

PANDEMIC FLU

FAMILY EMERGENCY HEALTH INFORMATION SHEET

It is important to think about health issues that could arise if an influenza pandemic occurs, and how they could affect you and your loved ones. For example, if you are seeing a health care provider other than your family provider or going to a treatment center, you may need to provide as much information as you can about your medical history when you go, especially if you have a serious health condition or allergy.

Create a family emergency health plan using this information. Fill in information for each family member in the space provided. Like much of the planning for a pandemic, this sheet also can help prepare for other emergencies.

1. FAMILY MEMBER INFORMATION:

Family Member	Blood Type	Allergies	Past/Current Medical Conditions	Current Medications and Dosages

2. EMERGENCY CONTACTS:

Contacts	Name/Phone Number
Local personal emergency contact	
Out-of-town personal emergency contact	
Hospitals near: Work School Home	
Family physician(s)	
Local health department	
Pharmacy	
Health insurance company and policy numbers	
Life insurance company and policy numbers	
Employer contact and emergency information	
School contact and emergency information	
Religious/spiritual organization	
Veterinarian	

U.S. Department of Health and Human Services