video Span-6704)  
 BLOODBORNE PATHOGENS IN HEALTHCARE FACILITIES [26 min., A, Prof] (video-Span-6799)  
 BLOODBORNE PATHOGENS STANDARD: HOW IT AFFECTS YOU. HOW IT PROTECTS YOU [20 min., A] (video Span-6024)  
 CAREGIVING: PERSONAL CARE [35 min., A, Prof] (video-Span-7927)  
 CHANGING THE WAY DIABETES IS TREATED [8 min., A] (video Eng/Span-7012)  
 CONOZCA SU NUMERO [7 min., A] (video Span-6988)  
 COUGH IT UP [6 min., A] (video Eng closed captioned-6100) (video Span closed captioned -6101)  
 CUIDADO PERSONAL [35 min., A, Prof] (video-Spanish-7927)  
 DEPRESIO: EL CAMINO HACIA LA RECUPERACION [12 min., A] (video Span - 5684)  
 EPILEPSIA...Y AHORA QUE? [11 min., A, Prof] (video Span-6624)  
**FALL PREVENTION IN HOME HEALTH CARE [16 min., A-Prof] (DVD-Eng/Span-DV0404)**  
 FACTS ABOUT TB, THE [11 min., SrH-A] (video Span-6635)  
 FIRE SAFETY [29 min., Prof] (video-Span-7925)  
 FIRE SAFETY: BE ALERT NOT ALARMED [14 min., A] (DVD-Eng/Span-closed captioned-DV0198)  
**FOODBORNE ILLNESS PREVENTION [21 min., A] (DVD-Eng/Span-closed captioned-DV0486)**

**FOOD SAFETY AND SANITATION [22 min., A] (DVD-Eng/Span—closed captioned-DV0398)**

**HIPAA: PRIVACY IN HOME HEALTH CARE [17 min., A, Prof] (DVD-Eng/Span-closed captioned-DV0405)**

HOW MEDICINES WORK [9 min., A] video Span closed captioned-6172

IT'S ABOUT TIME: ACTING FAST FOR HEART ATTACK SURVIVAL [18 min., A] (video Span-7040)

JUST IN CASE EMERGENCY READINESS FOR OLDER ADULTS [16 min., A] (DVD-Span-DV0312)

LEVANTANO Y CARGANDO [11 min., A] (video Span-5714)

MAKING THE RIGHT CALL: THE POISON CONTROL CENTER [9 min., SrH-A] (video Span-6352)

OSTEOPOROSIS (Milner-Fenwick) [16 min., SrH-A] (video Span - 5987)

OUNCE OF PREVENTION, AN: HYPERTENSION--NUTRITION--FOOT CARE--EYES--ORAL HEALTH--KIDNEYS--DIALYSIS [82 min., A, Prof] (video Span -5795)

PREPARING TEXAS FOR A SAFER TOMORROW [Eng. 8 min., Span. 10 min., A] (video-Eng/Span-closed captioned-7895)

PREVENCION DE INCENDIOS [29 min., Prof] (video-Span-7925)

PREVENTING DISEASE TRANSMISSION [20 min., A, Prof](video Span closed captioned-6191)

RENAL COMPLICATIONS: AN OUNCE OF PREVENTION[9 min., A] (video Span - 4157)

REPOS0 EN CAMA [35 min., A, Prof] (video-Span-7926)

RESPIRATOR SAFETY [16 min., A, Prof] (video Span - 5510)

TUBERCULOSIS IN THE HEALTHCARE ENVIRONMENT [22 min., Prof] (video Span-6783)

UNDERSTANDING SEIZURE DISORDERS [11 min., SrH-A] (video Span closed captioned-6176)

WHAT YOU DON'T KNOW ABOUT TUBERCULOSIS CAN KILL YOU [11 min., A] (video Span - 6292)

YOU CAN BEAT TB [13 min., SrH-A] (video Span-6638)

YOUR RIGHT TO KNOW: HAZARD COMMUNICATION STANDARD [16 min., A, Prof] (video Span-5512)

## STRESS

HEALTHWISE: STRESS MANAGEMET [6 min., A] (video-7630)

**LIFE IS NOT A STRESS REHEARSAL [47 min., A] (DVD-DV0422)**

## STROKE

BRAIN ATTACK [ 28 min., A] (DVD-DV0186)

BRAIN ATTACKS: ALL ABOUT STROKES [27 min., A, Prof] (video-6356)

**STROKE [30 min.,A (DVD-DV0604)**

## TUBERCULOSIS

COUGH IT UP [6 min., A] (video Eng closed captioned-6100) (video Span closed captioned -6101) (video Vietnamese-6102)

FACTS ABOUT TB, THE [11 min., SrH-A] (video Eng-6634) (video Span-6635)

STANDARDS FOR INFECTION CONTROL: AN UPDATE FOR HEALTHCARE WORKERS [45 min., Prof] (DVD-DV0200)

**TUBERCULOSIS [30 min., A] (DVD-DV0605)**

TUBERCULOSIS: AN UPDATE [227 min., Prof] (video-6446)

TUBERCULOSIS AWARENESS [16 min., A, Prof] (video closed captioned-5858)

TUBERCULOSIS: BACK FROM THE PAST [18 min., A] (video-5703)

TUBERCULOSIS IN THE HEALTHCARE ENVIRONMENT [22 min., Prof] (video Eng-6467) (video Span-6783)

YOU CAN BEAT TB [13 min., SrH-A] (video Eng-6637) (video Span-6638)

# HOME HEALTH NURSING DESCRIPTIONS

New titles are in yellow highlight

## **ABC'S, AN INTRODUCTION - 5589**

video color 15 min. 1990 A, Professional

Describes symptoms and causes of dementia. Discusses methods for effective communication with Alzheimer's patients. Explains that behaviors always occur in three parts, A, B, and C. A is the antecedent or triggering event, B is the behavior itself, and C is the consequence of the behavior. By changing an unpleasant behavior, the quality of life for the patient can be enhanced and caregiving can be made easier. Explains the steps in applying the ABCs of behavior management. (TERRA)

## **THE ABC'S OF FIRE EXTINGUISHERS - 4801**

video color 13 min. 1989 JrH-A

Explains the A, B, and C classes of fire and a simple way to remember them. Demonstrates what type of extinguisher to use on what class of fire. Illustrates the fire triangle through animation. Shows how to extinguish a "flashback". (JEWELL)

## **ADAPTING SUCCESSFULLY TO PARKINSON'S DISEASE - 5416**

video color 30 min. 1988 A

Parkinson's patients and their families are given information and encouragement to adapt to the effects of the disease. (VISION)

## **ADIOS COLESTEROL, HOLA VIDA! (Spanish) - 4349**

video color 28 min. 1989 JrH-A

Discusses the dangers of high cholesterol and what to do to correct it. Shows foods to avoid and cooking techniques to reduce cholesterol. Also shows foods low in cholesterol and discusses the importance of exercise for a healthier life. (PINEDA)

## **ADMINISTERING INJECTABLE MEDICATIONS -7062**

video color 28 min. 1996 Professional

Covers the nursing skills involved in administering medications by injection as well as documenting the client's response to therapy. Includes complete step-by-step procedures for withdrawing medication from ampules and vials as well as mixing powdered medication and mixing liquid medications in one syringe. Demonstrates the step-by-step technique for administration of intradermal, subcutaneous, and intramuscular injections. (LIPP)

## **ADMINISTERING ORAL AND INHALATION MEDICATIONS - 7063**

video color 17 min. 1996 Professional

Covers the nursing skills involved in administering medications by the oral and inhalation routes. Includes complete step-by-step procedures for these routes of administration as well as documentation tips and safety considerations. (LIPP)

## **ADMINISTERING TOPICAL MEDICATIONS -7064**

video color 18 min. 1996 Professional

Covers the nursing skills involved in administering medications by the topical route. Includes complete step-by-step procedures of dermal, ophthalmic, otic, nasal, rectal, and vaginal medication administration as well as documentation tips and safety considerations. (LIPP)

## **ADVANCE DIRECTIVE: TAKING CONTROL (closed captioned) - DV0627**

DVD color 17 min. 2010 A

This program details the living will and the healthcare power of attorney. It discusses both medical and emotional choices to be made

about future care. While emphasizing the benefits of an advance directive, including how easy it is to fill one out, the DVD talks about the peace of mind family members will get knowing that an advance directive has been created. (MILNER)

## **ADVANCE DIRECTIVES: THE DECISION IS YOURS-7171**

video color 25 min. 1992 A

Explains the nature and purpose of the Patient Self-Determination Act, including the "Durable Power of Attorney for Health Care" and the "Living Will." Presents simulated conversations between patients, family members, and health professionals. Gives the reasons for making an advance directive. (MEDCOM)

## **ADVANCED MEDICAL DIRECTIVES SOMETHING TO THINK ABOUT - DV0309 (English) DV0310 (Spanish)**

DVD color 14 min. 2005 A

This program poses questions that will help everyone be specific about the personal care they desire at the end of life. It clearly explains the difference between a Living Will and Durable Power of Attorney for Healthcare, and mentions many of the decisions that must be made including resuscitation, tube feeding, and pain relief options. (TERRA)

## **AN AGING PROCESS--OSTEOPOROSIS - 5422**

video color 21 min. 1986 SrH-A

Defines osteoporosis, its symptoms, and preventive measures. Summarizes the physiology of the disease. (FGH)

## **AGING THE NATURAL PROCESS - DV0075**

DVD color 37 min. 2001 A-Professional

This program takes a look at the changes that occur naturally to the various systems of the human body as a person ages, and describes actions that can be taken to maximize and maintain their functionality. (MEDCOM)

## **ALL ABOUT VITAMINS - 6547**

video color 16 min. 1996 SrH - A

Discusses why vitamins are important; soluble and insoluble vitamins; best food sources; anti-oxidant issues; at-risk population groups; role of supplements; myths and unfounded claims. (NATL H)

## **ALZHEIMER'S DISEASE: INSIDE LOOKING OUT - 5985**

video color 18 min. 1995 SrH-A

Alzheimer's patients talk openly about the impact that the disease has on their lives. They discuss their right to be informed of their diagnosis and to share in the decision-making. They talk of the necessary adjustments to their modes of living as a result of the disease and how it has affected their relationships with others. (TERRA)

## **ALZHEIMER'S DISEASE: STOLEN TOMORROWS - 4307**

video color 26 min. 1986 A, Professional

Describes the various stages of Alzheimer's disease and provides coping strategies for people whose lives are touched by the disease. Family members share their thoughts and experiences. (AIMS)

## **ALZHEIMER'S DISEASE...A WILDERNESS EXPLORED-7129**

video color 30 min. 1994 A, Professional

Emphasizes the various kinds of current research into the causes of both early onset and late onset Alzheimer's disease. Discusses the possible genetic links. Describes the physiological changes that occur to brain cells. Explains that when the causes of the disease are identified medicine will be able to determine ways to intervene to prevent or arrest

the deterioration of brain cells. (GLAXO)

#### **ALZHEIMER'S 101: BASICS FOR CAREGIVING - 6282**

video color 85 min. 1989 A, Professional  
Developed for training professional and family caregivers of people with Alzheimer's disease. Gives fundamental skills and knowledge about the disorder including: an explanation of Alzheimer's disease; communication; behavior; personal care; keeping active and physically fit; and caregiver stress. (TERRA)

#### **ALZHEIMER'S PROJECT (closed captioned) - DV0532**

3 DVDs color 533 min. 2009 A  
This program contains four documentary films. *The Memory Loss Tapes* provides an up-close and personal look at seven individuals living with Alzheimer's. *Grandpa, Do you Know Who I am? With Maria Shriver* captures what it means to be a grandchild of someone with Alzheimer's, while *Caregivers* highlights the sacrifices and successes of people who experience their loved ones' descent into dementia. *Momentum in Science* takes viewers inside the laboratories and clinics of 25 leading scientists and physicians, revealing some of the most cutting-edge research advances. (HBO)

#### **ALZHEIMER'S PROJECT DISCUSSION - DV0542**

DVD color 90 min. 2009 A  
Dr. Ronald Devere, a board-certified neurologist who has been in private practice for 34 years, gives a lecture on the causes of Alzheimer's disease, who is at risk, prevention and diagnosis. Devere is a member of the board of directors of the Capital of Texas Chapter of the Alzheimer's Association and was appointed by the governor to the Texas Council on Alzheimer's Disease and Related Disorders. (DSHS)

#### **AMERICAN RED CROSS COMMUNITY CPR English - 5870 Spanish - 6281**

video color 110 min. 1993 A  
The American Red Cross explains their "Check-Call-Care" method of responding to critically injured victims at the scene of an accident. Explains the main causes of injuries and the major types of injuries, and the different methods of responding to each, including a detailed explanation of how to perform CPR. (MOSBY)

#### **AMERICAN RED CROSS COMMUNITY FIRST AID English-5869 Spanish-6285**

video color 39 min. 1993 A  
The American Red Cross explains their "Check-Call-Care" method of responding to critically injured victims at the scene of an accident. Explains the main causes and types of injuries and the different methods of responding to each. (MOSBY)

#### **ANEMIA: THE SILENT SHADOW English-6385 Spanish-6704**

video color 12 min. 1996 SrH-A  
Explains iron deficiency anemia and the symptoms which accompany the disorder. Defines those individuals most at risk for developing anemia. Discusses the importance of folic acid and its relationship with iron deficiency. Offers recipe and cooking ideas. (ALTSCH)

#### **APPENDICITIS-6386**

video color 14 min. 1994 A  
Explains the location, description and function of a healthy appendix. Describes causes of appendicitis and the differing symptoms in according to age. (ALTSCH)

#### **APPLYING PROTECTIVE DEVICES -7059**

video color 20 min. 1997 Professional  
Gives an overview of protective devices and restraints. Includes restraint alternatives, indications for their use, possible negative outcomes, procedures for applying the various devices. Provides tips

for client safety and appropriate documentation of the use of these devices. (LIPP)

#### **ARE YOU MAKING YOUR FAMILY SICK? - 6230**

video color 45 min. 1996 SrH-A  
Explains what to do to prevent E. Coli and foodborne illness in the home. Discusses handwashing, proper food storage, safe refrigerators, cooking temperatures, and food handling. Explains how to properly sanitize the work space and wash dishes to prevent illness. (PUG)

#### **ARMCHAIR FITNESS: AEROBICS-7011**

video color 60 min. 1994 A  
Contains three 20-minute routines of lively stretching and strengthening motions with musical accompaniment that can be performed by anyone able to sit erect in a chair. The exercises lessen leg and back strain, aid circulation, flexibility, and coordination. They strengthen heart and lungs; lower blood pressure; increase stamina and muscle strength; and, repeated two or three times a week, can help maintain a supple and conditioned body. (CC-M)

#### **ARMCHAIR FITNESS: GENTLE EXERCISE - 6979**

video color 30 min. 1994 A  
Suggests exercise for persons with limited strength and range of motion. Begins with a slow and easy warm-up and then continues with gentle full-body motions including a seated dance and concludes with a relaxation exercise. Repeated two to three times a week, it can improve flexibility and coordination, build stamina; strengthen heart and lungs; lower blood pressure; and bring about an enhanced sense of well-being. (CC-M)

#### **ASSESSING THE MENTAL STATUS OF THE OLDER PERSON - DV0498**

DVD color 34 min. 1991 Professional  
A geriatric specialist implements the Mini-Mental State Examination assessing the mental status of individuals who are elderly, ranging from normal to severely impaired. Professionals can get hints on how to both formally and informally assess the mental status of an individual. It also presents individuals with the classic symptoms associated with Alzheimer's disease including: loss of short-term memory; confusion; and impaired cognitive ability. (UMSM)

#### **ASSISTING WITH BATHING-7050**

video color 17 min. 1996 A, Professional  
Demonstrates how to perform both a complete bed bath and a bag bath using proper technique. Explains the type of help a client may need when taking a tub or shower bath. Includes documentation tips and safety issues related to assisting a client with bathing. (LIPP)

#### **ASSISTING WITH BOWEL ELIMINATION -7056**

video color 18 min. 1997 Professional  
Demonstrates how to assess the client for difficulties relating to bowel elimination, including how to perform an abdominal and perirectal examination, and the importance of checking for occult blood. Explains how to help restore normal bowel elimination including procedures for impaction removal and enema administration. Presents tips for documentation and safety and legal issues. (LIPP)

#### **ASSISTING WITH URINARY ELIMINATION -7057**

video color 20 min. 1997 Professional  
Shows how to assess the client for factors that can contribute to altered urinary patterns. Demonstrates procedures for inserting a urinary catheter, catheter care, and removal of a urinary catheter. Presents tips for documentation and safety and legal issues. (LIPP)

#### **BACK CARE AND SAFETY - 5240**

video color 15 min. 1990 A

Informs viewer about the back and how it works. Covers common types of back injuries and their causes. Demonstrates the short- and long-term effects of back injuries. Illustrates injury prevention techniques, including back muscle-strengthening exercises and proper lifting techniques. (ALTSCH)

**BACK FITNESS (closed captioned) -7307**

video color 12 min. 1999 A

Explains five skills to build a fit back. Shows correct posture for sitting, standing and sleeping. Demonstrates the correct way to lift in order to protect the back. Shows rest and relaxation techniques to ease muscle spasms in the back. Gives tips on good nutrition to strengthen muscles and maintain high energy levels. Demonstrates various exercises for flexibility and strengthening of the lower back. (KRAMES)

**BACK INJURY PREVENTION-6935**

video color 15 min. 1999 A

Designed for workers in the office, factory and field. Includes exercises, techniques, tips and ergonomics for a better back. Emphasizes the spine, how it works and how to care for it. (ATR)

**BACK SAFETY - 4904**

video color 28 min. 1987 A

Discusses causes and prevention of back injuries. Explains what to do when one experiences back discomfort. Describes the anatomy of the back as well as disc rupture and sciatica. Explains the symptoms of these injuries. Explains that maintaining a good diet, reducing intake of alcohol and caffeine, avoiding stress, losing weight, and maintaining good posture all contribute to good back health. Demonstrates proper posture for standing, bending, lifting, sitting, driving, sleeping. Discusses physical conditioning and exercise as important factors in preventing back problems. Shows proper lifting techniques and illustrates exercises to strengthen the back muscles. (TXMHMR)

**BACK SAFETY: SLIPS, TRIPS, AND FALLS-6613**

video color 25 min. 1993 A

Focuses on safety consciousness both on and off the job. Topics include: back safety; slips, trips, and falls; fire safety; and the Texas Hazard Communication Act. Includes an instructor's manual with overhead transparency masters, handout masters, performance evaluation and answer key. (TXMHMR)

**BACK TO BASICS FOR SAFE LIFTING - 4467**

video color 21 min. 1984 A

Chronic back pain and spinal disc problems afflict one out of three Americans. Often the trouble starts with efforts to lift a heavy object, but in the wrong way. In this program supervisors learn how to teach the safe methods of lifting heavy cases and crates. (CORONE)

**BACTERIA AND DISEASE CONTROL (Rev. Ed.) - 4908**

video color 9 min. 1992 A

Explains basic sanitation and cleanliness, how bacteria can be harmful and what to do about it. Excellent training for all janitors/custodians. (DONBR)

**BANDAGING AND SPLINTING - 4656**

video color 27 min. 1990 Professional

Shows the assessment and treatment of musculoskeletal injuries. Techniques of assessing various injuries for bandaging and splinting will be demonstrated. Numerous fractures and dislocations are presented using computer-generated illustrations. Includes: dislocations; 8 fracture classifications; types of bandages; soft and hard splints; traction devices; complications. (AMERS)

**BANDAGING: MODULE # 7 - 4948**

video color 11 min. 1984 A, Professional

Demonstrates proper bandaging techniques applied in an automobile accident and a factory first aid station. A lifeguard applies a figure-eight bandage. Reviews the types, materials, and applications for various bandages and dressings, and the use of a sling. (CORONE)

**BARBECUES, PICNICS, AND POTLUCKS - 6231**

video color 34 min. 1996 SrH-A

Explains what needs to be done to prevent E. Coli and foodborne illness when taking food away from home. Provides tips on the safest food choices, packing and transporting food safely, and how to choose a good site for outdoor meals. Explains how to destroy the *E. Coli* in hamburger meat, and how to avoid cross contamination. (PUG)

**BASIC FIRST AID (Pyramid) -6960**

video color 52 min. 1997 JrH-A

Provides first responders with the techniques necessary to properly render aid in an emergency situation. Includes the major areas of general first aid: universal precautions, controlling bleeding, managing shock, treating burns, positioning splints, and poisoning. (PYR)

**BASIC FIRST AID, PART I - 7346**

video color 10 min. 1998 A, Professional

Stresses the need to remain calm when emergencies arise. Provides information on first aid for bleeding, choking, burns, shock, fractures, and an accident or illness that leaves a person unconscious and not breathing. (SAFETY)

**BASIC FIRST AID, PART II - 7347**

video color 6 min. 1998 A, Professional

Covers legal issues and health risks involved with administering first aid. Discusses the Good Samaritan laws, getting the victim's consent for treatment, and the use of barrier devices. (SAFETY)

**BASIC PRINCIPLES - 7892**

video color 22 min. 2002 Professional

This video provides information about the roles and responsibilities of a nursing team member, the nursing process, the delegation of tasks, and patient and resident rights. Proper communication whether it is oral, written or nonverbal is emphasized. Viewers will learn about reporting, charting, and end of shift reporting. The chain of infection is explained along with the proper procedure for hand washing. (MOSBY)

**BATHING WITHOUT A BATTLE: CREATING A BETTER BATHING EXPERIENCE FOR PERSON'S WITH ALZHEIMER'S DISEASE AND RELATED DISORDERS - DV0416**

DVD + CD-Rom color 45 min. 2003 Professional

This package contains an interactive CD-Rom and DVD. It teaches person-centered methods for making the bathing experience more enjoyable for both caregivers and the people they are bathing. Towel-bathing, tub bathing, in-room bathing, and hair washing techniques are demonstrated. Separate tracks are available on the CD-Rom for nurses, nursing assistants, nursing home administrators, surveyors, and home care givers. Minimum requirements for the CD-Rom: 200 MHz Intel Pentium II processor or greater, Windows 95,98,ME,200,XP, 32 MB RAM, 16-bit color monitor, 800 x 600 resolution, 16 bit sound card. (TERRA)

