## The Medical Monitoring Project (MMP)

- MMP is a surveillance survey funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about adults who are HIV-positive and receiving medical care in the United States.
- From 2009 to 2014, Texas and Houston MMP sites interviewed 2,679 adults who are HIV-positive and receiving care in Texas. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this fact sheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

### Characteristics of Adults who are HIV-Positive

and in Care in Texas, MMP, 2009-2014

- 74% were male and 24% were female, and 2% were transgender
- 60% were men who have sex with men
- 37% were black/African-American, 30% were Hispanic or Latino, and 30% were white
- 28% had been diagnosed with HIV less than 5 years at the time of their interview \_\_\_\_\_
- 28% had private insurance, 43% had public insurance only, 23% had Ryan White coverage only, and 5% were uninsured
- 43% had a household income at or below the poverty line
- 6% experienced homelessness

## Characteristics of White MSM who are HIV-Positive and in Care in Texas

- 18% had been diagnosed with HIV less 5 years at the time of their interview
- 46% had private insurance, 35% had public insurance only, 15% had Ryan White coverage only, and 4% were uninsured
- 19% had a household income at or below the poverty line
- 3% experienced homelessness

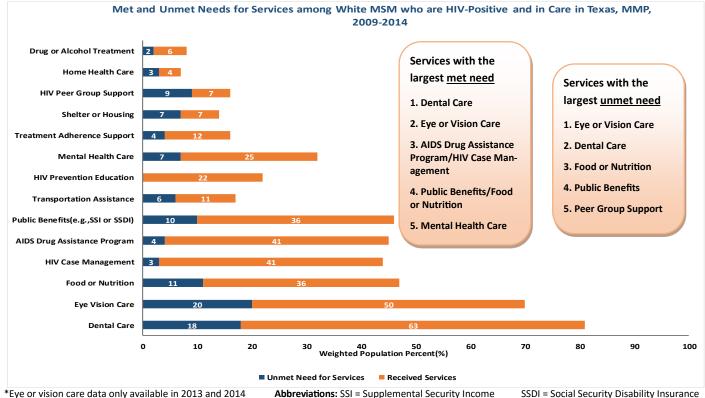
## HIV Treatment and Prevention Measures among White MSM who are HIV-Positive and in Care in Texas<sup>\*</sup>

Characteristics	Prescription of ART <sup>1,2</sup> (%)	ART Dose Adherence <sup>3,4</sup> (%)	Sustained Viral Suppression <sup>2,5</sup> (%)	Receipt of Condoms <sup>3,6</sup> (%)	HIV Prevention Counseling <sup>3,7</sup> (%)
Total, all participants, N=2679	91	84	67	49	40
White MSM, N=553	92	87	73	40	29
Age of White MSM Participants					
18-29 years	76	68	55	71	59
30-39 years	86	95	62	48	47
40-49 years	93	86	71	39	26
≥50 years	95	86	79	34	22
Insurance Status of White MSM Participants					
Any Private Insurance	91	91	78	32	22
Public Insurance Only	97	84	70	43	30
Ryan White Coverage Only	97	80	72	53	38
Uninsured	43	**	**	53	49

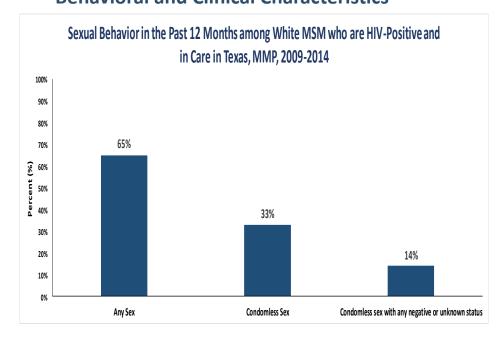
\*All data are from the past 12 months unless specified otherwise; \*\* Cell suppressed for small sample size;

<sup>1</sup>Antiretroviral therapy; <sup>2</sup>As documented in the medical record; <sup>3</sup>Self-reported; <sup>4</sup>Past three days;

<sup>5</sup>All viral loads in past 12 months undetectable or <200 copies/ml; <sup>6</sup>Received free condoms, not counting those given by a friend, relative, or sex partner; <sup>7</sup>Given by a healthcare provider



**Behavioral and Clinical Characteristics** 



SSDI = Social Security Disability Insurance

# Substance Use within the Past 12 Months among White MSM who are

HIV-positive<sup>1</sup>

- 37% were current smokers
- 22% engaged in binge drinking<sup>2</sup>
- 3% used injection drugs<sup>3</sup>

#### <sup>1</sup>Self-reported

<sup>2</sup>Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days <sup>3</sup>Past 12 months

#### STD Testing within the Past 12 Months among Sexually Active White MSM who are HIV-positive

- 58% were tested for syphilis
- 18% were tested for gonorrhea .
- 19% were tested for chlamydia

## Influenza Vaccination in the Past 12 Months among White MSM who are **HIV-positive**

50% received an influenza vaccine

Notes: any sex = any oral, anal, or vaginal sex; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner=engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

Documentation of MMP methods can be found here: http://www.cdc.gov/hiv/pdf/HSSR\_MMP\_2010-PDF01.pdf

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http://www.cdc.gov/hiv/statistics/systems/mmp/