



PPI/PADRE Newsletter

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From the Desk of DSHS Women's SUD Services:



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March Updates 2016

DSHS appropriated \$11.2 million in General Revenue through a Neonatal Abstinence Syndrome (NAS) Exceptional Item (EI) over the course of the 2016-2017 biennium to fund new and existing services aimed at reducing severity and costs associated with NAS. This EI takes a multi-pronged approach to addressing NAS by: Enhancing outreach to women at risk for having a substance exposed pregnancy, increasing the availability of intervention and treatment services to pregnant and postpartum women to improve birth outcomes and prevent future prenatal exposure, and implementing specialized programs to reduce the severity of NAS and improve family preservation.

The following are those DSHS-funded projects included in the NAS EI:

- Targeted Outreach
- Opioid Treatment Services
- Statewide Pregnancy Stabilization Center
- Mommies Program/NAS Response Teams

Postpartum Depression (PPD)

Texas is taking a closer look at perinatal mood and anxiety disorders due to a push by Governor Greg Abbot and the Texas Legislature. Recently, PPD initiatives in Texas include designating May as postpartum depression awareness month and a study on how to improve screening and treatment of PPD in Texas. We know that mood disorders are the most common psychiatric co-occurring disorders among clients diagnosed with substance use disorders and that both substance use and current or past experiences of abuse are associated with increased risk for PPD. As a former PPI program director, I worked with many women who had perinatal mood and anxiety disorders including one client diagnosed with postpartum psychosis and training on how to support both parents during this difficult time is vital to this work. There are so many families that are served by PPI and PADRE programs that have multiple risk factors associated with PPD such as having a child in the NICU, history of abuse, history of substance use, history of mood and anxiety disorders but many of these families suffer in silence due to cultural and societal pressures to feel happy and connected during the postpartum period. PPI and PADRE programs are in a unique position to help families suffering from PPD. Targeted interventions such as home visitations that include PPD information and support can serve to not only reduce the risk of substance use but increase access to care resulting in happier and healthier Texas families. I encourage PPI and PADRE program staff to participate in the Texas PPD initiative by participating in training, disseminating PPD information and materials and registering their program site through the Postpartum Support International registry.

PPI Statistics:

In the first quarter, 1,662 pregnant or parenting women had open cases with PPI program in Texas. According to your quarterly reporting, women received services in almost every setting including: CPS offices, Homeless Shelters, Medicaid Offices, OSAR Offices, High Schools, Alternative Schools, Criminal Justice Setting, Hospitals, Treatment Settings, Community Centers, Mental Health Settings, Faith Based Settings and several of our clients found out about PPI programs FROM OTHER CLIENTS OR FORMER CLIENTS.

PADRE Statistics:

Eight providers in Texas have combined to serve 202 fathers in Texas and have provided 129 participants with alternative activities, 125 with parenting education and provided 52 home visits.

Collaboration Partnerships



Region 6: *The Council on Alcohol and Drug-Houston*
CRADLES Program at The Council on Alcohol and Drug Abuse-Houston has worked with the Houston Mayor to address Human Trafficking in the area serving both domestic and international victims. According to US Department of Justice, Houston is one of the largest hubs of human trafficking in the nation.

Highlighted Providers this Quarter

PADRE Provider:



Region 8 *Alpha Home*

The Family Game Night is a session especially with young children, revealed fathers and children did not have time and did not know how to “play” or have fun together. We use age appropriate games, such as Monopoly Jr, Shoots & Ladders, or simple building blocks, and we do old fashion games, like charades, or BINGO and adapt them to the families. We stress talking and laughing with your children and making this a safe, drug, tobacco and alcohol free time.

PPI Providers

Region 11

Coastal Bend Wellness Foundation

Integrated Model of Care, Project HUG, worked with the Red Cord, a prostitution diversion program, along with Substance Use services case managers and counselors worked with a woman to provide a full-term delivery this quarter. A mother was able to visit her baby daily in the NICU. There was no CPS case opened and client graduated from PPI program in July 2015. The Coastal Bend Wellness Foundation also were awarded a Federal Qualified Health Center which offers mental health and primary medical care services to clients at little to no cost.



Client Success Story

Region 3

JPS Mom and Baby

PPI Program

A client enrolled in our program at twenty-six weeks pregnant with multiple CPS removals in her past. Client remained in the PPI program along with a Methadone maintenance OTS provider and delivered a healthy full-term baby girl and maintained custody of her child. One case manager stated “for me, one story of success, like this one, goes a very long way in making up for those tough days, I love what I do!”



PPI & PADRE Providers in Texas

Region 1
Panhandle (Lubbock)
StarCare Specialty Health System
Project Apple
PPI & PADRE Provider
806-740-1456

Region 2
Abilene
Abilene Regional COADA
Hope Program
PPI Provider
325-673-2242

Region 3
Arlington, Dallas, Fort Worth
Tarrant County Hospital District
Nexus Recovery Center
Nexus Generations
PPI Provider
214-321-1841

John Peter Smith (JPS)
JPS Mom & Baby Program
PPI Provider
817-920-7322

UT Arlington
New Connections
PPI Provider
214-645-0919

Region 4
East Texas (Longview)
Longview Wellness Center
Wellness Pointe
PPI Provider
903-212-4658

Region 6
Houston
Behavioral Health Alliance of Texas
PPI Provider
512-215-8171

Santa Maria Hostel
Caring for Two
PPI Provider
713-818-0033

The Council on Recovery-Houston
Cradles
PPI Provider
281-200-9109

Region 7
Austin, Waco, Temple
BVCASA
Baby Love
PPI Provider
979-846-3560 ext 104

Cenikor Foundation
Mommy & Me
PPI Provider
254-299-2787

LifeSteps
Council on Alcohol and Drugs
Wee Care
PPI & PADRE Provider
512-869-2571

Region 8
San Antonio
Alpha Home
Family First
PPI Provider
210-735-3822

Region 9
Midland, Odessa
PBRCADA
Mommy and Me
PPI & PADRE Provider
432-653-8026

Region 10
El Paso
Aliviane
PPI & PADRE Provider
915-782-4032

Region 11
Corpus Christi, Laredo, Valley
Behavioral Health Solutions of South Texas
PPI & PADRE Provider
956-787-7111

Coastal Bend Wellness Foundation
Project HUG
PPI & PADRE Provider
361-814-2001

The Council on Alcohol and Drug Abuse-Coastal Bend
Project Link
PPI & PADRE Provider
361-854-9199

Serving Children and adults in Need (SCAN)
PPI & PADRE Provider
956-724-3177