

RISK REDUCTION SPECIALIST PERSONAL REVIEW: INITIAL SESSION

Date: _____ Risk Reduction Specialist: _____

Please use this scale to answer the following questions:

1-Blew It (F) 2-Needs Improvement (D) 3-Did OK (C) 4-Did Well (B) 5-Nailed It (A)

How well did you:

Explore the client's personal risk for HIV/STD/HCV?	1	2	3	4	5	N/A
Keep the session focused on risk behavior?	1	2	3	4	5	N/A
Explore how drug and alcohol use was associated with risks?	1	2	3	4	5	N/A
Assess and explore client's level of skill in risk reduction communication?	1	2	3	4	5	N/A
Improve client's skills in risk reduction communication?	1	2	3	4	5	N/A
Assess client's level of interest in behavior change?	1	2	3	4	5	N/A
Explore what was "acceptable" risk for this client?	1	2	3	4	5	N/A
Explore client's past attempts to change behavior?	1	2	3	4	5	N/A
Discuss the kinds of skills s/he needed to change risk behavior?	1	2	3	4	5	N/A
Work on building these skills?	1	2	3	4	5	N/A
Assess the client's support network (family/friends)?	1	2	3	4	5	N/A
Explore risk triggers and vulnerabilities?	1	2	3	4	5	N/A
Keep the risk reduction step focused on HIV/STD/HCV risk behavior?	1	2	3	4	5	N/A
Keep the risk reduction step concrete?	1	2	3	4	5	N/A
Keep the risk reduction step focused on actions that can be taken in the next 7-10 days?	1	2	3	4	5	N/A
Problem solve obstacles to implementing the step?	1	2	3	4	5	N/A

Please use this scale to answer the following questions about the client's reaction to the session:

1-Strongly Disagree 2-Disagree 3-Mixed Feelings 4-Agree 5-Strongly Agree

Client was involved (engaged) in the session.	1	2	3	4	5	N/A
By the end of the session, the client had a realistic understanding of his/her personal risk for HIV/STD/HCV.	1	2	3	4	5	N/A
Client was concerned about his/her chances of getting infected.	1	2	3	4	5	N/A
By the end of the session, the client had a good understanding about his/her triggers and patterns of risk.	1	2	3	4	5	N/A
Client took lead in picking behavior for the risk reduction step.	1	2	3	4	5	N/A
Client was committed to trying the risk reduction step.	1	2	3	4	5	N/A

Risk Reduction Specialist Comments/Notes (use back if necessary):