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Broadcast # 189

To: Local Mental Health Authorities, Value Options, Behavioral Health Directors, Substance Abuse Treatment Contractors, Substance Abuse Prevention Contractors, Texas Council on Community Centers

From: Mary Sowder, Director 
Mental Health and Substance Abuse, Program Services Section

Re: Extension of Deadline to Submit Applications for Trauma Informed Care Organizational Transformation Learning Community

The Texas Institute for Excellence in Mental Health (TIEMH) of the University of Texas at Austin has extended the deadline to submit applications for the Trauma Informed Care (TIC) Organizational Transformation Learning Community to Friday, May 22, 2015. TIEMH is coordinating the application and the learning community on trauma informed care for behavioral health organizations under the Mental Health and Substance Abuse (MHSA) Division of the Department of State Health Services (DSHS). This is part of the Texas Children Recovering From Trauma initiative funded by SAMHSA that aims to pilot trauma informed care organizational transformation in Texas.

Tribal Nations in Texas and Contractors under the MHSA Division of DSHS of community mental health services, substance abuse prevention services or substance abuse treatment services can apply to participate as pilots of this initiative. The Learning Community is tailored to impact behavioral organizations in Texas and address their individual organizational transformation. This learning community includes: live training, webinars, individual and group technical assistance to help promote and facilitate organizational change for trauma informed care at each organization to impact the workforce and all programs (adult services, child services, etc.) at each organization. Selected pilot organizations will have access to training, consultation, resources, a training of trainers and will be able to contribute to the development of a TIC toolkit and the strategic plan for transformation on trauma informed care. These trainings will be provided for free.

The National Council on Behavioral Health will be the primary trainer and expert for this initiative. Trainings on special topics will also be included, such as Secondary Traumatic Stress in the workforce by an expert of the National Child Traumatic Stress Network. A two-day long kick-off event will occur on July 8-9th, 2015 in the Austin area. Transformation Team members at each participating organization will attend both days, while their executive leadership is strongly encouraged to participate on the 1st day of the kick-off event to receive an overview of what they can expect as a benefit for their organization. The initiative will provide partial financial support for lodging to the pilot site transformation teams for the kickoff event.

Enclosed is the Informational Booklet and application for this learning community. Organizational leaders can review the Informational Webinar the following website: <https://attendee.gotowebinar.com/recording/2918661678716544002>).

The new deadline to submit applications is May 22, 2015. Please submit your applications to: tegan.henke@austin.utexas.edu. Selected organizations (pilot sites) will be announced on the 1st week of June 2015.

For more information about this Trauma Informed Care Organizational Transformation Learning Community, please contact Tegan Henke, State Development Specialist of TIEMH at the University of Texas at Austin (512-232-0641 or tegan.henke@austin.utexas.edu) or contact Marisol Acosta, Project Director of the Texas Children Recovering From Trauma initiative of DSHS at 512-206-4830 or Marisol.Acosta@dshs.state.tx.us.

2015-2016

Trauma Informed Care Organizational Transformation Learning Community

Informational Booklet for Pilot Sites



TIEMH
Texas Institute for Excellence
in Mental Health



TEXAS
Department of
State Health Services

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IMPORTANT DATES

May 22nd, 2015

Deadline: Submit the completed application questions to confirm interest in participating in TIC Transformation Learning Community as a Pilot Site

June 1st, 2015

Notification of Selected Pilot Sites

For More Information about the TIC Organizational Learning Community please contact:

Tegan Henke, State Development Specialist

Texas Institute for Excellence in Mental Health, University of Texas at Austin

(512) 232-0641 Email: tegan.henke@austin.utexas.edu

You may also review a recording of the informational Webinar held on April 30th, 2015 by following this link: <https://attendee.gotowebinar.com/recording/2918661678716544002>

For more Information about the Texas Children Recovering From Trauma Initiative please contact:

Marisol Acosta, MEd, LPC-S, Project Director

DSHS-MHSA, Texas Children Recovering From Trauma

P.O. Box 149347, MC 2091, Austin TX 78714-9347

(512) 203-4830 Email: Marisol.Acosta@dshs.state.tx.us

DISCLAIMER

The Texas Children Recovering From Trauma initiative of the Department of State Health Services is a partner member of the National Child Traumatic Stress Network funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Grant No5U79SM061177-03, US Department of Health and Human Services (HHS). The views, policies, and opinions expressed in this booklet or any speaker of this learning community do not necessarily reflect those of SAMHSA or HHS.



Introduction

The Texas Children Recovering From Trauma (TCRFT) Initiative of the Mental Health and Substance Abuse (MHSA) Division of the Department of State Health Services (DSHS) has been leading a pilot for the transformation of Trauma Informed Care (TIC) in Texas. The initiative is seeking to expand the number of pilot sites to collaborate as partners in this transformation. This Informational Booklet briefly describes the scope of work associated to the TIC Organizational Transformation Learning Community and how to confirm the interest of participation for behavioral health organizations within Texas and Tribal Nations.

