

2016 Texas WIC Infant Feeding Practices Survey State Report

Introduction

The Texas Legislature recognizes that breastfeeding is the “best method of infant nutrition” in Chapter 165 of Texas Health and Safety Code. This affirmation supports similar positions of the U.S. Surgeon General, American Academy of Pediatrics, American Congress of Obstetrics and Gynecology, the Texas Department of State Health Services (DSHS), and multiple other organizations as well as a large body of research findings. DSHS is committed to supporting a woman’s choice to breastfeed. DSHS has implemented, and continues to support programs that encourage the Ten Steps to Successful Breastfeeding and other recommended maternity practices in infant nutrition and care, worksite lactation support including through the Texas Mother-Friendly Worksite Program, breastfeeding-friendly child care practices, a woman’s right to breastfeed in public, and other initiatives. These programs are in addition to the breastfeeding promotion efforts provided directly to Texas WIC participants through local WIC services.

In its efforts to promote breastfeeding, the DSHS Division of Family and Community Health Services regularly conducts a survey of breastfeeding beliefs, attitudes, and practices among women receiving WIC services. The purpose of this survey is to provide data to local WIC agencies to aid in planning and activity development. These data may also provide valuable information to coalitions, public health partners, policy makers, and others interested in supporting breastfeeding.

Questionnaire and Sample

The bilingual questionnaire, which included 47 questions and was 12 pages in length, allowed primarily multiple choice (close ended) responses. Surveys were assigned to clinics in all 66 local WIC agencies operating at the time of the survey. Each clinic that served 12 or more infants from January through March 2015 was assigned a specified number of surveys that was proportionate to the number of participants served in that clinic. Surveys, survey assignments, administration instructions and an informed consent script were provided to WIC clinics via local WIC agency directors. WIC clinic supervisors were instructed to offer the survey using the informed consent script to each eligible participant presenting at the clinic for services during the survey administration period. The eligible population was women who were biological mothers (they gave birth to the baby) who were age 18 or older and who presented at the clinic for services and who have a single baby who was aged one (1)-months through thirty (30)-months old at the time of the survey.

Eligible participants who voluntarily agreed to participate in the survey were to complete the survey booklet and supplemental survey form in the language (English or Spanish) of her choice. Surveys were to be administered until all surveys have been completed or until the survey period ended, whichever came first.

A total of 10,325 surveys were completed from March 1 through April 22, 2016 and returned for scoring. Completed surveys were returned by all 66 local WIC agencies operating at the time of the survey. The questionnaire also served as a screener to identify and select the study population. Respondents who were under 18 years of age, not the biological mothers of the children receiving services or whose

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baby was younger than one month or more than 30 months old at the time of the survey were eliminated from the analyses presented in this report. Therefore, the study population consisted of mothers presenting at a WIC clinic for services for their biological children. Skip patterns in the survey further limited responses.

After eliminating ineligible respondents, there were 8,561 eligible surveys. Together, these completed surveys represent a snapshot of the survey respondents' infant feeding practices. The responses are not weighted or adjusted and may not be representative of the general population presenting for WIC services in Texas.

Questionnaires were self-administered as Scantron paper surveys. Respondents were asked to fill in the bubble for events or reasons that were most applicable to them. Some respondents did not answer all items. Therefore, the totals in each section may not match the total number of surveys and the totals may not match from section to section. Blank responses were coded as missing data and were omitted from analyses. While the questionnaire included skip patterns, respondents did not always adhere to instructions. Following data entry, all questions that were mistakenly answered were recoded as an appropriate skip.

Interpretation

Data are not comparable to surveys prior to 2011, for which the target audience was mothers whose infants were Born-to-WIC and presenting at the WIC clinic for their one-year sub-certification visits. This document contains data analyses at a state and regional level. Data from all 11 Texas Health and Human Services Public Health Regions are presented to allow for regional comparisons. Some regional analyses are derived from a small number of responses for a given response category. Caution should be used when interpreting these responses. Comparisons or conclusions cannot be reliably made when using analyses with small sample sizes. Results for categories with fewer than 20 responses were not included in the report due to extremely small sample size and are marked as "insufficient data" (ID).

