



## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

DAVID L. LAKEY, M.D.  
COMMISSIONER

P.O. Box 149347  
Austin, Texas 78714-9347  
1-888-963-7111  
TTY: 1-800-735-2989  
[www.dshs.state.tx.us](http://www.dshs.state.tx.us)

*SA Contractors Broadcast MSG0153*

September 21, 2011

TO: Executive Directors  
All Adolescent Outpatient Treatment Contractors

FROM: Philander Moore, Unit Manager *Pam*  
Program Substance Abuse Services Unit

RE: **Cannabis Youth Treatment Overview Training**

### Cannabis Youth Treatment Overview Training

In order to maintain the fidelity of the Cannabis Youth Treatment (CYT) curriculum, Department of State Health Services (DSHS) provided a Train the Trainer training in February 2011, to update CYT regional trainers. DSHS-funded contractors will have the opportunity to attend CYT training in their region or another region, providing training space is available. DSHS-funded contractors will be responsible for their staff's travel expenses to attend the CYT training. CYT overview will be a two-day training designed for practitioners of Youth Outpatient Treatment facilities. The two-day training will cover volumes 1, 2 and 3 of the CYT curriculum including overview in Motivational Enhancement Therapy (MET), The Stages of Change Model, Cognitive Behavioral Therapy (CBT), conducting group therapy with adolescents, and the Family Support Network (FSN).

**Participants must bring Volumes 1, 2 and 3 of the CYT curriculum placed in a 3 ring binder.** The CYT volumes can be downloaded from the SAMHSA website ([www.samhsa.gov](http://www.samhsa.gov)).

### Cannabis Youth Treatment Training Descriptions

The CYT training incorporates didactic education, demonstrations, and skill practice sessions necessary for practitioners to successfully implement the CYT curriculum.

### Cannabis Youth Training Objectives

- Increase practitioners ability to facilitate better outcomes with clients.
- Ability to identify Prochaska and Di Clemente's five Stages of Change.
- Understand the importance of role playing when working with clients.
- Able to conduct parent education meetings.
- Improve the ability of practitioners to deliver manualized treatment with consistency, and maintain fidelity of the curriculum.

Cannabis Youth Treatment Eligible Participants

- DSHS-funded Contractor Outpatient Youth Treatment program staff.
- Participants are clinicians actively treating clients and/or supervisors that intend to implement the curriculum.

**Cannabis Youth Treatment Training Dates and Locations:**

**Region(s) 7 & 8**

October 17-18, 2011

8:30am-4:30pm

Center for Health Care Services

711 E. Josephine

San Antonio, Texas 78208

Contact Person: Kathy Paradise

(210)299-8139 ext. 302

Please email or fax your registration form to:

Michelle Bias

[michelle.bias@dshs.state.tx.us](mailto:michelle.bias@dshs.state.tx.us)

Fax (512)776-7579

**Region(s) 3 & 4**

January 26-27, 2012

8:30am-4:30pm

Phoenix House of Texas

2345 Reagan Street

Dallas, Texas 75219

Contact Person: Bethany Kramer

(469)293-1621 ext. 6802

Please email your registration form to

Michelle Bias

[michelle.bias@dshs.state.tx.us](mailto:michelle.bias@dshs.state.tx.us)

Fax (512)776-7579

**Region(s) 5, 6, & 11**

April 16-17, 2012

8:30am-4:30pm

Riverside General Hospital

4514 Lyons Avenue

Houston, Texas 77020

Contact Person: Sandra Amerson

(713)331-2658

Please email your registration form to:

Michelle Bias

[michelle.bias@dshs.state.tx.us](mailto:michelle.bias@dshs.state.tx.us)

Fax (512)776-7579

**All Region(s)**

July 16-20, 2012

Specific training dates to be determined

2012 Behavioral Health Institute

**Instructions for CYT Training Registration**

Please register for the two-day CYT training by emailing your registration form to the contact person listed for the training you are planning to attend.

Confirmation of training registration will be sent within 48 hours after submission, excluding weekends and holidays, and will include parking details and hotel recommendations.

Registrations will be handled on a first-come, first-serve basis. Training accommodations are limited to 30 participants per training. **Priority registration closes two weeks prior to the training date.** Waiting list registrations will be accepted after that time. If space remains after waiting list seats are filled, a first-come, first-serve basis will apply for any participants who have registered and have received confirmation for the remaining seats.

For questions or information regarding the Cannabis Youth Treatment Overview Training, please contact Michelle Bias at [michelle.bias@dshs.state.tx.us](mailto:michelle.bias@dshs.state.tx.us) or (512)776-3484, or Laura Czepiel at [laura.czepiel@dshs.state.tx.us](mailto:laura.czepiel@dshs.state.tx.us) or (512)776-3314.