



Presentation to House Appropriations Subcommittee on Article II: Overview of New Mental Health Funds in Texas

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Strategic Map Mental Health and **Substance Abuse Services**

Hope Resilience and Recovery for **Everyone**

Prevention and **Early** Identification

Public awareness of mental health and substance abuse is enhanced and de-stigmatized

Training for early identification of risk factors is provided

Strategies are developed to reduce prescription drug abuse

Statewide Suicide Prevention Plan is Developed and Monitored

Timely Access to Care

No waiting list

Expand capacity

Specialized Services are available for targeted populations

YES Waiver is expanded

Services **Provided Close** to Home

Expand local community beds

Local Crisis Services are available and easily accessible

In-home services are routine

Create long term support in the community for long term residents of the hospitals

Effective jail diversion strategies are in place at multiple interception points.

Integrate Mental Health and Substance Abuse Services with Primary Healthcare

All mental health and substance abuse service recipients have access to primary healthcare.

At risk populations are routinely screened for infectious diseases, tobacco use and Obesity.

Healthy lifestyle supports are provided

Modernized Service **Delivery** System

Services are purchased based on performance.

10 year plan

Resources are equitably allocated

Choice of providers is available

Use technology to enhance service delivery

Recovery Based Support

Expand housing supports

Implement person centered recovery planning and selfdirected care

Use Peer Providers and Natural Supports

Employment is path to independence and should be routinely addressed

Services are trauma informed

Data Driven Decision Making

Provider data is transparent and available to the public

System-wide data is published

Data is available to everyone's services systems

Data sharing occurs between providers

Cross Cutting Principles

Create strategies to develop an adequate, well trained workforce.

Only Evidenced based or Promising Practices are used

Expand and strengthen partnerships and stakeholder collaborations.



Mental Health Capacity Expansion

Community Mental Health Waiting List (\$48.2 million/biennium)

Distributed funds to Local Mental Health Authorities based on the number of individuals waiting for services

- In February 2013, there were 5,321 adults on the waiting list. By February 2014, the number of adults on the waiting list had dropped to 779.
- In February 2013, there were 194 children on the waiting list. By February 2014, the number of children on the waiting list had dropped to 11.

Mental Health Surge/Underserved (\$43 million/biennium)

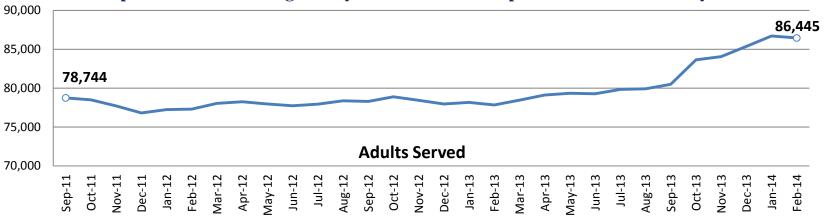
Funds were appropriated to expand or improve community mental health services to address the needs of those who are underserved due to resource limitations and the anticipated "surge" in demand due to increased public awareness and population growth

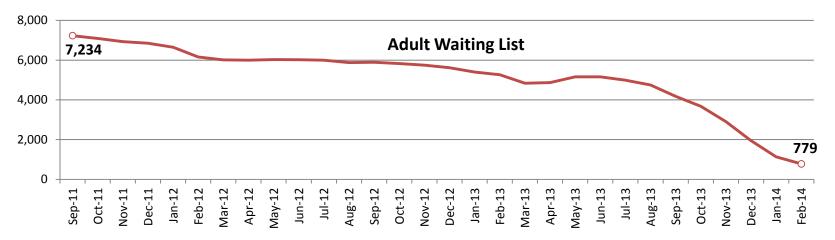
- As of March 2014, 1,435 adults had been moved into the appropriate level of care.
- With ongoing technical assistance from DSHS, the number of underserved children continues to trend downward.



