



## DSHS MASSAGE THERAPY LICENSING PROGRAM

Checklist for Ensuring that a Massage Therapy Consultation Document  
Meets the Requirements Established by Rule  
25 TAC §140.304 Consultation Document

### My consultation document includes:

(circle one)

- |  |     |    |
|--|-----|----|
| 1. The type of massage therapy services or techniques I anticipate using during the massage therapy session. (This section/area needs to indicate the <u>actual</u> techniques and massage therapy services being provided during the session. Avoid using "may/could include the following techniques...")  | Yes | No |
| 2. The parts of the client's body that will be massaged or the areas of the client's body that will be avoided during the session, including indications and contraindications. (This section/area needs to indicate the <u>actual</u> parts of the client's body that will be massaged or areas to be avoided. Avoid using words like "may/could include the following areas...") | Yes | No |
| 3. A statement that I shall not engage in breast massage of female clients without the written consent of the client. (You may include a statement that breast massage will NOT be performed, or if it is a modality you will be using, that written approval is needed.)  | Yes | No |
| 4. A statement that draping will be used during the session, unless otherwise agreed to by both the client and by me.  | Yes | No |
| 5. A statement that if uncomfortable for any reason, the client may ask me to cease the massage and I will end the massage session. (Be sure to include a statement that the client may end the massage session at any time. Indicating that the massage therapist will adjust the pressure being used is not the same as ending the session.)                                     | Yes | No |
| 6. The signature of the client. (Client signature agreeing to the services the consultation document indicates will be provided during the massage session.)   | Yes | No |
| 7. My signature. (Massage therapist signature agreeing to the services the consultation document indicates will be provided during the massage session)  | Yes | No |

### I use my consultation document with all my clients:

- |  |     |    |
|--|-----|----|
| 1. Prior to the first massage session  | Yes | No |
| 2. If the client's reason for seeking massage changes at any time and/or any of the information in 1-4 above changes | Yes | No |

**The answers to all questions should be "Yes".**