**BATTLING FATIGUE - 5291**

video color 5 min. 1989 A

Covers the possible results of not getting enough rest before coming to the job. Explains the various types of fatigue workers experience and suggest several ways fatigue can be overcome. (SAFETY)

**BEDMAKING SKILLS-7051**

video color 17 min. 1996 A, Professional

Identifies the three types of bed making used in clinical practice and when each should be used. Demonstrates how to make both unoccupied and occupied beds correctly. Explains how a postoperative bed differs from an unoccupied bed. Includes documentation tips and safety issues for bedmaking. (LIPP)

#### **BEFORE EMS ARRIVES-6807**

video color 17 min. 1995 A

Shows how bystanders can render aid to accident victims in two important ways: establish an airway and control bleeding. Bystanders are encouraged to: learn to recognize an emergency by looking for skid marks or a vehicle left in an odd position; try to prevent further injury by following safe practices and avoiding hazards; learn to assess a crash site by counting the number of victims and determining the severity of the injuries; contact EMS as soon as possible; and provide life-sustaining care. (TXDOT)

#### **BIOTERRORISM: FACING THE THREAT AND STAYING SAFE-7619**

video color 24 min. 2002 A

Offers information about the most likely biological weapons that could be used in case of a terrorist attack. Provides preventative and practical precautions to take. Gives medical explanations of anthrax, smallpox, plague, botulism, tularemia, and viral hemorrhagic fevers. (SYNDI)

#### **BLOODBORNE PATHOGENS English-7115 Spanish-7369**

video color 19 min. 1998 A, Professional

Provides information on bloodborne pathogens such as those causing hepatitis B, hepatitis C and AIDS. Discusses and demonstrates effective means of infection control and exposure control. Explains personal protective equipment (PPE). (LONGI)

#### **BLOODBORNE PATHOGENS: A HEALTHCARE REFRESHER (closed captioned)- 7753**

video color 11 min. 2003 A, Professional

Reviews exposure to bloodborne pathogens, especially hepatitis B, hepatitis C, and HIV. Discusses standard precautions, safety precautions, safe work practices, and personal protective equipment. Intended for healthcare professionals who have already received initial training. (COASTAL)

#### **BLOODBORNE PATHOGENS ANNUAL RETRAINING - 5908**

video color 18 min. 1994 A, Professional

Explains the OSHA enforcement policy and fulfills 29 CFR, Part 1910 Employee Training Requirements. Explains the different bloodborne diseases and how to recognize exposure situations. Discusses techniques to prevent exposure, including personal protective equipment. To reduce these workplace exposure risks, discusses an "exposure control plan," emergency procedures, and proper posting of signs and labels. (TNI)

#### **BLOODBORNE PATHOGENS: "BLOODBUG" BARRIERS (closed captioned) - 6426**

video color 23 min. 1996 A, Professional

Ideal for annual training and re-training, stresses the importance of following standard precautions to guard against unseen "bloodbugs" in the healthcare facility. Engineering controls, work practices and housekeeping are discussed. (COASTA)

#### **BLOODBORNE PATHOGENS SAFETY PART 1 - DV0246**

DVD color 15 min. 2007 Professional

This program, intended for health care workers, explains the sources and modes of transmission of HIV, Hepatitis B and Hepatitis C. It details the occupational risk for health care workers. (MEDCOM)

#### **BLOODBORNE PATHOGENS SAFETY PART 2 EXPOSURE**

#### **CONTROLS AND PPE - DV0247**

DVD color 17 min. 2007 Professional

This DVD describes the universal and standard precautions. It explains post-exposure response and prophylaxis. The use of gloves, eyewear and gowns for protection against bloodborne infections is detailed. (MEDCOM)

#### **BLOODBORNE PATHOGENS IN HEALTHCARE FACILITIES**

##### **English-6715 Spanish-6799**

video color 26 min. 1998 A, Professional

Intended for personnel in hospitals, laboratories, and physicians' offices to comply with 29 CFR Part 1910.1030. Describes the precautions to take while handling body substances, especially blood products. Describes the Exposure Control Plan. Explains emergency procedures and the meanings of the variety of warning signs and labels. Discusses the personal protective equipment (PPE). (LONGI)

#### **BLOODBORNE PATHOGENS IN THE WORKPLACE: REDUCING THE RISKS - 5296**

video color 13 min. 1992 A

Teaches risk assessment skills in general/industrial workplace environments for HIV and hepatitis B infections. Promotes the use of infection control kits. Without over-dramatizing, makes viewers aware of risks when they come in contact with body fluids. (SC)

#### **BLOODBORNE PATHOGENS STANDARD: HOW IT AFFECTS YOU. HOW IT PROTECTS YOU (Spanish) - 6024**

video color 20 min. 1992 A

Explains the Bloodborne Pathogen Standard for mandated employee training. Includes universal precautions, HBV vaccination, and recordkeeping requirements. (COASTA)

#### **BRAIN ATTACK - DV0186**

DVD color 28 min. 2000 A

This program follows the cases of two victims of stroke: a pregnant woman who suffered an ischemic stroke just two weeks before her baby was due, and a healthy middle-aged man who experienced a cerebral hemorrhage as he was preparing for work. (AQUARI)

#### **BRAIN ATTACKS: ALL ABOUT STROKES - 6356**

video color 27 min. 1995 A, Professional

Describes personal accounts from stroke patients and professionals. Describes warning signs, risk factors, and medical advances. Emphasizes that early detection is necessary for full recovery. (AQUARI)

#### **BREAKING THE CHAIN OF NOSOCOMIAL INFECTIONS: PNEUMONIA - 6349**

video color 15 min. 1992 A, Professional

Provides information about the diagnostic strategies, risk factors, control measures, and clinical management techniques for nosocomial pneumonia infections. Discusses the primary pathogens responsible. (MEDCOM)

#### **CANCER STORY PREVENTION AND SCREENING: NEW CANCER DEFENSES (closed captioned) – DV0353**

DVD color 59 min. 2004 A, Professional

This DVD examines the risk for cancer. It profiles a man with smoking related cancer of the larynx and two men with prostate cancer. The genetic predisposition for cancer is explained. It emphasizes the importance of colon cancer screening. Viewers also learn about lifestyle choices they can make to reduce the risk of developing this disease. (FFH)

#### **CANCER STORY: WHAT IS CANCER (closed captioned) – DV0352**

DVD color 57 min. 2004 A, Professional

This DVD provides a primer on how cancer begins and grows. Using animation and interviews with medical experts, the program explains normal cell behavior and cancer etiology within a dramatized story of a cancer patient undergoing diagnosis and treatment. (FFH)

### **CARBOHYDRATE COUNTING FOR PERSONS WITH DIABETES-6939**

video color 17 min. 1996 A

Explains how adults with diabetes can manage the disease by counting carbohydrates using the food package nutrition labels and the revised exchange system. Emphasizes that eating the same amounts of carbohydrates at the same meals daily can help stabilize the amount of insulin needed. Gives specific examples of food measurements and a sample breakfast menu. (NATLH)

### **CARE AND PREVENTION OF PRESSURE ULCERS - 5426**

video color 18 min. 1987 A

Explains which patients are at high risk for pressure ulcers. Describes how to prevent them, the progressive stages of the ulcers and how to care for patients that have developed pressure ulcers. (FGH)

### **CAREGIVER ISSUES - 5597**

video color 33 min. 1990 A, Professional

Caregivers of dementia patients need to take good care of themselves and seek support from family and friends and helping organizations. They should attend training and informational classes to enhance their caregiving skills and learn more about the disease process. Discusses the impact of diagnosis on the family, how to handle feelings, most common caregivers, and how to plan for care needs. Covers the decision process for placement of the patient in a nursing home, and the points the family needs to discuss with the nursing home staff. Stresses that the staff should be sensitive to the family and patient and work with them to make the adjustment as smooth as possible. (TERRA) (ALZHEIMER'S DISEASE)

### **CAREGIVER'S GUIDE TO ORAL HEALTH - 5026**

video color 30 min. 1992 A, Professional

Designed for use by families of people with disabilities, staff of long-term care facilities, hospital staff, staff of licensed home health care agencies, teachers of children with disabilities, and staff of agencies that provide services for people with disabilities. The program was filmed at two private homes and three long-term care facilities. Emphasizes practical methods and the use of readily available equipment. Stresses the use of universal precautions, the establishment of an individualized oral health routine, provision of oral hygiene care at least once a day, and planning routine patient oral exams and treatment. (ISDH)

### **CAREGIVING: PERSONAL CARE - English (DVD-DV0036) Spanish (video-7927)**

DVD/video color 35 min. 2003 A, Professional

This video provides information about providing personal care in a way that honors an individual's preferences and dignity. Topics covered include the use of correct body mechanics, infection control, correct handwashing, privacy and modesty issues, safety, independence, oral hygiene, and denture care. Personal grooming topics such as dressing, nail care, laundry, shaving and hair care are also covered. (HAC)

### **CARE OF THE (INSENSITIVE) FOOT - 7025**

video color 18 min. approx. 1977 Professional

Shows the recommended protocol of the National Hansen's Disease Center in assessing and treating insensitive feet as seen in diabetes or Hansen's Disease. Shows a physical exam, sensory testing, footprint studies, temperature measurement, and the selection of modified footwear. (NHDC)

### **CARING FOR PEOPLE WITH DEMENTIA- DV0308**

DVD color 18 min. 2006 Professional

Viewers are introduced to the topic of dementia. They learn about common behaviors in patients with dementia and how to manage those behaviors. They also learn how to care for a person with this illness and how to cope with the stress of caring for such a person. Nursing assistants are shown assisting patients who have problems with eating, aggression, scavenging and wandering. (LIPP)

### **CARING FOR SOMEONE WITH MID TO LATE STAGE**

#### **ALZHEIMER'S DISEASE - DV0205**

DVD color 43 min. 2005 Professional

People in mid to late stages of Alzheimer's may have difficulty expressing their needs in words, may be less able to reason and may be unaware of what is socially appropriate. This DVD covers changes that occur in this stage of the disease. Topics include core principles of care, tolerance levels, naps, sexuality and intimacy, pain management and incontinence. (HAC)

### **CARING FOR THE ELDERLY RESIDENT WITH DIABETES IN A LONG TERM CARE FACILITY-7009**

video color 30 min. 1998 A, Professional

Defines diabetes and provides a list of the symptoms and causes of hypoglycemia and hyperglycemia. Explains what to do to stabilize the blood glucose level and why this is harder in an elderly patient. Discusses the risk factors, treatment, and prevention of HHNC coma. Stresses the importance of prevention in regard to pressure ulcers or other skin care problems and problems with the feet. Covers the basic dietary guidelines with elderly diabetic patients and the benefits of exercise. Explains the benefits and provides tips for blood glucose monitoring. (WVDCP)

### **CARING FOR YOUR FEET (long version) -7073**

video color 42 min. 1996 A, Professional

Contains three programs on one video. **LEAP-Lower Extremity Amputation Prevention** (13 min., Professional) Health care professionals endorse the use of the LEAP program at the Jackson, Mississippi, Comprehensive Health Center. **Foot Screening: The Carville Approach** (13 min., Professional) Step-by-step use of the annual foot screening and use of the related form. **Caring for Your Feet** (15 min., Adult) Provides information for the diabetic in the day-to-day care of the feet based on three parts: daily self-inspection, skin care and hygiene, and footwear selection. (GWLHDC)

### **CARING FOR YOUR FEET (short version) -7092**

video color 15 min. 1996 A

Provides information for the diabetic in the day-to-day care of the feet based on three parts: daily self-inspection, skin care and hygiene, and footwear selection. (GWLHDC)

### **CARING...SHARING--THE ALZHEIMER'S CAREGIVER - 5811**

video color 38 min. 1987 A

Examines what it means to be the caregiver of an Alzheimer's patient--the frustrations, the fears, the day-to-day loneliness, stress, anger, and guilt. Also examines moments of joy in which caregivers sometime find themselves growing in surprising ways, developing strengths they never knew they had, and how they become valuable sources of help for one another in support groups, sharing ideas, solving problems, and helping each other. (FANLIG)

### **CASE MANAGEMENT - 5864**

video color 85 min. 1992 A, Professional

A panel discussion (the 18th in the "Joy of Nursing" series) dealing with the integration of nursing case management and total quality management principles (TQM). Discussion involves an explanation of

the relationship between nursing case management and TQM, and offers suggestions for implementing TQM in nursing case management. (CHCM)

**CATARACTS - 6163**

video color 30 min. 1996 SrH-A  
Shows the effects, diagnosis and types of cataracts. Provides information concerning eye tests and gives options regarding the treatment and management of the condition. (TL)

**CATARACTS AND VISION PROBLEMS-6400**

video color 18 min. 1994 SrH-A  
Explains cataracts and how cataract surgery can improve vision in most cases. Describes the small-incision surgical procedure, using ultrasound vibrations. Covers other eye conditions including diabetic retinopathy, macular degeneration, and glaucoma. Stresses the importance of regular eye exams. (FFH)

**CHAIR FITNESS SERIES VOL. 1 – DV0331**

DVD color 65 min. 1998 A  
This program offers a two day plan of 30 minutes each. The host, Blanche Back, leads viewers through broad movements and progressive strength training. She uses free weights for added resistance and shows how to make your own ankle weights at home. This workout focuses on core strength and flexibility. (HILINE)

**CHAIR FITNESS SERIES VOL. 2 – DV0332**

DVD color 65 min. 1998 A  
This program offers a two day plan of 30 minutes each. The host, Blanche Back, leads viewers through broad movements and progressive strength training. She uses free weights for added resistance and shows how to make your own ankle weights at home. This workout focuses on core strength and flexibility. (HILINE)

**CHAIR FITNESS BALANCE AND POSTURE VOL. 3 – DV0333**

DVD color 34 min. 2000 A  
This volume eases viewers up and out of their chairs. The chair is still used throughout the session. These exercises are designed to enhance balance, increase standing tolerance and improve posture. (HILINE)

**CHANGING THE WAY DIABETES IS TREATED (English/Spanish) - 7012**

video color 8 min. 1998 A  
Discusses the seriousness of diabetes and the complications it can cause. Explains the goals of the National Diabetes Education Program to educate the public and to help control diabetes and prevent its complications. (USDHHS)

**CHOICE AND CHALLENGE: CARING FOR AGGRESSIVE OLDER ADULTS ACROSS LEVELS OF CARE-6956**

video color 22 min. 1998 A, Professional  
Designed for nurses, nursing assistants, and other health care professionals and paraprofessionals. Shows real life episodes in a nursing home setting of aggression in senior adults and discusses strategies for preventing and defusing such episodes. (TERRA)

**CHOKING EMERGENCY (Rev. Ed.) - 6209**

video color 16 min. 1996 JrH-A  
Revised edition of VC-4129. A simplified modular approach to airway obstruction has been used to demonstrate correct procedures for choking adults, children and infants, both conscious and unconscious. Includes proper airway management techniques, when and how to apply the Heimlich maneuver, and special sections on child and infant safety tips. A reenactment of a choking emergency is also shown to reinforce proper emergency techniques. (PYR)

**CHRONIC ANXIETY IN THE ELDERLY-7211**

video color 26 min. 1998 A-Professional  
Deals with the problem of anxiety in the elderly and the diseases associated with the problem including Geriatric Anxiety Disorder (GAD). Examines the symptoms and physiological manifestations, including chemical imbalance, psychosocial implications and the emotional impact on the aged brought on by societal changes. Discusses caffeine, cigarettes, and alcohol as possible instigators. (FFH)

**CHRONIC CARE (closed captioned) - DV0543**

DVD color 28 min. 2006 A  
A chronic condition is a long-term or permanent illness with no known cure. This program provides a framework for dealing with chronic illnesses such as stroke, emphysema, or rheumatoid arthritis, whether viewers are seeking general knowledge, attending to their own health concerns, or caring for a loved one. The program explores ways for family members and other caregivers to participate in the development of a realistic chronic care plan. (PDA)

**THE CIRCLE OF LIFE: TAKING CARE OF THE CAREGIVERS-6916**

video color 26 min. 1991 A  
Explains the new and added responsibilities and conflicting emotions which occur in the life of an adult who becomes a caregiver to an older person, usually a family member. Describes some support options as well as some accommodations businesses are making to keep skilled employees who are also caregivers. Nursing homes and retirement communities are viewed as possibilities when the caregiver is unable to provide the sole care. (SWB)

**CLEANING AND SANITIZING - 4933**

video color 25 min. 1991 A  
Explains the difference between clean and sanitary and when to clean and sanitize food-contact surfaces. Explains how to wash, rinse, and sanitize using a dish machine, and how to manually wash, rinse, and sanitize using a three-compartment sink. Demonstrates the proper storage of dishes and utensils. Explains how to use and store wiping cloths, and how to handle garbage and refuse storage and disposal. (NRA)

**A CLOSE WATCH: INTENSIFIED MANAGEMENT OF TYPE II DIABETES - 7010**

video color 22 min. 1995 SrH-A  
Diabetes experts describe the tools and practices used for intensive management of diabetes, while people with type II diabetes provide a motivational look at how they've made intensive management work in their lives. Includes a discussion of diet, exercise, medication, stress reduction, glucose monitoring and daily record keeping. (CBETE)

**COLDS AND FLU-6387**

video color 14 min. 1994 A  
Discusses methods of transmission of cold and flu viruses. Explains the differences between a cold and influenza. Presents preventative measures, precautions and treatments. (ALTSCH)

**COLLECTING LABORATORY SPECIMENS -7053**

video color 17 min. 1997 Professional  
Presents the procedures used to collect and handle urine, wound, throat, sputum, blood and stool specimens. (LIPP)

**COMFORT CARE IN LONG-TERM CARE - DV0500**

DVD color 21 min. 2006 Professional  
A doctor, nursing and hospice staff discuss pain management, symptom control, supportive interactions, nutrition and special accommodations for bathing, meals and rest. (UMSM)

**CONFIDENTIALITY--ETHICAL AND LEGAL CONSIDERATIONS - 5427**

video color 19 min. 1989 A, Professional  
Stresses the serious legal and moral implications of breaching the confidentiality of medical records. Demonstrates through dramatic vignettes common breaches of confidentiality while an attorney comments on the possible results of these infractions for employees and the healthcare facility. (FGH)

**CONGESTIVE HEART FAILURE (closed captioned) - 6149**

video color 14 min. 1995 A, Professional  
Explains congestive heart failure, including its causes and symptoms. Viewers learn how lifelong management can relieve symptoms and prevent complications. The treatment elements discussed include salt restriction, medication, weight monitoring, rest, exercise, blood pressure control, and alcohol restriction. (MILNER)

**CONOZCA SU NUMERO (Spanish) - 6988**

video color 7 min. 1995 A  
Explains the purpose of doing a hemoglobin glucoside test periodically to get an average level of sugar in the blood over a longer period of time, up to three months. Use of these test results can help the patient control their diabetes over the long term. (LILLY)

**CONTROLLING CANCER PAIN (closed captioned)-7522**

video color 12 min. 2001 A  
Emphasizes communication between the patient and the health care provider to manage pain for the cancer patient. (OFFCAN)

**CORONARY ARTERY DISEASE (closed captioned) – DV0354**

DVD color 28 min. 2003 A  
This program explores the risk factors and symptoms associated with Coronary Artery Disease (CAD), emphasizing that it can lead to a heart attack or cardiac death without warning. Promoting a positive approach, the DVD portrays these traumas as life-changing occurrences for patients who do survive a cardiac event and commit to improving their health. Case studies and personal commentary from patients, along with explanations of advanced medical procedures developed to treat CAD, are also included. (FFH)

**COUGH IT UP English (closed captioned) - 6100  
Spanish (closed captioned) - 6101 Vietnamese - 6102**

video color 6 min. 1996 A  
Teaches tuberculosis patients how to produce a good specimen for laboratory analysis. Covers proper packaging and shipping. (TDH)

**CPR FOR BYSTANDERS 2000 (closed captioned)- 7332**

video color 27 min. 2000 SrH-A  
Designed for the layperson, follows the latest guidelines. adult basic life support includes the chain of survival, adult CPR, risk factors, heart attack and stroke signs and symptoms, adult choking and recovery position. Pediatric basic life support includes child CPR simplified, choking technique simplified, child and infant safety tips, infant CPR simplified and infant choking. (PYR)

**CREATIVE INTERVENTIONS WITH THE ALZHEIMER'S PATIENT: Part 1: UNDERSTANDING BEHAVIORS / Part 2: UNDERSTANDING BEHAVIORS/FUNCTIONAL ASSESSMENT - 6037**

video color 218 min. 1992 A, Professional  
A lecture by Mary Lucero concerning creative ways to meet the needs of dementia patients, particularly those with Alzheimer's Disease. Discusses the most common organic dementias and the behaviors that accompany them. Discusses characteristics and behaviors controlled by the right and left brain. Compares confusion, delirium and dementia.

