

# How to Take Care of Your Skin Infection

 <p><b>Wash your hands</b></p>	<p>For at least 15 seconds each time Use soap and warm water</p>	<p>After using the toilet After touching your skin infection Before eating</p>
 <p><b>Clip your nails</b></p>	<p>Keep your nails short to make them easier to clean</p>	
 <p><b>Shower or bathe daily using soap</b></p>	<b>WITH YOUR BANDAGE ON</b>	<b>WITH YOUR BANDAGE REMOVED</b>
	<p>Before-- Wrap a waterproof covering (try plastic wrap) around the bandage.</p>	<p>Before— Set the shower sprayer at a light to moderate pressure. Carefully wash around the wound site.</p>
	<p>After— Change bandage if there is drainage showing.</p>	<p>After-- Cover your wound with a clean dry bandage.</p>
<p>After--Clean the shower stall or bath tub with a disinfectant spray of 1 tablespoon bleach for every quart of water made fresh daily</p>		
 <p><b>Change into clean clothes</b></p>	<p>After you shower or bathe If wound drainage gets on your clothes</p>	
 <p><b>Use washer and dryer</b></p>	<p>.Wash clothes, sheets, pillowcases, and towels soiled with wound drainage.</p>	
 <p><b>Do not share personal care items</b></p>	<p>Such as razors, nail clippers, towels, washcloths, or bars of soap</p>	
 <p><b>Do not let others touch your infection</b></p>		
 <p><b>Cover your wound</b></p>	<p>If your bandage comes off-throw it away in a plastic bag <i>and wash your hands</i>. Cover your wound with a clean dry bandage.</p>	
 <p><b>Warm soaks and compresses</b></p>	<p>You may be told to soak your skin infection in warm water or to apply a moist compress for 20 minutes at a time. Listen carefully to the instructions and do it just that way. If your infection begins to drain, keep the wound covered with a clean dry bandage.</p>	
 <p><b>Medication</b></p>	<p>Don't share medicine (antibiotics) with anyone. Take all the medicine the doctor gives you. If you don't take all the antibiotics the doctor gives you, the germs causing your infection may start another infection.</p>	
 <p><b>Report to a medical professional IMMEDIATELY</b></p>	<p>If you develop:</p>	<p>fever red streaks from the wound</p>
	<p>If your infection starts to:</p>	<p>smell bad drain more</p>