Age of respondents' children ranged from 1 through 30 months without even distribution of age. 12.7 percent of children were 1-3 months, 27.1 percent were 4-6 months, 23.2 percent were 7-9 months, 20.4% were 10-12 months and 8.5% were 13-15 months. 88.2% of respondents had children aged 16-30 months. The average child's age was 8.5 months, while 5 months was the most frequently reported age. Children ages 1, 13 and 14 months and children aged 16 through 30 months are under-represented in the sample. For this reason, breastfeeding duration and exclusivity rates for children six months and older should be interpreted with caution.

The sample size is different for each question and is determined by number of completed responses as well as limits or filters used to limit the population included in the response. Missing or blank responses are excluded from each denominator. Questions 16 through 26 were limited to women who reported that they had ever breastfed their child, even if only once. Questions referring to work experiences are limited to women who responded that they returned to work after their child was born. Some other questions were limited to certain respondents. Descriptions of how responses were limited are provided in parentheses within the report. Where parentheses are not included, the responses are not limited and include all completed responses in the denominator.

Exclusivity of breastfeeding was calculated from duration and introduction of formula and complementary foods questions.

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Texas WIC Agencies

Texas WIC Agencies

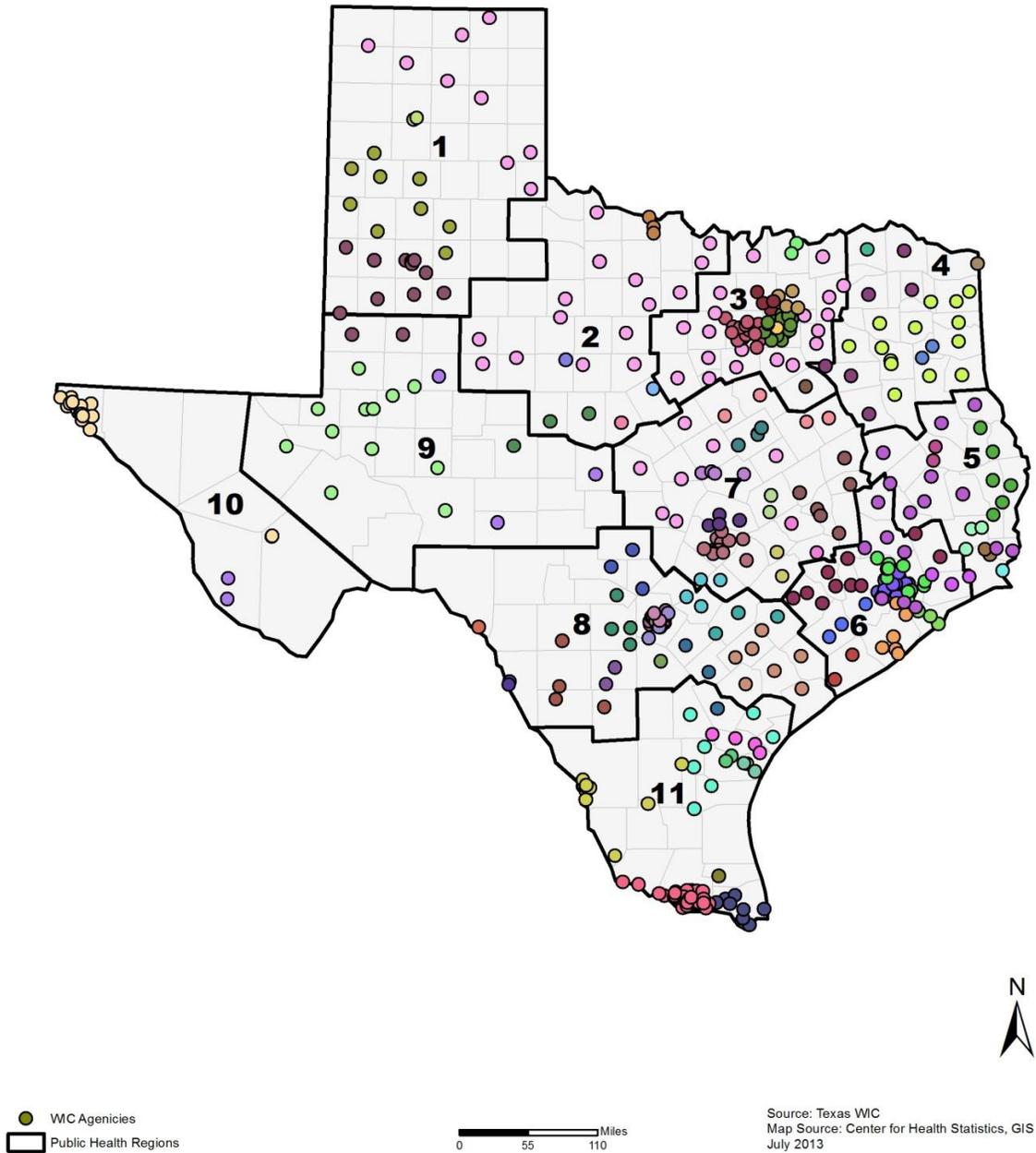


Figure 1. Distribution of WIC Clinics in Texas

