

ASSOCIATION OF TEXAS MIDWIVES  
MIDWIFERY TRAINING PROGRAM

**REQUIRED TEXTBOOKS AND READING**

**Required Textbooks and Reading**

**Effective for students enrolling on or after January 1, 2011**

The following books are required to complete the ATM Midwifery Training Program. The correct version and most current edition of each book must be used unless otherwise noted. Required texts are listed in the order needed, and the module for which you will first need the text is shown. Be sure and order your textbooks in advance of when you will need them so that you do not get behind in your assignments. Most texts will be used in multiple modules.

Students are not required to purchase any text from a publisher; however, obtaining the wrong text or wrong edition can be a costly mistake. We suggest ordering the required textbooks directly from the publisher when possible. By following any provided links you can be assured of obtaining the correct textbook version and edition.

- **Nursing Health Assessment: A Best Practice Approach**, Sharon Jensen (2011) ISBN: 978-0-7817-8062-9 Lippincott, Williams & Wilkins (Module I)  
**Note: Contact the Course Coordinator for a promotion code to obtain a 20% discount.**
- ***Heart and Hands, A Midwife's Guide to Pregnancy and Birth, 4<sup>th</sup> edition*** Elizabeth Davis (Module I)
- ***The Science of Nutrition 2<sup>nd</sup> Ed.*** (ISBN 032164316X) J.Thompson, M. Manore, L. Vaughan. (2011) Pearson Benjamin Cummings (Module I)
- **Skills for Midwifery Practice 3rd Ed.** Ruth Johnson and Wendy Taylor (2010) Elsevier (Module I)
- **Texas Midwifery Basic Information and Instructor Manual.** Free download from Texas DSHS Midwifery Board (Module I)
- **Texas Midwifery Rules,** Free download from Texas DSHS Midwifery Board (Module I)
- **Texas Midwifery Act,** Free download from Texas DSHS Midwifery Board (Module I)
- ***Hole's Essentials of Human Anatomy and Physiology 10<sup>th</sup> Ed.*** Shier, D., Butler, J., and Lewis, R. McGraw Hill (Module II)
- **Anatomy and Physiology for Midwives 2<sup>nd</sup> Ed.** Coad, J. (2005). Elsevier Churchill Livingstone (Module II)

- **Holistic Midwifery Volume I Care During Pregnancy**, Anne Frye, Labrys Press (Module III – use in Module II is optional)
- **Varney's Midwifery**, 4<sup>th</sup> Edition Helen Varney, Jones and Bartlett (Module III)
- **Maternal Fitness**, Julie Tupler, R.N. (Module III)
- **Understanding Diagnostic Tests in the Childbearing Year** 7<sup>th</sup> edition, Anne Frye, Labrys Press (Module III)
- **Holistic Midwifery Volume II Care During Labor and Birth**, Anne Frye, Labrys Press (Module IV)
- **The Labor Progress Handbook**, 2<sup>nd</sup> Edition, P. Simkin, R. Ancheta (Module IV)
- **Assessment and Care of the Well Newborn**, 2<sup>nd</sup> Edition (2005) Saunders Thureen, Deacon, Hall, Hernandez (Module VI)
- **A MIDWIFE'S HANDBOOK**, Constance Sinclair, Saunders (Module VI)
- **The Breastfeeding Answer Book**, La Leche League Int. (Module VI)
- **Abnormal PAP SMEARS What Every Woman Needs to Know**, Rev. (July 2008) Lynda Rushing MD and Nancy Joste MD (Module VI)
- **Practical Skills Guide for Midwifery**, Pan Weaver and Sharon Evans (Clinicals)

The following textbooks are approved for use in required projects and are highly recommended:

- **Clinical Practice Guidelines for Midwifery & Women's Health**. Nell Tharpe, Jones and Bartlett (Module III & V)
- **MYLES TEXTBOOK FOR MIDWIVES**, 15<sup>th</sup> edition, Bennett and Brown, Elsevier Churchill Livingstone (Module III & V)
- **BEST - Birth Emergency Skills Training Manual for Out-of-Hospital Midwives**, Bonnie U. Gruenberg CNM, MSN, CRNP, EMT-P, Birth Muse Press (Module V)

Note: Myles Textbook for Midwives is on the NARM written examination primary reference list.