Mental Health Waiting Lists: Adults

Impact of Adult Waiting List by Adults Served – September 2011 - February 2014



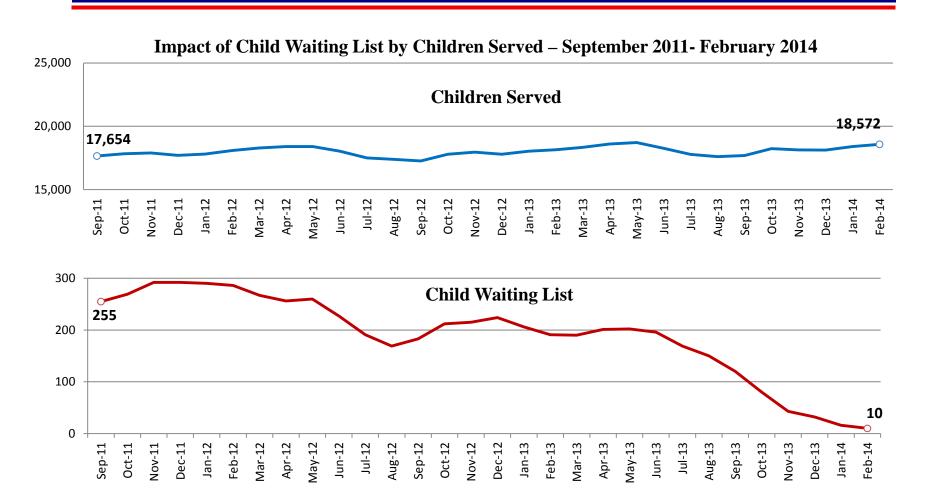


Source: DSHS Client Assignment and Registration System

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Mental Health Waiting Lists: Children





Substance Abuse Capacity Expansion

Substance Abuse Capacity Expansion (\$4.94 million/biennium)

- The new target for monthly clients served is 8,851 and DSHS is currently serving an average of 9,092 per month
- Funding for an additional 948 clients per year was requested and DSHS has served an additional 1,654 clients this fiscal year (compared to same period last fiscal year)

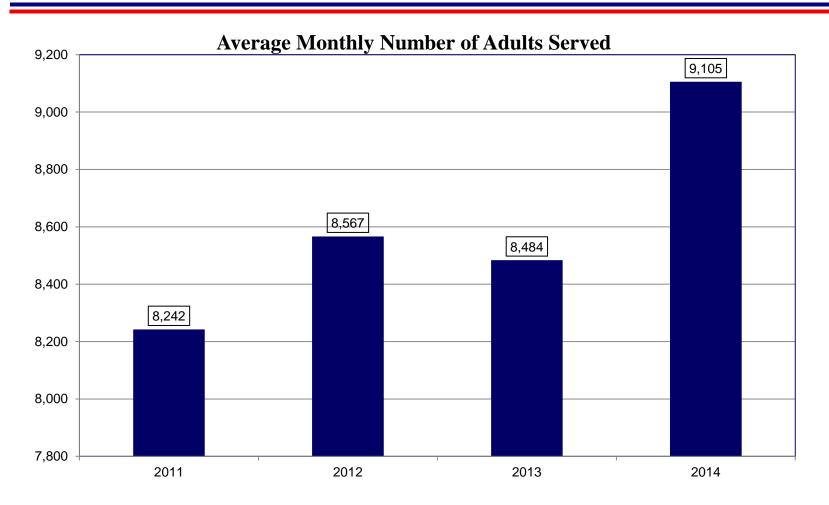
Substance Abuse Treatment Rate Increase (\$10.7 million/biennium)

Funds were designated to increase treatment rates for substance abuse services

- HHSC rate setting hearing was held on July 17, 2013 and the rates were approved
- Rate increase has been fully implemented