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Number of Surveys Assigned and Number and Proportion of Surveys Completed and Returned per WIC Local Agency (LA)

WIC LA	PHR	# of surveys assigned per LA	# eligible surveys completed & returned per LA	% of assigned surveys completed, returned, & included in analysis
001	7	380	308	79.2%
003	11	300	252	84.0%
004	11	20	13	86.7%
005	11	115	42	38.2%
007	3	1,200	993	83.5%
010	6	50	23	51.1%
011	6	85	78	91.8%
012	11	765	655	87.3%
013	11	305	237	76.5%
017	6	415	247	60.7%
019	8	40	35	70.0%
020	1	65	64	85.3%
021	2	55	60	85.7%
022	2	110	92	80.0%
024	8	50	47	85.5%
026	6	890	642	73.0%
027	1, 9, 10	320	272	73.5%
028	10	25	19	95.0%
029	6	180	114	61.6%
030	5	45	33	73.3%
031	7	225	188	81.7%
032	7	110	85	77.3%
033	10	490	384	75.3%
034	2	60	51	85.0%
035	3	155	118	73.8%
036	7, 8	120	107	89.2%
037	8	60	21	30.0%
038	11	65	21	35.0%
039	4	350	250	68.5%
040	5	65	45	69.2%
041	8	565	416	74.3%
042	7	100	87	87.0%
043	8	20	17	85.0%

Shaded rows indicate that <2/3 of assigned surveys were completed & returned

WIC LA	PHR	# of surveys assigned per LA	# eligible surveys completed & returned per LA	% of assigned surveys completed, returned, & included in analysis
044	8	30	24	68.6%
046	6	90	66	77.6%
048	6	795	427	54.7%
049	8	20	10	66.7%
051	11	45	35	77.8%
053	8	20	19	95.0%
054	3	710	404	58.1%
056	2, 5, 9	50	31	56.4%
058	5	40	38	76.0%
059	8	40	36	80.0%
060	6	20	15	75.0%
061	5	25	23	76.7%
062	4	25	24	96.0%
063	5	20	22	88.0%
064	8	20	21	60.0%
065	4	35	30	85.7%
067	3	25	19	76.0%
069	8, 11	35	21	70.0%
070	6	20	3	20.0%
071	3	140	91	67.4%
073	8	170	137	83.0%
074	2	20	14	93.3%
076	1, 2, 3, 7	470	411	70.9%
077	5, 6	480	325	67.7%
089	8	65	33	55.0%
090	3	60	46	76.7%
095	3, 7, 8	25	15	50.0%
100	1	110	87	75.7%
105	7	20	7	70.0%
107	7	35	28	70.0%
108	4	70	62	88.6%
110	7	10	10	100.0%
126	7	10	11	73.3%

