

**RISK REDUCTION SELF-ASSESSMENT: FOLLOW-UP SESSION
FOR PRELIMINARY POSITIVE HIV RAPID TEST RESULT (OPTIONAL)**

Risk Reduction Specialist:		Observer:	
Session Date:		Site/Location:	
Start Time:	End Time:	Total Time:	

Did you also do the initial counseling for this client? Yes No

Instructions: Using your *Session Evaluation Notes*, Please check the *Met* column to show that the area was covered satisfactorily during the session. Check the *Part Met* column to show that you tried to cover a topic but need improvement and check the *Not Met* column to show that you did not try to cover the topic at all. Check the *N/A* column if the topic was not applicable. Use the *Comments* area to give more detail.

1. Provide Rapid Test Result - Preliminary Positive	Met	Part Met	Not Met	N/A
1. <i>If applicable</i> , welcome client back.				
2. <i>If applicable</i> , re-explain confidentiality.				
3. <i>If applicable</i> , verify that the result belongs to the client.				
4. Assure client's readiness to receive result.				
5. Provide preliminary result clearly and simply.				
6. Review meaning of result.				
7. Allow the client to absorb the meaning of result.				
8. Explore client's understanding of the preliminary result.				
9. Assess how client is coping with the preliminary result.				
10. Address immediate concerns and fears.				
11. Acknowledge the challenges of dealing with a preliminary positive result and provide appropriate support.				
12. Emphasize the importance of additional (confirmatory) testing.				
13. Review with the client the follow-up schedule for receiving the confirmatory test result.				
14. Conduct confirmatory test.				

Did you provide result according to standards?
 Yes Tried to, but need improvement Didn't try
 Comments:

2. Identify Sources of Support and Provide Referrals	Met	Part Met	Not Met	N/A
1. Assess who the client would like to tell about his/her preliminary positive test result.				
2. Identify a family member or friend to help support the client.				
3. <i>Assess client's receptiveness to referral(s)</i>				
4. <i>If applicable</i> , help client access referral services.				
Comments:				

3. Address Risk-Reduction Issues	Met	Part Met	Not Met
1. Re-orient client to risk reduction.			
2. Explore behavior(s) that the client is both motivated and capable to change.			
3. Identify a SMART step toward changing the identified behavior. *			
4. Break down the risk reduction action into specific and concrete steps.			
5. Identify supports or barriers to the risk reduction step.			
6. Problem-solve issues concerning the step (<i>role-play may be appropriate here</i>).			
7. Confirm with the client that the step is reasonable and acceptable.			
8. Acknowledge that the step is a challenge.			
9. Ask the client to try to be aware of strengths and weaknesses in the step while trying it out.			
10. Document the risk reduction step with a copy to RRS and client.			
11. Emphasize the importance of the client discussing with a trusted friend or relative the intention and content of the step.			
12. Identify a person with whom the client feels comfortable disclosing the step.			
13. Convey confidence in the client's ability to complete the step.			
Did you help the client develop a realistic RR step? ___ Yes ___ Tried to, but need improvement ___ Didn't try Did the step address HIV/STD/HCV risk? ___ Yes ___ No Was the step appropriate to the client's risk? ___ Yes ___ No Was the step SMART? ___ Yes ___ No Did the step work from the client's strengths? ___ Yes ___ No Is the step something that can be attempted before the client comes back in? ___ Yes ___ No Comments:			
<p><i>* Since the result is preliminary positive, it will be important to develop a risk reduction step that will protect the client and others from the potential risk for transmission of HIV and/or acquisition of other STDs and/or HCV.</i></p>			

4. Summarize and Close the Session	Met	Part Met	Not Met
1. Review the importance of partner notification if confirmatory result is positive.			
2. Validate client feelings.			
3. Summarize key issues addressed.			
4. Review client and RRS contact information.			
5. Get the client's immediate plans.			
6. Review next appointment and close the session.			
Comments:			

Instructions: For the following section, mark those elements and components you used well in the first column, the skills you used adequately in the second column, the skills you need improvement on in the third column, and those that did not apply in the last column.

5. Use of Counseling Elements and Components	Met	Part Met	Not Met	N/A
1. Kept client's emotional status in mind.				
2. Maintained focus on RR.				
3. Redirected client when necessary.				
4. Used open-ended questions.				
5. Used active listening techniques.				
6. Gave information simply.				
7. Was nonjudgmental.				
8. Offered options, not directives.				
9. Provided opportunities for client to build skills.				
10. Supported client.				
11. Summarized and closed the session.				
Comments:				

1. What things interfered with or supported the risk reduction session (e.g. setting, interruptions)?

2. What things enhanced the quality and outcome of the session?

3. What things could have been done better in this session?

4. Describe your use of the protocol.

5. Did you follow the goals in the correct order? Yes No If no, describe why.

6. Is there a need for an action plan for further improvement of your work? Yes No If yes, please describe.