Distinguishes dementia from depressive dysfunction. Discusses stage-specific behaviors in dementia. Functional assessment is described. Ms. Lucero offers concrete strategies and gives examples of ways to handle different problems as they relate to the stages of dementia in Alzheimer's patients. (GRI)

**CREATIVE INTERVENTIONS WITH THE ALZHEIMER'S PATIENT--Part 3: INTERVENTIONS - 5867**

video color 80 min. 1992 A, Professional  
A lecture by Mary Lucero concerning creative ways to meet the needs of dementia patients, particularly those with Alzheimer's disease. Covers symptom management, adapting care, modifying the environment, sensory stimulation, and developing a structured daily program. (GRI)

**CREATIVE WAYS TO VALIDATE COMPETENCIES-6376**

video color 34 min. 1996 Professional  
Gives many effective ways to validate nursing competencies, including technical, critical thinking, and interpersonal skills. Provides the supervisor with a concrete foundation for implementation. (CHCM)

**CUIDADO PERSONAL (Spanish) - 7927**

video color 35 min. 2004 Adult, Professional  
This is the Spanish language version of Personal Care (DV0036). This program provides information about providing personal care in a way that honors an individual's preferences and dignity. Topics covered include the use of correct body mechanics, infection control, correct handwashing, privacy and modesty issues, safety, independence, oral hygiene, and denture care. Personal grooming topics such as dressing, nail care, laundry, shaving and hair care are also covered. (HAC)

**DAILY DECISIONS: A GUIDE TO DIABETES SELF-MANAGEMENT-7088**

video color 18 min. 1998 A  
Reviews the key elements to successful management of diabetes: diet, exercise, medication, and monitoring. Explains how monitoring blood sugar levels can prevent many serious complications. Gives some self-management tips. The Texas Department of State Health Services does not endorse any particular brand or product. (LIFES)

**DANGERS OF MELANOMA - DV0424**

DVD color 29 min. 2004 A  
Left untreated for too long, melanoma, almost always curable when treated early, becomes one of the deadliest of all cancers. This program promotes sun exposure precautions and self-examinations as ways to lower risk of contracting and dying of melanoma, describes standard medical practices once melanoma is diagnosed, and investigates the ongoing research to find more effective treatments, including a cancer vaccine. Commentary is provided by oncologists, a dermatologist, and an epidemiologist, as well as by patients who have lived with melanoma. (FFH)

**A DAY IN THE LIFE OF NANCY MOORE - 5378**

video color 28 min. 1990 A  
Developed specifically for nurses' aides who care for patients with Alzheimer's Disease. Nancy Moore is such a nurses' aide. She is shown dealing in a calm and caring manner with several difficult patients. She explains what she does to help these patients maintain their dignity and independence. She stresses the importance of "customizing" care for each resident's particular situation, and maintaining a good relationship with the resident's family members. (TERRA)

**DEFENSIVE DOCUMENTATION: A LINE OF DEFENSE-6493**

video color 20 min. 1993 A, Professional  
Designed for nurses, this program offers documentation guidelines. Explains what should and should not go on a patient's chart or incident report. Discusses minimizing potential legal complications by thinking

defensively about documentation. (LIPP)

### **DEMENTIA WITH DIGNITY**

#### **VHS - 7890 DVD-DV0224**

video/DVD color 60 min. 1993 A-Professional

This program was filmed in Australia. This program shows that quality of life can be enhanced for persons with dementia when caregivers learn how to communicate and respond to the needs of the person behind the illness. Both professional and family caregivers can strengthen and encourage the use of a person's remaining skills in order to build self-esteem and stimulate intellectual abilities. This video also looks at the importance of creating a safe environment. It gives practical strategies for dealing with many of the effects of dementia, including combative or uninhibited behavior, sleeplessness, wandering, delusions and anxiety. (TERRA)

### **DENTAL HEALTH TRAINING FOR NURSES - 5035**

video color 21 min. 1992 A

Provides training for nurses caring for patients in long term care facilities. Covers conditions that don't require treatment along with those that do. Includes: importance of patient records, common conditions of the mouth not associated with disease, oral signs of systemic diseases, oral effects of medicine, assessment of oral cancer, and the importance of routine dental exams. (DENTAL)

### **DENTAL HEALTH TRAINING FOR NURSES AIDES - 5036**

video color 16 min. 1992 A

Explains the importance of regular dental care for nursing home or disabled patients. Shows cleaning techniques, equipment to use, how to adapt toothbrushes so patients can clean their own teeth. Covers the difference between normal gums and teeth and those with abnormalities. Explains conditions that should be reported to the supervisor. (DENTAL)

### **DEPRESIO: EL CAMINO HACIA LA RECUPERACION (Spanish) - 5684**

video color 12 min. 1992 A

Explains that depression is an illness just like arthritis, diabetes, and hypertension. It affects the whole body. Stresses that one does not cause his or her own depression, it does not mean one is too weak to cope with life's situations. Describes the common symptoms and types of anti-depressive treatment. Stresses that one should consult his or her physician for further information about depression. The Texas Department of State Health Services does not endorse any particular product or service. (LILLY)

### **DEPRESSION AND THE ELDERLY - 5619**

video color 28 min. 1990 A

Provides a number of symptoms of depression in the elderly. Outlines assessment procedures including examination of family history, organic contributions to depression, medicines and over-the-counter drugs that might cause it, and stressors. Stresses the importance of setting objectives, protecting the elderly from self-harm. Provides strategies to turn patient around, and the use of anti-depressant drugs. (KINETI)

### **DEPRESSION IN OLDER ADULTS: THE RIGHT TO FEEL BETTER -6721**

video color 30 min. 1997 Professional

Discusses the prevalence of clinical depression in older adults. Outlines the causes, symptoms, and treatment of the disease. Stresses that staff of long term care facilities should be watchful for changes in patient behavior. Describes suicide risk factors and prevention. (TERRA)

### **DEVELOPING CULTURAL COMPETENCE - DV0169**

DVD color 40 min. 2002 Professional

This video program teaches how to develop cultural awareness and

competence, both individually and within health care organizations. Topics include family, personal space, eye contact, touch, gestures, verbal communication style, time orientation, and beliefs about medicine, illness and health. Interviews with experts in the field provide further insight into the impact of culture on health care. (HAC)

### **DIABETES AND COMPLICATIONS: FOCUS ON LIVING - 5011**

video color 23 min. 1988 JrH-A

Provides a group session with diabetes patients who have had complications such as retinopathy, cardiovascular disease, neuropathy, and nephropathy. They discuss the psycho-social impact of these disorders on their lives. Stresses the importance of good control in order to avoid these problems. (ORACLE)

### **DIABETES AND EXERCISE - 5694**

video color 13 min. 1994 A

Explains why exercise is an important element in the management of diabetes. Stresses the importance of health professional consultation in any exercise program. Provides tips on ways to incorporate exercise in daily routines; special cautions for persons with diabetes. Addresses the problems and benefits of exercise for both Type I and Type II diabetes. (NATL H)

### **DIABETES AND FOOD: THE CHALLENGES OF CHOICES - 5695**

video color 23 min. 1990 A

Captures the real-life struggles of persons with diabetes and also presents down-to-earth solutions that can help preserve the pleasures of eating. Provides practical tips on exercise, weight loss, special occasions and family meal planning. (NATL H)

### **DIABETES AND HEART DISEASE (closed captioned)-6991**

video color 18 min. 1999 A

Shows how patients can minimize the risk of heart disease by making positive lifestyle changes. Advises working closely with the healthcare team, making healthy food choices, exercising, smoking cessation, and stress management. Explains the signs and symptoms of a heart attack and what to do if they occur. (MILNER)

### **DIABETES AND YOUR HEALTH: #1 OVERVIEW-7043**

video color 13 min. 1989 SrH-A

Intended for Mexican-American audiences. Describes the role of glucose and insulin in digestion and what conditions are present which produce diabetes. Lists the risk factors for the development of the disease. Gives the symptoms of diabetes. Explains the role of diet and exercise in the management of the condition. (UTHSCH)

### **DIABETES AND YOUR HEALTH: #2 BLOOD GLUCOSE MONITORING-7044**

video color 10 min. 1991 SrH-A

Intended for Mexican-American audiences. Describes both the urine and blood tests for monitoring the level of glucose in the blood. Explains how keeping good records of these glucose levels can assist in the regulation of diet, exercise and medication in order to manage the condition. (UTHSCH)

### **DIABETES AND YOUR HEALTH: #3 SHORT-TERM COMPLICATIONS -7045**

video color 15 min. 1993 SrH-A

Intended for Mexican-American audiences. Two short term complications of diabetes are hyperglycemia and hypoglycemia. Gives the symptoms, treatments and methods of prevention for each. Stresses personal responsibility of the diabetic to monitor the daily blood glucose levels to detect these complications and communicate with health care professionals. (UTHSCH)

**DIABETES AND YOUR HEALTH: #4 LONG-TERM COMPLICATIONS -7046**

video color 14 min. 1993 SrH-A  
Intended for Mexican-American audiences. Long-term complications of diabetes include: eye disease, problems with hands and feet, heart disease, kidney disease, and disease of the teeth and gums. Describes the early symptoms of these serious health problems. Explains three ways a person with diabetes can reduce the risks of developing long-term complications. Emphasizes personal hygiene in order to identify the onset of any long-term complication and report the condition to the health care professionals. (UTHSCH)

**DIABETES AND YOUR HEALTH: #5 FOOD NUTRIENTS -7047**

video color 12 min. 1994 SrH-A  
Intended for Mexican-American audiences. Describes the function of fats, protein and carbohydrates in the body. Explains the importance of the meal plan for the person with diabetes. Defines calories and compares the number of calories in three ounces each of fat, protein, and carbohydrate. (UTHSCH)

**DIABETES AND YOUR HEALTH: #6 MAKING HEALTHY CHOICES -7048**

video color 15 min. 1994 SrH-A  
Intended for Mexican-American audiences. Explains the six rules for eating healthy and thereby controlling blood sugar. Discusses the menu plan and describes the kinds of foods in each food group. Gives a sample daily menu for a person limited to 1800 calories. (UTHSCH)

**DIABETES AND YOUR HEALTH: #7 STEPS FOR CONTROLLING YOUR BLOOD SUGAR -7049**

video color 16 min. 1994 SrH-A  
Intended for Mexican-American audiences. Reviews the main points in the previous six videos. Includes: definition of high blood sugar; symptoms of diabetes; long-term complications, their symptoms and methods of prevention; the importance of monitoring blood sugar with a blood test and urine test; the function of fats, proteins and carbohydrates in the body and examples of foods in each category; the causes and symptoms of hyperglycemia and hypoglycemia; the importance of exercise; and the use of personalized medications to manage diabetes. (UTHSCH)

**DIABETES AT TIME OF DIAGNOSIS - 6975**

video color 30 min. 1996 SrH-A  
Program helps the patient understand the diagnosis of diabetes, what may be going on inside the body and how the diagnosis was made. Explains what day-to-day changes diabetes might bring. Explores options for treatment and management including helpful lifestyles tips. Answers frequently asked questions about diabetes. (TL)

**DIABETES: CONTROL IS PREVENTION-7082**

video color 106 min. 1997 A, Professional  
Teleconference presented on October 30, 1997. Intended to increase awareness of the impact of diabetes and highlight existing efforts to reduce the burden of diabetes. Provides ideas in order to mobilize communities to action to improve diabetes outcomes (CDC)

**DIABETES: DIET, EXERCISE AND SELF-CARE - 6963**

video color 16 min. 1986 SrH-A  
Shows how diabetics can use diet, aerobic activity and weight management to control their condition. Includes information on meal planning, food groups, portion control, and exchanges. Explains that there are "hidden sugars" in foods. Distinguishes between dietetic and diabetic foods. Provides information on starting an exercise program, and how to take good care of the skin, feet, and gums. (CBETE)

**DIABETES EDUCATION: CHRONIC AND ACUTE COMPLICATIONS OF DIABETES MELLITUS - 5638**

video color 72 min. 1991 Professional  
Describes the causes, manifestations and treatment of hypoglycemia. Differentiates between diabetic ketoacidosis and hyperosmolar, hyperglycemic, nonketotic coma. Identifies why elderly persons are at increased risk for hyperosmolar, hyperglycemic, nonketotic coma. Describes the characteristics of insensate feet that are most predictive of lower extremity amputations. Identifies relationships between glucose levels and susceptibility to, and treatment of, infections. Identifies changes related to retinopathy and lists the stages of nephropathy. (AADE)

**DIABETES EDUCATION: MONITORING AND MANAGEMENT - 5635**

video color 29 min. 1991 Professional  
Explains the rationale and the technique and procedures for effective self-monitoring of blood glucose. Defines glycosylated hemoglobin and glycosolated albumin and explains their clinical use. Discusses the advantages and disadvantages of urine glucose testing and describes when urine ketone testing is appropriate. Identifies the special needs of the individual who is acutely ill as well as one who is traveling, exercising or working various shifts. Defines the dawn phenomenon, Somogyi effect and the honeymoon period and how they affect the control of diabetes. Also discusses the care of the pregnant diabetic. (AADE)

**DIABETES FOOT AND SKIN CARE: IN STEP (closed captioned) - 5558**

video color 6 min. 1994 SrH-A  
Provides patient education for diabetics on the care of their skin and feet. Suggests a daily routine to check for redness, flaking, callouses, or cuts that won't heal. Includes practical tips to help people prevent problems before they occur. (MILNER)

**THE DIABETES HOME VIDEO GUIDE (2<sup>nd</sup> Ed)- 7828**

video color Eng.-135 min. Span.-117 min. 2005 A  
For diabetics effective blood glucose management is the key to maintaining overall health. This video can help viewers develop the skills needed to self-manage diabetes, help reduce the risk of developing complications and enjoy a full and productive life. (MFI)

**DIABETES TYPE 1 - 6727**

video color 27 min. 1998 SrH - A  
Clarifies the disease process and illustrates blood and urine testing. Describes the insulin regimen and the importance of high fiber, low fat diet and exercise. Discusses eye and foot care, and how to handle minor illnesses. (KRAMES)

**DIABETES: WHAT YOU NEED TO KNOW - 6977**

video color 12 min. 1989 SrH-A  
Helps persons with diabetes understand the disease, how to treat it, and why treatment can preserve health. (UPJOHN)

**DIABETES: YOU'RE IN CONTROL - 6976**

video color 18 min. 1986 SrH-A  
Provides a complete overview of effective diabetes control methods. Covers: meal planning, exercise, glucose monitoring, insulin injections, and warning signs of health problems. (CBETE)

**DIET AND STRESS MANAGEMENT - 6549**

video color 15 min. 1996 A  
Teaches coping strategies other than food to handle stress. Discusses impulse control; learning new self-talk; time management; how to say no; relaxation techniques such as deep breathing; relaxation response and progressive relaxation. (NATLH)

## **DIGESTIVE DISORDERS AND IRRITABLE BOWEL SYNDROME-7208**

video color 24 min. 1993 A

Focuses on inflammatory bowel disease, explaining the difference between ulcerative colitis and Crohn's Disease. Lists the common symptoms, theorizes about causes and links to genetics, diet, and stress. Discusses treatments and the outlook for long-term improvement. (FFH)

## **DISCUSSING ADVANCE DIRECTIVES - 7924**

video color 16 min. 2002 Professional

Two nurses and a physician discuss the issues involved in working with other staff and patients on advance directives. Among these issues are misunderstandings, among both patients and staff, about the differing roles of living wills, durable powers of attorney, and "do not resuscitate" orders; confusion about how to interpret these documents; and the ambivalence of some patients about having to make such decisions at all. (FANLIG)

## **DOCTORING BAD DISKS-7155**

video color 29 min. 1994 A

An interviewer asks a physician questions on spine anatomy and physiology, back pain, and treatments. Describes people most at risk for back pain. Explains herniated or bulging disks and sciatica. Provides guidelines for seeking medical treatment. (UWHC)

## **DOCUMENTATION IN HOME HEALTH - 6238**

video color 16 min. 1995 A, Professional

An updated version of VC5879. Designed to train nurses in home healthcare how to correctly document care and treatment. Explains the major purposes of this type of documentation and the features essential to effective home health nursing documentation. (AMJRN)

## **DON'T CHOKe: THE HEIMLICH MANEUVER - DV0105**

DVD color 22 min. 2005 SrH

When someone is choking, you have only four to six minutes to save that person's life. The Heimlich Maneuver quickly dislodges objects from the windpipe. This simple maneuver can also be performed on drowning victims and on people who are having asthma attacks. Learn how to perform the Heimlich on children and on yourself. (EVN)

## **EBOLA: THE PLAGUE FIGHTERS (closed captioned)-6363**

video color 60 min. 1996 SrH-A

A NOVA program. Documents the May, 1995 outbreak of Ebola virus in the quarantined city of Kikwit, Zaire. Shows the work of disease specialists as they trace the origins of the outbreak. (TLMED)

## **EGRESS/EXIT SAFETY - 5616**

video color 5 min. 1992 A

Shows that it is important to keep emergency exits safe. Three key points are covered: obstructions, exit doors, and how to exit safely. (SAFETY)

## **ELDER ABUSE--FIVE CASE STUDIES - 5905**

video color 40 min. 1990 A, Professional

Candid accounts by five sufferers of physical and emotional elder abuse by a spouse or adult child are presented. Provides important insights into the ambivalent feelings of older abuse victims as they try to find safety and relief from their pain. A variety of intervention techniques are explained that can be used to stop the abuse. Appropriate training tool for nurses, therapists, and social workers. (FANLIG)

## **ELDERS AND FAMILIES-6605**

video color 60 min. 1996 A, Professional

Developed for families facing the decisions involved in providing care

for an elder member of the family. Provides a variety of potential eldercare options and the resources available to help arrange care. Vignettes show the diversity of family situations. Offers ways for the family to discuss the difficult situations in a positive way while effectively handling the intense emotions and high levels of stress. (BURHAM)

## **EMERGENCY ACTION PRINCIPLES: MODULE #1 - 4477**

video color 12 min. 1984 A, Professional

A child is treated for poisoning, an elderly victim is rescued from a smoke-filled room, and a construction worker who is bleeding heavily is treated for shock. Discusses first aid priorities: rescue, breathing and heartbeat, heavy bleeding, poisoning, shock, examination, seeking of medical help, and continued monitoring of victim. (CORONE)

## **END OF LIFE DECISIONS: ADVANCE DIRECTIVES - 6412**

video color 8 min. 1993 A

Provides straightforward guidelines for making advance directives: living wills, durable power of attorney, and more. (MOSBY)

## **ENSURING INFECTION CONTROL -7060**

video color 21 min. 1997 Professional

Describes how infectious agents are transmitted utilizing the chain of infection. Explains the difference between a community acquired and a nosocomial infection. Presents an overview of prevention measures, including the 1996 Centers for Disease Control and Prevention's Standard Precautions, as well as transmission based precautions. Includes tips on legal issues and documentation. (LIPP)

## **EPILEPSIA...Y AHORA QUE? (Spanish)-6624**

video color 11 min. approx. 1996 A, Professional

Provides a positive approach to epilepsy management in a family. Explains various aspects of treatment and coping skills from a cultural perspective. Discusses doctor visits, medical tests, school and work issues, as well as myths and misconceptions surrounding epilepsy. (EFA)

## **EPILEPSY: FIRST AID FOR SEIZURES - 4162**

video color 15 min. approx. 1981 JrH-A

Describes what to do if someone has an epileptic seizure. Shows the different types of seizures in children and adults and imparts a greater understanding of the medical condition. (CORONE)

## **ERGONOMICS: REDUCING WORK RELATED INJURIES – DV0382**

DVD color 8 min. 2001 Professional

This DVD is intended for health care workers. Viewers will be able to identify the signs and symptoms of musculoskeletal disorders. The proper equipment adjustments at computers and workstations are shown. Advice is given on how to prevent injuries when lifting and transferring patients. (ENV)

## **ETHICAL ISSUES IN NURSING SERIES PROTECTION PRIVACY SAFETY AND STANDARDS – DV0381**

DVD color 20 min. 2006 Professional

Through scenarios and expert interviews, this program addresses the importance of patient privacy and confidentiality while highlighting the key mandates of HIPPA. It explores the various ways that nurses can successfully advocate for their patients, including those who might participate in research. The program also covers the importance of standards and review mechanisms and the role of an ethics committee. The challenging issue of identifying and acting on questionable and impaired practice is also covered. (ENV)

## **ETHICAL QUESTION: DEATH AND DYING-7733**

video color 30 min 1996 A, Professional

Urges doctors to consider the emotional and physical state of their patients with serious or terminal illnesses. Emphasizes that patients and family members should address the issue of refusal or withdrawal of life-sustaining treatment in the case of terminal illness and communicate the patient's desires to the doctors. Covers the ethical dilemma health care workers face when treating patients who have no advanced directives. (AMT)

#### **ETHICAL QUESTION: INFORMED CONSENT- 7762**

video color 23 min. 1992 A, Professional  
Examines the moral and legal obligation of doctors to deliver unbiased information to patients about their conditions prior to a particular treatment or procedure. Covers the importance of working with family members if the patient is not competent to make decisions. (AMT)

#### **ETHICS, RESIDENTS' RIGHTS AND DIGNITY - 6185**

video color 20 min. 1994 A, Professional  
Defines malpractice and negligence and explains what steps nursing assistants should take to protect themselves from malpractice lawsuits. Covers patient consent, use of restraints, patients' right to privacy, and confidentiality. Discusses OBRA regulations, ethical conduct, and the importance of treating patients with dignity. (M LIFE)

#### **EVERYDAY CHOICES ETHICS AND DECISION MAKING IN HOME CARE AND COMMUNITY NURSING - DV0040**

DVD color 28 min. 2003 Professional  
Through the story of one young visiting nurse and her elderly patient, this challenging video documentary will help to stimulate discussion about a wide range of ethical and professional dilemmas faced by nurses working in home care and community settings. (FANLIG)

#### **EXERCISE FOR HEART FAILURE PATIENTS (closed captioned)-7194**

video color 14 min. 1997 A  
Demonstrates how exercise is an important part of the treatment for a patient with an incidence of heart failure. Patients talk about the benefits of exercise they have experienced. (MILNER)

#### **EYE CARE-6401**

video color 26 min. 1990 A  
Explains common eye disorders such as presbiopia, torn or detached retina, astigmatism, cataracts, glaucoma, and night blindness. Discusses common eye problems such as foreign particles in the eye or a scratch on the eye. Shows how U.V. light, lighting during reading and television viewing affect the eyesight. Includes information about different kinds of glasses and extended-wear contact lenses, as well as a surgical treatment that eliminates the need for glasses for some people. (FFH)

To prevent this from occurring, the diabetic needs to control blood sugar, high blood pressure, exercise daily, have proper diet, and take their medicines faithfully, according to prescription. (UTHSCS)

#### **FACING ALZHEIMER'S: LEGAL AND FINANCIAL CONSIDERATIONS - 5314**

video color 21 min. 1991 A  
Shows an Alzheimer's patient and her family maintaining her everyday life as the disease progresses and she is unable to make choices for herself. Combines narrative and dramatic events describing the daughter's role in working with her mother and brother in organizing and caring for her mother. Provides information on where and how to find professional help such as attorneys or financial advisors. Outlines specific techniques in organizing material and preparing to work effectively with a professional counselor. (BAXLEY)

#### **THE FACTS ABOUT TB English-6634 Spanish-6635**

video color 11 min. 1997 SrH-A  
Answers some frequently asked questions concerning tuberculosis, such as (1) how is tuberculosis spread? (2) who is at risk for contracting tuberculosis? (3) what is the difference between tuberculosis infection and tuberculosis disease? (4) what are the symptoms of tuberculosis disease? Emphasizes the importance of taking all of the medications if the test shows the presence of tuberculosis bacteria whether or not the person is suffering from the tuberculosis disease. (CDC)

#### **FALLS AND FIRES: SAFETY IN THE HOME - 4701**

video color 11 min. 1988 A  
Helps viewers avoid death and disability by suggesting simple lifestyle adjustments that can make them more safe. (AARP)

#### **FALL PREVENTION IN HOME HEALTH CARE (English/Spanish)(closed captioned) – DV0404**

DVD color 16 min. 2003 Adult, Professional  
This DVD creates awareness about some of the proactive screening tools and protective strategies that can be used to prevent falls in the patient's home. It reviews how and where falls commonly occur, how to conduct a fall risk assessment and the assessment scale. The difference between unanticipated and anticipated falls is explained. Healthcare professionals will learn what to do if a patient falls. Bonus features include an expanded leaders guide, a quiz, and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint) (COASTAL)

#### **FAMILY GUIDE TO ALZHEIMER'S DISEASE**

video color See below for running times 2004 Adult  
Series of videos geared toward caring for the Alzheimer's patient in the home. (TERRA)

**UNDERSTANDING ALZHEIMER'S – 7845 (62 min.)** The nature of Alzheimer's, its causes and the stages of the disease are explained in this video. The typical symptoms, how to obtain a diagnosis and the current treatments are covered. Shows how the disease affects patients and alters the reality in which they live.

