Presentation to
Senate Committee on Health and Human Services:
Texas Women's Health and Family Planning Programs

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TEXAS Health and Human Services Commission

Presentation Overview

Overview of Women's Health in Texas

Current Services and Programs

- Texas Women's Health Program
- Family Planning Program
- Expanded Primary Health Care Program
- Breast and Cervical Cancer Screening
- Title V Prenatal
- Healthy Texas Babies

Future Goals and Next Steps

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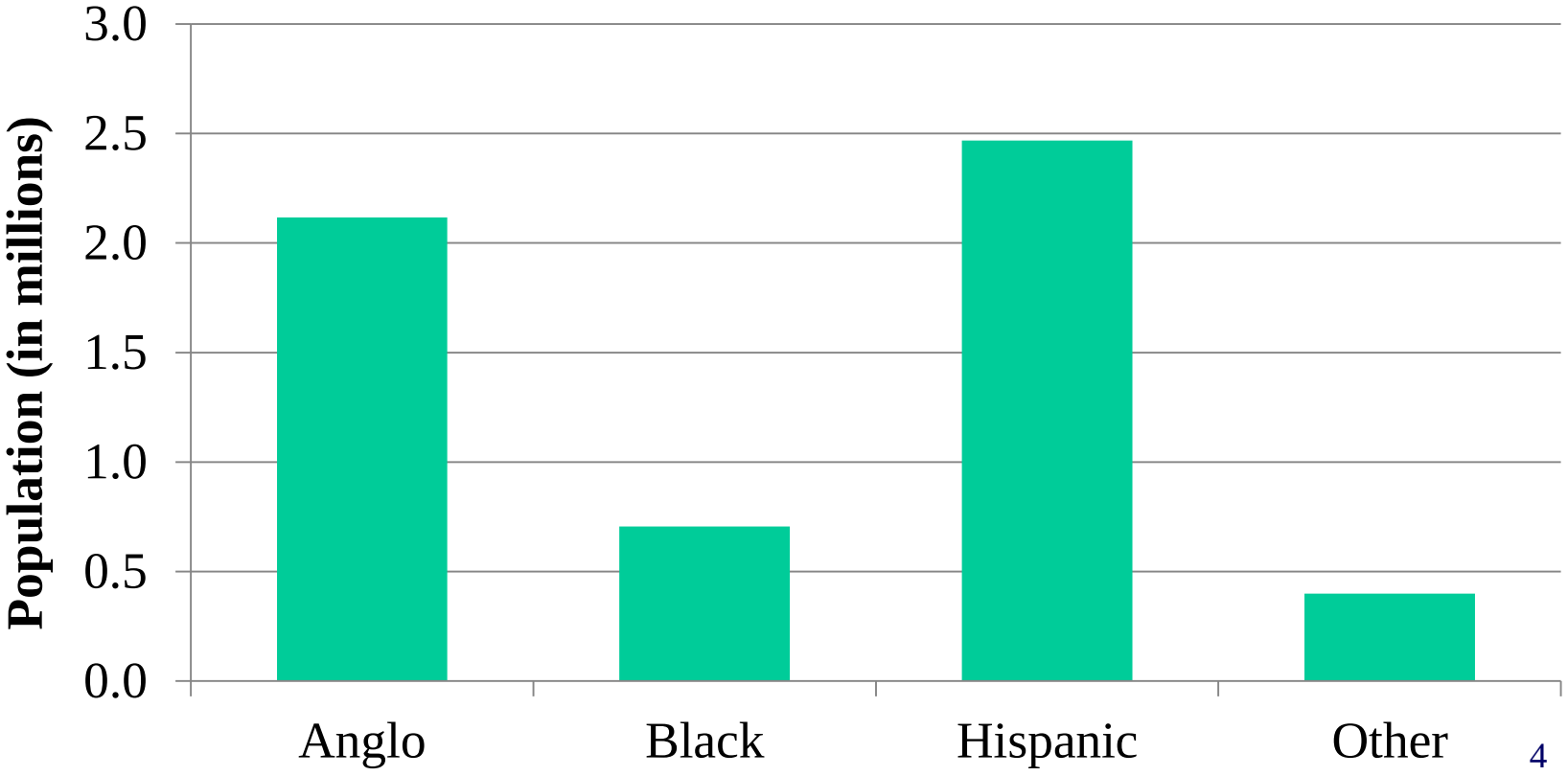
Women's Health in Texas

- Texas is experiencing substantial population growth
  - Between 2000 and 2013, Texas added 1.2 million more residents than any other state and grew by 4.8%, compared to 2.2% growth for the entire country.
  - In 2014, 42% of women (5.7 million) are of childbearing age.

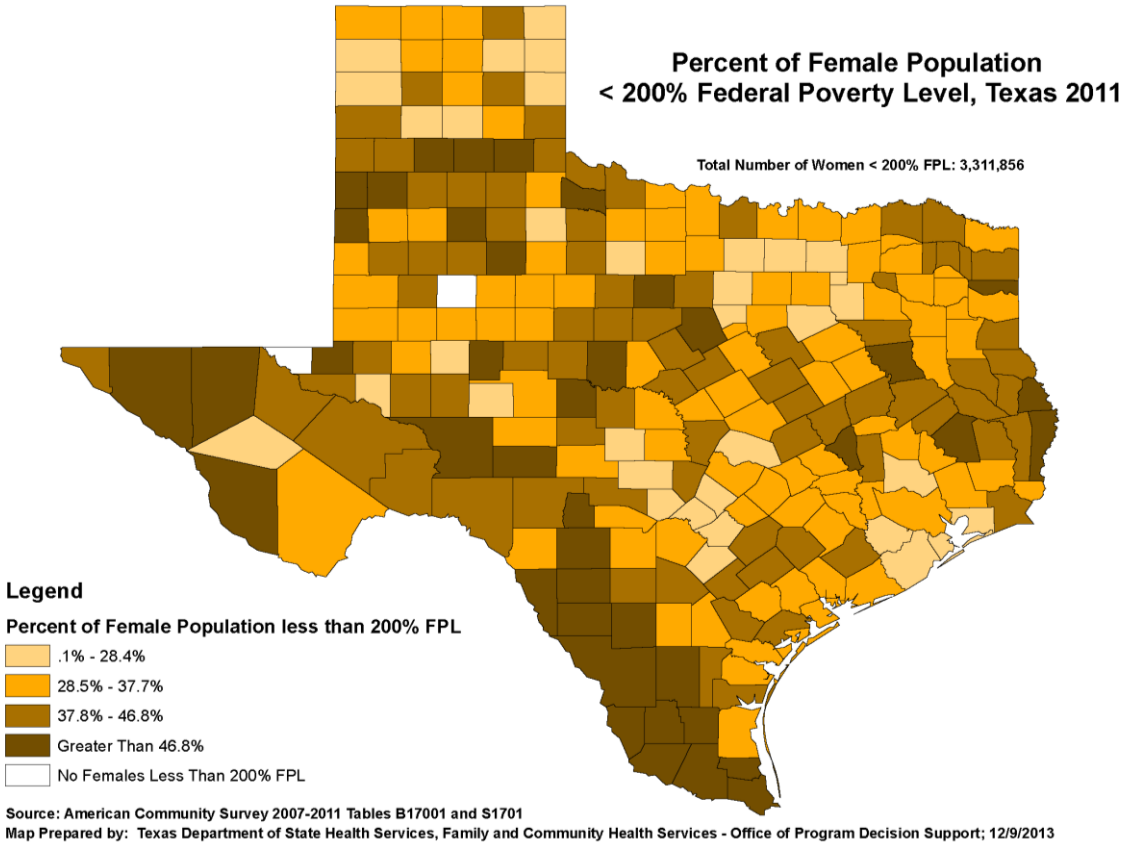
- Access to health care among women in Texas
  - In 2012, 71% of women 18-64 years (5.7 million) had health insurance coverage.

