



# Friday Beat

## June 29, 2007 Edition



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For additional resources on these topics and others related to school health education and services, visit the School Health Program web site at [www.dshs.state.tx.us/schoolhealth](http://www.dshs.state.tx.us/schoolhealth)

### ***Quote to Note:***

*"When we are dreaming alone it is only a dream. When we are dreaming with others, it is the beginning of reality."*

*-Dom Helder Camara*

### ***Program Notices and Postings:***



### ***Upcoming Conferences/ Meetings/ Professional Development:***

#### **Texas Teen Tobacco Summit & Comprehensive Tobacco Prevention Conference—July 22 - 25, 2007**

The Texas Teen Tobacco Summit & Comprehensive Tobacco Prevention Conference, hosted by the Center for Safe Communities and Schools and the Texas Department of State Health Services, is a premier assembly of tobacco-control professionals, researchers, healthcare providers, community outreach specialists, law enforcement officers, counselors, teachers and youth dedicated to protecting Texas youth from the dangers of tobacco use and helping those who smoke to quit. The 2007 conference will take place July 22-25<sup>th</sup> at the Woodlands Resort and Conference Center in The Woodlands, Texas.

For more information, please visit [www.cscs.txstate.edu/cyi/cyi-tobacco-conf.htm](http://www.cscs.txstate.edu/cyi/cyi-tobacco-conf.htm).

### ***Health Education:***

#### **Staples Foundation for Learning® -- Funding for Educational Programs—Deadline: August 3, 2007**

The Staples Foundation for Learning® is accepting applications for its educational funding program to support local groups with programs and services that enable job skills and/or education for individuals, particularly for disadvantaged youth. Award amounts range from \$5,000 to \$25,000. Eligible applicants are nonprofit organizations with a 501(c)(3) status. For complete program information and guidelines, please visit [www.staplesfoundation.org/foundapplication.html](http://www.staplesfoundation.org/foundapplication.html).

### ***Healthy and Safe School Environment:***

#### **HealthySEAT—Healthy School Environments Assessment Tool**

The Environmental Protection Agency (EPA) has developed a FREE and unique software tool to help school districts evaluate and manage their school facilities for key environmental, safety and health issues. HealthySEAT is designed to be customized and used by district-level staff to conduct completely voluntary self-assessments of their school (and other) facilities and to track and manage information on environmental conditions school by school. For more information or to download the software, please visit [www.epa.gov/schools/healthyseat/index.html](http://www.epa.gov/schools/healthyseat/index.html).

### ***Counseling and Mental Health Services:***

#### **Find a Pen Pal**

Having someone to talk to who has diabetes is like having a very special friend. The following link will help a child find someone his/her age. <http://kids.jdrf.org/index.cfm?fuseaction=penpals.home>

### ***Parent and Community Involvement:***

#### **U.S. Department of Health and Human Services--Parenting Capacities and Health Outcomes in Youths and Adolescents Grant Programs—Deadline: October 16, 2007 (Cycle III)**

The U.S. Department of Health and Human Services is accepting applications for its Parenting Capacities and Health Outcomes in Youths and Adolescents grant program. The purpose of the program is to increase parent capacities and reduce, eliminate, or prevent one or more high-risk health behaviors or poor health habits in youth and adolescent children by supporting projects that target two or more ineffective parenting practices or behaviors and two or more youth/adolescent high-risk behaviors.

Award amounts will vary by project; applicants must follow the NIH Exploratory/Development Research Grant (R21) award mechanism for a maximum of one 2-year project period. Eligible applicants include, but are not limited to the following: for-profit and nonprofit organizations, public and private institutions, faith-based and community-based organizations, and Indian/Native American tribally designated organizations. For complete program information and guidelines, please visit <http://grants.nih.gov/grants/guide/pa-files/PA-06-530.html>.

#### **Walt Disney Company & Youth Service America—Disney Minnie Grants (2007 2<sup>nd</sup> Round)—Deadline August 30, 2007**

The Walt Disney Company and Youth Service America, through Disney Minnie Grants, are supporting youth-led service projects that are planned and implemented in communities. Service can take place between October 1 and November 26, 2007, and projects can address the environment, disaster relief, public health and awareness, community education, hunger, literacy, or any issue that youth identify as a community need. Maximum Award: \$500. Eligibility: teachers, older youth (15-25), youth-leaders, and youth-serving organizations that engage younger youth (5-14) in planning and implementation. Deadline: August 30, 2007. For complete program information and guidelines for this grant and others, please visit <http://ysa.org/AwardsGrants/tabid/58/Default.aspx>.

### ***Health Services:***

#### **Proposed “Healthy Schools Act of 2007”**

Legislation introduced in the U.S. Senate June 20 would allow states to make school-based health centers (SBHCs) eligible for reimbursement under Medicaid and the State Children’s Health Insurance Program (SCHIP) for comprehensive health and mental health services provided to children and adolescents who are enrolled in Medicaid and SCHIP. The bill, S. 1669, introduced by Senator Debbie Stabenow (D-MI) and five co-sponsors, would amend the Social Security Act to make SBHCs eligible entities under the two federal programs that insure children and adolescents whose families are unable to afford private health insurance. The bill, Healthy Schools Act of 2007, can be read and tracked at <http://thomas.loc.gov>.

### ***Staff Wellness Promotion:***

#### **Wellness Newsletter: Headache Awareness**

This week's topic is "Headache Awareness". The weekly online newsletter provided courtesy of Wellness Proposals is available at [www.wellnessproposals.com/wellness\\_proposals\\_free\\_wellness\\_newsletters.htm](http://www.wellnessproposals.com/wellness_proposals_free_wellness_newsletters.htm).

### ***Physical Education:***

#### **Point-of- Decision Prompts**

The CDC has an interesting resource that discusses ways to encourage physical activity. One recommended intervention takes an informational approach. After a systematic review of published studies, point-of -decision prompts that encourage people to use the stairs seem to be an effective method in getting people to be more physically active. To read more, please visit [www.thecommunityguide.org/pa/pa-int-decision-prompts.pdf](http://www.thecommunityguide.org/pa/pa-int-decision-prompts.pdf).

### ***Nutrition Services:***

#### **ADA Releases New Pediatric Nutrition Guidelines**

The American Dietetic Association (ADA) has published new evidence-based nutrition practice guidelines for pediatric weight management. The guidelines are available on the ADA's online Evidence Analysis Library, which summarizes for registered dietitians the results of the best available research and offers recommendations for dietitians to follow in their treatment of clients and patients. For an executive summary of ADA's Pediatric Weight Management Evidence-based Nutrition Practice Guidelines, please visit [www.adaevidencelibrary.com/topic.cfm?cat=3013&library=EBG&auth=1](http://www.adaevidencelibrary.com/topic.cfm?cat=3013&library=EBG&auth=1).

#### **Food Allergy Brochure**

The Food Allergy and Anaphylaxis Network (FAAN) released a new brochure to aid in the diagnosis of food allergies. The brochure is available online at [www.foodallergy.org/downloads/DiagnosisBrochure.pdf](http://www.foodallergy.org/downloads/DiagnosisBrochure.pdf).

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External links to other sites appearing in the Friday Beat are intended to be informational and do not represent an endorsement by the Department of State Health Services. These sites may also not be accessible to people with disabilities. External email links are provided to you as a courtesy. Please be advised that you are not emailing the DSHS and DSHS policies do not apply should you choose to correspond.

For information about any of the programs listed, contact the sponsoring organization directly. For comments or questions about the Friday Beat, contact Laurie Anderson, information listed below.

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