### **Recommended Supplemental Reading List**

**A BOOK FOR MIDWIVES**, Susan Klein

**A GUIDE TO EFFECTIVE CARE IN PREGNANCY AND CHILDBIRTH**, Enkin, Keirse, Renfrew, and Neilson

**BIRTH WISDOM: TRICKS OF THE TRADE, VOLUMES 1-3**, *Midwifery Today*

**BREECH BIRTH WOMAN-WISE**, *Maggie Banks*

**CHILDBIRTH EDUCATION**, *Francine H. Nichols and Sharron Smith Humernick*

**CHOOSING WATERBIRTH**, *Lakshmi Bertram*

**EMERGENCY CHILDBIRTH**, *Gregory J. White, M.D.*

**HOMEOPATHY FOR THE MODERN PREGNANT WOMAN AND HER INFANT**,  
*Sandra Perko*

**HOMEOPATHY FOR PREGNANCY, BIRTH, AND YOUR BABY'S FIRST YEAR**,  
*Miranda Castro*

**Human Labor and Birth**, 5<sup>th</sup> Edition Oxorn & Foote, McGraw-Hill (Note: on NARM secondary reference list)

**MATERNAL CHILD NURSING MAGAZINE**

**MIDWIFERY**, *Linda V. Walsh*

**MIDWIFERY: BEST PRACTICE**, *Sara Wickham, El Sevier* (Note: on NARM secondary reference list)

**MIDWIFERY, MIND AND SPIRIT**, *Jennifer Hall, El Sevier* (Note: on NARM secondary reference list)

**MIDWIFERY TODAY MAGAZINE**

**MOMMY DIAGNOSTICS**, *Shonda Parker*

**MOSBY'S HANDBOOK OF HERBS AND NATURAL SUPPLEMENTS**, *Linda Skidmore-Roth*

**NURSE-MIDWIFERY HANDBOOK**, *Linda Wheeler*

**OBSTETRICS ILLUSTRATED**, *Miller and Hanretty*

**OBSTETRIC MYTHS VERSUS RESEARCH REALITIES**, *Henci Goer*

**POLLY'S BIRTH BOOK**, *Polly Block*

**PRACTICE GUIDELINES FOR OBSTETRICS AND GYNECOLOGY**, *Geri Morgan and Carole Hamilton*

**Professional Ethics in Midwifery Practice**, *Illysa Foster, Jon Lasser, Jones & Bartlett*

**Publication Manual of the American Psychological Association**. 5<sup>th</sup> Ed. (2001). American Psychological Association

**Research Updates For Midwives – Some Thoughts on the Best of the Evidence** 2005 *Gail Hart*

**THE BEST LABOUR POSSIBLE**, *Lesley Hobbs*

**THE COMPLETE WOMAN'S HERBAL – A MANUAL OF HEALING HERBS AND NUTRITION FOR PERSONAL WELL-BEING AND FAMILY CARE**, *Anne McIntyre*

**THE HEMORRHAGE HANDBOOK**, *Midwifery Today*

**THE NATURALLY HEALTHY PREGNANCY**, *Shonda Parker*

**THE NATURALLY HEALTHY WOMAN**, *Shonda Parker*

**THE NEW MIDWIFERY: Science and Sensitivity in Practice**, *L. Page, R. McCandlish, Churchill Livingston* (Note: on NARM Primary Reference List)

**THE THINKING WOMAN'S GUIDE TO A BETTER BIRTH**, *Henci Goer, Penguin Putnam* (Note: on NARM secondary reference list)

**THE SHOULDER DYSTOCIA HANDBOOK**, *Midwifery Today*

**UNDERSTANDING AND TEACHING OPTIMAL FOETAL POSITIONING**, *Jean Sutton and Pauline Scott*

**WATERBIRTH UNPLUGGED**, *Beverley A. Lawrence Beech*

**WHO (World Health Organization) Essential Antenatal, Perinatal, and Postpartum Care Training Modules**

End of Textbook List

January 1, 2011

ATM Midwifery Training Program

P. O. Box 52187

Midland, TX 79710

432-664-8815