**BEHAVIOR ISSUES – 7846 (67 min)** Dealing with behavior changes is among the most difficult burdens for caregivers and families. This video will help viewers understand how the disease affects one's behavior. Family members and experts suggest strategies for altering behavior and improving the quality of life for all.

**DAILY LIFE – 7847 (42 min.)** This video discusses the home environment, adult emotions, communication, driving, and daily routine. It explains the altered world of an Alzheimer's sufferer, and details effective strategies for making the home environment a safe place for him or her. Key skills for communicating with persons suffering from Alzheimer's are covered. Instructions on how to create a daily routine that is nurturing for the person with Alzheimer's and manageable for caretakers are also provided.

**FAMILY CAREGIVING – 7848 (62 min.)** Caretakers will learn how to handle the daily responsibilities of caring for a sufferer of Alzheimer's, such as eating, dressing, grooming and bathing. Just as important, they will learn how to get the outside help from family, friends and other resources that can be critical for safeguarding their own health. The video explains the role of the caregiver, taking care of oneself, accepting support, respite, sexual relationships, family relationships, activities of daily living (ADLs), eating, bathing, and dressing.

**TRANSITIONS – 7849 (44 min.)** In this final volume, caretakers will learn how to make some difficult transitions. They will learn how to adapt social activities to accommodate their loved one's increasing disability and isolation. Caretakers will also learn how to recognize when the time has come to consider moving a loved one to a care facility (and how to evaluate these facilities).

Information about how the disease affects a person's spirituality is provided along with insights into the grieving process that occurs after the death of a loved one from the disease

**FATIGUE BUSTERS: HOW TO SURVIVE FATIGUE IN THE '90s - 6345**

video color 46 min. 1995 A, Professional  
Explores common causes of fatigue and the effects of fatigue on job performance, safety, personal relationships. Offers six steps to fight fatigue. (TOTAL)

**FEELING BETTER ABOUT DIABETES: AN INTRODUCTION TO DIABETES CARE-7079**

video color 6 min. 1995 A  
An encouraging introduction to the management of diabetes for the new adult diabetic. The Texas Department of State Health Services does not endorse any particular brand or product. (LILLY)

**FIGHTING BACK PAIN - 5246**

video color 18 min. 1989 A  
A back injury prevention video stressing that posture is the key to preventing back pain. Discusses the physiology of the back and why the "back bowed in" position should be used at all times. Shows how to use this position when sitting, lifting, moving objects. Provides five exercises to maintain a flexible back. (VISUCM)

**FIRE EXTINGUISHER TRAINING: USING THE P.A.S.S. TECHNIQUE-7293**

video color 15 min. 1997 A  
Explains basic fire safety, the different classes of fires and which extinguishers to use for each. Demonstrates the P.A.S.S. Technique: Pull, Aim, Squeeze, Sweep. Stresses that the time to learn how to use an extinguisher is before there is any need for it. (AIMS)

**FIRE EXTINGUISHERS SAFE USE - DV0173**

DVD color 7 min. 2002 A  
Portable fire extinguishers, when used properly, can minimize personal and property damage if a fire occurs. Knowing when and how to use a fire extinguisher is one key to fire safety. (SAFETY)

**FIRE IN THE WORKPLACE (Coastal) - 5632**

video color 17 min. 1990 A  
Helps viewers to recognize potential fire hazards in the workplace. Includes both industrial and office settings. Explains the classes of fires, the importance of proper housekeeping, methods of extinguishing small fires, and explains when not to fight fires yourself. (COASTA)

**FIRE IN THE WORKPLACE (Long Island)- 6145**

video color 20 min. 1994 A  
Award-winning video which emphasizes the importance of fire prevention. Includes dramatic footage and personal accounts. Covers electrical fires; arson; smoking; and procedures to follow to survive a workplace fire. (LONGI)

**FIRE SAFETY**

**English (DVD-DV0364) Spanish (VHS - 7925)**

DVD/video color 29 min. 2000 Adult, Professional  
This program will show how to reduce the chances of a fire starting in the home. The topics covered include smoke alarms, fire extinguishers, smoking safety, fire safety in the bedroom, fire safety in the kitchen, appliance safety, and how to leave a burning building. (HAC).

**FIRE SAFETY AND EVACUATION CARRIES - 6552**

video color 12 min. 1995 A - Professional  
Presents the basic information needed for personnel to act quickly and exercise good judgement in case of a fire emergency. Describes fire

safety procedures based on RACE (Remove, Alarm, Contain, Extinguish), lists steps to follow when there is a fire, discusses potential fire hazards, demonstrates proper use of a fire extinguisher and demonstrates methods to safely and quickly evacuate patients. (MILNER)

**FIRE SAFETY: BE ALERT NOT ALARMED (English/Spanish) (closed captioned)- DV0198**

DVD color 14 min. 2005 A  
This program covers the burning stages of a fire, the consequences of not acting quickly, and how to manage the dangerous reactions of residents. Viewers will also learn what to do when stairs are a danger zone. Bonus features include an expanded leader's guide and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint). (COASTAL)

**FIRE SAFETY FOR OLDER ADULTS (closed captioned) - DV0435**

DVD color 15 min. 2006 A  
Viewers learn how to greatly reduce the risk of fire in the home and increase their survival in an emergency. They learn about smoke alarms, home escape plans, safe cooking, and fire sprinklers. (HSC)

**FIRE SAFETY IN HOME HEALTH-6951**

video color 24 min. 1998 A, Professional  
Intended for home health professionals. Gives the basic facts about fire. Shows the steps that the home health care worker can take to assess fire hazards in the patients' homes. Explains ways to teach families how to prevent, control and escape home fires. Includes a brief instruction on the use of the fire extinguisher. (COASTA)

**FIRE SAFETY: THERE'S NO SECOND CHANCE (closed captioned) - 6228**

video color 20 min. 1996 A, Professional  
Describes the four elements that must be present for a fire to occur. Discusses four classes of fire and how to prevent each one. Explains how to use a fire extinguisher and the importance of having an Emergency Action Plan at the workplace. (COASTA)

**FIRST AID AND CPR - DV0112**

DVD color 63 min. 2005 SrH  
This DVD provides viewers with the knowledge and skills they would need in order to make a difference in a crisis that calls for first aid or CPR. (EVN)

**FIRST AID FOR BLEEDING - DV0174**

DVD color 7 min. 2004 A  
With a severe wound, a victim can bleed to death in a matter of minutes. This DVD helps viewers learn to help control bleeding with basic first aid procedures. (SAFETY)

**FIRST AID ON THE JOB - 6224**

video color 26 min. 1993 A  
Designed specifically for those who may not be first-aid certified, but may be first on the scene of an accident. It explains: when and how to move a victim; how to stop bleeding; and the symptoms of shock and how to prevent it. It incorporates bloodborne precautions into the procedures recommended. (COASTA)

**THE FIRST AID VIDEO: BLEEDING EMERGENCIES-6961**

video color 22 min. 1988 JrH-A  
Demonstrates methods of stopping severe bleeding: direct pressure, the pressure bandage, and arterial pressure points. Advises against the use of the tourniquet in anything except a life-threatening situation. (HUMRE)

**FIRST AID: WHEN SECONDS COUNT-6883**

video color 17 min. 1995 SrH-A

In a news magazine format reports the story of a swimming accident and the actions of a rescuer using the Heimlich maneuver. Teaches the check, call, and care technique of offering first aid. Discusses first aid old wives' tales. Presents general precautions to take in an emergency. Emphasizes CPR as a basic first aid skill. (FFH)

**THE FIRST LINE OF DEFENSE--FIRE EXTINGUISHERS - 5290**

video color 8 min. 1989 A

Examines the basic types of fire extinguishers and illustrates the proper procedures for their use and maintenance. (SAFETY)

**FOODBORNE ILLNESS - DV0097**

DVD color 24 min. 2006 SrH-A

This DVD is intended for the household consumer. No one wants a burger with a side of salmonella or a taco topped with *E. coli*, but that's what you can get when food isn't prepared correctly. This video describes common and serious food-borne illnesses, how they're spread, and how they can be prevented through careful food handling and proper food preparation. Salmonella, *Campylobacter jejuni*, *Escherichia coli*, and shigella are discussed, along with botulism, listeriosis, and viruses like hepatitis A. Tips for selecting safe food at the store and the optimal temperatures for cooking meats and eggs are covered. The primary audience for this DVD is teenagers. (MEC)

**FOOD BORNE ILLNESSES AND THEIR PREVENTION - 7140**

video color 35 min. 1995 SrH-A

Takes an in-depth look at the practices that anyone who handles food should follow to prevent the spread of bacteria and to assure that the foods we eat are safe and enjoyable. Investigates the causes, symptoms, and treatment of food borne illnesses with emphasis placed on their prevention. Shows how to recognize the symptoms associated with food borne illnesses such as salmonella and *E. coli* bacteria. Discusses the illnesses: why they make people sick, how long an illness should be expected to last, safe and proper treatments, and when to pay a visit to the doctor's office. (CAMBRI)

**FOREVER FIT: THE MIND-BODY-SPIRIT CONNECTION - 6741**

video color 60 min. 1997 A

An exercise video for older adults. Demonstrates how to do easy yet effective exercises designed to stretch and strengthen muscles. The regimen does not require expensive equipment, just some handy items found around the house, and plenty of room to move around. (SENIOR)

**THE FORGOTTEN TENTH - 6722**

video color 14 min. 1995 A

Introduces the issues regarding HIV/AIDS that pertain to adults over 50. It includes vignettes highlighting the personal experiences of three persons who are HIV infected, and one caregiver. In addition, age-specific information related to risk reduction is presented by a doctor and a nurse practitioner. (TERRA)

**FROM THE HEART - 6978**

video color 23 min. 1990 A

Features Peter Falk. Several people who have high cholesterol describe their experiences. Explains how the liver may produce too much cholesterol or how a poor diet may increase the cholesterol levels. Describes how too much cholesterol can accumulate in the bloodstream and clog the arteries. Describes why some people must take cholesterol-lowering medicines, and the importance of taking the prescribed amount. Explains the role of high-density cholesterol and stresses the importance of a low-fat diet and getting plenty of exercise. (EID)

**FUNDAMENTALS OF HOME WOUND CARE: CARING FOR THE PRESSURE ULCER PATIENT - 6152**

video color 26 min. 1995 A, Professional

Designed for the home health professional, presents the latest information on home care of bed-ridden and disabled patients with pressure-induced wounds. Focuses on the responsibilities and interaction between physician, nurse, patient, and caregiver. Includes an overview of the functions of the skin and the healing process. Discusses wound assessment and care and the risk factors for pressure ulcers. Describes steps in proper documentation. (BELSON)

**GALLSTONES - 6164**

video color 30 min. 1996 SrH-A

Shows the symptoms, diagnosis and formation of gallstones. Gives options regarding the treatment and management of the condition. (TL)

**GASTROESOPHAGEAL REFLUX-6389**

video color 14 min. 1994 A

Traces food through the digestive system and shows the various chemical and physical processes involved in a healthy digestive system. Shows the symptoms and diagnosis of reflux, a widespread disorder which can occur at all stages of life. Offers preventative measures related to general hygiene and eating habits. (ALTSCH)

**GATHERING ASSESSMENT DATA -7054**

video color 18 min. 1997 Professional

Identifies the equipment necessary to complete a brief physical assessment. Explains the differences between subjective and objective data. Demonstrates how to obtain an accurate health history. Utilizes inspection, palpation, auscultation, and percussion to gather data in the physical assessment. Includes tips on legal, safety, and documentation issues. (LIPP)

**GLAUCOMA: A CLOSER LOOK - 5705**

video color 11 min. 1991 A

Describes two types of glaucoma. Explains that this eye disease does not produce any symptoms until it has progressed to an advanced stage. High risk groups for contracting glaucoma are: Blacks, diabetics, persons with myopia, persons with a positive family history for the disease. Explains treatments and laser surgery. Stresses the importance of eye examination to screen for the disease, especially for those persons at high risk. (MERCK)

**GLYCEMIC CONTROL IN DIABETES-6940**

video color 70 min. 1998 Professional

Designed for primary care physicians who treat patients with diabetes in their daily practice. Continuing education credit is available until June 30, 2000, and is described with the accompanying literature. Topics include: the consequences of poor glycemic control as it relates to the risk of developing complications; the indications for self-monitoring of blood glucose; comparison and contrast insulin secretory defects and insulin resistance in persons with Type 2 Diabetes; and the mechanism, efficacy and side-effects of pharmacologic treatment options. (ADIA)

**HAIR LOSS-6390**

video color 14 min. 1994 A

Describes hair: its composition, functions and stages of development. Gives the causes of hair loss and various scalp disorders. Offers current treatments and cosmetic alterations for the problem of hair loss. Stresses ways to protect and care for healthy hair. (ALTSCH)

**HAND HYGIENE FOR HANDS THAT CARE (English/Spanish) (closed captioned)- DV0060**

DVD color Eng-17 min., Span-17 min. 2003 Professional

This DVD is intended for health care workers. It covers CDC hand hygiene guidelines, dermatitis and hand hygiene, and hand hygiene

standards. It explains the difference between skin decontamination and handwashing. It also gives time saving instructions for proper hand decontamination, and step-by-step instructions for proper handwashing. The DVD contains training points, bonus material for refresher or training talks, and a customizable PowerPoint™ presentation (DVD-ROM drive required). (COASTAL)

**HANDWASHING: PROMOTING A HEALTHY ENVIRONMENT - 5428**

video color 13 min. 1987 A  
Designed for use in a healthcare facility, stresses the importance of handwashing. Explains that this helps control the spread of infection, provides a safe environment for patients and protects healthcare personnel as well. (FGH)

**HANDWASHING: YOUR HEALTH IS IN YOUR HANDS (closed captioned) - 6223**

video color 13 min. 1995 A, Professional  
Shows healthcare workers how to protect themselves and their patients through proper handwashing procedures. Discusses how handwashing prevents the spread of infection, the proper water temperature, and the friction rub. (COASTA)

**HEAD OVER HEELS: FALLS...AND HOW TO PREVENT THEM (closed captioned) - 7322**

video color 14 min. 1995 A  
Outlines ways in which older adults can prevent falls. Explains some of the reasons for falls and ways to reduce the chances of falling including the benefits of staying active, the effects of diet and medication, removing environmental hazards, and maintaining a healthy attitude toward the use of physical aids. (TERRA)

**HEALTHCARE ERGONOMICS: WORKING TO YOUR ADVANTAGE - 6425**

video color 21 min. 1996 A, Professional  
Defines ergonomics and discusses cumulative trauma disorders. Explains how improvements in the arrangement of the work area may reduce the risk of injuries and may be inexpensive to implement. Suggests ways to modify body mechanics to reduce the risk of cumulative trauma injuries. (COASTA)

**HEALTHCARE SAFETY ORIENTATION - 6229**

video color 16 min. 1994 A, Professional  
Discusses the most common safety hazards found in healthcare settings. Includes information on: slips, trips and falls; back safety; electrical safety; fire safety; disinfection and sterilization; handling medical waste; bloodborne pathogens; good housekeeping; personal protective equipment; hazard communication; radiation safety; and handwashing and glove removal. (COASTA)

**HEALTH IN THE LATER YEARS - 4231**

video color 24 min. 1983 A  
Shows older people that aging does not have to equal disability and motivates them to change to healthy living patterns. Offers advice about medical care, medication, self-prescription and smoking. Introduces the importance of nutrition, physical fitness, and stress reduction. (CHURCH)

**HEALTH ON THE FRONT LINES: DYING WITH DIGNITY—END OF LIFE ISSUES - 7217**

video color 93 min. 2000 A  
Presentation by Ronald A. Carson, PhD. Describes how to involve your family and health care professionals in your preparation for end-of-life issues. Explains the purpose of several forms used by hospitals for in-patient care which addresses end-of-life issues. (TDH)

**HEALTH ON THE FRONT LINES: FLU - CAN YOU AVOID IT?- 7278**

video color 52 min. 2000 A  
Presentation by Dwayne Haight, Influenza Surveillance Coordinator. Describes the risk for developing complications from influenza. Explains how the flu vaccine helps in the prevention of outbreaks as well as the use of antiviral medications for treatment. Discusses the probability of another flu pandemic. (TDH)

**HEALTHWISE: FITNESS-7626**

video color 6 min. 2002 SrH-A  
Shows the physical and mental benefits of a lifestyle of fitness. Describes how to set achievable goals. (SUMMIT)

**HEALTHWISE: LOWERING YOUR CHOLESTEROL-7627**

video color 7 min. 2002 SrH-A  
Describes the effects of cholesterol on the body, the differences between good and bad cholesterol, and ways to lower cholesterol in the diet. (SUMMIT)

**HEALTHWISE: STRESS MANAGEMENT-7630**

video color 6 min. 2002 A  
Defines stress and the way it can affect the body. Describes ways to recognize stress signals and methods to effectively manage stress. (SUMMIT)

**HEAT ILLNESSES-6871**

video color 7 min. 1999 SrH-A  
Overexposure to high temperatures and humidity can quickly lead to heat-related illness. Early recognition and proper treatment are necessary to help prevent a medical emergency. Through dramatic vignettes, the symptoms of heat illnesses are described, and the first aid measures that should be taken are demonstrated. (SAFETY)

**HELLO IN THERE: UNDERSTANDING THE SUCCESS OF PERSON-CENTERED CARE-6952**

video color 19 min. 1997 A, Professional  
Intended for caregivers providing long term care to seniors, in settings that are adopting or are already committed to a person-centered approach. Person-centered care is a nursing practice that emphasizes the challenges and rewards of relating to patients as whole people. Health care providers share their thoughts and experience in relating to their patients in this way. (FANLIG)

**HELPING AT HOME: BATHING AND PERSONAL HYGIENE - 6447**

video color 12 min. 1995 A, Professional  
Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates how the caregiver can reduce the patient's embarrassment; give a tub bath, shower and bed bath; provide hair care; and help with shaving and oral hygiene. (MOSBY)

**HELPING AT HOME: EATING AND FEEDING - 6419**

video color 12 min. 1995 A - Professional  
Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates how to prepare meals for special needs; how to make meals enjoyable; how to assist with eating, feeding, and IVs; and to insure eating safety. (MOSBY)

**HELPING AT HOME: ELIMINATION - 6416**

video color 12 min. 1995 A - Professional  
Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates how the caregiver can reduce the patient's embarrassment; assist in the bathroom; assist patient in using a urinal, bedpan, or commode; clean elimination aids; cope with incontinence; and care for catheters. (MOSBY)

**HELPING AT HOME: INFECTION CONTROL - 6418**

video color 12 min. 1995 A - Professional  
Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates using proper hand washing techniques; using infection-prevention gear and disinfectants; deciding when to call a health care provider; disposing of contaminated articles; housekeeping strategies. (MOSBY)

**HELPING AT HOME: LIFTING, MOVING, AND POSITIONING - 6414**

video color 12 min. 1995 A - Professional  
Teaches the practical skill to provide safe, comfortable home care. Demonstrates to the caregiver how to assist with repositioning and sitting up in bed; transferring from bed to chair or wheelchair; using transfer aids; and how to maintain good body mechanics. (MOSBY)

**HELPING AT HOME: MEDICATIONS - 6417**

video color 12 min. 1995 A - Professional  
Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates how to read medicine labels; give injections and suppositories; administer oral and topical medicines; keep medicines organized; and watch for side effects. (MOSBY)

**HELPING AT HOME: PRESSURE SORES-6438**

video color 12 min. 1996 A, Professional  
Teaches the practical skills needed to provide safe, comfortable home care. Provides information for choosing equipment for preventing pressure sores. Teaches the risk factors for developing this injury. Demonstrates how to recognize the early stages and how to care for pressure sores. (MOSBY)

**HELPING AT HOME: PREVENTING FALLS - 6415**

video color 12 min. 1995 A - Professional  
Teaches the practical skills caregivers need to provide safe, comfortable home care. Demonstrates useful techniques including: inspecting the home for hazards; installing safety and mobility aids; using and maintaining wheelchairs and walkers; creating a safer home; and handling falls safely. (MOSBY)

