



Texas DMIE

Texas Department of State Health Services

Current Reality

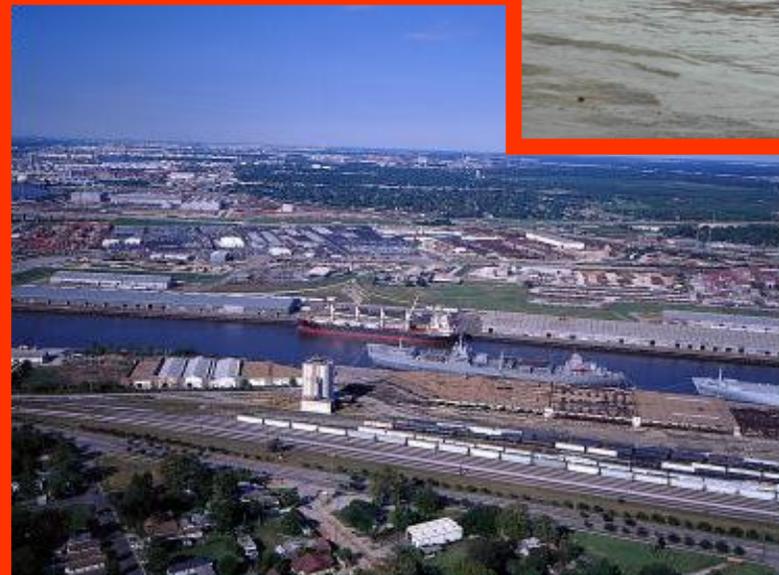
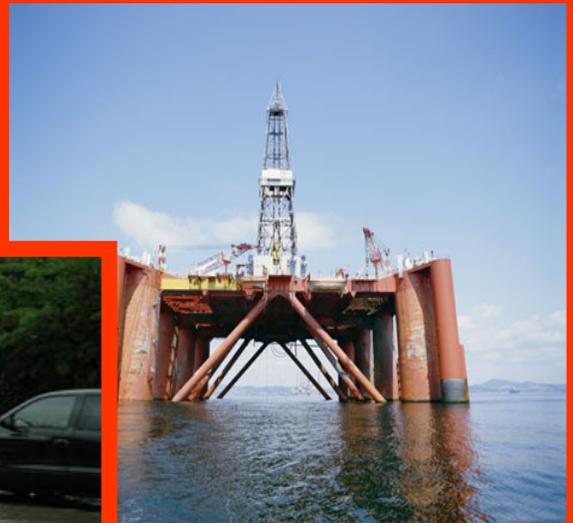


- 28 percent of working adult Texans are uninsured
- Uninsured Texans with disabilities turn to federal programs for help when they become unemployed.
- This increases federal costs and erodes the local tax base which supports health care.
- 250,000 working age Texans with disabilities receive SSI (average of \$412/ mo per person in 2005)
- 380,000 Texas workers with disabilities receive SSDI (average of \$924/mo in 2005)
- 345,500 working age Texans with disabilities were on Medicaid in 2007. Expenditures were \$3.5 billion. (In Harris County 48,600 cost \$375.5 million)