Pilot sites are the champions on TIC in Texas, influencing and transforming their communities. Pilot sites will be able to contribute with their unique strengths to the development of a statewide strategic plan for TIC. They will have the opportunity to receive training and technical assistance, without cost, from the National Council on Behavioral Health (NCBH) and other experts in the field of TIC and its components to transform into trauma informed organizations, including Secondary Traumatic Stress. They will have access to resources that will help develop their infrastructure and provide sustainability for their efforts, including the opportunity to develop trainers of TIC in their organizations and resources from the NCBH and National Child Traumatic Stress Network (NCTSN).

This initiative is funded by the National Child Traumatic Stress Initiative of the Substance Abuse and Mental Health Administration (SAMHSA), and has been piloting trauma focused evidence based practices and Trauma Informed Care services at Heart of Texas Region MHMR Center since October 2012. This four year initiative includes a 12-month TIC Organizational Transformation Learning Community that will be coordinated by the Texas Institute of Excellence on Mental Health (TIEMH) and will have the NCBH as the national expert and primary trainer and consultant on this learning community.

Organizations interested in participating in this transformation and the learning community are invited to review the ***Informational Webinar (found here: <https://attendee.gotowebinar.com/recording/2918661678716544002>)***. They can also contact the TIEMH or the TCRFT initiative (see contact information on page 1). **Interested organizations will be required to complete and submit responses to the application questions below by May 22nd, 2015** to tegan.henke@austin.utexas.edu.

The TCRFT Steering Committee will evaluate the forms to select fourteen pilot sites including two Tribal Nations based on level of interest, readiness for this transformation and commitment to participate in the activities of this pilot. ***Selected pilot sites will be notified by June 1, 2015.*** They will join the primary pilot sites of the TCRFT initiative, Heart of Texas Region MHMR Center and DSHS, as champions on TIC.

Goal

This initiative has the aim of a transformation towards trauma informed care of community behavioral health services in Texas. At the end of this transformation, pilot sites would have implemented at least three components of trauma informed care throughout their organization.

Overview of the Trauma Informed Care Learning Community

The Trauma-Informed Approaches Learning Community led by the National Council on Behavioral Health (NCBH) and coordinated by the TIEMH of the University of Texas at Austin is designed to help assess, develop, and implement trauma-informed practices, policies, and procedures in an organization. Each pilot site will have a core implementation team called "Transformation Team".

By the end of the year-long learning community, participants will have completed the Organizational Self-Assessment©, created a sustainable core implementation team, and be deeply immersed in implementing trauma-informed approaches. The learning community process and the leadership through NCBH have been the driving forces in organizations successfully leading, structuring, and implementing organization-wide improvements. Transformation Teams will also receive training by other experts in the field, including an expert on Secondary Traumatic Stress from the National Child Traumatic Stress Network (NCTSN).

TIC Organizational Transformation Pilot Events Timeline

Notification of Pilot Sites	June 1, 2015	
Pre-Kick Off Event Webinar	June 11, 2015	Online
Kick-Off Event*	July 8-9, 2015	Location: Austin, TX
Webinars	To Be Determined	Online
Technical Assistance Calls	Once a month	Conference Call
Mid-Year Meeting*	January 21, 2016	Location: TBD
Webinars Technical Assistance Calls	To Be Determined	Online
Technical Assistance Calls	Once a month	Conference Call
Training of Trainers*	August 2016	Location: TBD
Summit Meeting*	August 2016	Location: TBD
Trauma Summit Conference*	August 2016	Location: TBD

*In-person training

Note: The dates may be subject to change for the year 2016.

It is strongly recommended that executive leadership, behavioral health directors, department directors and/or managers; including human resources, attend the 1st day of the kick-off event (July 8th, 2015). Members of the Transformation Team are required to attend all in-person meetings and trainings, and participate in all webinars and technical assistance calls. Transformation Teams will have assignments and tasks to work between in-person meetings and technical assistance calls. This will include the completion of a Readiness Assessment utilizing the National Council Organizational Self-Assessment ©. Transformation Teams will be

members of a group cohort and will participate in group consultation calls in addition to their individual calls. There will be a minimum of four webinars and a minimum of six technical assistance calls. The learning community will help each transformation team develop family/youth voice and will have support to help identify consumers who can have an active voice in their transformation efforts at their organization. Additional webinars and technical assistance may include special topics such as: secondary traumatic stress, creating consumer voice, and understanding the trauma needs of special populations. All trainings will provide continuing education credits. Participants will gain a certificate of completion of Trauma Informed Care Transformation at the end of the Learning Community. Pilot sites will have access to resources and the Texas TIC Organizational Transformation Toolkit to help support the sustainability of their efforts at their organizations, once the toolkit is finalized by the TCRFT initiative. Transformation Teams will be inquired to provide input in the development of this toolkit throughout the length of the learning community.

Transformation Teams will be encouraged to participate in efforts of the Texas Trauma Informed Care Network of the TCRFT initiative.