Population of Women of Childbearing Age (15-44) in Texas by Race/Ethnicity, 2014



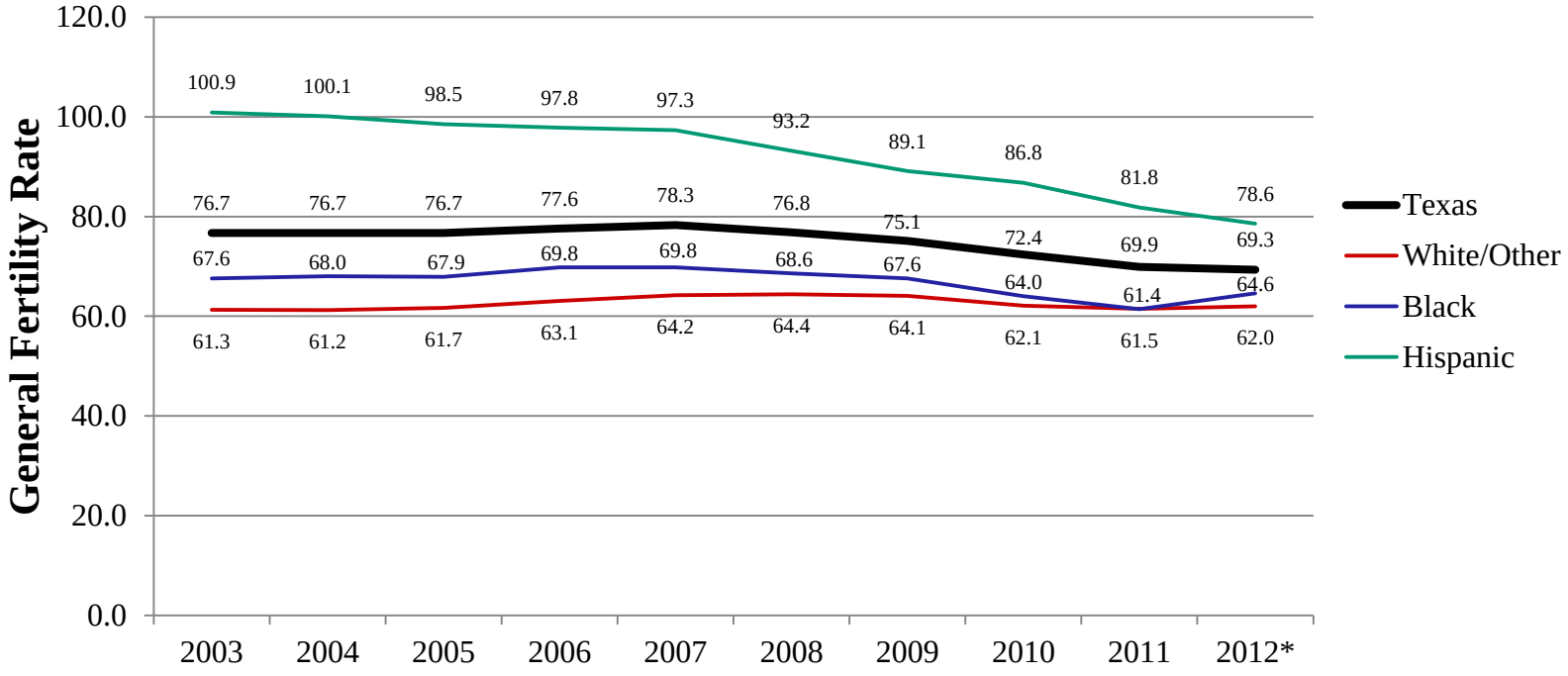
Women's Health in Texas

- Approximately 3.3 million women in Texas are at or below 200% of Federal Poverty Level (FPL).



Women's Health in Texas

2003 to 2012* Texas General Fertility Rates** by Race/Ethnicity



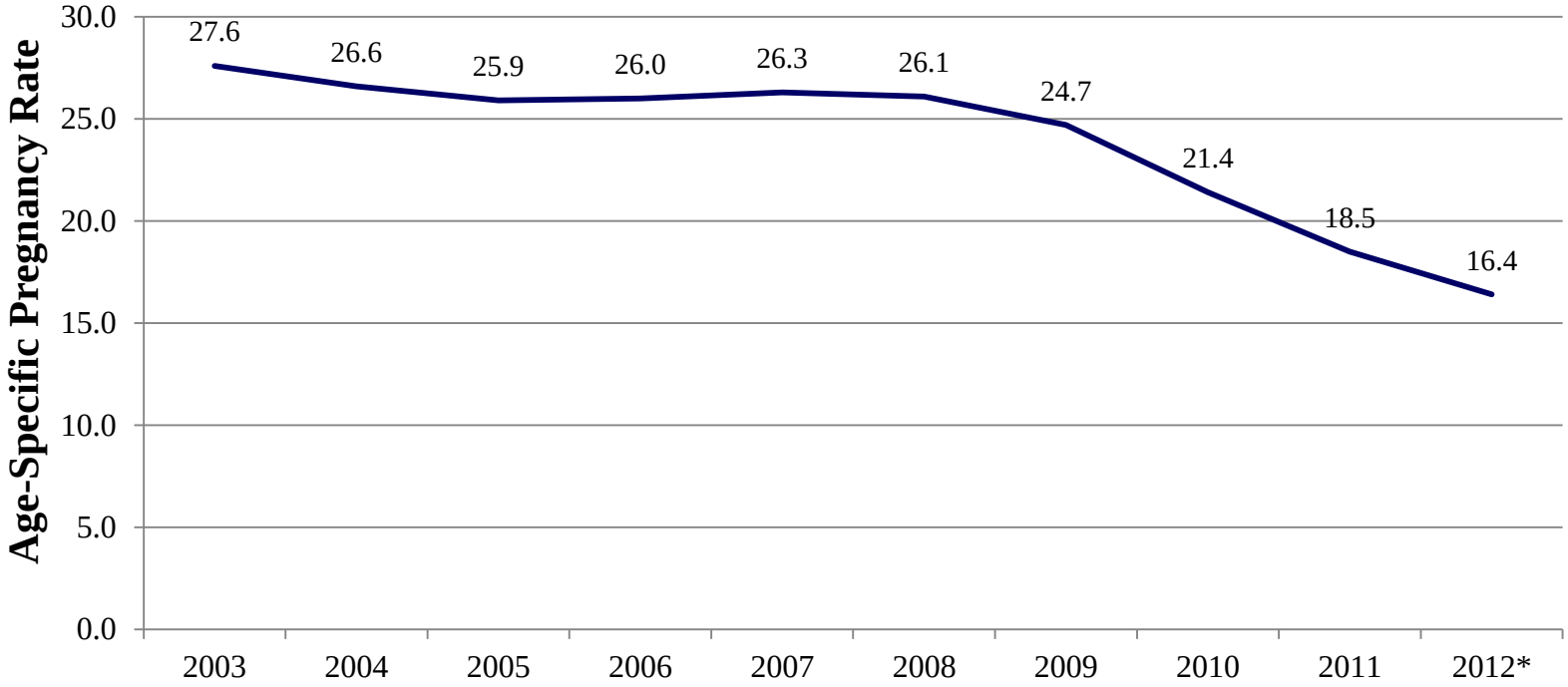
*2003-2011 rates are final using population estimates, 2012 rates are preliminary using population projections

**Number of live births per 1,000 women ages 15-44.

Data Source: Texas Department of State Health Services, Center for Health Statistics

Women's Health in Texas

2003 to 2012* Texas Teen Pregnancy Rates**
(Ages 13-17)