**HELPING AT HOME: WOUND CARE (closed captioned) -6439**

video color 16 min. 1996 A, Professional  
Teaches the practical skills needed to provide safe, comfortable home care. Demonstrates ways to speed healing and prevent infection. Gives step-by-step instructions for changing a dry, sterile dressing; cleaning infected, open, or draining surgical wounds; and wet to dry dressing change. Provides supplies checklists and answers common caregivers' questions. (MOSBY)

**HEPATITIS A - 6553**

video color 18 min. 1996 SrH - A  
Discusses the sources of hepatitis A, its symptoms, prevention, and treatment. (FFH)

**HEPATITIS A: COMMUNITY-WIDE OUTBREAK - 6565**

video color 16 min. 1996 A, Professional  
Shows what health officials can do when faced with a community-wide outbreak of hepatitis A. Explains that the disease can be spread from very young children, who have no symptoms, to adults. Explains the importance of handwashing education. Describes the impact of immune globulin for temporary protection from the disease. Stresses that early intervention is very important. The use of the hepatitis A vaccine in slowing the outbreak is described. The Texas Department of State Health Services does not endorse any particular brand or product. (SKB)

**HEPATITIS B: THE ENEMY WITHIN - 6407**

video color 21 min. 1996 A  
This program explains current medical knowledge about the hepatitis B virus and its treatment. The program is hosted by Dr. Miriam Alter, Chief of the Epidemiology Section, Hepatitis Branch, at the Centers for Disease Control and Prevention, and Dr. Harold Margolis, Chief of the Hepatitis Branch at the CDC. (FFH)

**HEPATITIS C: A PATIENT'S GUIDE - 6182**

video color 40 min. 1995 SrH-A  
Country music star, Naomi Judd, and a second patient give their views on coping with the disease. Liver specialists explain how hepatitis C is contracted, the history of the disease and treatment options. (ALF)

**HEPATITIS C: FACTS, NOT FEAR (closed captioned)-7771**

video color 12 min. 2003 A, Professional  
Intended for healthcare workers, this presentation explains the risk of exposure to the hepatitis C virus. (HCV). Illustrates standard precautions to reduce risk of exposure. Shows steps to take if injured by a sharp that is contaminated with infected blood. (COASTAL)

**HEPATITIS C: THE SILENT SCOURGE - 6405**

video color 23 min. 1996 A  
This program, hosted by Drs. Miriam Alter and Harold Margolis of the Centers for Disease Control and Prevention, explains current knowledge about the newest strain of the hepatitis virus, discovered less than ten years ago, and its causes, treatment, and prevention. (FFH)

**HEPATITIS C UPDATE: DIAGNOSIS, EPIDEMIOLOGY, NATURAL HISTORY, AND THERAPY - 6181**

video color 45 min. 1995 Professional  
Give primary care physicians up-to-date information on the prevention, diagnosis and treatment of hepatitis C. Traces history of the virus and follows increasing prevalence. Other topics covered include: screening methods, clinical features and epidemiology in the United States. (ALF)

**H.I.D.E. & S.E.E.K! PREVENTING THE SPREAD OF INFECTIONS - 7341**

video color 28 min. 1997 JrH-A  
H.I.D.E. stands for handwashing, immunization, drug safety and eating safety. Each area is covered in detail to help viewers learn how to prevent the spread of infection. S.E.E.K. stands for safe personal practices, environment, elderly and kids. Avoiding high-risk personal behavior and learning how to properly clean and disinfect the home and office are emphasized. Shares practical ways to establish healthy habits for the elderly and children. (MEDGLD)

**HIGH BLOOD PRESSURE AN INTRODUCTION TO TREATMENT 3RD - DV0052**

DVD color 16 min. 2004 A  
This newly revised video features the most recent blood pressure categories outlined by the National Heart, Lung, and Blood Institute, including the "prehypertension" level. It helps patients make a lifelong commitment to controlling their blood pressure through changing their lifestyle. The video gives patients the information they need to help them quit smoking, lose weight, reduce sodium, reduce alcohol consumption, and get more physically active. The video explains that in some cases patients may need to take medication. Possible side effects and tips for incorporating medication into a daily schedule are covered.. (MILNER)

**HIGH CHOLESTEROL: AN INTRODUCTION TO TREATMENT 2ND EDITION- DV0051**

DVD color 14 min. 2005 A  
After explaining what cholesterol levels mean, this program gives

patients the basics of the treatment plan for high cholesterol. It covers both lifestyle changes and medications. This second edition includes the new food guide pyramid, fats, triglycerides, trans fats, low fat substitutes, fiber, how to make healthier food choices and how to prepare foods. It also discusses quitting smoking, losing weight and increasing physical activity.. (MILNER)

**HIPAA: PRIVACY COMPLIANCE (closed captioned)-7643**

video color 16 min. 2002 A, Professional  
Outlines the requirements under the HIPAA's Privacy Rule, the first comprehensive federal protection guidelines for the privacy of health information. Defines Protected Health Information (PHI). Explains the rules for the use and disclosure of PHI. Discusses consent, authorization, patient rights and administrative responsibilities. (COASTAL)

**HIPAA: PRIVACY IN HOME HEALTH CARE (English/Spanish)(closed captioned) – DV0405**

DVD color 17 min. 2003 Adult, Professional  
This DVD will help home health agencies in complying with HIPAA's privacy rule. Viewers will learn the definition of protected health information (PHI). They will also learn when they are permitted to use or disclose it. Patient's rights over their PHI are detailed along with the penalties for those who violate the HIPAA standards. Bonus features include an expanded leaders guide, a quiz, and a customizable PowerPoint® presentation (DVD-ROM drive required for PowerPoint) (COASTAL)

**HOME AIR CARE: INDOOR AIR AND YOUR HEALTH - 6294**

video color 13 min. 1995 SrH-A  
Lists the physical symptoms, including allergies and asthma, caused by indoor air pollution. Defines and describes the many conditions which may adversely affect indoor air quality. Recommends yearly inspections of gas appliances and furnaces, as well as regular maintenance of air filters and humidifiers. Alerts consumers to the misuse of household cleaners and chemicals and personal care products. Advises professional testing for radon and asbestos. (LUNG)

**HOSPICE - CARING INSTEAD OF CURING - 6186**

video color 20 min. 1994 A, Professional  
Explains how a hospice works and the roles of the hospice nurse, social worker, family counselor, home health aide, hospice volunteer, and hospice chaplain. Covers pain management, special hospice housing and care centers for AIDS patients, grief support. Describes one family's experience with hospice care and how the hospice team deals with the continuing cycle of death and loss. (M LIFE)

**HOW MEDICINES WORK English (closed captioned) - 6171 Spanish (closed captioned)- 6172**

video color 9 min. 1990 A  
Many medications are available for treating epilepsy and it may take doctors several trials in order to find one suitable to an individual's condition. Explains how the doctor and the patient find the right treatment. Emphasizes the importance of monitoring medicine levels in the blood and consistent use of the medicine. (EFA)

**HOW TO COMMUNICATE WITH A PERSON WHO HAS ALZHEIMER'S OR RELATED DEMENTIA VOL. 3– DV0149**

DVD color 30 min. 2001 A-Professional  
This DVD program defines Alzheimer's Disease and its effects and teaches communication techniques that can bring a higher quality of life both to the person who has Alzheimer's and to the caregiver. Topics covered include repetitive questions, doing chores, aggressive behavior, answering difficult questions, and the use of language and other forms of communication. (HAC)

**HOW TO CREATE ACCOUNTABILITY THROUGH COMPETENCY ASSESSMENT-6377**

video color 16 min. 1996 Professional  
Designed for supervisors and managers to measure the quality of nursing performance by promoting employee accountability. Assessments include those at the time of (1) hiring, (2) during the initial or orientation phase of a new job, and (3) ongoing. Shows how to identify ongoing job competencies as new, changing, high risk, or problematic. (CHCM)

**HOW TO STOP BLEEDING-6573**

video color 6 min. approx. 1995 SrH-A  
Serves as an overview regarding bleeding injuries and encourages the viewer to get proper first aid training before treating such injuries. Explains the difference between bleeding from a vein and bleeding from an artery. Describes pressure points and their use in stopping bleeding from arteries. Mentions the use of the tourniquet and warns that its use is seldom needed. Advises the use of personal protection equipment to protect against bloodborne pathogens such as HIV and hepatitis B. (TRAINET)

**HURRICANE! (closed captioned) - 6358**

video color 60 min. 1989 JrH-A  
A NOVA program. Describes where hurricanes develop and how. Traces the path of Hurricane Gilbert in 1988. Includes footage from inside a hurricane made by a data-gathering flight of a research aircraft. Shows the work of research scientists to predict the path and intensity of a hurricane in time to warn coastal populations in its path. (TLMED)

**HURRICANES, TORNADOES, AND FLOODS - 6206**

video color 16 min. 1996 A  
Describes disaster procedures before, during, and after the disaster. Distinguishes between disaster watches and warnings. Explains what emergency supplies are needed. Stresses the importance of drills and staying informed. (LONGI)

**HYGIENE AND HEALTH AT WORK-6942**

video color 20 min. 1997 A  
Describes bacteria and viruses and the methods by which disease can be spread. Discusses hepatitis A and B and HIV transmission. Emphasizes proper hygiene in controlling the spread of infection in the workplace including good bathroom hygiene. Gives the basics of good food handling techniques. Promotes regular exercise and good nutrition as ways of maintaining good health. (VOCAM)

**HYPERTENSION-7210**

video color 18 min. 1997 A  
Medical experts explore the history, symptoms, and treatment of hypertension. Profiles groups at highest risk such as African Americans and pregnant and postmenopausal women. Explains the effects of drugs such as diuretics, beta-blockers, and ace inhibitors. Suggests changes in diet and increased exercise to control hypertension. (FFH)

**HYPERTENSION: AN OUNCE OF PREVENTION - 4144**

video color 15 min. 1987 A  
Stresses the importance of diet and exercise in the prevention of hypertension in diabetic patients. (MARSHL)

**HYPERTENSION: A SELF-MANAGEMENT APPROACH TO HIGH BLOOD PRESSURE - 7334**

video color 31 min. 1998 SrH-A  
Designed to help patients manage their hypertension through improved diet, weight management, increased activity, stress management, and discontinuance of smoking. (KRAMES)

**HYPERTENSION: THE SILENT KILLER - 6448**

video color 20 min. 1992 A

Describes high blood pressure, including symptoms and treatments. Explains both the controllable and uncontrollable factors which contribute to high blood pressure. (KAROL)

**HYPOTHERMIA-7265**

video color 6 min. 1998 A

Intended for employees who must work in prolonged cold temperatures. Statistics show that most cases of hypothermia occur between 30 and 50 degrees Fahrenheit. Describes the early warning signs and explains the precautions for an employee to take including proper cold-weather personal protective equipment. (LONGI)

**INFECTION PREVENTION AND CONTROL FOR HEALTH CARE CLINICS-7193**

video color 15 min. 1997 Professional

Explains how pathogens can cause infections and reviews common pathogens. Lists the body fluids that most often carry pathogens and the five ways of transmission. Covers the prevention of the spread of infection with special emphasis on handwashing, surgical glove removal, cleaning spilled blood and fluids, and linen and sharp disposal. (MILNER)

**IMPLANT II: KNEE REPLACEMENT SURGERY (closed captioned)- 7758**

video color 90 min. 1990 A

Follows Anthony K. Hedley, M.D., as he leads a surgical team through the procedure of total knee replacement. Highlights patient diagnosis, design and manufacturing of the artificial knee joint components, and rehabilitation. Takes a close up look at the internal structure of the knee during this medical procedure. (PBS)

**IMPLEMENTING POSTOPERATIVE CARE -7066**

video color 19 min. 1997 Professional

Covers the nursing responsibilities for the three periods of postoperative care: the immediate postoperative period, the ongoing postoperative period, and the late postoperative and discharge period. Includes documentation tips and safety issues. (LIPP)

**IMPLEMENTING PREOPERATIVE CARE -7067**

video color 22 min. 1997 Professional

Covers step-by-step instructions for obtaining informed consent, completing the preoperative assessment, preparing for client and family teaching, and carrying out the physical preparation required on the day of surgery. Includes documentation tips as well as safety and legal issues. (LIPP)

**I NEVER PLANNED ON THIS - 5131**

video color 46 min. 1990 A

Examines normal, healthy aging, showing that it is part of a gradual biological process that begins at birth. With proper exercise and diet, most older people are quite fit and able to live independently. The way a person ages is influenced by a complex interplay of genetic, environmental and social factors. (FILMMA)

**INFECTION CONTROL - 6189**

video color 25 min. 1994 A, Professional

Explains the infectious process, pathogens, inflammation and the body's defenses against infection, including basic information on the immune system. Includes universal precautions for blood and body substances and proper handwashing procedure. (M LIFE)

**INFECTION CONTROL – DV0307**

DVD color 31 min. 2006 Professional

This DVD covers the chain of infection; techniques for medical asepsis;

hand washing; personal protective equipment; standard precautions and isolation. (LIPP)

**INFECTION CONTROL FEATURING DRUG-RESISTANT ORGANISMS - 6427**

video color 25 min. 1996 Professional

Helps healthcare facilities to develop a plan of attack for fighting drug-resistant organisms. Discusses stringent infection control, environmental controls, lab surveillance, and the prudent use of antibiotics. (COASTA)

**INFECTION CONTROL IN HOME CARE 1996-1997 - 5973**

video color 24 min. 1996 A, Professional

Presents the latest information on personal protective equipment, sharps management, spills, soiled linen, biohazardous waste management, infection control surveillance, and antibiotic resistance. (BELSON)

**IN GOOD HANDS: A GUIDE TO HEALTH CARE ADVANCE DIRECTIVES-7748**

video color 23 min. 2001 A

Video encourages people living with a life-threatening illness — in particular, those with HIV — to make an “advance directive”: a document that outlines their health care preferences, as well as who they want to make medical decisions on their behalf in case they become incapacitated. (PYR)

**INJECTING INSULIN (closed captioned) - 6150**

video color 15 min. 1994 A

Teaches viewers how to inject insulin. Types of insulin and syringes are described. A step-by-step demonstration of how to inject both a single dose and a mixed dose of insulin is provided. Injection sites are illustrated, and tips for insulin storage and syringe disposal are presented. Actual patients discuss their first experiences with insulin injection and how their fears soon faded. (MILNER)

**INSOMNIA - 6162**

video color 30 min. 1996 SrH-A

Shows the effects and diagnosis of insomnia. Gives options regarding the management of the condition. (TL)

**INSTRUCCIONES MEDICAS ANTICIPIDAS (SPANISH) – DV0310**

DVD color 14 min. 2006 A

This program, the Spanish language version of Advanced Medical Directives Something to Think About DV0309, poses questions that will help everyone be specific about the personal care they desire at the end of life. It clearly explains the difference between a Living Will and Durable Power of Attorney for Healthcare, and mentions many of the decisions that must be made including resuscitation, tube feeding, and pain relief options.

**INTIMACY SEXUALITY AND AGING – DV0314**

DVD color 27 min. 2002 Adult, Professional

Love, intimacy, communication, and sexual expression are affirmations of our being human. Physical and emotional bonding with another human being is both natural and essential. It is a true confirmation of life and living and a vital part of our existence as we age. This DVD provides information relating to intimacy, sexuality and aging. (AQUARIUS)

**INTRODUCTION TO FOOD SAFETY: EMPLOYEE HEALTH AND HYGIENE - 4930**

video color 24 min. 1991 A

Explains how people become ill from foodborne illness, and the major factors contributing to this illness. Emphasizes that good personal hygiene is important for sanitary conditions. Demonstrates proper

handwashing techniques, and explains proper use of plastic gloves. Explains the proper condition for clothing worn in a foodservice operation and why hair restraints are important. Differentiates between sanitary and unsanitary personal habits of foodservice workers, and covers how smoking, eating, gum chewing, and wearing jewelry can contaminate food. (NFA)

**IT'S ABOUT TIME: ACTING FAST FOR HEART ATTACK SURVIVAL English-7039 Spanish-7040**

video color Eng.-16 min., Span- 18 min. 1996 A  
Shows the differences between real-life heart attacks and those portrayed in movies. Heart attack survivors give differing descriptions of heart attacks they suffered. Explains the various roadblocks people use to delay calling for medical help. Provides a self-assessment for measuring the risk of a heart attack. Describes the many and varied warning signs. (HALFOU)

**IT'S YOUR LIFE...DIABETES: DEALING WITH COMPLICATIONS - 6985**

video color 17 min. 1996 A  
Five diabetic individuals discuss their disease and the complications that they have experienced. Recent insulin developments are also discussed. (NORD)

**JUST IN CASE EMERGENCY READINESS FOR OLDER ADULTS - DV0311 (English) DV0312 (Spanish).**

DVD color 16 min. 2006 A  
Older adults and their caregivers can prepare for an emergency by familiarizing themselves with basic information such as how to turn off the gas and electricity. They should make a personal plan that takes into account their special needs relating to medications, medical equipment, mobility and support services. As a part of the plan they should create a disaster supply kit. (TERRA).

**KITCHEN SAFETY (Kinetic)(closed captioned) – DV0294**

DVD color 17 min. 2006 SrH-A  
The kitchen is a warm and welcoming place, but there are dangers. Using examples and what-if situations, this DVD explains how to safely use and store knives; how to operate small appliances and the stove without accidents; how to prevent bruises, shocks, and burns; and how to put out a fire (and when to simply evacuate and call 911!). The first step to avoiding kitchen catastrophes is awareness. (KINETI)

**LEARNING ABOUT RHEUMATOID ARTHRITIS (closed captioned)- DV0372**

DVD color 28 min. 2003 A  
This program provides a look at how rheumatoid arthritis appears, progresses, and responds to treatment. It also features case studies that demonstrate the potential dangers of the disease while outlining therapies that have noticeably reduced its effects. Animation sequences shed light on how rheumatoid arthritis attacks a joint's synovial membrane. Doctors explain the diagnostic process, including anti-CCP blood testing, and the importance of biologics that battle tumor necrosis factor. The Texas Department of State Health Services does not endorse any particular brand or product. (FFH)

**LEARNING TO SPEAK ALZHEIMER'S: AN INTRODUCTION TO THE HABILITATION APPROACH TO CARE – DV0547**

DVD color 32 min. 2008 A  
The habilitation approach involves simplifying the environment for the patient, capitalizing on his or her remaining skills, and making an effort to understand what life must be like for the memory impaired. (PDA)

**LEVANTANDO Y CARGANDO (Spanish) - 5714**

video color 11 min. 1992 A  
Covers anatomy and physiology of the neck and back, types of injuries

including muscle-ligament and disc. Provides steps to safe lifting and team lifting techniques. Discusses the physical characteristics of loads, working conditions, and personal limitations of personnel involved in manual handling tasks. (SC)

**LIFE IS NOT A STRESS REHEARSAL (closed captioned) - DV0422**

DVD color 47 min. 2006 A  
Loretta LaRoche uses humor to teach how to laugh while you learn, and learn to laugh at yourself. She urges viewers to use common sense to work to reduce the stress in their lives. Included are fun, practical exercises for discovering what's really important to you. (BLM)

**LIFTING PEOPLE-6614**

video color 27 min. 1997 A  
Designed for staff who work with people who are physically dependent on others either temporarily or permanently. Demonstrates three transfer techniques: stand-pivot transfer; two-person lift; and mechanical lift. Provides guidelines in choosing the appropriate technique to use in a variety of situations and identifies pertinent factors of additional concern. Includes instructor's manual and overhead transparency masters. (TXMHMR)

**LIGHTNING! (closed captioned) - 6357**

video color 60 min. 1995 JrH-A  
A NOVA program. Describes how lightning is formed, how to predict and prevent lightning, and how to protect people from its dangers. (TLMED)

**LIVING WITH HEART FAILURE -6884**

video color 20 min. 1997 A-Professional  
Describes the symptoms of heart failure and the diagnostic and medical tools used to treat this condition which afflicts about 4.7 million Americans. Discusses heart transplant surgery as an option. (FFH)

**LIVING WITH RHEUMATOID ARTHRITIS (closed captioned) – DV0373**

DVD color 28 min. 2003 A  
This program profiles patients who have resumed active lives after struggling with pain and fatigue from Rheumatoid Arthritis (RA). Experts explain the use of TNF alpha inhibitors and MRI and ultrasound applications that are helping to fight the battle against the disease. The Texas Department of State Health Services does not endorse any particular brand or product. (FFH)

**LIVING WELL WITH LUNG DISEASE: A SELF-MANAGEMENT PROGRAM (closed captioned) -6755**

video color 33 min. 1995 A  
Describes chronic obstructive pulmonary disease (COPD) and its effect on the function of the lungs. Explains that smoking is the primary risk factor causing COPD. Stresses that the patient can partner with health care professionals in the treatment of the disease. (KRAMES)

**LOST IN THE MIND-6875**

video color 56 min. 1997 A, Professional  
Computer animation describes the changes which occur in the brain of an Alzheimer's patient. Follows real men and women who are afflicted and describes the physical, emotional and social effects of the disease. Shows the impact on the caregivers. Describes recent research on the treatment and prevention of Alzheimer's Disease, including genetic testing. The Texas Department of State Health Services does not endorse any particular brand or product. (AQUARI)

**MAKE YOUR MOVE: GET INTO ACTION WITH THE ACTIVITY PYRAMID-6958**

video color 11 min. 1998 JrH-A

Humorously demonstrates a variety of ways to increase physical activity. Shows how usually inactive people can improve their health and well-being by becoming even moderately active on a regular basis. (HLTCO)

**MAKING THE RIGHT CALL: THE POISON CONTROL CENTER** English-6351 Spanish-6352

video color 9 min 1996 SrH-A

Explains the role of the Poison Control Center as the first contact for accidental poisoning of household materials or medicine. Gives first aid directions for some situations and advises transportation to a hospital for others. (BAYLOR)