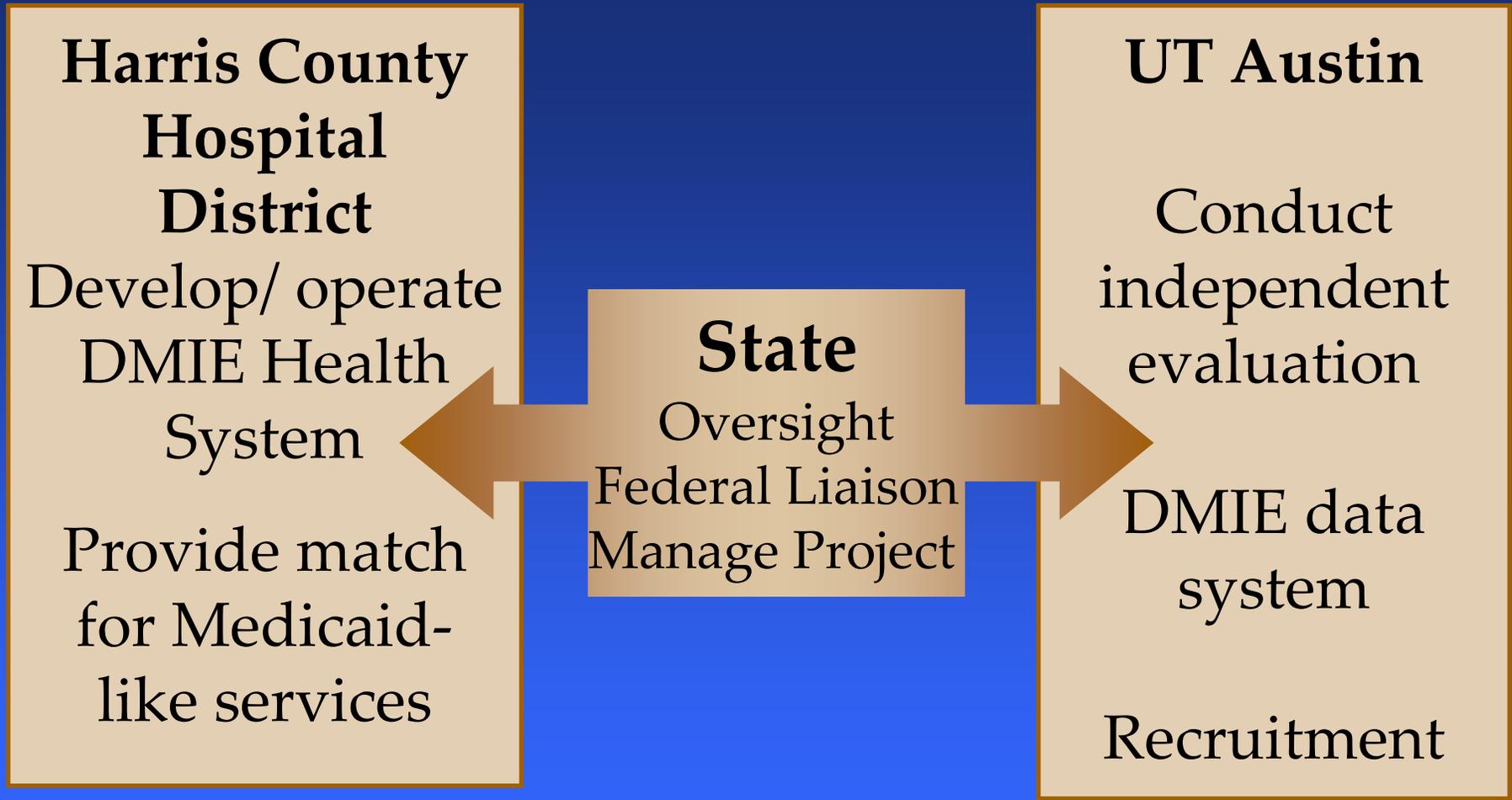
Texas DMIE

- A model which can work in states where county governments address the health needs of low income workers
- Largest study population among DMIE projects (over 1600 participants)
- Randomized controlled trial
- Intervention group receives enhanced medical and vocational services

Current Texas Site: Houston



State / Local Partnership



Who's in Texas DMIE?



- Adults (21 – 60) with disabling conditions
 - **Severe mental illness** (schizophrenia, bi-polar disorder, major depression) – **12%**, or
 - **Major physical conditions** (e.g., diabetes, heart disease, MS, etc.) **PLUS** a behavioral health illness (depression, etc.) – **88%**
- **Low income** – 90% are below 200% poverty, 60% are below 100% poverty
- Limitations in performing daily living tasks (40%)
- A **strong** desire to continue working (80-90%)
- Part or full-time jobs (20% are health care workers)
- At **significant** risk of dependence (over 400 candidates applied for disability before they could be recruited into the study)