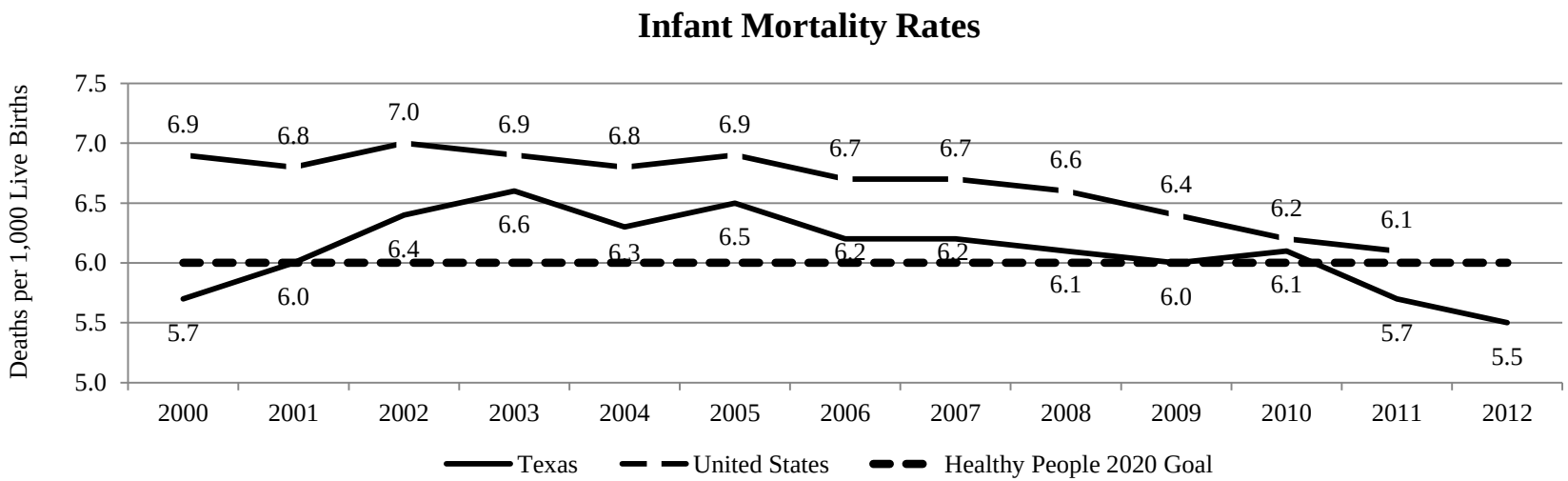


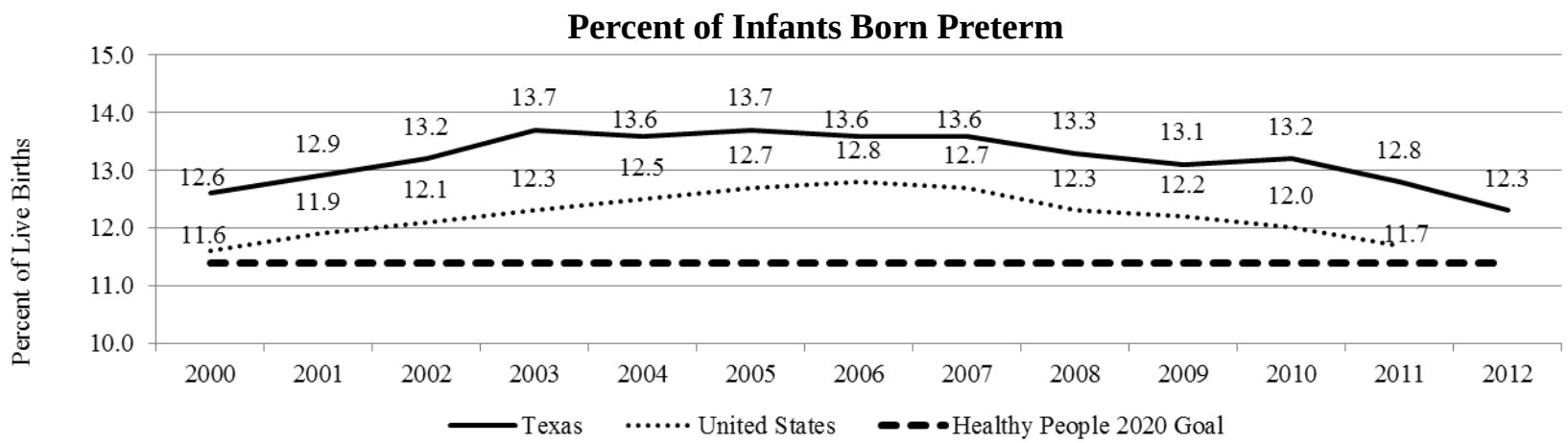
*2003-2011 rates are final using population estimates; 2012 rates are preliminary using population projections

**Number of pregnancies (live births, fetal deaths, and induced abortions) per 1,000 women ages 13-17.

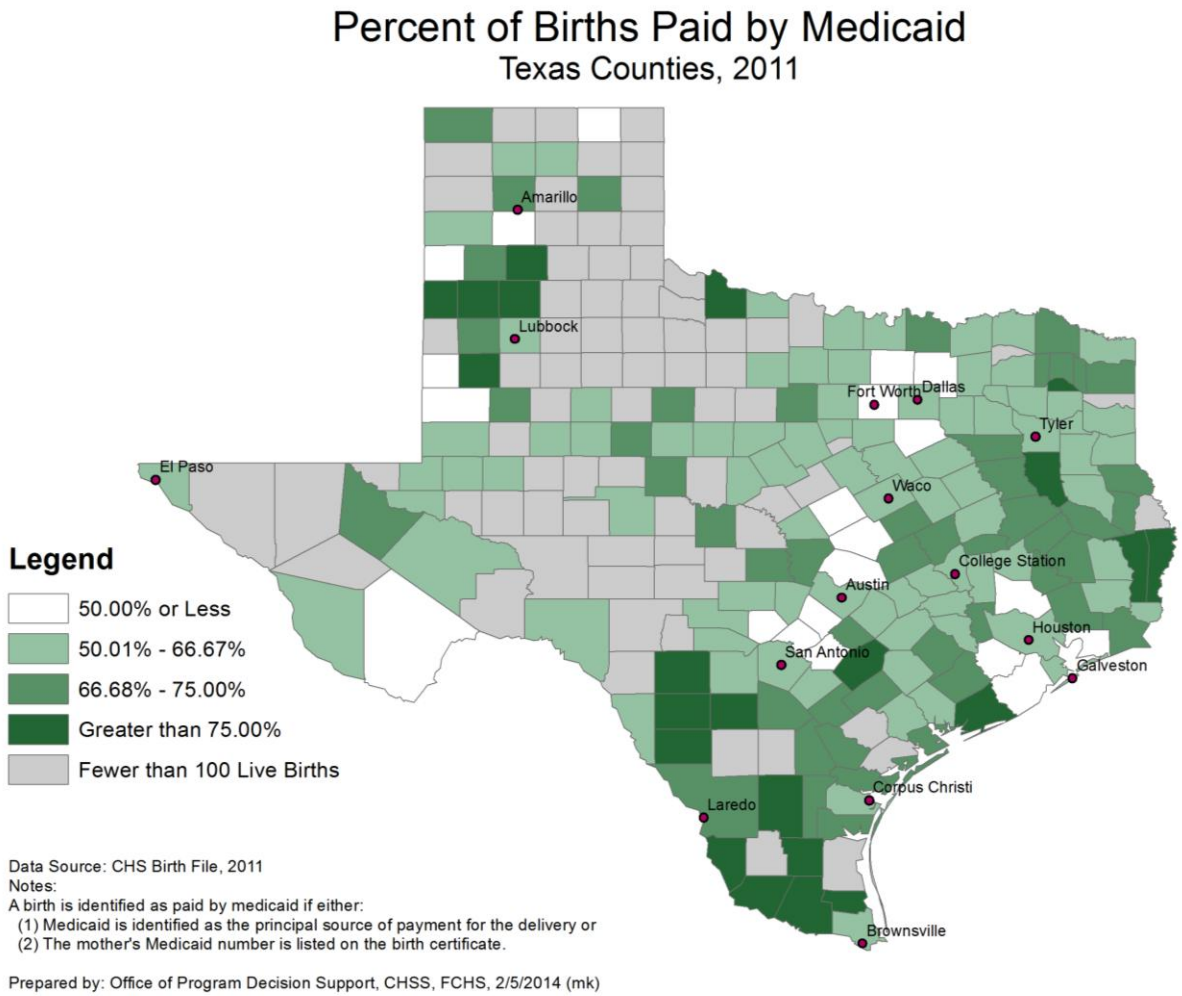
Data Source: Texas Department of State Health Services, Center for Health Statistics

Women's Health in Texas: Other Health Indicators





Medicaid Costs



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Medicaid Costs

- Approximately 54% of all Texas births (204,000) paid by Medicaid
- $2.2 billion per year in birth and delivery-related services for moms and infants through first year
  - More than 67% of Medicaid costs for hospitalized newborns tied to billing codes for prematurity
- Newborn costs (1st year)
  - Extreme Preterm infant: $54,400
  - Term infant: $480

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Funding for Women's Health Services

	FY 2010-11	FY 2012-13	FY 2014-15
Texas Women's Health	Expended	Estimated	Projected
	$72.3M	$69.2M	$72.4M
Family Planning	$111.2M	$36.4M	$43.2M
Expanded Primary Health Care	--	--	$100M
Breast/cervical Cancer Screening	$17.9M	$21.7M	$24.5M
Total	$201.4M	$127.3M	$240.1M