**MANAGING AGGRESSIVE BEHAVIORS, ANGER AND IRRITATION, CATASTROPHIC REACTIONS - 5590**

video color 20 min. 1990 A, Professional

Viewers should have viewed "ABC'S, AN INTRODUCTION" (VC5589) before using this tape. Explains how to document behaviors in order to change them. Shows scenes of a patient who is exhibiting angry behavior and creating a disturbance. Analyzes the A,B,C's of the behavior. Discusses communication skills, developing an individual plan to change the unpleasant behavior. Describes a catastrophic reaction in a patient and possible methods to resolve it. Discusses common antecedents to catastrophic reactions, how to change these antecedents, and how to handle the consequences of catastrophic reactions once they have started. (TERRA)

**MANAGING DIFFICULT BEHAVIORS, DEPRESSION - 5596**

video color 22 min. 1990 A, Professional

Provides dramatic vignettes so viewers can analyze the ABCs of behavior management of dementia patients with depression. Offers strategies to help depressed patients. Shows symptoms to watch for to diagnose depression. Suggests increasing pleasant activities for the depressed patient to improve their mood. Stresses that the caregiver should take care of their own health. (TERRA)

**MANAGING DIFFICULT BEHAVIORS, WANDERING AND INAPPROPRIATE SEXUAL BEHAVIORS - 5594**

video color 16 min. 1990 A, Professional

Provides dramatic vignettes demonstrating a dementia patient who is wandering and one who is exhibiting inappropriate sexual behavior. Viewers are encouraged to analyze the scenes that may be causing the behavior. Shows that distracting the patient exhibiting inappropriate sexual behavior may curtail the behavior. Stresses that overreaction of the caregiver and humiliation of the patient should be avoided. (TERRA)

**MANAGING PERSONAL HYGIENE, BATHING AND DRESSING - 5593**

video color 13 min. 1990 A, Professional

Provides information on how to handle behavioral problems in dementia patients related to bathing and dressing. Stresses the need to go slowly, give choices when possible, avoid confrontation. Dramatic vignettes enable the viewer to analyze behavioral problems in bathing and dressing while the narrator provides strategies for management. (TERRA)

**MANAGING PSYCHOTIC BEHAVIORS, HALLUCINATIONS, DELUSIONS AND PARANOIA AND SUSPICIONS - 5592**

video color 14 min. 1990 A, Professional

Using the ABCs of behavior management in dementia patients, emphasizes the importance of tracking information about the behavior. Provides dramatic vignettes of a patient experiencing hallucinations and delusions and shows how the caregiver responds. It is important that the caregiver not argue or deny the patient's perceptions, but be soothing, reserving more of the caregiver's attention to the patient when

they are acting appropriately. Dramatic vignettes demonstrating paranoid/suspicious behavior are provided as well as strategies for managing this behavior and preventing it. (TERRA)

**MANAGING PSYCHOTIC BEHAVIORS, LANGUAGE DEFICITS - 5591**

video color 8 min. 1990 A, Professional

Reviews the ABC's of behavior management of dementia patients. Explains the problem of language deficits and how caregivers can handle this situation. Provides strategies for management so the patient's frustration and agitation can be minimized. (TERRA)

**MANAGING STRESS (Rev.) - 5106**

video color 26 min. 1991 A, Professional

Stress in the workplace and in our personal lives can cause job burnout, illness, absenteeism, conflict, counter-productivity. Shows that our reactions to stress can be controlled. Based on in- depth research, uses dramatic vignettes and animation to provide solutions to the damaging effects of stress. Supports the involvement of employees in decision-making, opening communication lines, establishing priorities, and living a healthy lifestyle. (CRMMGH)

**MANAGING WITH ALZHEIMER'S DISEASE - 4404**

video color 29 min. 1989 SrH-A

Teaches specific skills for caregivers within the home of the Alzheimer's patient. Stresses the need for a calm, consistent, routine environment. Discusses the medical and psychiatric evaluations needed to make a correct diagnosis of Alzheimer's Disease. (MILNER)

**MEDICATION MANAGEMENT: YOU CAN PREVENT ERRORS – 7836 –DV0275**

video color 18 min 2003 Prof

Explains the problem of medication errors. Provides steps to prevent errors and presents standards to use medications safely. Shows risky behaviors that should be avoided and the special handling of medicines at high risk. (COASTAL)

**MENINGITIS: THE SUDDEN ILLNESS - 6408**

video color 20 min. 1996 A, Professional

Featuring three leading experts in the study of meningitis, examines and explains the causes and consequences of meningitis, and discusses treatment methods, both conventional and cutting-edge. (FFH)

**MINIMIZING BACK STRAIN (Revised)-6364**

video color 21 min. 1995 A

Explains the physiology of the back. Shows proper and improper use of the back in lifting, bending, twisting, and carrying. Shows how the improper methods affect the parts of the back. (TELA)

**MRSA: THE EIGHT MINUTE SOLUTION – DV0380**

**DVD color 8 min. 2006 Professional**

This DVD is intended for health care professionals. It describes how MRSA is transmitted; and outlines strategies to prevent transmission including importance of hand hygiene, contact precautions and cleaning and disinfecting. (ENV)

**MSDS FOR HEALTHCARE: READ IT BEFORE YOU NEED IT (closed captioned) - 6428**

video color 18 min. 1995 A, Professional

Helps employees to become more familiar with the Material Safety Data Sheets (MSDS) and encourages them to review the MSDS before an emergency arises. The video helps employees to protect themselves and to identify hazardous chemicals, read warning labels, understand an MSDS, and prevent hazards. (COASTA)

**MULTIPLE SCLEROSIS - 5341**

video color 26 min. 1990 A

Shows the symptoms that plague multiple sclerosis victims and how attitude and changes in lifestyle can mean better health. Sufferers from multiple sclerosis explain how they live with the disease, and specialists in treating it discuss the disease. (FFH)

#### **MUSCULAR DYSTROPHY - 5342**

video color 26 min. 1990 A

Looks at how muscular dystrophy sufferers deal with a disease that has no cure; a young boy with the fatal form of the disease gets physical therapy at an Easter Seals Center, bracing helps a six-year-old girl with spinal muscular atrophy, and a young mother with myasthenia gravis gets help from surgery and medication. Covers the search for a cure and the available treatments. (FFH)

#### **NEW FEARS FOR FOOD: OLD FOES, NEW THREAT (closed captioned) - DV0111**

DVD color 20 min. 2004 SrH

This program compares and contrasts campylobacter, salmonella, E. coli, Listeria monocytogenes, calicivirus, and Hepatitis A, which have become a renewed health threat. The program also examines some of the many opportunities for food contamination that can occur on the trip from the farmyard to the kitchen table; identifies people most vulnerable to severe cases of food-borne diseases; describes symptoms and treatments; and explains how to avoid catching these illnesses. (CAMED)

#### **THE NEW NORMAL: LIFE AFTER BONE MARROW STEM CELL TRANSPLANT-7735**

video color 45 min. 2001 A

Six transplant survivors and their caregivers share their stories in order to offer encouragement to others faced with the same challenges. Explains the transplant process and recovery. (NBMTL)

#### **NUTRITIONAL ASSESSMENT OF THE ELDERLY - 4869**

video color 28 min. 1988 A, Professional

Assists the health care provider to identify the need for nutritional intervention. Stresses the importance of a thorough history and a consistent evaluator. Discusses normal physiological aging, including socioeconomic status, acute and chronic illness, genetics, accessibility of care, climate, and individual nutritional habits. Describes major changes in aging and demonstrates evaluation measures such as anthropometric methods, biochemical measures, hematologic measures, evaluation of immune function, oral examination, polypharmacy evaluation, psychological factors, and functional status related to activities of daily living. (AM JRN)

#### **NUTRITION AND CANCER AND CANCER RISK REDUCTION - 3180**

27 slides color 1995 A, Professional

Developed by the Dietician Oncology and Nutrition Education Program and the Physician Oncology Education Program. Serves as an introduction and overview to enhance the understanding of the role of nutrition in cancer prevention. Contains the latest information on nutrition and cancer, and presents the consensus of nutritional experts on the topic. (POEP)

#### **NUTRITION AND GOOD DENTAL HEALTH - 4139**

video color 11 min. 1988 A

Explains the relationship between nutrition and dental health. Discusses the basic four food groups, illustrates food sources high in specific nutrients, and recommends the number of servings from each food group. Offers snack and meal preparation ideas. (BAYLOR)

#### **NUTRITION AND MEAL PREPARATION FOR OLDER ADULTS - DV0546**

DVD color 43 min. 2008 A

This program includes information on common serving sizes, medically-prescribed diets, warning signs and prevention of malnutrition, importance of drinking enough water, value of high-fiber diet, meal planning, food shopping, reading labels, unit pricing, safe food handling, preparation methods, cooking with a recipe, microwave and stove safety, setting the table and serving the meal. (PDA)

#### **NUTRITION: AN OUNCE OF PREVENTION - 5529**

video color 14 min. 1990 A

A dramatization showing a group preparing for a healthy food fiesta at their church. A dietitian discusses ways to make traditional Mexican foods such as enchiladas, fried rice, tortillas, healthier. By choosing the leanest meats possible, trimming and skimming off excess fat from meats, using vegetable oil instead of lard for frying and seasoning, removing the skin from chicken; these foods are made healthier. Their taste can be enhanced when spices and onions are added. The beans are a source of protein; the chiles, vitamin C; the onion, vitamin A. Stresses that diabetics should strive to limit their intake of fats. (UTHSCS)

#### **OBSESSIVE COMPULSIVE DISORDER: THE HIDDEN EPIDEMIC - 7765**

video color 76 min. 1994 Professional

Dr. John Greist explains obsessive-compulsive disorder. Intended to help healthcare professionals identify and treat this common disorder. (CMEL)

#### **OFF THE RECORD - 5912**

video color 15 min. 1986 A, Professional

A training video for health care workers dealing with the importance of and legal implications of maintaining confidentiality. Deals with health professionals speaking "off the record" regarding patients' medical information. Emphasizes that speaking "off the record" is a serious, unethical, and illegal violation of health care standards and responsibility. (KINETI)

#### **ORAL HYGIENE THE 8 MINUTE SOLUTION - DV0383**

DVD color 8 min. 2005 Professional

This DVD will allow nursing staff to identify medical risk factors and high risk groups; assess a patient's oral health; develop an oral hygiene plan and perform oral care. (ENV)

#### **ORALLONGEVITY - DV0465**

DVD color 42 min. 2007 A

This DVD helps patients understand the changes that happen in their aging mouths. Viewers will learn about the relationship between disease and the mouth. Professionals discuss ways to help family members become good oral caregivers to dependent elders. The Texas Department of State Health Services does not endorse any particular product or company. (ADA)

#### **ORIENTATION TO WORKPLACE SAFETY-6947**

video color 17 min. 1998 A

Introduces employees to good safety habits and awareness both on and off the job. Explains PPE (Personal Protective Equipment) and the importance of following recommended safety precautions. Shows how problems can result in on-the-job injuries. (ATV)

#### **ORTHOBICIZE-6817**

video color 53 min. 1994 SrH-A

A specialized low impact aerobic exercise video for people with back and neck problems. (SAI)

#### **OSHA RECORD KEEPING FOR EMPLOYEES- DV0088**

DVD color 14 min. 2002 Professional

This DVD helps supervisors and employees meet the updated record-keeping requirements of 20 CFR Part 1904. It covers the revisions in the regulations and the use of current forms. Managers and employees will learn why record-keeping is important. They will also learn the importance of the incident review. Applicable requirements for each work environment are explained. The program gives definitions and examples of illnesses and injuries (TTN)

**OSTEOARTHRITIS – DV0602**

DVD color 30 min. 2008 A

Osteoarthritis, rheumatoid arthritis, or just normal aging? Knowing the difference can affect patient care and quality of living. Experts discuss the science behind the common degenerative disease, prevention and treatments. (AQUARI)

**OSTEOARTHRITIS: A VIDEO HOUSE CALL - 5642**

video color 30 min. 1991 A

Describes osteoarthritis, its symptoms, complications, and treatment. Provides interviews with six people who share their experiences with osteoarthritis. (FF)

**OSTEOPOROSIS (Milner-Fenwick)**

**English (closed captioned) - 5986 Spanish - 5987**

video color 16 min. 1995 SrH-A

Focuses on how to prevent osteoporosis. Describes how it develops, and lists risk factors. Discusses essential elements for maintaining healthy bone: calcium, vitamin D, estrogen, exercise, and avoiding harmful substances. Also addresses treatment for osteoporosis and fracture prevention. (MILNER)

**OSTEOPOROSIS: DIAGNOSIS, TREATMENT AND PREVENTION-6914**

video color 120 min. 1996 Professional

Teleconference intended for health care professionals and registered dietitians. Consists of several segments presenting the latest information on the epidemiology, life-long prevention strategies for both men and women, osteoporosis specific exercises, the role of diet and supplemental calcium in prevention and approved and emerging technologies in the treatment of osteoporosis. (NYSDOH)

**OSTEOPOROSIS: HOW TO PREVENT OSTEOPOROSIS - 7827**

video color 18 min. 2003 A

Produced in cooperation with National Osteoporosis Foundation. Focuses on the description and prevention of osteoporosis. Details essential steps in maintaining healthy bone and includes information on the newest medications, bone density, and steps to prevent falls by those already diagnosed with osteoporosis. (AQUARI)

**OSTOMY URINARY DRAINAGE AND CATHETER CARE - DV0079**

DVD color 13 min. 2000 Professional

This DVD covers changing an ostomy bag, emptying a urinary drainage bag, providing daily catheter care, including a review of perineal care. (MEDCOM)

**AN OUNCE OF PREVENTION: HYPERTENSION--NUTRITION--FOOT CARE--EYES--ORAL HEALTH--KIDNEYS-DIALYSIS**

**English - 5785 Spanish - 5795**

video color 82 min. 1991 A, Professional

Explains hypertension, foot and eye care, maintaining good oral health, kidney problems and dialysis in relation to diabetes. (STGEC)

**AN OUNCE OF PREVENTION KEEPS THE GERMS AWAY- 6804**

video color 30 min. 1998 SrH-A

Explains seven inexpensive steps which can prevent many infectious diseases: (1) wash hands often; (2) routinely clean and disinfect surfaces; (3) handle and prepare food safely; (4) get immunized; (5) use antibiotics appropriately; (6) keep pets healthy; and (7) avoid contact with wild animals. Encourages personal hygiene and personal responsibility to prevent both common ailments like the cold and serious health conditions such as rabies. (CDC)

**OVERVIEW: ALZHEIMER'S DISEASE AND RELATED DISEASES - 5587**

video color 17 min. 1990 A, Professional

Explains what dementia is, possible causes of Alzheimer's Disease. Discusses medical and non-medical treatments for dementia. Outlines the most common dementing illnesses, and defines related terms such as aphasia, apraxia, and agnosia. Describes symptoms of dementia and the changes that will take place as the disease progresses. (TERRA)

**OVERVIEW: DELIRIUM AND DEPRESSION - 5588**

video color 15 min. 1990 A, Professional

Discusses delirium symptoms and their possible causes. Describes the circumstances when delirium and dementia occur together. Distinguishes between dementia and depression. Discusses depression symptoms and explains that depression and dementia can co-exist. Outlines the steps in assessing Alzheimer's Disease and other dementias.

Explains that the assessment will help in evaluating whether a person has dementia, delirium, depression, or a combination of these. (TERRA)

**PATIENT CONFIDENTIALITY: IT'S EVERYBODY'S JOB, NOT EVERYBODY'S BUSINESS (closed captioned) - 6227**

video color 24 min. 1995 A, Professional

Explains the responsibility of all healthcare workers to protect patients' confidentiality. Provides guidelines for professional conduct and discusses the rights and responsibilities of patients. (COASTA)

**PATIENT AND RESIDENT RIGHTS AND COMMUNICATION – DV0306**

DVD color 102 min. 2006 Professional

This program discusses the sender receiver model of communication. Tactics to enhance communication between residents and nursing assistants are recommended. Proper reporting and recording procedures are detailed. The narrator explains The OBRA act and the HIPAA act. (LIPP)

**PATIENT RIGHTS: KEEP THEM IN FOCUS (closed captioned)- 7305**

video color 24 min. 1997 Professional

Intended for health care workers. Discusses the importance of protecting patients' rights. Describes the Patient's Bill of Rights, which include the right to make informed decisions, to participate in all aspects of health care, impartial access to care, to make an advance directive, and to know the rights and responsibilities in receiving care. Advises health care workers in appropriate responses when a patient feels their rights are not respected. (COASTAL)

**PEEGE - 4175**

video color 28 min. 1973 JrH-A, Professional

Made available by MHMR. A Christmas visit to a blind, stroke-crippled grandmother in a nursing home evolves into a touching document of love. Conveys with sensitivity what it means to grow old and handicapped. Recommended for children of aging parents and for anyone who works with the elderly. (PHOENX)

**PEOPLE LIKE US: PERITONEAL DIALYSIS--CHOOSING A TREATMENT THAT'S RIGHT FOR YOU - 5449**

video color 18 min. 1992 JrH-A

Introduces peritoneal dialysis as a treatment choice for kidney disease. Explains the role of the health care team at the hospital and dialysis center. Emphasizes the importance of the patient's role in their own care. (NKF)

**PEOPLE WITH DIABETES CAN ENJOY HEALTHIER LIVES - 5687**

video color 15 min. 1994 SrH-A

Shows that if diabetes patients keep their blood sugar level as near normal as possible, their risk for long-term eye, kidney, and nerve complications may be reduced. The Texas Department of State Health Services does not endorse any particular product or company. (LILLY)

**PERSONAL CARE – DV0565**

DVD color 21 min. 2008 Professional

This program covers cleaning and trimming nails, shaving the beard, assisting with hair and make-up, dressing, and dressing when an I.V. catheter is in place. (MEDCOM)

**PHYSICAL THERAPY - 6192**

video color 25 min. 1994 A, Professional

Discusses body mechanics, proper applications of heat and cold, massage therapy, therapeutic exercises. Explains how to transfer a patient to and from a wheelchair and proper use of crutches, a walker, and a cane. (MLIFE)

**PNEUMONIA: ALL YOU NEED TO KNOW - 6732**

video color 20 min. 1997 A

Examines the causes, treatments, and prevention of pneumonia. Discusses the recent discovery of more virulent strains precipitated by bacteria, viruses, mycoplasmas, parasites, and fungi. Describes treatments such as a variety of antibiotics, antibacterial vaccine, and intravenous drugs. Health care professionals and day care and nursing home workers are provided with specific cautions on how to protect those in their care from contracting pneumonia. (FFH)

**POISONS ALL AROUND US (2<sup>nd</sup> Ed.) - 6433**

video color 14 min. 1997 P - A

Alerts viewers to poisonous substances found around the home and in nature, including common items not generally thought of as poisons. Empowers viewers to handle poison emergencies with basic instructions and the use of the local Poison Control Center resources. Provides powerful incentives and easy techniques to reduce risk by "poison-proofing" one's home. (HIGGIN)

**PRESSURE SORES TIPS FOR THE GNA - DV0419**

DVD color 20 min. 2005 Professional

This program defines the phrase pressure sore and explains what puts a resident at risk for developing pressure sores. Geriatric Nursing Assistants will learn about the stages of pressure sores and how to prevent them. Clinical vignettes include bedside examination of pressure sores and management strategies. (UMSM)

**PRESSURE ULCERS – DV0548**

DVD color 28 min. 2007 A

Professionals analyze pressure ulcer formation, prevention, and treatment among people with paraplegia, diabetes, and people who are unable to leave their beds. SofPulse electromagnetic field therapy is given special attention in non-healing wound repair. (PDA)

**PREPARING AND GIVING AN INSULIN INJECTION - 6980**

video color 7 min. 1995 SrH-A

Gives background information on insulin and provides step-by-step instructions on how to prepare and inject it. (LILLY)

**PREPARING TEXAS FOR A SAFER TOMORROW**

**(English/Spanish) (closed captioned) -VHS – 7895 DVD - DV0220**

video/DVD color Eng-8 min., Span-10 min. 2006 A

This video, hosted by news reporter Ron Oliveira, examines the potential for disease outbreaks and disasters and discusses how people can prepare. From the basics such as washing hands to more specific tasks such as making an emergency supply box in case of a disaster, this video outlines simple things people can do to stay safe. It provides detailed instructions on how to prepare for an emergency evacuation. (DSHS)

**PREVENCION DE INCENDIOS (Spanish) - 7925**

video color 29 min. 2002 A-Prof

This is the Spanish language version of Fire Safety (DV0364) This program will show how to reduce the chances of a fire starting in the home. The topics covered include smoke alarms, fire extinguishers, smoking safety, fire safety in the bedroom, fire safety in the kitchen, appliance safety, and how to leave a burning building. (HAC)

**PREVENTING DISEASE TRANSMISSION**

**English (closed captioned) - 6190 Spanish (closed captioned) - 6191**

video color 20 min. 1993 A, Professional

Explains how infections occur and how to prevent disease transmission. Discusses employer's exposure control plan and emergency and follow-up procedures. (MLIFE)

**PREVENTING ELDER ABUSE - 5419**

video color 26 min. 1992 SrH-A

Increases awareness of elder abuse and possible signs or symptoms of it. Stresses that only a small percentage of cases are reported. Provides information on when and how to report elder abuse. Discusses physical, sexual, psychological, and financial abuse elders experience and cases of criminal neglect. Covers selection of long term care facilities and evaluation of care after admittance. (KINETI)

**PREVENTING HEALTH CARE ASSOCIATED INFECTIONS - DV0245**

DVD color 32 min. 2003 Professional

This program defines and discusses nosocomial infections and provides guidance on what can be done to prevent them. The history of health care-acquired infections and proper hand washing techniques are discussed. Precautions against transmission-based infections, including airborne, droplet and contact transmission are detailed. Examples of superbugs discussed in the program are vancomycin-resistant Enterococci, methicillin-resistant Staphylococcus aureus, Salmonella typhimurium, and Streptococcus pyogenes. (MEDCOM)