Increase Substance Abuse Treatment Services





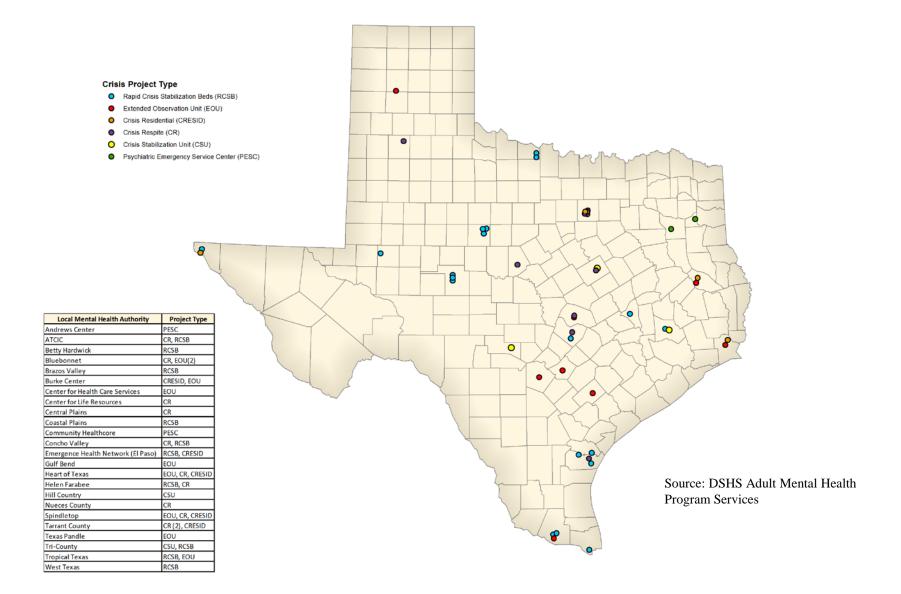
Crisis Alternatives (\$25 Million/biennium)

Type of Project	Existing Projects	New Projects	Total
Crisis Stabilization Unit	2	0	2
Rapid Crisis Stabilization Beds/LMHA	5	7	12
Extended Observation Units	2	4	6
Crisis Respite	7	4	11
Crisis Residential	3	1	4
Psychiatric Emergency Service Centers	0	3	3
Total	19	19	38

Source: DSHS Adult Mental Health Program Services



Statewide DSHS Funded Crisis Projects





DSHS and DFPS Collaborations

Residential Treatment Center (RTC) Project (\$2 million/biennium)

Ten medically indicated RTC placements for DFPS-referred children/youth at risk of relinquishment by their parents/guardians due solely to a lack of mental health resources

- Due to demand, additional funds were used to support 3 additional beds in fiscal year 2014
- 13 children currently placed with 15 on waitlist
- Collaboration resulted in 3 children able to access other services
- 782 CPS caseworkers have been trained on the RTC referral process

Substance Abuse Services for DFPS Clients (\$10 million/biennium)

Treatment and intervention services on demand or referral

- Services include screening, assessment and treatment services; expanded eligibility in the pregnant and postpartum intervention programs for DFPS clients; and a new fatherhood intervention program
- Average monthly target served: 1,611
- Average number served: 1,448
- 1,801 CPS caseworkers have been trained in substance abuse services



Mental Health First Aid (\$5 million/biennium)

Promotes early identification and intervention of behavioral health issues by financing training for community members and educators in Mental Health First Aid (MHFA), an evidence-based curriculum focused on risk factors that lead to emotional disturbance, suicide or severe mental illness, and available intervention options.

- Funds will support training for 467 staff and 11,118 educators
- 8 statewide trainings to certify MHFA trainers have been completed and 5 more are planned in fiscal year 2014
- As of March 2014, 292 LMHA staff or contractors had been certified as MHFA trainers and 529 educators had been trained in MHFA
- Texas Education Agency has authorized Continuing Education Units for educators that complete the training



Specialized Inpatient and Forensic Projects

Harris County Psychiatric Center (\$2.4 million/biennium)

Expands the contract with Harris County Psychiatric Unit

- 6 long term beds added
- Average length of stay is 30 days

Jail Diversion Program (\$10 million/biennium)

Establish jail diversion pilot program to be implemented by the Harris County Judge