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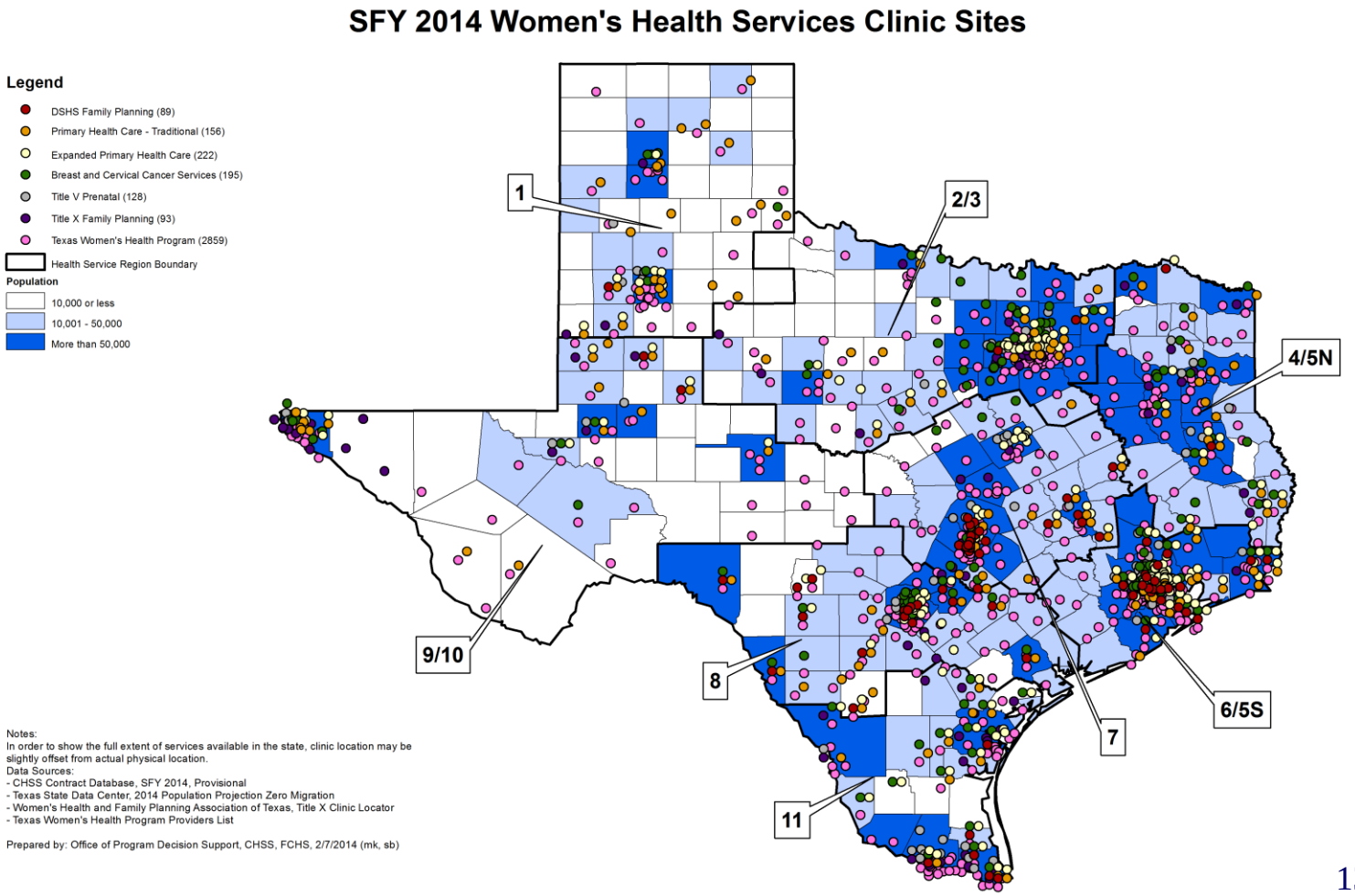
Service Capacity for Women's Health Programs

	FY 2011	FY 2015
Texas Women's Health* *(115,226 served in FY2011)*	Clients	Clients *(Projected)*
	127,536 (enrolled)	123,083
Family Planning	202,968	65,000
Expanded Primary Health Care	--	170,000
Breast/cervical Cancer Screening	35,911	43,000
Total	366,415	401,083

***** *The Women's Health Program number is the number of women enrolled in the program. This is the number of women with coverage and access to services, although the number of women who seek services through the program is typically a little lower. For example, In FY2011 the average monthly enrollment in the program was 127,536, and the number of women who received services was 115,226.*

Women's Health Services Clinic Sites



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The Texas Women's Health Program (TWHP)

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TWHP Overview

Women's Health Program (WHP)

- As directed by the 79th Legislature, WHP was established as a Medicaid demonstration waiver and operated from 2007-2012.
- Objectives: improve health outcomes for low-income women and babies, reduce state expenditures for Medicaid birth-related costs

Texas Women's Health Program (TWHP) - On January 1, 2013, TWHP was established as a fully state-funded program due to changes in state law regarding affiliates of abortion providers.

- TWHP retains the same program objectives and client eligibility previously provided by WHP, and has expanded program benefits to include treatment of certain sexually transmitted infections.
- Department of State Health Services (DSHS) established TWHP through statutory authority for Primary Health Care Program services.
- Day-to-day operations of the program are contracted to HHSC.

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TWHP Services and Eligibility

Program Details

- Serves women age 18-44, U.S. Citizens and Texas resident, at or below 185% FPL
- Funding: $35 million General Revenue Annually
- Approximately 3,000 Certified Providers in the TWHP Online Provider Lookup
- Services structured around one family planning exam per year and follow-up appointments according to type of contraception.

Covered Services

- Pelvic Examination
- STD Screening and Treatment
- HIV Screening
- Diabetes Screening
- High Blood Pressure Screenings
- Cholesterol Screenings
- Breast & Cervical Cancer Screenings
- Clinical Breast Exam
- Pap tests (initial test only)
- Contraceptives
- Family planning counseling and education

If a doctor finds a health problem not covered by TWHP services, such as diabetes or cancer, the doctor should refer that client to a Expanded Primary Health Care (EPHC) or Family Planning (FP) clinic, which typically have resources to treat more comprehensive health problems at little or no cost to patients. A searchable database of EPHC and FP providers is available at http://txclinics.com

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TWHP Provider Outreach

- Despite some start-up challenges, HHSC has been able to locate a provider for every woman who contacted the agency to enroll and addressed isolated coverage gaps.
- Approximately 3,000 certified providers are listed on the TWHP Online Provider Lookup.
- Specific statewide provider outreach include:
  - All providers can submit annual certification forms online starting in May 2014.
  - New outreach materials are available for non-profit organizations, TWHP providers, and HHSC benefits offices to increase community awareness.
  - Provider rates for several family planning services were increased in FY 2013.

Month Service was Delivered	Final Count of 2012 Claims	Final Count of 2013 Claims
January	23,692	18,082
February	21,269	16,630
March	22,094	16,107
April	23,156	18,327
May	22,587	17,770

Providers have 95 days to submit claims for services and 120 days to appeal a claim if there are issues with the original submission. Therefore, TWHP claims data is not final until six-eight months after services are delivered.

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TWHP Client Outreach

TWHP has expanded its outreach efforts to increase client enrollment.

- Women are able to apply and get information about providers and services at www.texaswomenshealth.org.
- Applications are also available at TWHP clinics, HHSC benefits offices, and WIC Nutrition Program offices.
- Program information was mailed to approximately one million women in Oct. 2013.
  - Priority population was women ages 18-44, receiving SNAP, TANF, Children's Medicaid Assistance, or Pregnant Women's Medicaid benefits.
- Applications and enrollment in the program have clearly increased since mailing.

	Aug 2013	**Sept 2013**	**Oct 2013**	**Nov 2013**	**Dec 2013**
Client Enrollment	106,694	105,469	105,959	116,403	118,315
Monthly Applications	8,216	9,339	7,865	10,971	17,558

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How are TWHP Services Provided?

- TWHP services are delivered on a fee-for-service basis in the following settings:
  - Health professionals
    - Physicians
    - Nurses, Nurse Practitioners
    - Physician assistants
  - Health facilities
    - Family Planning Clinics
    - Federally Qualified Health Centers
    - Rural Health Clinics
    - Ambulatory Surgical Centers
  - Providers of other critical services like pharmaceuticals