Creating a Transformation Team

In order to participate in the TIC Organizational Transformation Learning Community, pilot sites must create a Transformation Team. Each team must have a designated team lead that will be the point of contact for each team, trainers, and leaders of the TCRFT initiative throughout the learning community. Transformation Teams are recommended to have representatives from each department or division to better coordinate and influence transformation efforts throughout the organization (e.g. children mental health, adult mental health, administration, human resources, integral care/primary care, early childhood intervention, IDD, substance abuse treatment, substance abuse prevention, etc.). Small organizations may have a team of at least 3 members. Large organizations may have a team between 5 to 10 members. Teams are encouraged to have a family and/or youth representative as part of their Transformation Team.

Costs of TIC Organizational Transformation Learning Community

Covered Costs by TCRCT initiative

All trainings, webinars, consultation calls and trainings materials will be free of cost for pilot sites and their transformation teams. The initiative will provide partial financial support for travel expenses for in-person meetings. The TIEMH of the University of Texas at Austin will coordinate this financial support for pilot sites. Texas Systems of Care through TIEMH is collaborating with the TCRFT initiative to support the creating of Family/Youth Voice at each pilot site. This may include supporting the travel of family representatives and youth representatives to trainings and in-person meetings.

Costs by Pilot Sites (participating organizations)

Pilot sites will be responsible for the travel costs to cover transportation, meals, lodging, and any other travel expenses not covered by the TCRFT initiative.

Frequently Asked Questions

Who is required to attend in person the trainings, webinars and technical assistance calls?

Members of the Transformation Team at each pilot site are required to attend all in-person trainings, webinar, and technical assistance calls. Transformation Team members will be expected to work on tasks between trainings/webinars and meetings. Executive leaderships, behavioral health directors, and human resources manager are strongly encouraged to attend the 1st of day of the kick-off event (July 8th) of the TIC Organizational Transformation learning community, so that they can have a big picture understanding of what the transformation will address and how it will impact their organization, policies and workforce.

What are participants going to learn?

The Learning Community will address core topics across seven domains of Trauma Informed Care: Early Screening & Assessment; Consumer Voice Choice and Advocacy; Workforce Development; Evidence-Based and Emerging Best Practices; Safe and Secure Environments; Building Community Partnerships; Performance Monitoring and Evaluation. Secondary Traumatic Stress will be an eight core domain of this transformation and it will be addressed by an expert of NCTSN. These core topics will be addressed in a structured approach with face-to-face meetings, regular webinars with national experts, group and individual team (program or department) coaching calls. Additional supplemental topics may include military culture, and trauma in special populations (e.g. early childhood and trauma, childhood traumatic stress, trauma in the military, trauma in adult population, etc.).

What do my organization needs to do in order to participate in the Trauma Informed Care Organizational Learning Community?

Interested organizations will have to complete all the questions in the Commitment Form enclosed in this information booklet. Organization must designate in the Commitment Form the name of the leader of the Transformation Team that will participate in the learning community and will lead the transformation efforts at the local level. The Form must include a statement of commitment (question #5) of the Executive Director of your organization and must be signed by the Executive Director and submitted to the Texas Institute for Excellence on Mental Health by May 8th, 2015. The Steering Committee of the TCRFT initiative will select the organizations that will be pilot sites of this transformation and learning community and organizations will be notified by June 1, 2015.

Commitment Form

Name of Organization _____

Address _____

Executive Director's Name _____

Phone _____ Email: _____

Transformation Team Lead (Please indicate the name of person that will lead the Transformation Team in your organization that will participate in the Learning Community)

Name of Team Lead _____

Phone _____ Email: _____

Title _____ Department _____

Mailing Address: _____

Indicate which divisions and services are part of your organization

- Children's Mental Health
- Adult Mental Health
- Substance Abuse Treatment
- Substance Abuse Prevention
- Services of individuals with Intellectual and Developmental Disabilities
- Early Childhood Intervention Services
- Primary Care Services / Integral Care Services
- Crisis Unit Facility: Please indicate which type _____
- Residential Treatment Services
- Juvenile Justice Services
- Services for Homeless Population
- Shelter: Please indicate which type of shelter _____
- Prevention of Physical Health Conditions: Please indicate which type: _____
- Administration/Executive Offices
- Other Behavioral Health Services: _____
- Other Medical /Physical Health Services: _____
- Other: _____

Application Questions

Please answer the questions below using no more than five pages, double-spaced pages.

1. Briefly describe the reasons why you want your organization to participate in the Trauma Informed Care Organizational Transformation Learning Community.
2. What are the goals that you would like your organization to achieve by participating in this learning community? What are you expecting to gain or occur in your organization as a result of this learning community?
3. Describe any current efforts, collaborations, trainings or policies on trauma informed care in your organization.
4. What is your relationship with the Department of State Health Services and the Mental Health and Substance Abuse Division? Please indicate if you have a contract, memorandum of understanding or agreement or any formal contracting agreement with the Department.
5. Please include a signed letter from the Executive Director stating his/her commitment to participate in the 12 months Trauma Informed Care Organizational Transformation Learning Community.

Submit the completed application and letter of commitment by May 22nd, 2015 to tegan.henke@austin.utexas.edu.