- Pilot target: serve at least 200 frequent recidivists/year with serious mental illness
- Dollar for dollar match with county
- Contract executed December 2013 and services start June 2014

Jail-Based Competency Restoration (\$3 million/biennium)

Pilot to provide mental health services and legal education to individuals found incompetent to stand trial in a jail-based setting

- Rules were posted and under final review for adoption
- Started July 1, 2014 in Dallas



Veteran's Mental Health Program (\$4 million/biennium)

Increases the availability, capacity, and reach of the existing Veterans' Mental Health Program by creating a well-coordinated network of trained peers, military culturally competent clinicians, and veteran accessible community resources

- Partnered with Texas Veterans' Commission to develop a mental health grant program, which will provide \$1.75 M to communities serving veterans in fiscal year 2014
- New volunteer coordinators: 11
 - Goal fiscal year 2014: 10
- Field clinicians: 4
 - Goal fiscal year 2014: 5
- Additional trained volunteers: 95
 - Goal fiscal year 2014: 256
- Service interactions (Q1 and Q2 fiscal year 2014): 27,237
 - Goal fiscal year 2014: 60,000



Healthy Community Collaboratives Projects (\$25 million/biennium)

Encourages communities to collaborate, coordinate, and align services/providers to establish or expand community collaborative projects to comprehensively address needs of individuals with mental illness experiencing homelessness

- Municipalities in counties with a population over 1 million are eligible for grants.
- All five eligible communities were awarded grants including Bexar, Harris, Tarrant, Dallas, and Travis counties.
- Dollar for dollar private funding match is required, bringing the total collaborative funding to \$47,073,264 (biennium).
- Anticipated contract execution July 1, 2014.



Public Awareness Campaign (\$1.6 million/biennium)

Increase awareness to the warning signs of mental health and substance abuse concerns by reducing stigma for these conditions and increasing public knowledge of access points to services

- Targets teens and young adult support systems, as well as teens and young adults (age 14-24) to build a broad awareness, demystify, and provide resources for mental illness and substance abuse in communities across Texas.
- The campaign began June 9, 2014.
- Tactics include online media buy, website (speakyourmindtexas.org), broadcast media such as television and radio.
- Approximately 16 Community Conversations will be held across the state in summer of 2014 to bring interested parties together to create local forums and action plans.
- Spanish language materials will also be included in the campaign (hablameteeschucho.org).



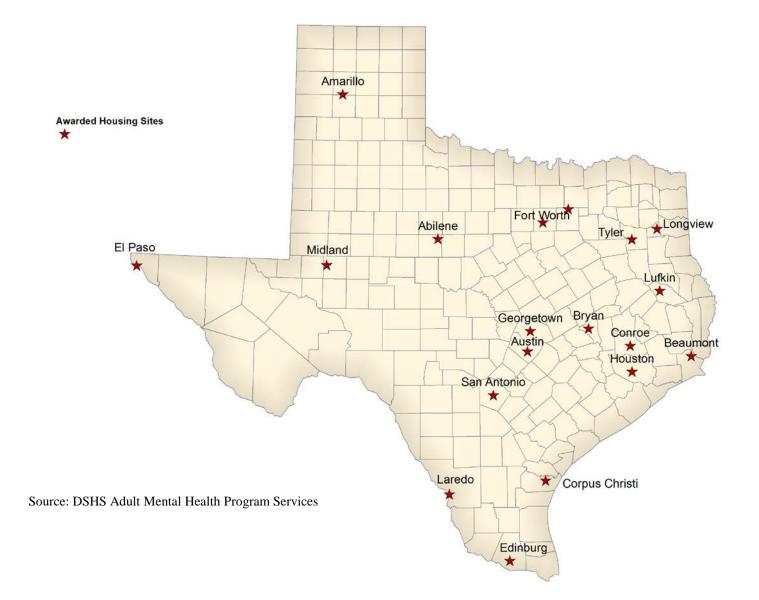
Supportive Housing (\$24 million/biennium)

Enhanced supportive housing services for persons who, despite ongoing treatment through a Local Mental Health Authority (LMHA) or NorthSTAR, are homeless or imminently homeless

- Based on a needs assessment, 18 LMHAs and NorthSTAR were awarded funds
- Goal was to serve at least 653 persons
- Over 1,000 have been served as of February 2014
- 40 people have been able to transition from a state mental health facility to the community because supportive housing services were available



Supportive Housing – Adults & NorthSTAR





Oxford House Expansion (\$1.1 million/biennium)

Funding for statewide expansion of Oxford House initiative, which provides housing for individuals completing substance abuse treatment services.