DSHS Women's Health Services

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DSHS Family Planning

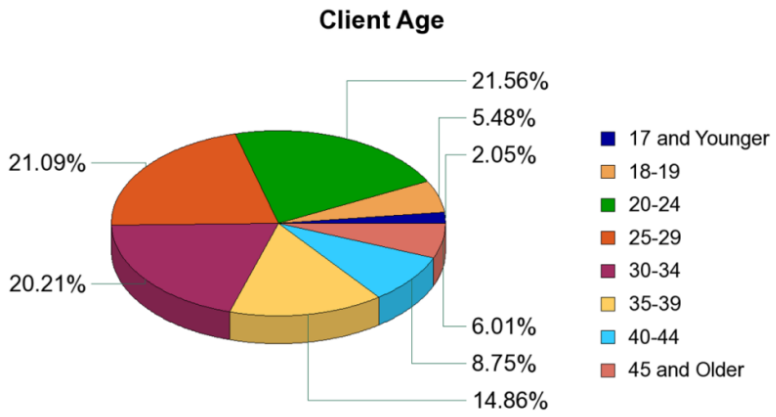
Program Details

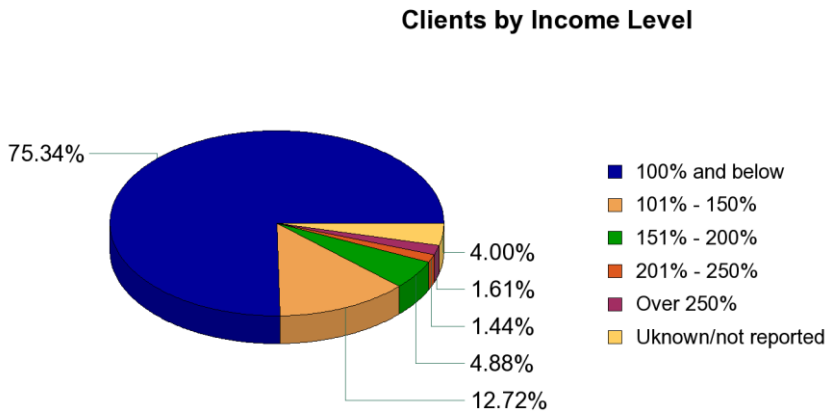
- Serves women of childbearing age and men at 250% FPL and below
- Services to Adolescents
- $21.5 Million (GR) annually
- 65,000 Clients annually
- 18 Contractors / 89 Clinics

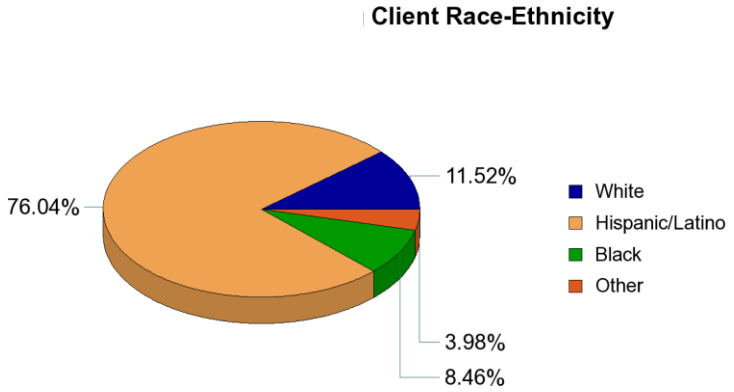
Covered Services

- Pelvic examination
- STD Screening and Treatment
- HIV Screening
- Diabetes Screening
- High Blood Pressure Screening
- Cholesterol Screening
- Breast & Cervical Cancer Screening
  - Clinical Breast Exam
  - Pap Tests (initial and follow-up testing)
- Sterilizations
- Contraceptives

DSHS Family Planning Data Trends







DSHS Family Planning Key Events

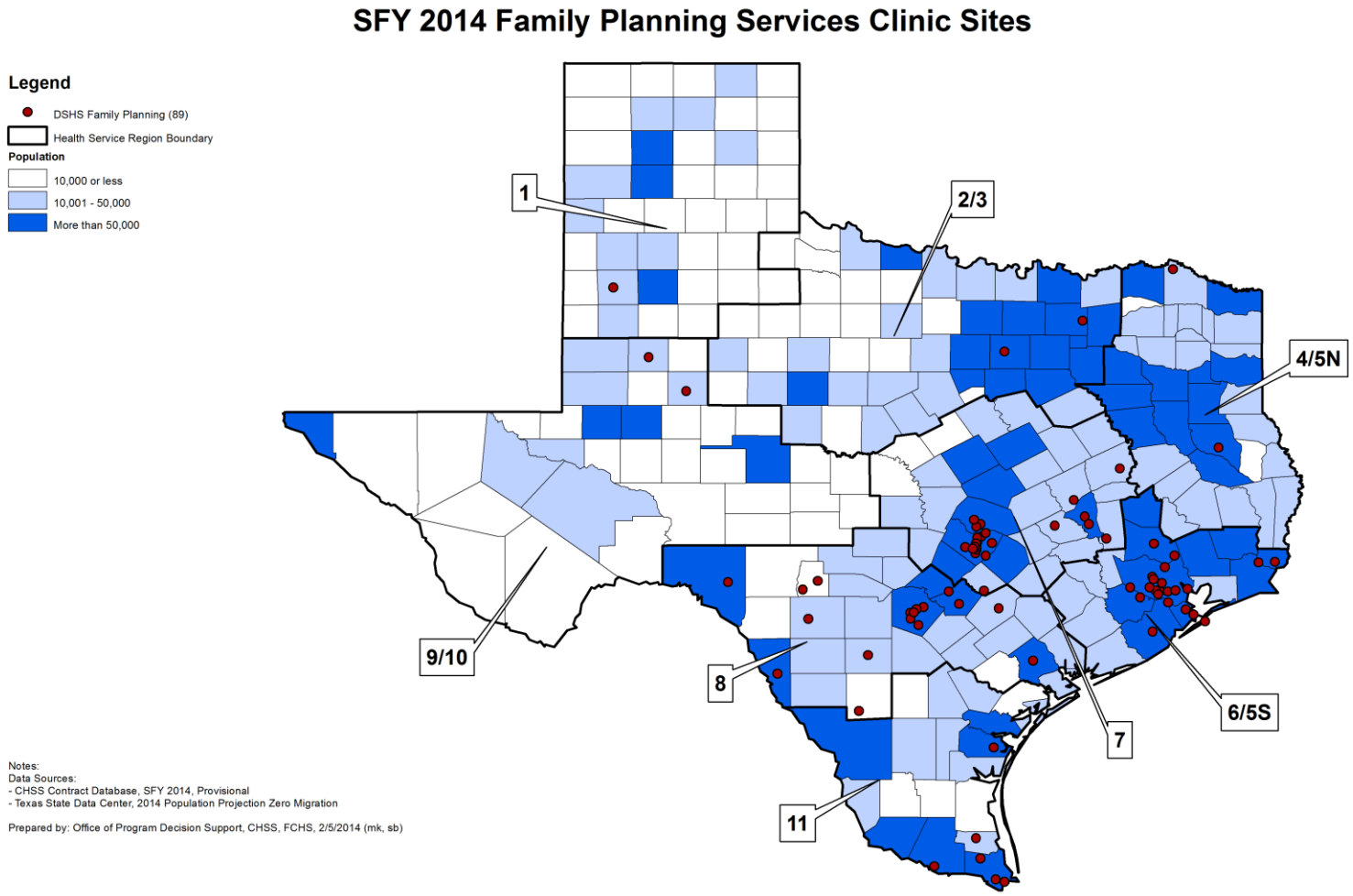
- **Title X Funding Shifted to the Private Sector (March 2013 – August 2013)**

- **State Engaged in Activities to Ensure Provider Base**
  - Required short term extensions for all contractors to enable continuity of services (March 2013)
  - No-cost extension of Title X Grant (April 2013)
  - Contract extensions for Non-Title X funded agencies (May 2013)

- **83rd Legislature Provided Additional Family Planning Funding**
  - $43 million appropriated for FY2014-15

- **FY2014 contract renewals (September 2013)**
  - Funded 18 contractors ($18.9 million)
  - Established mechanism for contractors without 340B discounts to purchase pharmaceuticals through the DSHS Pharmacy (October 2013)
  - Partnered with HIV/STD program to ensure all contractors have access to 340B discounts (January 2014)