TOTAL		11,550	8,561	72.9%
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Proportional Distribution of Total Client Population Served and of Total Completed Surveys by WIC Local Agency

WIC LA	PHR	LA's enrolled infants as % of total TX enrolled infants Mar-Apr 2016	% of mothers of enrolled infants that completed survey per LA Mar-Apr 2016	LA's completed surveys as % of total completed surveys
001	7	3.3%	4.0%	3.6%
003	11	2.7%	4.0%	2.9%
004	11	0.1%	4.2%	0.2%
005	11	0.9%	2.0%	0.5%
007	3	10.3%	4.1%	11.6%
010	6	0.4%	2.6%	0.3%
011	6	0.7%	4.5%	0.9%
012	11	6.6%	4.2%	7.7%
013	11	2.6%	3.9%	2.8%
017	6	3.7%	2.8%	2.9%
019	8	0.3%	4.6%	0.4%
020	1	0.6%	4.7%	0.7%
021	2	0.5%	5.3%	0.7%
022	2	0.9%	4.2%	1.1%
024	8	0.4%	4.5%	0.5%
026	6	8.0%	3.4%	7.5%
027	1, 9, 10	3.0%	3.9%	3.2%
028	10	0.2%	3.7%	0.2%
029	6	1.6%	3.0%	1.3%
030	5	0.4%	3.3%	0.4%
031	7	2.0%	4.1%	2.2%
032	7	0.3%	11.5%	1.0%
033	10	4.2%	3.9%	4.5%
034	2	0.5%	4.2%	0.6%
035	3	1.3%	3.9%	1.4%
036	7, 8	1.1%	4.4%	1.2%
037	8	0.6%	1.6%	0.2%
038	11	0.5%	1.6%	0.2%
039	4	3.1%	3.4%	2.9%
040	5	0.6%	3.1%	0.5%
041	8	4.8%	3.7%	4.9%
042	7	0.8%	4.4%	1.0%
043	8	0.1%	5.1%	0.2%

Shaded rows indicate that the LA's participants are underrepresented in the final sample.

WIC LA	PHR	LA's enrolled infants as % of total TX enrolled infants Mar-Apr 2016	% of mothers of enrolled infants that completed survey per LA Mar-Apr 2016	LA's completed surveys as % of total completed surveys
044	8	0.3%	3.6%	0.3%
046	6	0.7%	3.9%	0.8%
048	6	6.9%	2.6%	5.0%
049	8	0.1%	4.8%	0.1%
051	11	0.4%	3.6%	0.4%
053	8	0.1%	5.5%	0.2%
054	3	6.2%	2.8%	4.7%
056	2, 5, 9	0.5%	2.9%	0.4%
058	5	0.4%	4.1%	0.4%
059	8	0.5%	3.2%	0.4%
060	6	0.2%	4.2%	0.2%
061	5	0.2%	4.6%	0.3%
062	4	0.2%	5.5%	0.3%
063	5	0.2%	6.1%	0.3%
064	8	0.2%	5.1%	0.2%
065	4	0.3%	4.0%	0.4%
067	3	0.2%	4.0%	0.2%
069	8, 11	0.3%	2.9%	0.2%
070	6	0.1%	2.2%	0.0%
071	3	1.1%	3.5%	1.1%
073	8	1.5%	3.9%	1.6%
074	2	0.1%	4.6%	0.2%
076	1, 2, 3, 7	4.3%	4.1%	4.8%
077	5, 6	4.4%	3.1%	3.8%
089	8	0.5%	2.7%	0.4%
090	3	0.5%	3.7%	0.5%
095	3, 7, 8	0.2%	3.1%	0.2%
100	1	0.9%	4.2%	1.0%
105	7	0.1%	3.0%	0.1%
107	7	0.3%	4.2%	0.3%
108	4	0.6%	4.4%	0.7%
110	7	0.1%	4.4%	0.1%
126	7	0.1%	5.0%	0.1%
TOTAL		100.0%	3.7%	100.0%

