

This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, La Vaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Compared to last week, flu activity is about the same. Twenty-four counties submitted reports this week. Of the counties that reported, 14 counties reported influenza-like-illness. Three counties reported flu A by rapid test, and two counties reported both flu A and flu B by rapid test.

Pediatric Deaths:

None during this reporting period.

Institutional & School Outbreaks

None

Antiviral Resistance

No antiviral resistant flu reported.

Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

Flu Facts:

- Influenza is a serious respiratory disease caused by a virus. It is not the same as the common cold or an intestinal illness.
- Influenza may be contagious for 24 hrs before any symptoms develop. Though everyday preventive actions (e.g., handwashing) can help prevent transmission of many types of germs, the best way to avoid influenza infection is to get vaccinated.
- Many places offer influenza vaccination. In addition to physician practices, many health departments, pharmacies, retail stores, community sites, workplaces, and schools offer vaccination.

Highlighted areas indicate the highest level of influenza activity detected by county.

Percentage of Visits Due to Influenza-like Illness Reported by Texas ILINet Participants, 2011–2015 Seasons