DSHS Family Planning Clinic Sites

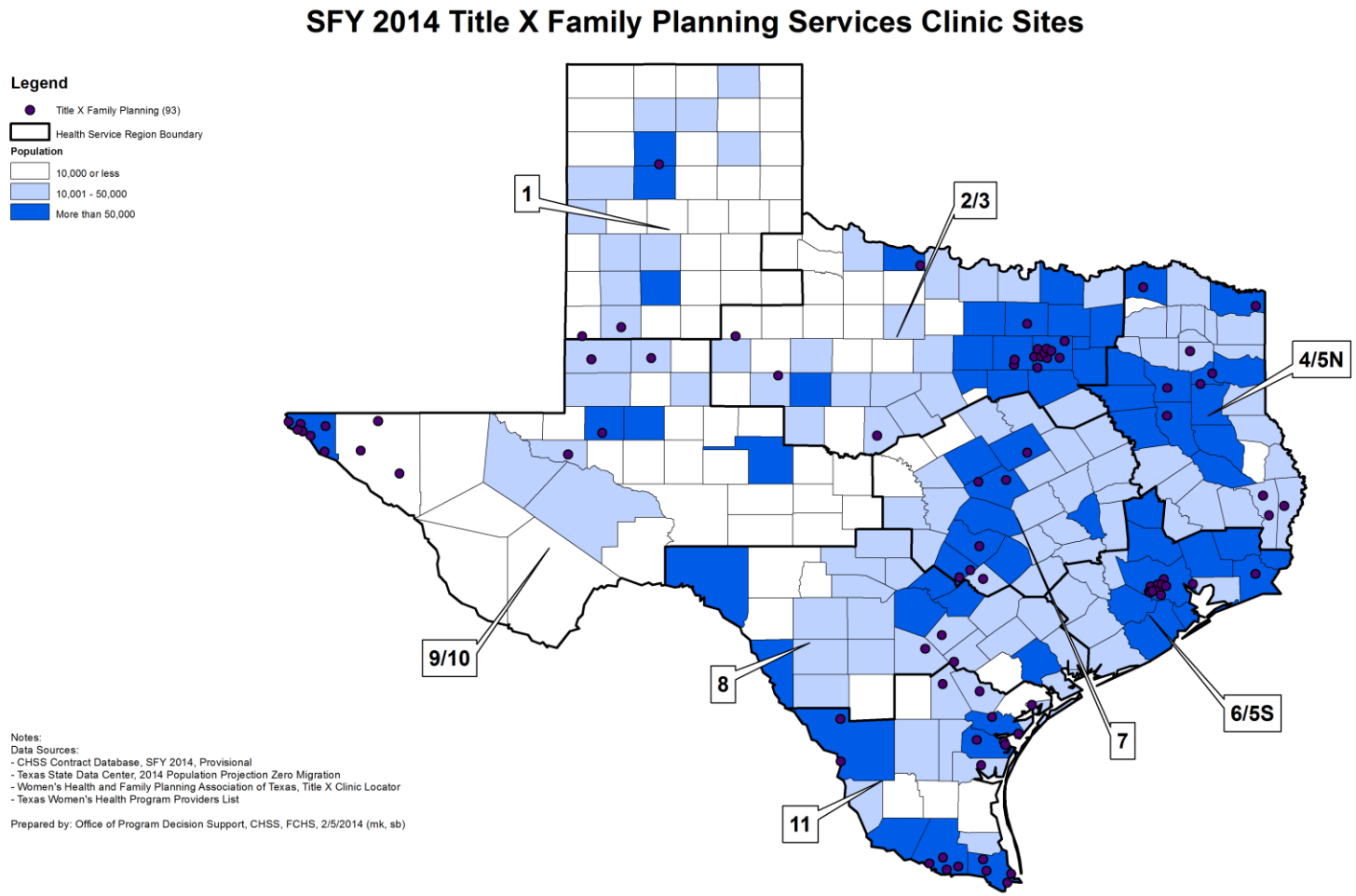


Other Family Planning Providers

- **Women's Health and Family Planning Association of Texas (WHFPAT)**
  - New Title X Grantee
  - Approximately $13.7 million annually in Title X Funding
  - 28 Contractors
  - Approximately 93 Clinics

- **Ten WHFPAT Providers Also Receive EPHC Funding**
  - Receive approximately $9.5 million in EPHC Funding

Title X Funded Family Planning Clinic Sites



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Expanded Primary Health Care (EPHC)

Program Details

- Serves women age 18 and above at or below 200% FPL
- $50 Million (GR) annually
- 170,000 Clients annually
- 55 Contractors / 222 Clinics
- Integration of family planning with comprehensive care
- Use community health workers
- Significant cost savings to the state

Priority Services

- Pelvic examination
- STD Screening and Treatment
- HIV Screening
- Diabetes Screening
- Immunizations
- High Blood Pressure Screening
- Cholesterol Screening
- Clinical Breast Exam & Mammograms
- Pap Tests
- Diagnostic Services for Women with Abnormal Breast or Cervical Cancer Test Results
- Cervical Dysplasia Treatment
- Individualized Case Management
- Prenatal Medical and Dental Services (Optional)
- Sterilizations
- Contraceptives

EPHC:
Initial Projected Key Client Services

Type of Service	Number of Clients
Screening Mammograms	15,287
Diagnostic Mammograms	7,816
Pap Tests	119,153
Blood Pressure Screening	170,182
Diabetes Screening	52,927
Contraceptive Clients	101,331
Prenatal Clients	34,036

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EPHC
Key Events

- **Exceptional Item**
  - Request increased from $70 million to $100 million
  - Once fully implemented, will result in approximately 7,300 births averted annually.
- **Stakeholder Input**
  - Nine regional meetings held in April and May 2013
  - Draft policy manual posted for comment April 2013
  - Input during primary health care rule revision process (June 2013)
  - Co-pay policy work group (February 2014)
- **$5M Awarded to 5 Key Hospitals/Hospital Districts**
  - Bexar Co. Hospital District, Dallas Co. Hospital District, Harris Co. Hospital District, Tarrant Co. Hospital District, and UTMB
  - Awards were effective September 1, 2013
- **Competitive Request For Proposals**
  - Posted July 1, 2013
  - Contracts started November 2013

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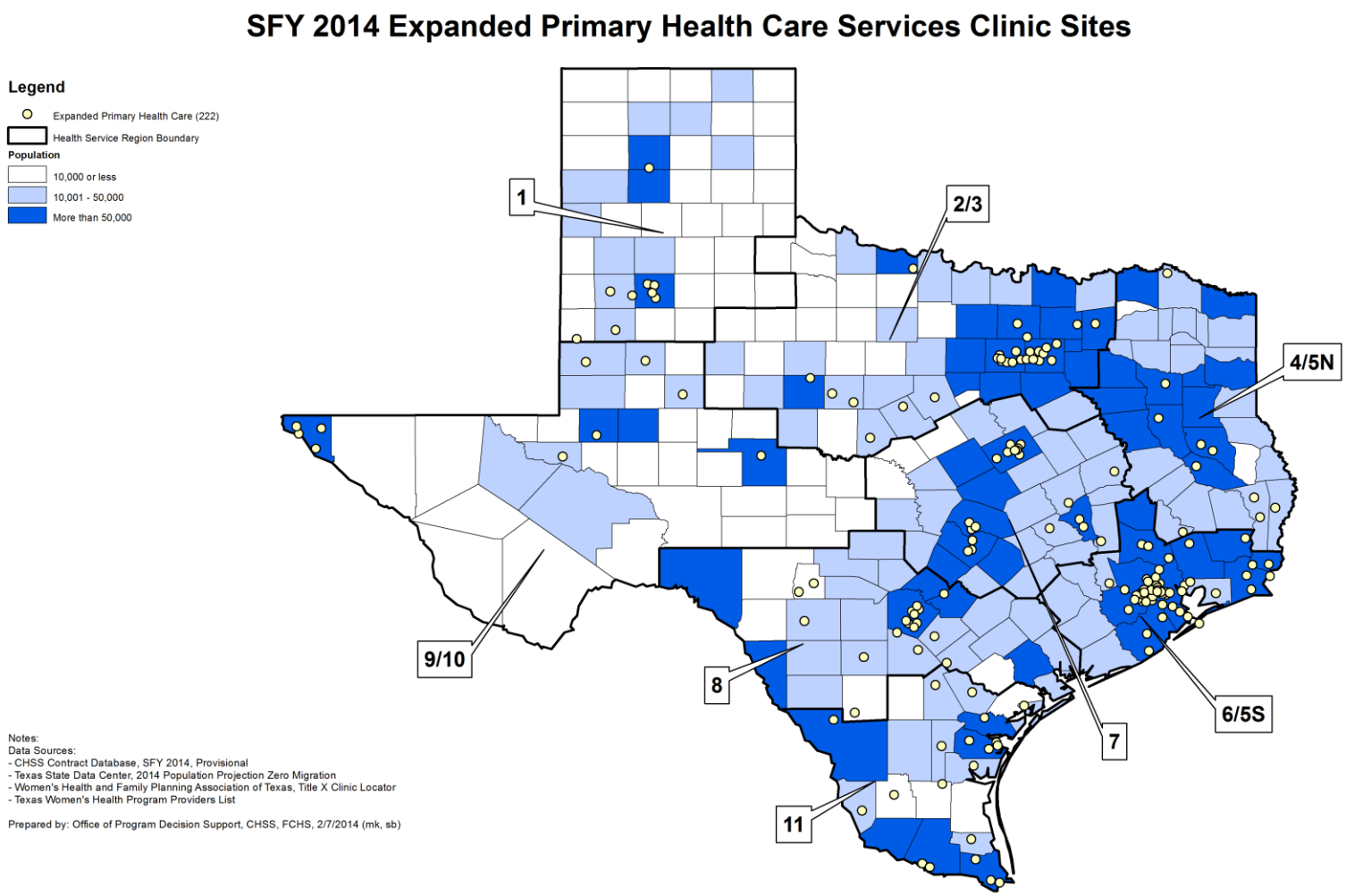
EPHC
Key Events