**PREVENTING UNSAFE WANDERING AND ELOPEMENT - DV0078**

DVD color 27 min. 2004 Professional

This course is designed to provide caregivers in the long term care setting with an overview of the skills necessary to prevent residents from participating in behaviors that can lead to unsafe wandering. This includes how to provide accurate assessment of residents in their care, intervene when unsafe wandering is recognized, and what to do if a resident wanders away from his/her room or facility. (MEDCOM)

**PROMOTING HYGIENE-7052**

video color 19 min. 1996 A, Professional

Covers the nursing skills involved in promoting hygiene and includes step-by-step procedures for providing hair care, shaving, oral care, and foot and nail care as well as documentation tips and safety issues for these procedures. The information is not complete regarding nail care for the diabetic patient. (LIPP)

**PROTECTING THE CAREGIVER - DV0191**

DVD color 26 min. 2005 Professional

This program demonstrates simple defensive skills that can prevent or minimize harm when a disoriented or startled person becomes aggressive. Viewers will learn skills that will minimize harm to both the caregiver and the confronted person. Effective defensive moves to protect against biting, choking, hair pulling, and kicking are demonstrated. (AQUARI)

### **PROTECTING YOUR BACK/PATIENT TRANSFERS**

**non-captioned - 5245**                      **closed captioned - 6226**

video color 24 min. 1990 A, Professional

Advises proper back care to workers in a healthcare setting, including nurses and aids, office workers, housekeeping, kitchen staff, and supply maintenance. Stresses importance of proper posture, good body mechanics, and exercise. The last 9 minutes shows healthcare workers, especially nurses and aides how to lift correctly and transfer patients. (COASTA)

### **PROVIDING NUTRITION -7058**

video color 22 min. 1997 Professional

Shows how to perform a nutritional assessment focusing on the client and on the elements of nutrition and nutritional teaching, including special diets. Presents step-by-step procedures for assisting with feeding, inserting a nasogastric tube and feeding the client who has a nasogastric tube in place. Presents tips for documentation and safety and legal issues. (LIPP)

### **PROVIDING WOUND CARE -7068**

video color 20 min. 1997 Professional

Covers the nursing skills involved in providing wound care and includes step-by-step procedures for changing a sterile dressing, irrigating a wound, and caring for a wound with a Penrose drain, a Jackson-Pratt and a Hemovac drainage system. Includes documentation tips as well as safety and legal issues. (LIPP)

### **READY OR NOT - DV0192**

**DVD color 35 min. 2001 Professional**

A film that explores end-of-life issues in relationship to first and second year medical students. This film will help medical and nursing students as well as health care professionals understand how to relate to those who are dying with compassion, empathy and understanding. (AQUARI)

### **RECOGNIZING AND RESPONDING TO EMOTION IN PERSONS WITH DEMENTIA-6957**

video color 22 min. 1997 A, Professional

Designed for nurse aides. Shows how to understand and decipher the non-verbal signs in persons with dementia. Explains the emotions behind a variety of facial expressions, vocalizations, and body language so that the caregiver can respond to the patient in appropriate ways. (TERRA)

### **RECOVERING AT HOME: CORONARY BYPASS SURGERY - 6422**

video color 12 min. 1995 A, Professional

Teaches the practical skills needed for comfortable home recovery. Demonstrates how to create a recovery-friendly home; how to manage medicine; care for wounds; decide when to call the doctor; exercise; maintain healthy habits. (MOSBY)

### **RENAL COMPLICATIONS: AN OUNCE OF PREVENTION - 4156**

video color 9 min. 1987 A

Taped in a hospital setting to dramatize the seriousness of renal complications in diabetes. Emphasizes importance of lowering blood sugar and blood pressure levels. (MARSHL)

### **REPOSO EN CAMA (Spanish) - 7926**

video color 35 min. 2002 Adult, Professional

This is the Spanish language version of the program How to Care for Someone on Bedrest. It includes discussion of home equipment, principles of body mechanics, recognizing and preventing pressure ulcers, bed pan use and more. (HAC)

### **RESPIRATOR SAFETY English - 4329 Spanish-5510**

video color 16 min. 1988 A-Professional

Describes types of respiratory hazards and reasons for protection. Explains how types of respirators are selected for situations and encourages their proper use. (TEL-A-)

### **THE RISING THREAT OF INFECTIOUS DISEASES-6469**

video color 23 min. 1996 JrH-SrH

Reviews the history of man's fight against microbes from the Bubonic plague to smallpox and the invention of vaccine and penicillin. Discusses the evolution of bacteria and the role of humans in this ongoing evolution. Shows how man's optimism at being able to conquer all infectious diseases through the discovery of vaccines and antibiotics was premature. (HUMRE)

### **RISK FACTORS OF HEART DISEASE - 5808**

video color 10 min. 1994 SrH- A

Explains the risk factors of heart disease (smoking, high blood pressure, high cholesterol, and heredity), and how these risks affect the chances of atherosclerosis, heart attack, and stroke. Explains the lifestyle changes necessary to reduce these risks that lead to heart attack. (CHURCH)

### **SAFE LIFTING TECHNIQUES – DV0577**

DVD color 7 min. 2001 A

This program encourages workers to use smooth movements, lift by keeping objects close to the body and let their leg and not their back and stomach muscles do the work. (SAFETY)

### **SAFE RETURN - 6897**

video color 10 min. 1995 Professional

Intended for training for law enforcement officers. Demonstrates a successful interaction when finding an elderly person with Alzheimer's Disease or a memory impairment. Promotes the Safe Return program and provides guidelines when talking with an individual found wandering. (AAEM)

### **SANITATION: RODENT AND INSECT CONTROL - 5107**

video color 9 min. 1972 A

Basic program on rodent and insect control. Looks at the role these pests play in the spread of disease and explains that it is the responsibility of employees to maintain good housekeeping practices. Stresses that it is every worker's responsibility to keep pests out and keep them from breeding. Describes methods for combating roaches, flies, and rodents. Demonstrates the role of the professional exterminator and gives basic rules for the safe handling of pesticides by kitchen staff. (TRAIN)

### **SEIZURE FIRST AID (closed captioned) - 6179**

video color 11 min. 1992 SrH-A

Demonstrates proper first aid procedures using footage of real seizures and re-enactments. Individuals with epilepsy tell how they feel during a seizure and how they would like others to react at those times. (EFA)

### **SEIZURES IN LATER LIFE (closed captioned)-6684**

video color 14 min. 1994 A

Patient education video intended for older people with epilepsy and their families. Epilepsy is as likely to begin in older persons as it is in the young. Explores the nature of epilepsy in later life including causes,

treatment and the appropriate response to seizures. Four senior citizens share what they've learned about coping with lifestyle changes, safety issues, and overcoming negative feelings about epilepsy. (EFA)

#### **SENSORY CHANGES IN THE ELDERLY - 5617**

video color 20 min. 1985 A, Professional

A training film for nursing home caregivers which discusses the changes in touch, smell, taste, hearing, eating, and sight of the elderly. Makes suggestions to increase staff awareness and to increase skills in caring for the elderly. (KINETI)

#### **SEVERE WEATHER SAFETY: WATCH FOR THE WARNING - 6543**

video color 18 min. 1996 EI - JrH

Teaches viewers to recognize the signs of impending severe weather. Differentiates between a severe weather "watch" and "warning". Identifies safe and unsafe severe weather behavior. Stresses that a course of action for home and school should be made to prepare for severe weather. (UNITDL)

#### **SHINING A LIGHT ON ALZHEIMER'S DISEASE - DV0408**

DVD color 32 min. 2007 A

This program shines a light on the immense personal and societal impact of Alzheimer's disease in the United States. It explores the efforts of researchers to head off an Alzheimer's epidemic. (ADC)

#### **SICK DAY RULES-6887**

video color 16 min. 1998 SrH-A

Shows the extra precautions that a young person with insulin dependent diabetes must take to monitor blood sugar and ketones during an illness. Gives a list of items to keep on hand in case of a sick day. Describes how an illness can affect the body of a person with diabetes. Emphasizes testing and treating to prevent dehydration. The Texas Department of State Health Services does not endorse any particular brand or product. (SCOTT)

#### **SIGNS AND SYMPTOMS OF A HEART ATTACK (closed captioned) - 6148**

video color 8 min. 1995 A, Professional

Identifies signs of a heart attack to help patients and their families know when to seek emergency care. For viewers with symptomatic heart disease, differentiates symptoms of angina from a possible infarction. Provides a description of nitroglycerin protocol. Stresses getting to the hospital quickly where thrombolytic drugs can reduce the damage of a heart attack. (MILNER)

#### **SIMPLE FOOT CARE TECHNIQUES: THE CARVILLE APPROACH-7095**

video color 30 min. 1996 Professional

Contains six programs on one video. **Nail Care** (7 min.) Shows step-by-step procedures in trimming toe nails for diabetic patients. **Callous Care** (7 min.) Shows step-by-step procedures in trimming foot callouses for diabetic patients. **Skin Care** (1 min.) Shows how to apply moisturizer to the foot. **Darco Shoe** (6 min.) Explains how to prepare a Darco shoe for a diabetic patient with a foot ulcer. **Unna Boot** (7 min.) Shows step-by-step procedures in applying an Unna Boot for a diabetic patient. **Dremel Drill** (4 min.) Shows how to maintain the Dremel Drill which is used in trimming toe nails and foot callouses. (GWLHDC)

#### **SLIPS AND FALLS - 5124**

video color 10 min. 1991 SrH-A

Through the character of Larry, the viewers observe how easy it is to let

our safe attitude lapse. Punctuated with humor, covers slip and fall hazards ranging from housekeeping practices to ladder use. It delivers important procedural information appropriate for a wide variety of work settings. (AURORA)

#### **SLIPS, TRIPS AND FALLS - 4783**

video color 14 min. 1990 SrH-A, Professional

Explains why slips, trips or falls occur. Provides examples of typical slips, trips and falls which occur in health care environments. Shows practical ways to recognize and reduce hazards which can cause these injuries. Provides guidelines on preventing slips, trips, or falls, and a special review quiz for employee training and record keeping. (COASTA)

#### **SPECIAL NUTRITION PROBLEMS OF THE ELDERLY-6880**

video color 19 min. 1997 A-Professional

Discusses the different nutritional needs of the aging. Discusses tips on overcoming the following undesired conditions that may accompany aging: weight and appetite loss, chewing problems, weight gain, constipation, dehydration, and anemia. Explains the effects of alcohol on older persons. Shows the potential problems of drug and food reactions. Emphasizes the importance of activity and low impact exercising. (HLTHED)

#### **STEP BY STEP: AVOIDING SLIPS, TRIPS, AND FALLS**

**non-captioned - 5857**

**closed captioned - 6246**

video color 17 min. 1989 A, Professional

A large percentage of on-the-job injuries involve falling. To avoid these types of injuries, this training video defines slipping, tripping, and falling, and offers suggestions to prevent/reduce these types of accidents. (COASTA)

#### **STERILIZATION AND DISINFECTION PROCEDURES - 6194**

video color 25 min. 1994 A, Professional

Demonstrates proper sterilization of equipment and instruments, placing and positioning supplies in an autoclave. Discusses the causes of insufficient sterilization. (M LIFE)

#### **STRAIGHT TALK ABOUT DEMENTIA CAREGIVER'S PERSPECTIVE - DV0313**

DVD color 57 min. 2006 Adult, Professional

Caregivers are interviewed about ethical caregiving, enhancing communication, encouraging compliance, daily living activities like eating and bathing, and caregiver health. (KINETI)

#### **STANDARDS FOR INFECTION CONTROL: AN UPDATE FOR HEALTHCARE WORKERS - DV0200**

DVD color 45 min. 2006 Professional

Designed to facilitate the orientation and mandatory updating of hospital staff. This program helps ensure compliance in crucial hospital-assessment areas such as OSHA bloodborne standard, tuberculosis guidelines, and JCAHO mandatory updates. This program demonstrates disease transmission; the use of protective equipment; the use of work practice controls; the creation of a safe patient-care environment; and the prevention of tuberculosis transmission. The recommendations of the CDC are reviewed along with AIDS and Hepatitis B exposure control procedures. It contains the updated hand hygiene guidelines. (COASTAL)

#### **STRATEGIES FOR NURTURING THE EMOTIONAL WELL-BEING OF THE ALZHEIMER'S PATIENT - DV0501**

DVD color 20 min. 2008 Professional

In a discussion with nursing assistants, a gerontologist explores the reality of the importance of the emotional wellbeing of the Alzheimer's patients. Nursing assistants explain why a patient's emotions are crucial to quality care. (UMSM)

### **STRESS IN THE LATER YEARS - 4232**

video color 24 min. 1983 A

Describes how the special stresses of older people (loss, loneliness, retirement, etc.) can cause physical disorders. Introduces relaxation and other techniques and offers suggestions for enjoying social activities. (CHURCH)

### **STRESS MANAGEMENT FOR HEALTHCARE PERSONNEL - 5424**

video color 27 min. 1988 A, Professional

Defines stress, and explains the possible physical reactions to it. Describes stress coping strategies. Healthcare staff discuss the stressful situations they deal with each day. (FGH)

### **STROKE – DV0604**

DVD color 30 min. 2008 A

This program explores the diagnosis, prevention, and treatment of stroke. (AQUARIUS)

### **SUPER STAPH INVINCIBLE BACTERIA – DV0302**

DVD color 28 min. 2003 A

This program is an episode of the Healthy Mind Healthy Body series. Antibiotics have saved countless lives from potentially deadly infections—but bacteria keep rebounding in stronger mutations. This program focuses on one of the most lethal pathogens: methicillin-resistant *Staphylococcus aureus*, or MRSA. Outlining the microbe's alarming ability to withstand methicillin, amoxicillin, and related antibiotics, the program examines the emergence of two separate staph strains, healthcare-associated and community-associated, and features case studies of each. Doctors explain the challenges of fighting these resilient killers. They also explore the possibility of an MRSA vaccine. The Texas Department of State Health Services does not endorse any particular brand or product. (FFH)

### **TAKE CHARGE OF YOUR HEALTH: OSTEOPOROSIS AND DIABETES-7042**

video color 91 min. 1997 A

Teleconference broadcast on June 17, 1997. Second in the Women's Health Teleconference Series. Part 1. Osteoporosis-discusses the risk factors for developing osteoporosis. Describes the equipment used in the diagnosis and explains follow-up treatment options. Part 2. Diabetes-discusses diabetes, including gestational diabetes. Provides self-help measures to reduce complications or prevent non-insulin dependent diabetes. (ADPH)

### **TAKE CONTROL WITH EXERCISE - DV0202**

DVD color 60 min. 2006 A

This DVD shows viewers how to improve flexibility with a head-to-toe range of motion workout; strengthen key core muscles; work muscles and joints with a full floor-exercise routine and boost stamina with an endurance workout. The routine shown in this DVD is based on the arthritis foundation exercise program. The Texas Department of State Health Services does not endorse any particular brand or product. (ARTHRIT)

### **TAKING CONTROL: LIVING WITH DIABETES (English/Spanish)-7137**

video color Eng-20 min., Span-20 min. 1994 A

An anthology of programs intended for Mexican-American audiences. For the first four programs the English version of each title is presented first, followed by its corresponding Spanish version. For the last two programs the Spanish version is presented first, followed by its corresponding English version. **The Heart of the Matter: Diabetes and Coronary Complications** (Eng-3 min., Span-3 min.); **Look After Your Eyes: Vision Care and Diabetes** (Eng-3 min., Span-3 min.); A

**Step in the Right Direction: Diabetes and Foot Care** (Eng-4 min., Span-4 min.); **Learn more, Live Better! Education and Diabetes** (Eng-3 min., Span-3 min.); **A Filter for Life: The Kidneys and Diabetes** (Span-3 min., Eng-3 min.); **Keeping Sugar in Check: Diabetes and Glucose** (Span-3 min., Eng-3 min.). (UTHSCS)

### **TECHNIQUES IN BATHING - DV0076**

DVD color 26 min. 2004 Professional

This program demonstrates giving a bath in the bed or in the tub, assisting with a shower and shampoo and perineal care. (MEDCOM)

### **TECHNIQUES IN BATHING (Revised) – DV0626**

DVD color 31 min. 2010 Professional

This program demonstrates how to provide a tub bath and how to assist with a shower and shampoo and perineal care. It identifies each of the three stages of the procedure: preparation, the procedure itself, and completing care. (MEDCOM)

### **TECHNIQUES IN TOILETING AND INCONTINENT CARE - DV0080**

DVD color 18 min. 2003 Professional

This program demonstrates techniques in toileting and incontinent care that help maintain patient hygiene and patient dignity. It covers assisting with using the toilet, offering the bedpan or urinal, using a portable bedside commode, changing briefs, and bowel and bladder training.. (MEDCOM)

### **TESTICULAR CANCER AND THE IMPORTANCE OF TSE - 7944**

video color 9 min. 2001 SrH-A

This documentary-style video describes testicular cancer, explains how it can affect men, and identifies potential risk factors and possible warning signs. Emphasizing the importance of early detection and treatment, this video teaches men how to perform monthly testicular self-examination to detect abnormalities. (HLTHED)

### **A THOUSAND TOMORROWS - 6283**

video color 30 min. 1995 A, Professional

Explains the effects of Alzheimer's disease on the intimate and sexual relationship between marriage partners. Describes the transformation of the role of "intimate partner" to "caregiver." Shows how some people have managed to deal with these changes. (TERRA)

### **A TIME TO CARE ACTIVITIES OF DAILY LIVING-DV0209**

DVD color 45 min. 2004 A

This program explores the unique challenges of living with Alzheimer's Disease as a home caregiver. It addresses topics such as eating, bathing, dressing, grooming, dental care, and incontinence. (TERRA)

### **TO CARE ALWAYS QUALITY CARE AT THE END OF LIFE – DV0384**

DVD color 18 min. 2005 Professional

Caregivers at the acute level must understand the many aspects of caring for the dying patient in order to ensure quality care and a peaceful death. Viewers will learn about the assessment and care of physical, psychosocial, cultural and spiritual needs of patients and families during the end of life. They will become aware of the communication skills, interpersonal skills and attitudes appropriate to this time in a patient's life. This program also identifies appropriate legal and regulatory issues surrounding palliative care as well as ethical and professional principles. (ENV)

### **TO CHOOSE NO HARM: ETHICAL DECISION-MAKING AT THE END OF LIFE- 6123**

video color 45 min. 1996 A, Professional

Different situations raise ethical and moral questions for two health care

teams regarding the wishes of their respective patients, the patients' families and the team members' own beliefs and clinical judgements. Shows a young man with AIDS and the debate around the futility of continued health care. Shows the health care team caught in the middle of the disagreements between an elderly woman with terminal cancer and her husband; regarding her wishes to decline CPR and return home. (FANLIG)

**TORNADO! (closed captioned) - 6359**

video color 60 min. 1985 JrH-A

A NOVA program. Explains the characteristics of tornadoes and describes what weather patterns may cause them to develop. Traces the life history of a tornado. Includes several methods of studying tornadoes in the field and in the laboratory. (TLMED)

**TO YOUR HEALTH! FOOD SAFETY FOR SENIORS (closed captioned) -7361**

video color 14 min. 2000 A

Explains why seniors may be more susceptible to foodborne illnesses. Shows four simple steps to handling food safely at home. Provides tips on how to "eat out" safely. (FDA)

**TRANSCULTURAL NURSING - 6260**

video color 22 min. 1992 A, Professional

Advises nurses of the importance of cultural issues in providing effective health care services to Hispanic patients. Emphasizes the need for the health care professional to be caring, sensitive, and realistic in providing health care services. (MEDCOM)

**TUBERCULOSIS – DV0605**

DVD color 30 min. 2008 A

Many Americans assume tuberculosis is a disease of the past, but the reality is one-third of the world's population is infected with TB - an estimated 10 to 15 million people in the United States alone. Viewers will learn about this historic disease and what they need to know to protect themselves. (AQUARI)

**TUBERCULOSIS: AN UPDATE - 6446**

video color 227 min. 1997 Professional

Teleconference presented in association with the Department of Veterans' Affairs and the CDC held on October 28, 1997. Part 1. Tuberculosis Epidemiology Update and Cluster Investigation (108 min.) Includes information concerning the treatment of HIV infected individuals who also suffer from tuberculosis. Part 2. TB Controversies (60 min.). Part 3. Tuberculosis as an Occupational Disease: OSHA's Approach (59 min.) Discusses regulating prevention and explains OSHA's proposed TB rule. (STLMED)

**TUBERCULOSIS AWARENESS (closed captioned)- 5858**

video color 16 min. 1994 A, Professional

Since 1985 there has been a resurgence of tuberculosis. Because understanding tuberculosis is crucial to the fight against it, this video provides an explanation of the symptoms, what precautions to take in prevention, periodic tuberculosis testing, and proper treatment. (COASTA)

**TUBERCULOSIS: BACK FROM THE PAST - 5703**

video color 18 min. 1993 A

Targets health care workers, providing an accurate description of the cause of tuberculosis, means of spreading infection, symptoms, and infection control measures in health care settings. Lists risk groups and talks about drug-resistant strains. Covers the use of respirators, HEPA filters and UV lights as well as good ventilation and procedures to use in the isolation room. (COASTA)

**TUBERCULOSIS IN THE HEALTHCARE ENVIRONMENT**

**English-6467 Spanish-6783**

video color 22 min. 1996 Professional

Intended for healthcare workers in facilities where patients suffering from tuberculosis are treated. Discusses risk factors favoring the spread of tuberculosis. Explains the following topics included in the 1994 CDC guidelines and the pending OSHA standard: employee training, written TB control plan, administrative controls, engineering controls, and personal protective equipment. Includes updated information about the N-95 respirators. (LONGI)

**TUMORS-6393**

video color 14 min. 1994 A

Describes the causes and growth patterns of healthy cells. Explains different causes leading to the formation of benign or cancerous tumors. Offers various treatments for cancer. Stresses the importance of healthy lifestyle in preventing cancer. (ALTSCH)

