

Texas School Health Advisory Committee

November 20, 2014



“Provide assistance to the SHS Council in establishing a leadership role for the department in support for and delivery of coordinated school health programs and school health services.”

Texas Health and Safety Code, Title 12, Section 1001.0711
2005 79th Legislative session

To provide active leadership in the identification and dissemination of school health best practices and resources for school policy makers.

This is accomplished through the creation of:

- 1) Research and Recommendation documents; and,**
- 2) Resources that provide technical assistance to local School Health Advisory Councils.**

- 1. Support for school systems in their efforts to comply with legislation affecting the school site;**
- 2. Assistance in responding to new and emerging issues of concern to school administrators, school boards, and parents; and**
- 3. Follow-up (such as an enhancement, revision, change) to objectives accomplished in the past.**

- 1. Research and Recommendations on Safe School Environment**
- 2. Research and Recommendations on School Health and Academic Achievement**
- 3. Document on Mental Health and Suicide Prevention Resources**
- 4. Research and Recommendation on Parent Involvement**
- 5. Research and Recommendations on Promotion of Health Education in High Schools and Utilizing State Standards (TEKS) for Health and Physical Education**

Guidance for school districts to comply with legislative mandates:

- **Research and Recommendation for Offering Physical Activity Outside of the School Day**
- **Research and Recommendation on Recess and Physical Activity: Impact on Student Health and Academic, Social, and Emotional Development**
- **Research and Recommendation on Health Education for all Texas Students K-12 Grade**

Guidance to school districts on important, urgent, or emerging issues:

- **Research and Recommendations on Benefits to Students in School Districts that Prohibit Physical Activity as Punishment**
- **Research and Recommendation on School Bus and Automobile Idling**
- **Research and Recommendation on Recess and Physical Activity: Impact on Student Health and Academic, Social and Emotional Development**
- **Research and Recommendation on Student Consumption of Regular and Diet Sodas in High Schools**
- **Research and Recommendation on Physical Activity**

Developed to address identified school needs:

- Resolution Supporting Inclusive Practices for Students with Exceptionalities in Texas Public Schools
- **Childhood Obesity Prevention Resolution**
- Resources for Students and Families Dealing with Economic Crisis
- **School Health Initiative Screening Tool**
- Bullying Prevention Toolkit
- **School Health Advisory Council Self-Assessment**
- Annual School Health Advisory Council Progress Report to the Local School Board

TSHAC is a trusted source :



- **As a credible, state-wide resource for evaluation of Coordinated School Health recommendations;**
- **For support to help build capacity, develop, and sustain Coordinated School Health infrastructure;**
- **As advisors to districts to improve and sustain Coordinated School Health implementation; and**
- **For support for districts in their efforts to comply with legislative requirements and address relevant and emerging school health issues.**

Thank You!

Anita Wheeler-Hill, MSN, RN

School health Program Coordinator and School Nurse Consultant
Health Promotion and Chronic Disease Prevention Section

512-776-2909

Email: anita.wheeler@dshs.state.tx.us