- Established a revolving loan fund to facilitate eligible applicants to move into or be a part of opening a new Oxford House
- The fiscal year 2014 target is 25 houses and 350 residents.
- As of May 2014, there were 27 new houses and 421 residents.



Victory Field Construction (\$4.4 million/biennium)

This project enables adolescent patients to be separated from the adult forensic maximum security patients.

- The existing Victory Field facility located approximately seven miles from North Texas State Hospital will be renovated to be utilized for the Adolescent Forensic Program.
- Architectural and engineering plans are under review for construction.





Psychiatric Residency (\$2 million/biennium)

Provides stipends to increase psychiatric residency training.

- Training will be done in 7 state hospitals and 3 Local Mental Health Authorities.
- 19 residents will rotate through the training sites per year.
- Participating Universities
 - UT Health Science Center, San Antonio
 - Baylor College of Medicine
 - UT Health Science Center, Southwestern
 - UT Health Science Center, Houston
 - Texas Tech University Health Science Center
- 75% of those participating in the residency program remain practicing in the public sector.



Psychiatric Nursing Assistants Pay (\$14.7 million/biennium)

All psychiatric nursing assistants (PNAs) working in the state mental health hospitals received a 10% pay increase effective September 1, 2013

Job Classification	Number of Positions	Previous FY13 Hourly Wage	Current FY14 Hourly Wage
PNA I	1,778	\$9.85	\$10.83
PNA II	558	\$10.86	\$11.94
PNA III	424	\$12.08	\$13.29
PNA IV	200	\$13.58	\$14.93

Source: DSHS State Hospital Section



State Hospital Patient Safety (\$1.3 million/biennium)

Enacts recommendations from the Interagency Facilities Workgroup

- Pre-service training improvements and competency evaluation
- Risk assessment protocols: operating procedures were implemented January 31, 2014 to reduce the risk of abuse, neglect, and exploitation
- Nearly 9,000 state hospital employees, volunteers, and contractors completed FBI fingerprinting by March 31, 2014.



YES Waiver Statewide Expansion (\$24.0 million/biennium)



The Youth Empowerment Services (YES) waiver provides comprehensive community based mental health services to children at risk of out-of-home placement due to severity of emotional disturbance.

- Began September 2013: Bexar, Tarrant, and Travis counties
- DSHS worked with HHSC to increase rates to encourage participation
- Expansion is contingent on approval by the federal Centers for Medicare and Medicaid Services (CMS).
- Expansion timeline
 - February 2014: Harris, Brazoria, Fort Bend, and Galveston counties
 - June 2014: Cameron, Hidalgo, and Willacy counties
 - CMS will direct further expansion
- 250 clients are currently enrolled; 287 clients have been served since September 1, 2013.



Home and Community-Based Services (\$7.9 million/biennium)



First Home and Community-Based program for adults with mental illness with lengthy state mental health hospital stays

- Requires DSHS, in coordination with HHSC, to seek federal approval for a Medicaid 1915(i) state plan amendment
- Program rules in effect as of April 2014 and rate rules in effect as of May 2014
- UT Health Science Center, San Antonio currently testing assessment process on potential candidates in state mental health hospitals
- Developing agreement with Social Security Administration to reinstate or establish SSI/Medicaid benefits
- Anticipate formal submission of 1915(i) state plan amendment by June 2014
- Program implementation anticipated by November 2015, contingent upon final CMS approval