



Texas Health and Human Services Commission

CHARLES SMITH
EXECUTIVE COMMISSIONER
Broadcast MSG #268

October 7, 2016

To: Executive Directors, Local Mental Health Authorities
Executive Director, North Texas Behavioral Health Authority
Chief Executive Officer, ValueOptions of Texas, Inc.

From: Trina Ita, Director *Robert Strickland for Trina Ita*
Medical and Social Services Division, Behavioral Health Services Section

Subject: Cognitive Processing Therapy (CPT) Survey

In an effort to better understand the CPT services offered through Local Mental Health Authorities and Local Behavioral Health Authorities, we invite approved CPT providers to complete a brief survey. Approved CPT providers are those individuals who have completed the multiphase process outlined in Information Item A and summarized below:

1. Training Phase: Completed the HHSC-approved 2-day classroom training or an equivalent training
2. Consultation Phase: Participated in CPT consultation calls (19.5 hours) with qualified trainers/consultants while concurrently conducting CPT with clients
3. Counseling Phase: Completed two 12-session cases of CPT during the consultation phase within one year of the training

Our goals with this survey are to better understand the services offered, identify needs and areas for improvement, and provide technical assistance/training if needed. Please follow the link to take the survey: <https://goo.gl/forms/EPnBxqkEpVhrYIMf1>. Please note that the link is case sensitive.

HHSC wants to know how to better meet your needs with the technical assistance offered. Please complete the survey by **October 28, 2016**.

Please contact Jondell Lafont-Garcia by email at jondell.lafont-garcia@hhsc.state.texas.us or by phone at 512-838-4368 if you have any questions regarding this broadcast message.