- **Contractor Training**
  - Training for 5 Hospitals (September 2013)
  - Eligibility training for all EPHC contractors (December 2013)
  - Seven regional trainings for all EPHC contractors
    - Tyler, Houston, Ft. Worth, Lubbock, San Antonio, Brownsville, and El Paso
  - Eleven individual site visits held at new EPHC contractor facilities
- **Coverage Gaps Addressed**
  - Panhandle, Concho Valley, North East Texas and Border Region Identified as Areas With Coverage Gaps
  - Contracts initiated to fill gaps:
    - Cherokee County Public Health Department (Cherokee Co.)
    - Gateway Community Health Center (Jim Hogg, Webb & Zapata Co.)
    - La Esperanza Community Health Center (Tom Green Co.)
    - Texas Tech Amarillo (Potter & Randall Co.)
  - DSHS continues to negotiate with potential contractors to fill gaps
- **Fee-For-Service (FFS) Billing**
  - Initiated project with Texas Medicaid and Healthcare Partnership to develop a FFS billing system effective September 1, 2014
  - FFS data will enable the program to better track services and outcomes

EPHC Clinic Sites



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Breast and Cervical Cancer Services

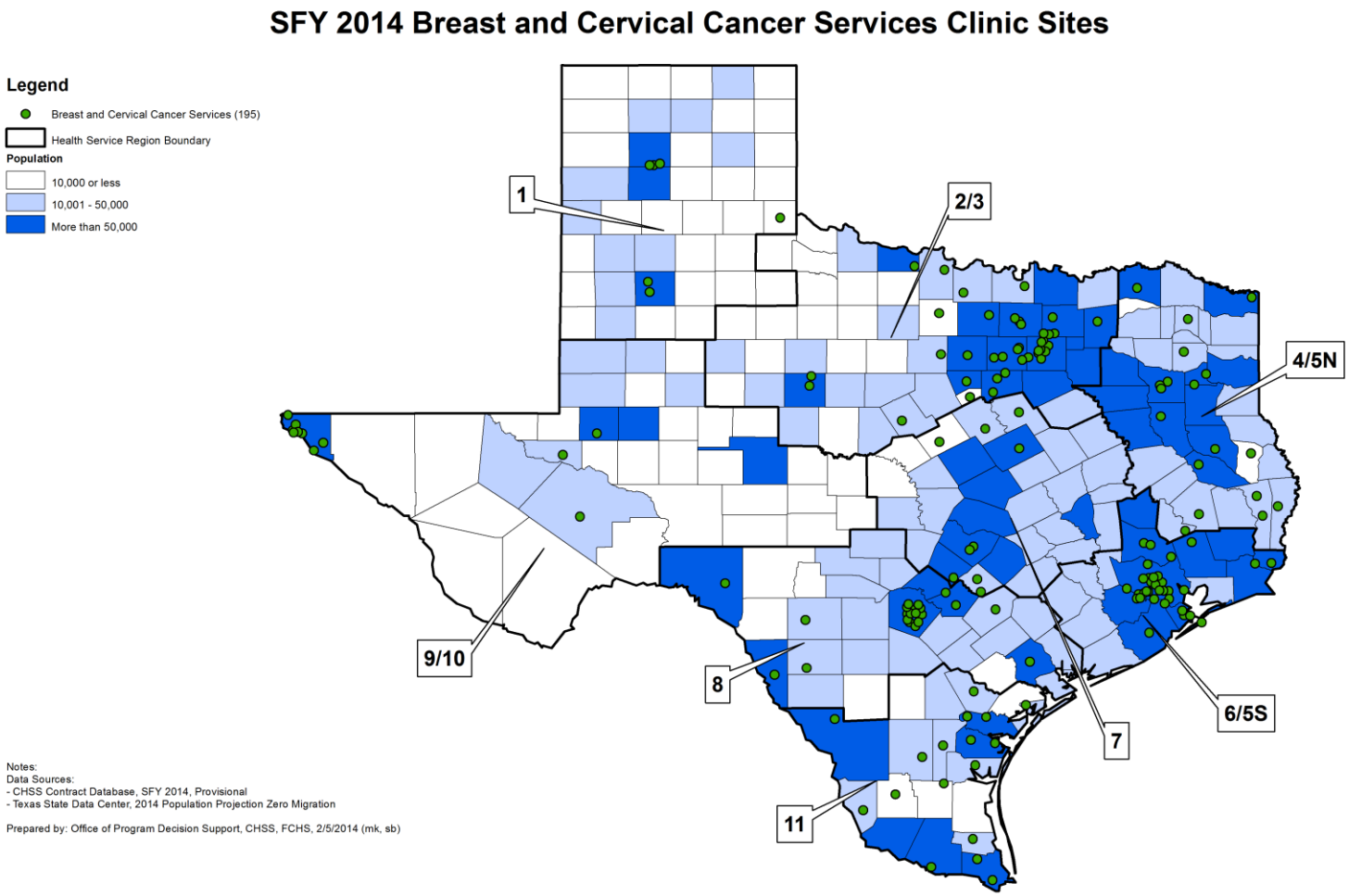
Program Details

- Priority populations:
  - Women 50-64 for breast screenings
  - Women 21-64 for cervical screenings
- Income at or below 200% FPL
- $12.3 Million (Fed/GR) annually
- 41 Contractors / 195 Clinics
- 43,000 Clients annually
- 2,733 MBCC Applications Processed (FY2013)

Covered Services

- Clinical Breast Exam
- Mammograms
- Pelvic Examination
- Pap tests
- Diagnostic services for women with abnormal breast or cervical cancer test results
- Cervical dysplasia treatment
- Individualized case management
- Assist clients in need of treatment to apply to the Medicaid for Breast and Cervical Cancer (MBCC) program

BCCS Clinic Sites



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Title V Prenatal

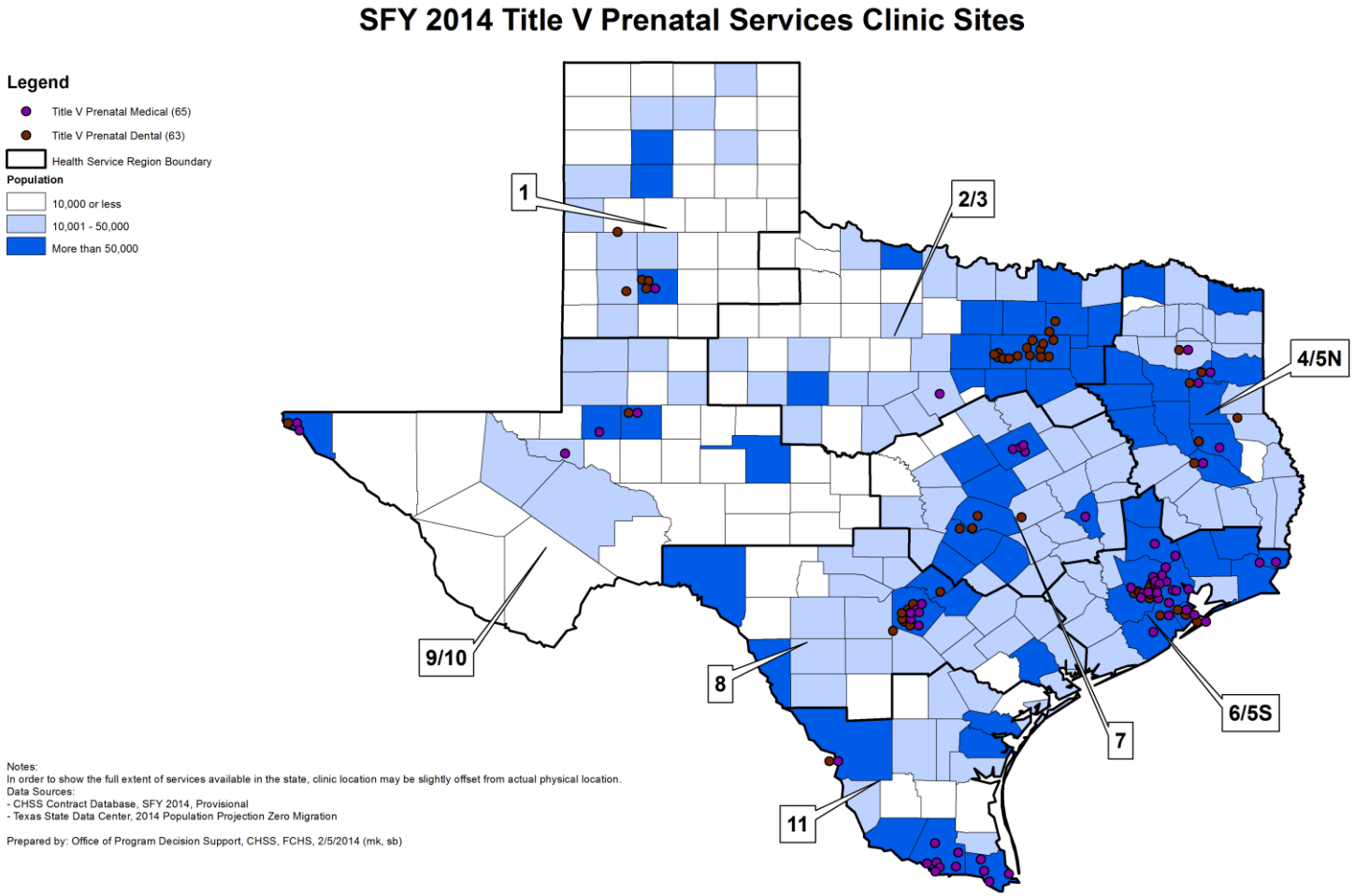
Program Details

- Target population: pregnant women at or below 185% FPL
- $1.5 Million (Fed/GR) annually
- 7,741 Clients annually
- 26 Contractors / 107 Clinics

