



## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

JOHN HELLERSTEDT, M.D.  
COMMISSIONER

P.O. Box 149347  
Austin, Texas 78714-9347  
1-888-963-7111  
TTY: 1-800-735-2989  
www.dshs.state.tx.us

**Broadcast MSG# 258**

August 12, 2016

To: Executive Directors, Local Mental Health Authorities (LMHAs)  
Chief Executive Officer, ValueOptions of Texas, Inc.

From: Trina Ita, Director  
Mental Health and Substance Abuse Division  
Program Services Section II

Subject: Cognitive Behavioral Therapy Technical Assistance Webinars

CH

Since November 2013, the Department of State Health Services (DSHS) Adult Program Services (AMH) has hosted Cognitive Behavioral Therapy (CBT) Technical Assistance (TA) webinars/calls. In more recent months, DSHS has noticed a decrease in attendance of these webinars.

At this time, DSHS is making efforts to assess provider needs regarding these webinars. Please follow the link to take a brief survey: <https://goo.gl/forms/IsT7g5LdUT9r4bhc2>. Make note that the link is case sensitive. The goals of this survey are to:

- 1) Identify needs and areas for improvement
- 2) Increase effectiveness and attendance

DSHS wants to know how to better meet your needs with the technical assistance offered. Please complete the survey by **August 26, 2016**. CBT Technical Assistance webinars/calls **will** continue monthly while we evaluate the results.

Please contact Jondell Lafont-Garcia by email at [jondell.lafont-garcia@dshs.state.texas.us](mailto:jondell.lafont-garcia@dshs.state.texas.us) or by phone at 512-838-4368 if you have any questions regarding this broadcast message.