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Section 1. Distribution of completed surveys & respondent demographics

Number and percentage of all eligible surveys completed and returned by Public Health Region

Number and percentage of surveys by PHR	State	PHR 1	PHR 2	PHR 3	PHR 4	PHR 5	PHR 6	PHR 7	PHR 8	PHR 9	PHR 10	PHR 11
number completed	8,561	331	200	1,908	366	328	1,777	917	892	158	419	1,265
% of state total	100%	3.9%	2.3%	22.3%	4.3%	3.8%	20.8%	10.7%	10.4%	1.8%	4.9%	14.8%

Q1. Were you enrolled in WIC at any time during your pregnancy with this child?

Mother enrolled in WIC during pregnancy	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	6,898 (81.3%)	271 (82.9%)	157 (78.5%)	1,439 (76.0%)	309 (84.7%)	270 (83.3%)	1,424 (81.7%)	737 (80.6%)	737 (83.2%)	106 (67.5%)	352 (84.4%)	1,096 (87.1%)

Q2. Were you enrolled in Medicaid or CHIP at any time during your pregnancy with this child and/or after giving birth?

Mother enrolled in Medicaid or CHIP during pregnancy or after giving birth	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	7,635 (90.4%)	293 (89.6%)	182 (91.5%)	1,721 (91.3%)	328 (90.6%)	305 (93.3%)	1,599 (92.2%)	782 (86.1%)	809 (91.5%)	132 (84.6%)	328 (79.4%)	1,156 (92.6%)

Q3. Is your baby enrolled in Medicaid or CHIP now?

Baby enrolled in Medicaid or CHIP	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	7,425 (91.6%)	271 (89.4%)	173 (91.5%)	1,680 (93.3%)	325 (93.7%)	291 (93.6%)	1,545 (92.5%)	751 (86.2%)	797 (93.4%)	133 (88.1%)	314 (80.3%)	1,145 (94.2%)

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Q4. What is the highest level of education you have finished?

Highest level of education finished	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Less than high school diploma	2,526 (29.9%)	78 (23.9%)	24 (12.2%)	628 (33.5%)	105 (28.9%)	77 (24.0%)	562 (32.0%)	293 (32.4%)	215 (24.3%)	45 (28.8%)	77 (18.6%)	422 (33.7%)
High school diploma or GED	2,839 (33.6%)	132 (40.4%)	93 (47.2%)	622 (33.2%)	123 (33.9%)	156 (48.6%)	586 (33.4%)	274 (30.3%)	315 (35.7%)	64 (41.0%)	119 (28.7%)	355 (28.3%)
Some college credit, but no degree	2,258 (26.7%)	91 (27.8%)	61 (31.0%)	462 (24.7%)	101 (27.8%)	71 (22.1%)	425 (24.2%)	249 (27.5%)	254 (28.8%)	33 (21.2%)	152 (36.7%)	359 (28.7%)
Associate's, Bachelor's, or Postgraduate degree	825 (9.8%)	26 (8.0%)	19 (9.6%)	162 (8.6%)	34 (9.4%)	17 (5.3%)	182 (10.4%)	89 (9.8%)	99 (11.2%)	ID	66 (15.9%)	117 (9.3%)

Q5. What is your race/ethnicity?