Supporting Wellness



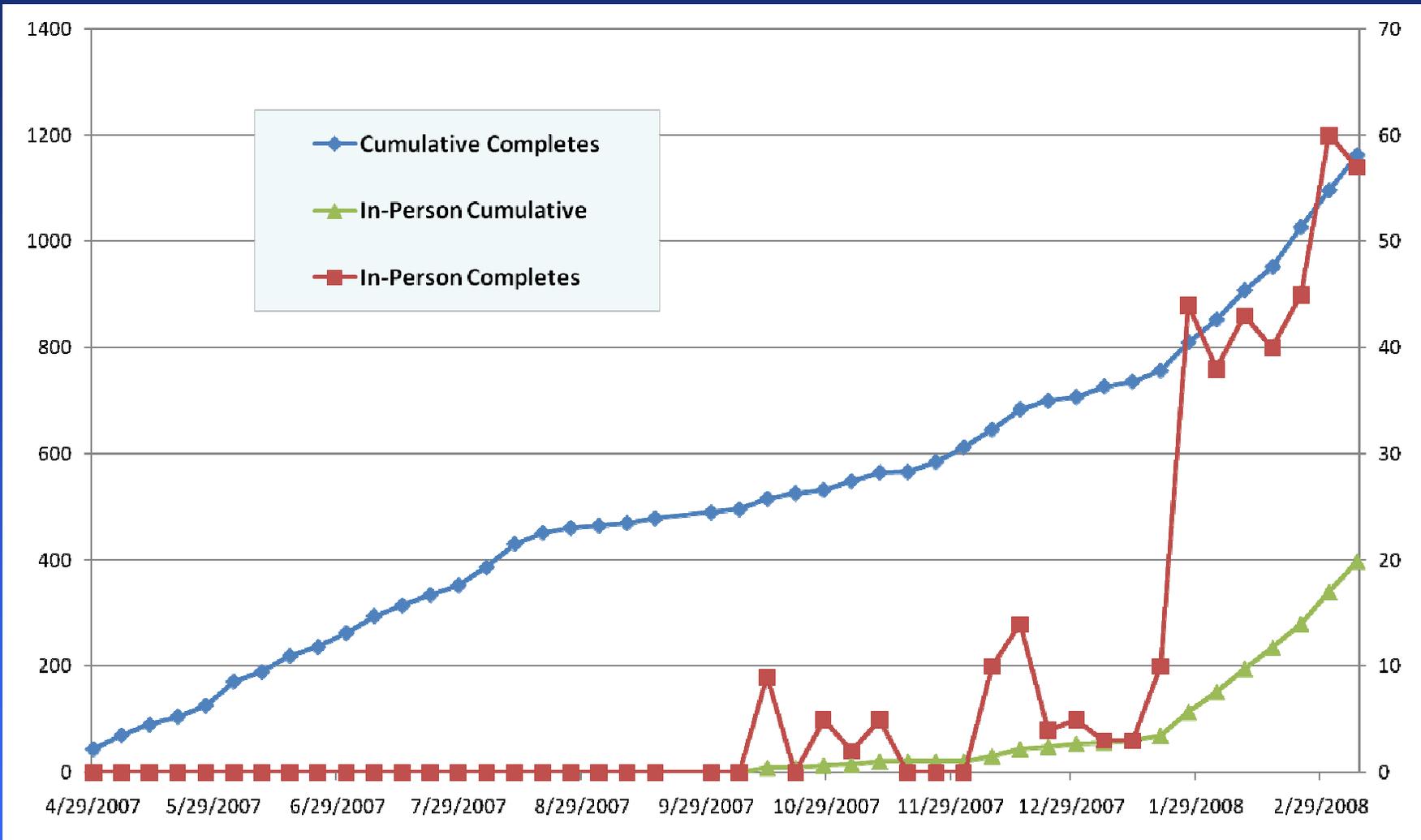
- Health services (physician, hospital, etc.)
- Enhanced health services
 - Prescription medicine
 - Enhanced psychological and neuropsychological assessments
 - Improved access to outpatient mental health services (expedited office or outpatient visits)
 - Chemical dependency treatment services
 - Expanded Durable Medical Equipment
 - Preventative and restorative dental treatment

Supporting Independence



- Individual planning addressing life and health issues
- Advocacy, direct services, motivational interviewing, coordination and intervention
- Assistance in connecting to other community resources
- Employment/Vocational supports including:
 - Vocational Assessment/Evaluation
 - Collaboration with an Employer
 - Vocational Support Groups
 - Collaboration with Family/Friends
 - Vocational Treatment Planning/Career Development
 - Vocational Counseling

Texas DMIE Enrollment



How It's Working



- Linking workers to vital health care services
- Providing help to gain, keep, improve employment
- Building upon local systems of care by better coordinating existing resources
- Hundreds are now getting help. Success stories include:
 - Mental health care and employer education result in secure and stable job for formerly suicidal person
 - Orthopedic shoes, health and job counseling allow a severe diabetic to keep working
 - Health counseling, career planning result in full-time job for formerly unemployed person with multiple physical/mental disabilities

Future Texas Plans



Texas plans to extend / expand DMIE, should extension be included in the federal budget

- Continue Houston project through 2012
- Add second site - Bexar County (San Antonio) – important to determine if success can be replicated in Texas

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