Covered Services

- Pelvic Examination
- Pap tests
- STD Screening
- HIV Screening
- Diabetes Screening
- Prenatal Lab Tests
- Ultra sound
- Non-Stress Test
- Dental Services
- Post-partum Visit

Title V Prenatal Clinic Sites



Healthy Texas Babies

- Healthy Texas Babies (HTB) is an initiative to decrease infant mortality in Texas
- Goals:
  - Provide local partnerships and coalitions with major roles in shaping programs in their communities
  - Use evidence-based interventions
  - Decrease health disparities in preterm birth and infant mortality in Texas
- Evidence has shown that the underlying health and well-being of a woman has a direct impact on the health and well-being of the infant
- Tools to enhance women's care and communication (www.SomedayStartsNow.com):
  - Someday Starts Now Life Planning Tool
  - My Health Priorities Worksheet
  - Preconception and Prenatal Provider Posters
  - Someday Starts Now Birth Plan

Texas Collaborative for Healthy Mothers and Babies

- Advance health care quality and patient safety for all Texas mothers and babies using data-driven best practices through a public/private collaborative of health and community stakeholders
- Includes representatives from hospital systems, insurance companies, private providers, community advocates, families who have experienced infant loss, and community coalitions
- Goals:
  - Reduce preterm birth and infant mortality
  - Reduce disparities in the health outcomes of mothers and babies
  - Reduce maternal mortality and severe maternal morbidity
  - Improve the health outcomes of mothers and babies
  - Increase the involvement of fathers / families
  - Improve women's health throughout the life cycle

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HHS Women's Health Programs

Texas Women's Health Program	Family Planning Program (FP)	Expanded Primary Health Care Program	Title V Prenatal	Medicaid – Women's Services	CHIP Perinatal	Breast and Cervical Cancer Screening	Medicaid for Breast and Cervical Cancer
Clients: ~117,000 (average monthly) women enrolled in FY13	***Clients:*** ~49,000 women served in FY13	***Clients:*** ~170,000 women served annually	***Clients:*** ~14,000 women served in FY13	***Clients:*** ~533,000 (average monthly) women enrolled in FY13	***Clients:*** ~37,000 (average monthly) women enrolled in FY13	***Clients:*** ~43,000 women served in FY13	***Clients:*** ~4,700 (average monthly) women enrolled in FY13
Eligibility: 185% FPL, Women Age 18-44 seeking family planning, US Citizens or eligible immigrants	***Eligibility:*** 250% FPL, Women of childbearing age who have not been sterilized and men who have not been sterilized, Texas resident.	***Eligibility:*** 200% FPL, Women Age over age 18, Texas Residents	***Eligibility:*** 185% FPL. women of child bearing age. Texas resident	***Eligibility:*** Medicaid-income eligible (varies by program), US Citizens or eligible immigrants, Texas residents (includes TANF, both child and adult, STAR Health, pregnant, and federal mandate clients)*	***Eligibility:*** 200% FPL, US Citizens or eligible immigrants, Texas residents, currently pregnant	***Eligibility:*** 200% FPL, women age 21-64, Texas resident	***Eligibility:*** 200% FPL, women ages 64 or younger, US Citizens or eligible immigrants, Texas residents, diagnosed and in need of treatment for either breast or cervical cancer
Annual Funding: $36 million General Revenue	***Annual Funding:*** $21.6 million All Funds ($18.8M General Revenue, $2.8M Federal/Other)	***Annual Funding:*** $50 million General Revenue	***Annual Funding:*** GR- $1.2M Fed (Title V) $291K	***Annual Costs:*** $3.7 billion All Funds ($1.5 billion General Revenue)	***Annual Funding:*** $205 million All Funds ($58.5 million General Revenue)	***Annual Funding:*** GR – $2.9M Fed (CDC and Title XX) - $6.4M Fed (Title XX) - $3M	***Annual Costs:*** $91.2 million All Funds ($26 million General Revenue)

**Excludes Emergency Medicaid - Birth Costs to Undocumented Persons, which provided labor and delivery services for approx.52,000 women in FY13 through emergency services for undocumented persons.*

"Medicaid cost estimate reflects using a per member, per month cost for medical and vendor drug costs for all client risk groups, based on the total number of female clients age 18 and above, as well as older adolescent females (15-17) in the non-disabled Children's and Foster Care groups."

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HHS Women's Health Programs

Texas Women's Health Program	Family Planning Program (FP)	Expanded Primary Health Care Program	Title V Prenatal	Medicaid – Women's Services	CHIP Perinatal	Breast and Cervical Cancer Screening	Medicaid for Breast and Cervical Cancer
Covered Services* pelvic examination, STD screening and treatment, HIV screening, diabetes screening, high blood pressure screenings, cholesterol screenings, breast & cervical cancer screenings, clinical breast exam, pap tests (initial test only), and Contraceptives.	***Covered Services***** pelvic examination, STD screening and treatment, HIV screening, diabetes screening, high blood pressure screenings, cholesterol screenings, breast & cervical cancer screenings, clinical breast exam, pap tests (initial and follow-up testing), and contraceptives.	***Priority Services***** pelvic examination, STD screening and treatment, HIV screening, diabetes screening, high blood pressure screenings, cholesterol screenings, breast & cervical cancer screenings, clinical breast exam, pap tests (initial and follow-up testing), immunizations and contraceptives.*	***Covered Services:*** pelvic examination, STD screening and treatment, HIV screening, diabetes screening, high blood pressure screenings, cholesterol screenings, pap tests, prenatal labs, ultra sound, non-stress test, dental services, and post-partum visit.	***Covered Services*** Full Medicaid acute care benefits for qualifying women. In addition, pregnant women have access to family planning annual exams, other family planning office or outpatient visits, laboratory services, radiology services, contraceptive devices and related procedures, drugs and supplies, medical counseling and education, sterilization and sterilization-related procedures, prenatal visits, prescriptions, prenatal vitamins, labor and delivery, postpartum visits.	***Covered Services:*** Up to 20 prenatal visits, prescriptions and prenatal vitamins, labor and delivery of the baby, two post-partum visits, and regular check-ups, immunizations and prescriptions for the baby after the baby leaves the hospital.	***Covered Services:*** pelvic examination, high blood pressure screenings, breast & cervical cancer screenings, clinical breast exam pap tests (initial and follow-up testing) mammograms, diagnostic services for women with abnormal breast or cervical cancer test results, cervical dysplasia treatment, and individualized case management.	***Covered Services*** Full Medicaid benefits during active cancer treatment, including cancer related services, such as: diagnostic services, surgery, chemotherapy, radiation, reconstructive surgery, medication (ongoing hormonal treatment), and active disease surveillance.

**Additional EPHC services: mammograms, diagnostic services for abnormal breast or cervical cancer test results, cervical dysplasia treatment, individualized case management, and prenatal medical and dental services.*

***Full Medicaid acute care benefits are only available during pregnancy and up to two months after birth for certain income-eligible women.*

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Women's Health Coordination: Next Steps

HHSC is working to enhance the coordination between TWHP and other state women's health programs. Areas of focus include:

- Comprehensive women's health website and mobile application.
- Services for women transitioning between Medicaid and TWHP or other state women's health programs.
- Efficient delivery of wrap-around services and client referrals.
- Identifying new types of service locations for convenience and increased access.
- Best practices to improve birth outcomes/birth spacing.
- Potential consolidation of programs, services, and/or client eligibility requirements.
- Review of current pharmacy requirements and models to offer more flexibility contractors and individual providers.
- Survey contractors and providers to obtain better data on their ability to expand capacity and serve additional clients.