**THE ULTIMATE DRIVING CHALLENGE (closed captioned) - 7296**

video color 30 min. 1994 SrH-A

Tests the audience's reactions to twenty different driving situations designed to measure road safety knowledge and provide helpful information for avoiding accidents or minimizing damage and injury. Questions are given in both true/false and multiple choice formats. The correct response is explained through dramatic stunts, re-creations, and real-life film footage. (ATR)

**UNDERSTANDING MEDICATION GUIDELINES -7065**

video color 21 min. 1996 Professional

Discusses the different preparations and routes available for medication administration. Explains how to correctly interpret and implement the six types of medication orders. Explains the three safety checks and five rights used before medication administration. Presents information on nursing responsibilities associated with medication administration which includes assessment, administration, and documentation. (LIPP)

**UNDERSTANDING SEIZURE DISORDERS**

**English closed captioned)-6175 Spanish (closed captioned)-6176**

video color 11 min. 1990 SrH-A

Dispels many misconceptions about epilepsy with medically accurate information. Describes what happens in the brain during a seizure. Explains why different people experience different symptoms. (EFA)

**UNIVERSAL PRECAUTIONS: A PERSONAL PRIORITY - 5880**

video color 13 min. 1994 A, Professional

A revised edition of "Universal Precautions: Guidelines for Long Term Care Facilities." Explains how health care workers exposed to blood and body fluids are at risk for contracting hepatitis B and HIV unless universal precautions are taken to protect them. Discusses the importance of handwashing before and after contact with patients, and at other times when risk of exposure is possible. Covers the use of disposable supplies, and protective clothing, including gloves, gowns, aprons, goggles, and masks. Explains the proper way to handle soiled linen, to handle used syringes, and to clean up blood spills. Stresses the importance of reporting when an accidental exposure to blood or body fluids has occurred. (LMEF)

**UNIVERSAL PRECAUTIONS FOR INFECTION CONTROL IN THE HOME CARE SETTING - 4562**

video color 20 min. 1990 A

Demonstrates universal precautions for infection control in the home care setting. Filmed on location in a patient's home, the home health nurse interacts with the patient and the primary care giver, addressing protection concerns and modeling behavior. Explains the principles of infection control and introduces the proper techniques and rationale for

procedures, including handwashing, handling of infectious waste, sharps and hazardous waste disposal, handling and transporting of lab specimens. (BELSON)

**UNIVERSAL PRECAUTIONS--INFECTION CONTROL PROCEDURES - 4907**

video color 8 min. 1991 A

Designed for health care providers, but also useful for engineering, custodial, security, administration and other personnel who provide services in the health care environment. May be used as a refresher for nursing, lab and other providers who normally receive additional universal precautions training. (DON BR)

**USING PRINCIPLES OF BODY MECHANICS -7061**

video color 21 min. 1997 Professional

Discusses the principles of body mechanics. Demonstrates techniques used to move the patient up in bed, assist with a range of motion and ambulation, and transfer the patient from the bed to a chair. Shows the use of protective positions and positioning aids. Offers tips for safety, legal issues and documentation. (LIPP)

**VITAL SIGNS--TEMPERATURE, PULSE, RESPIRATIONS, AND BLOOD PRESSURE - 6193**

video color 25 min. 1994 A, Professional

Demonstrates how to take a temperature with different types of thermometers. Shows the common arteries that are used to take the pulse rate. Shows techniques of taking the blood pressure using a sphygmomanometer. Explains how to properly record the vital signs. (MLIFE)

**WELLNESS IS AGELESS - 4112**

video color 21 min. 1985 A

Presents a positive look at aging through the eyes and experiences of several older adults. Good food choices, sensible exercise, avoiding tobacco and exposure to the sun are all steps to wellness. Emphasizes the importance of annual check-ups, noticing body changes, and having diagnostic tests to detect cancer. Hosted by John Henry Faulk. (CANCER)

**WHAT EVERY CAREGIVER NEEDS TO KNOW ABOUT ALZHEIMER'S DISEASE (closed captioned) – DV0549**

DVD color 70 min. 2006 A, Professional

This DVD contains information about Mild Cognitive Impairment, cognitive disability, physical changes in the brain, family profiles, common dementia behaviors and interviews with caregivers. (PDA)

**WHAT SHOULD I DO? THE BASICS OF FIRST AID - DV0094**

DVD color 28 min. 2002 SrH-A

This DVD will prepare viewers to respond safely in emergency situations. Along with CPR and treating for shock, the program shows how to respond to minor injuries such as cuts, burns, sprains, and strains; how to recognize and care for heat and cold injuries; what to do in case of poisoning, bites, or stings; and how to pack a first aid kit with all the essential contents. Taken into consideration in developing the program were the national educational standards and the standards of the National Association for Sport & Physical Education. (CAMED)

**WHAT'S AGE GOT TO DO WITH IT- DV0303 A**

DVD color 14 min. 2003 A

This program looks at the effects of abuse upon older women within intimate relationships as well as abuse by adult children. Older women can be victims of abusive behavior although it is often silent and invisible. Women from a variety of cultural backgrounds are featured. This DVD contains disturbing scenes and strong language. It is not intended for a general audience without the presence of an informed discussion leader or counselor. (KINETI)

**WHAT'S WRONG WITH THIS PICTURE - DV0027 (TTN)**

DVD color 7 min. 2000 Prof

Produced exclusively for hospitals and medical centers, this DVD shows the wrong way and the right way scenarios for using sharps, hand-washing, back safety, housekeeping and more. (TTN)

**WHEN LIGHTNING STRIKES - 5139**

video color 5 min. 1991 A

Explains how lightning occurs, and how dangerous it can be. Details safety precautions to take in thunderstorms whether one is outside or inside. (SAFETY)

**THE WILD GOOSE- 4876**

video b/w 18 min. 1976 JrH-A, Professional

Portrays a cantankerous elderly man confined to a nursing home. The institutional environment contrasts with his mischievous spirit, a wild goose who is determined to fly away from the flock. Obnoxious, exuberant and ingenious, he breaks free of the institution, raising questions about the values and attitudes of society concerning old age and individuality. (FI)

**WINTER DRIVING-7624**

video color 7 min. 1990 A

Identifies the special hazards of winter driving. Shows the importance of vehicle inspection and demonstrates skills and techniques required to reduce accidents. (SUMMIT)

**WISE USE OF MEDICATIONS - 6742**

video color 10 min. 1993 A

Provides guidance for getting the best benefit from prescription drugs and avoiding adverse interactions. Emphasizes the importance of asking the doctor or pharmacist about how prescription drugs work, side effects, what to do if a dose is missed, and whether alcohol can be consumed with medications. Stresses that patients should read the labels on medications and follow the instructions carefully. Cautions against sharing prescription medications with others. (KRAMES)

**WORK SAFETY ESSENTIALS-6941**

video color 23 min. 1997 A

Instructs employees in the basics of workplace safety. Topics include: tips on avoiding slips, trips and falls; safe lifting techniques; safe ways of working with hazardous materials; correct usage of personal protective equipment; warnings against electrical hazards; and basic fire emergency information. Includes factors to consider when working outdoors and dealing with on-the-job stress. (VOCAM)

**YOU CAN BEAT TB English-6637 Spanish-6638**

video color 13 min. 1997 SrH-A

Concentrates on the differences between tuberculosis infection and tuberculosis disease. Gives the differences in medications whether a person has tuberculosis infection or tuberculosis disease. Emphasizes the importance of taking all of the medications especially to prevent multi-drug resistant tuberculosis disease. (CDC)

**YOUR RIGHT TO KNOW: HAZARD COMMUNICATION STANDARD English - 5511 Spanish - 5512**

video color 16 min. 1990 A, Professional

Explains the importance of reading labels and MSDSs correctly, and stresses the employee's responsibility to understand and always apply the training he or she receives. (TEL-A-)

# GENERAL INFORMATION

## Purpose

The Audiovisual Library is maintained for the specific purpose of furnishing agencies, organizations, and individuals with health education media that can be useful for public education, professional education, and school programs.

It is not possible to supply all the media needed for educational programs throughout the state. Health departments, schools, colleges, hospitals, and other organizations are urged to purchase media items for which there is frequent or regularly recurring use.

## Who May Borrow

Any responsible individual in Texas may borrow media from the collection. There is no charge other than payment of return mailing and insurance. Media from this library cannot be sent outside of Texas. To be eligible for library services, you must submit a signed Statement of Responsibility form (<http://www.dshs.state.tx.us/avlib/forms.shtm>) indicating that you have read and agree to abide by all the rules and regulations of the library and that you accept financial responsibility for the media you borrow. If you do not have this form on file, please complete it and mail or fax it to the library before you place your next order. Only one signed form is necessary.

## Types of Media

The types of media in the collection include VHS videocassettes, DVDs, CD-ROMs, audio CDs, books, and audiovisual models. Most of these are evaluated and acquired by the various units within the Texas Department of State Health Services. Items in the collection are for free loan only and are not available for sale.

## How to Order Media

When possible, borrowers should submit a written request for media. The Audiovisual Library provides a Media Order Blank (<http://www.dshs.state.tx.us/avlib/forms.shtm>) for this purpose. All of the information must be completed on the Media Order Blank. The order form must be signed.

The Audiovisual Library also accepts telephone requests between 7:30 a.m. and 5:00 p.m. Monday through Friday: (512) 776-7260, toll free: 1-888-963-7111 ext. 7260, or you may fax your order anytime to fax: (512) 776-7474 or e-mail to [avlibrary@dshs.state.tx.us](mailto:avlibrary@dshs.state.tx.us). For borrowers outside of Austin, orders should be received by the Audiovisual Library at least four days in advance of the show date. This requirement allows for processing and shipment.

Austin borrowers have two options to receive media. Programs may be picked up and returned at the Audiovisual Library in the Warehouse, Room 115, 1111 North Loop, Austin. Please call for specific directions for locating the library. If the items are available, they may be reserved and picked up during one visit. Programs may also be shipped. The borrower is responsible for payment of the return mailing and insurance.

The loan period is for a maximum of 10 days unless other special arrangements can be made. Unless the 10 days are specifically requested, media will be scheduled for five days.

Group together all items needed on the same dates. Include the catalog numbers for all items. Several items are available in different media formats, such as VHS videocassette and DVD. The catalog numbers distinguish the format and are very important.

Borrowers are limited to eight media titles for a given loan period in order to provide maximum access to the collection by the greatest number of borrowers. New clients may check out a maximum of three items on their first order.

Plan ahead and check your calendar before ordering. Reservations are accepted up to a year in advance of the show date. Do not schedule items to be received or returned on holidays or weekends. Unless you specify otherwise, any media requested but not available on the dates specified will be booked for the first available date or a similar title will be scheduled for the requested use dates. If you need to cancel these items, do so before the ship date indicated.

## **Order Confirmation**

Orders are confirmed in writing. Confirmation letters, e-mails or faxes list the titles available, the ship or pick-up date, the date the items must be returned, and the titles not available. Check this information carefully and telephone the Audiovisual Library before the scheduled ship date if any corrections are needed.

## **Copyright Restrictions**

Media in the collection cannot be duplicated or televised without prior written permission from the copyright owner. Media cannot be shown for commercial purposes, nor can an attendance fee be charged for their showing. Violations of federal copyright law will result in the immediate suspension of Audiovisual Library privileges and prosecution by the copyright owner can result in financial penalties and/or jail.

## **Borrower Responsibility**

Media may not be lent by the borrower to others. The borrower accepts responsibility for return shipping costs and for the prompt return of media items, loss or damage beyond repair, copyright compliance, and determining appropriate audiences.

Media items are in great demand so it is extremely important to return them on the scheduled date. Any borrower having three (3) late returns will have their Audiovisual Library privileges suspended. No further confirmed orders will be shipped to borrowers with materials still out that are two weeks or more late being returned. Willful failure to return borrowed media upon request will be viewed as theft of state property in violation of Section 31.03, Texas Penal Code, the conviction of which could, depending on value, result in a fine not to exceed \$500.00 (Class C Misdemeanor), to confinement up to 10 years and a fine up to \$10,000 (Third Degree Felony).

Items reserved for pick-up that are not picked up or canceled will be returned to stock and will count as a late penalty against the borrower's record.

The borrower is financially responsible for borrowed media until its return to the Audiovisual Library. Borrowers will be billed for any lost or damaged media.

## **Returning Media**

Return items on or before the scheduled return date. If you need to extend a reservation, telephone the Audiovisual Library at (512) 776-7260 and it will be extended once if there are no other reservations. Extensions should be kept to a minimum.

Borrowers in Austin return media items to the Audiovisual Library. An outdoor drop box is located near the Library entrance to return items after closing. Borrowers who had their programs shipped to them are responsible for payment for the return shipping costs and insurance.

Videocassettes should be rewound before return. A condition check is made after each circulation.

Return all supplemental printed material such as study guides with the media. Return all video cases. Such material not returned will cause borrowers to be billed for replacement or a late penalty will be assessed.

Pack media items in the same shipping containers (bubble envelopes or cardboard boxes) in which they were received. Return the packing list with the item and indicate usage and any condition problems. A return address label is provided.

Items will be shipped by Lone Star Overnight. You are not required to return them in the same manner but a traceable courier service (UPS, FedEx, Lone Star Overnight) is encouraged. Unless otherwise specified, insure each video or DVD for \$200; models should be insured for \$100 each; and books, CD-ROMs, and audio CDs should be insured for \$25 each. Shipments valued at over \$400 should be returned by UPS or similar courier service. Borrowers will be liable for returned uninsured shipments if lost in transit. The user assumes financial responsibility to the State of Texas should items requested be lost, stolen, or damaged from the date received until the materials are received in the Audiovisual Library.

## **Audiovisual Library Address and Office Hours**

*Physical Location:*

Audiovisual Library, Mail Code 1975  
Warehouse Bldg., Rm. 115,  
1111 North Loop Blvd., Austin

See Driving Directions at <http://www.dshs.state.tx.us/avlib/directions.shtm>

Phone: (512) 776-7260 Fax: (512) 776-7474  
Toll Free: (888) 963-7111 ext. 7260

Monday through Friday  
7:30 a.m. to 5:00 p.m.  
(except holidays)

*Lone Star Overnight/UPS/FedEx Return Mailing Address:*

Audiovisual Library, Mail Code 1975  
Texas Department of State Health Services  
1100 West 49th Street, Warehouse Bldg., Rm. 115  
Austin, TX 78756-3199

*Postal Service Return Mailing Address:*

Audiovisual Library, MC 1975  
Texas Department of State Health Services  
P.O. Box 149347  
Austin, TX 78714-9347

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BE DUPLICATED OR TELEVISED WITHOUT WRITTEN PERMISSION FROM THE  
COPYRIGHT OWNER.**

## SUBJECT INDEX/ANNOTATIONS INTRODUCTION

The SUBJECT INDEX is designed to assist you in quickly locating media on various health-related topics. Titles in the SUBJECT INDEX are arranged alphabetically. The media format and catalog number follows the title. For example:

SMOKING AND NUTRITION (DVD-DV0339)

### Media Format Key:

video - VHS video  
DVD - digital video disk; a type of compact disc that holds far more information than CD-ROMs.  
M - audiovisual model  
B - book  
AC - audio CD  
K - kit  
CD-ROM - Compact Disk - Read Only Memory - A computer storage medium which can store large amounts of information; generally used to distribute software or multi-media for use on computers with CD-ROM drives.

### Language Key:

Eng - English language  
Span - Spanish language

Captioned Programs for the Hearing Impaired: In Subject Index see HEARING IMPAIRED.

Signed programs are narrated using American Sign Language.

Open-captioned programs have written text on the screen to indicate the narration.

Closed-captioned programs require the use of closed-captioned feature on your television set to access the written text of the narration.

## ANNOTATIONS

The annotations follow the subject index. The annotation entry includes the following:

TITLE - title number

format color or black & white length prod. date audience level

Description Distributor Code

Notice that the Distributor Code is provided on each audiovisual. A listing of vendors' addresses and phone numbers is available upon request. This information will be helpful for customers wishing to inquire about purchasing or duplicating copyrighted videos. The copyright holder, not DSHS, has videos available for purchase, and can discuss duplication rights.

### Audience Level Key:

K	Preschool/Kindergarten	JrH	Junior High
P	Primary	SrH	Senior High
El	Elementary	A	Adult
I	Intermediate	Prof	Professional



### STATEMENT OF RESPONSIBILITY

Materials in the Texas Department of State Health Services Audiovisual Library collection are inventoried state property. The person indicated on the media order blank as the Borrower assumes all responsibility for borrowed media. Borrower responsibility includes:

1. **Prompt return of materials by the scheduled date.** The borrower is responsible for return shipping costs. Any borrower having three (3) late returns will have their Audiovisual Library privileges suspended. No further confirmed orders will be shipped to borrowers with materials still out that are two weeks or more late being returned. Willful failure to return borrowed media upon request will be viewed as theft of state property in violation of Section 31.03, Texas Penal Code, the conviction of which could, depending on the value, result in a fine not to exceed \$500 (Class C Misdemeanor), to confinement up to 10 years and a fine up to \$10,000 (Third Degree Felony). Please return materials by U.S. Mail, UPS, or other insured carrier.
2. **Prompt pickup of scheduled materials by borrowers.** Scheduled materials not picked up on the pickup date will be returned to the Library on that date and will be charged the same as a late return.
3. **Replacement of lost or damaged materials.** Audiovisual Library personnel check all materials for damage after each use. Materials returned by mail should be insured. Unless otherwise specified, insure each VHS video or DVD for \$200; each model for \$100; and each book, CD-ROM, or audio CD for \$25. Shipments valued at over \$400 should be returned by UPS or similar courier service. Borrowers will be liable for returned uninsured shipments lost in transit. In the event of loss or damage beyond repair, the Audiovisual Library will invoice the borrower for the full replacement value of the materials or the cost of the repair expense. All materials that come in the shipment must be returned, including study guides and video or audio cases or borrowers will be billed for their replacement. A packing slip or card is enclosed with each shipment. This should be completed with the number of showings and viewers for each audiovisual item borrowed.
4. **Copyright compliance.** Borrowed materials cannot be duplicated or televised without prior written permission from the copyright owner. Audiovisuals cannot be shown for commercial purposes, nor can an attendance fee be charged for their showing. Violations of federal copyright law will result in the immediate suspension of Audiovisual Library borrowing privileges and prosecution by the copyright owner can result in financial penalties and/or jail.
5. **Preview prior to showing.** Borrowers are responsible for selecting media appropriate for their audiences. Media should be previewed prior to showing.
6. **Privacy notification.** With few exceptions, you have the right to request and be informed about information that the State of Texas collects about you. You are entitled to receive and review the information upon request. You also have the right to ask the state agency to correct any information that is determined to be incorrect. See <http://www.dshs.state.tx.us/policy/privacy.shtm> for more information about privacy notification. (Reference: Government Code, Section 552.021, 552.023, 559.003, and 559.004)

I acknowledge financial responsibility to the State of Texas should items borrowed be lost, stolen, or damaged from the date I receive the items until the materials have been received in the Library. I have read and agree to the terms in the Statement of Responsibility above.

Printed name		Fax number	
Organization		Business phone	Home phone
Address	City	County	Zip code
Signature required  SIGN HERE		E-mail address	Date

Please check any/all that apply to you or your organization.

**Department of Assistive and Rehabilitative Services Library**

Early Childhood Intervention

Rehabilitation Services

- ECI: Family
- ECI: Program
- ECI: State
- College/University
- Child Care Provider
- Early Head Start
- Rehabilitation Practitioner
- Person, Family, or Friend with Disability
- Other Agency

**Department of State Health Services Library**

- Public School
- Private School
- Other Educational Group
- Church or Religious Organization
- Community or Civic Group
- Department of State Health Services Employee (including regional offices and hospitals)
- Local Health Department
- Hospital
- Nursing Home
- Mental Health/Substance Abuse Organization
- Misc. Medical Group/EMS/Physician/Dentist/Home Health, etc.
- Prison/Detention Center
- Law Enforcement Agency
- Fire Department
- Other State Agency (not DSHS or DARS)
- Federal Government
- County Government/Other Regional Agencies
- City Government
- Private Business or Industry
- Individual



**MEDIA ORDER BLANK**

<input type="checkbox"/> CHECK BOX FOR CHANGE OF ADDRESS			User #
Borrower's Name			Fill in if known, otherwise leave blank
Organization			Business Phone (include area code)
Address (mailing)	City	Zip	County
Address (physical)	City	Zip	Home Phone (include area code)
If you supply us with your fax number and e-mail address, we will forward information on your orders electronically and send e-mails on new acquisitions.			
E-mail			Fax (include area code)
I acknowledge financial responsibility to the State of Texas should items requested below be lost, stolen or damaged from the date I receive the items until the materials have been received in the library. I understand that it is strongly recommended that items be insured on their return to the library and that, if I fail to do so, I will be charged the full replacement cost for all lost, stolen or damaged items. I have read and agree to the terms of the <a href="#">Statement of Responsibility</a> . <b>Privacy Notification:</b> With few exceptions, you have the right to request and be informed about information that the State of Texas collects about you. You are entitled to receive and review the information upon request. You also have the right to ask the state agency to correct any information that is determined to be incorrect. See <a href="http://www.dshs.state.tx.us/policy/privacy.shtm">http://www.dshs.state.tx.us/policy/privacy.shtm</a> for more information on Privacy Notification. (Reference: Government Code, Section 552.021, 552.023, 559.003 and 559.004)			
Signature			Date

English media only? Yes No (circle)	Which media formats can you use? (circle all that apply)				
May we shift dates? Yes No (circle)	VHS video	DVD	audio CD	CD-ROM	model book

No.	Media Title	Catalog Number	Date to Receive	Date to Return
1	First choice			
	Alternate title or date			
2	First choice			
	Alternate title or date			
3	First choice			
	Alternate title or date			
4	First choice			
	Alternate title or date			
5	First choice			
	Alternate title or date			
6	First choice			
	Alternate title or date			
7	First choice			
	Alternate title or date			
8	First choice			
	Alternate title or date			