



## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

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**Broadcast # 173**

December 19, 2014

**To: Substance Abuse Treatment Contractors  
Local Mental Health Authorities  
Local Behavioral Health Authority (NorthSTAR)**

**From:** Philander Moore, Unit Manager, Substance Abuse Services Unit  
Robyn Strickland, Unit Manager, Adult Mental Health Unit  
Caryl Chambliss, Unit Manager, NorthSTAR  
Mental Health and Substance Abuse Division

**Re: State of Texas Co-occurring Psychiatric and Substance Use Disorder (COPSD) Training**

The Department of State Health Services (DSHS) Mental Health and Substance Abuse Service (MHSA) Division is pleased to announce that an updated training for Co-Occurring Psychiatric and Substance Use Disorders (COPSD) is now available online. The training consists of seven modules. Registration instructions for the training are available in the attached document from the University of Texas Health Science Center-San Antonio. The updated online course contains the following seven modules:

- Introduction to Co-occurring Psychiatric Substance Use Disorders
- Psychiatric and Substance Use Disorders
- Co-occurring and Psychiatric Substance Use Disorders
- Recovery Phases and Stages of Change
- Integrated Treatment Planning
- Treatment and Recovery
- Special Populations

Participants must successfully complete a quiz at the end of each module and pass a comprehensive exam to receive Certificates of Completion and continuing education units.

For FY2015 DSHS recommends that the clinical staff for the Substance Abuse Treatment Contractors successfully complete the updated COPSD training. The following applies for all clinical staff employed after issuance of this broadcast:

- Newly hired staff must successfully complete the updated training 90 days after employment start date.
- Newly hired Substance Abuse COPSD services staff must successfully complete training prior to providing services.

NorthSTAR may use this DSHS approved course for their programs that require COPSD training.

For questions or further information regarding the State of Texas COPSD training, please contact:

Substance Abuse: Tina Hosaka at [Tina.Hosaka@dshs.state.tx.us](mailto:Tina.Hosaka@dshs.state.tx.us) or (512) 206-5205

Local Mental Health Authorities: Robert Dole at [Robert.Dole@dshs.state.tx.us](mailto:Robert.Dole@dshs.state.tx.us) or (512) 206-5016

Local Behavioral Health Authority (NorthSTAR): Nicole Williams at [Nicole.Williams@dshs.state.tx.us](mailto:Nicole.Williams@dshs.state.tx.us) or (512) 206-5921

Thank you for your support and staff participation in the updated COPSD training.

Date: December 19, 2014

To: Executive Directors & Behavioral Health Directors  
Local Mental Health Authorities (LMHAs) and Substance Abuse Executive Directors

From: Natalie Maples-Aguilar, UTHSCSA Project Director

Re: COPSD Online Training Available

We are pleased to announce that an online training is now available for Co-Occurring Psychiatric and Substance Use Disorders (COPSD). The details are below and registration is currently available at [www.centralizedtraining.com](http://www.centralizedtraining.com).

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### **The Course**

This online course contains 7 modules and is estimated to take 3 to 3 ½ hours to complete. A 5-question quiz appears at the end of each module. The learner must pass the quiz at 80% to move onto the subsequent module. There is a 25-question comprehensive exam that is available after all 7 modules have been completed. The learner must pass this exam at 80% to be eligible for a training certificate and continuing education credits. 3.0 continuing education credits are offered for the following clinical licenses: Psychologist, LMSW, LCSW, LPC, LMFT, LCDC and LPA.

This online training and corresponding continuing education credits are offered free of charge through funding from the Department of State Health Services, Mental Health and Substance Abuse Division.

### **Please Note**

- This is intended to replace the CD version of the COPSD course.
- This **does** meet DSHS requirement for COPSD training.
- Audio/speakers must be turned on to complete this course. **Do not** attempt to take this training if your computer does not have audio.
- The “Resources” tab contains all the slides and narrative should you wish to print these. The slides may be helpful to take notes throughout the training.

### **Registration Instructions**

Existing User

- 1) Go to [www.centralizedtraining.com](http://www.centralizedtraining.com) and enter your previously established username (work email) and password. Hit the red Login button. If you cannot remember your password, please hit the “I forgot my password” button on the homepage and your

password will be sent to your already established email address. Then follow the steps below.

- 2) Click on the blue "Add Course" button.
- 3) From the dropdown menu, choose "COPSD"
- 4) Hit the "Update Registration" button at the bottom of the page. If you do not hit this button, the new course will not be added.
- 5) Hit the refresh button on your browser OR log out and log back in. "COPSD" will appear as a link at the top of the page.

#### New User

- 1) Go to [www.centralizedtraining.com](http://www.centralizedtraining.com) and hit the blue New User button.
- 2) Enter the requested information. Your password must be at least 6 characters in length.
- 3) In the Training Workshop dropdown menu, choose "COPSD" and hit the blue "Register" button. If you do not hit this button, the new course will not be added.
- 4) Hit the refresh button on your browser OR log out and log back in. "COPSD" will appear as a link at the top of the page.

If you have questions during the registration process or during the course, you may call or email any of the following people:

Teresa Rendon (210) 567-5508 [rendont@uthscsa.edu](mailto:rendont@uthscsa.edu)  
Desiree Castillo (210) 562-5261 [castillod@uthscsa.edu](mailto:castillod@uthscsa.edu)  
Natalie Maples (210) 562-5250 [maplesn@uthscsa.edu](mailto:maplesn@uthscsa.edu)