Race/ethnicity	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
White	1,580 (18.8%)	89 (27.4%)	102 (51.5%)	296 (15.7%)	137 (37.8%)	128 (39.5%)	236 (13.6%)	239 (26.5%)	130 (14.8%)	46 (29.3%)	59 (14.4%)	118 (9.5%)
Black	1,129 (13.4%)	23 (7.1%)	22 (11.1%)	366 (19.5%)	77 (21.3%)	51 (15.7%)	381 (21.9%)	118 (13.1%)	63 (7.2%)	ID	ID	ID
Hispanic or Latina	5,443 (64.7%)	201 (61.8%)	69 (34.8%)	1,145 (60.9%)	136 (37.6%)	141 (43.5%)	1,048 (60.2%)	501 (55.6%)	662 (75.3%)	96 (61.1%)	339 (82.5%)	1,105 (89.2%)
Other	266 (3.2%)	ID	ID	74 (3.9%)	ID	ID	76 (4.4%)	43 (4.8%)	24 (2.7%)	ID	ID	ID

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Q6. How many years old are you?

Mother's age	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
18 – 24	3,279 (38.3%)	159 (48.0%)	86 (43.0%)	678 (35.5%)	158 (43.2%)	148 (45.1%)	625 (35.1%)	314 (34.2%)	361 (40.5%)	71 (44.9%)	179 (42.7%)	500 (39.5%)
25 – 29	2,587 (30.2%)	90 (27.2%)	66 (33.0%)	559 (29.3%)	99 (27.0%)	101 (30.8%)	554 (31.2%)	280 (30.5%)	288 (32.3%)	48 (30.4%)	122 (29.1%)	380 (30.0%)
30 – 34	1,653 (19.3%)	53 (16.0%)	35 (17.5%)	394 (20.6%)	67 (18.3%)	50 (15.2%)	361 (20.3%)	198 (21.6%)	165 (18.5%)	27 (17.1%)	74 (17.7%)	229 (18.1%)
35 years or older	1,042 (12.2%)	29 (8.8%)	ID	277 (14.5%)	42 (11.5%)	29 (8.8%)	237 (13.3%)	125 (13.6%)	78 (8.7%)	ID	44 (10.5%)	156 (12.3%)

Q8. How many months old is your baby today? (On the date of survey)

Note: Only responses for infants from 1 through 30 months were included in analyses for this report.

**Categories are not mutually exclusive; therefore, the responses may be included in more than one category.*

Age of baby in months	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
3 or more months*	8,027 (93.8%)	315 (95.2%)	194 (97.0%)	1,773 (92.9%)	332 (90.7%)	304 (92.7%)	1,648 (92.7%)	880 (96.0%)	831 (93.2%)	141 (89.2%)	403 (96.2%)	1,206 (94.2%)
6 or more months*	5,920 (69.2%)	242 (73.1%)	148 (74.0%)	1,219 (63.9%)	249 (68.0%)	239 (72.9%)	1,198 (67.4%)	646 (70.4%)	600 (67.3%)	99 (62.7%)	346 (82.6%)	934 (73.8%)
12 or more months*	2,043 (23.9%)	96 (29.0%)	45 (22.5%)	346 (18.1%)	86 (23.5%)	83 (25.3%)	372 (20.9%)	205 (22.4%)	215 (24.1%)	33 (20.9%)	179 (42.7%)	383 (30.3%)

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Q9. What language do you usually speak at home?

Language usually spoken at home	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
English	4,181 (49.2%)	217 (66.0%)	175 (87.5%)	824 (43.7%)	244 (66.8%)	207 (63.7%)	808 (46.1%)	498 (54.8%)	586 (66.0%)	88 (56.4%)	144 (34.4%)	390 (30.9%)
Spanish	2,594 (30.5%)	51 (15.5%)	ID	675 (35.8%)	77 (16.9%)	78 (24.0%)	594 (33.9%)	286 (31.5%)	148 (16.7%)	30 (19.2%)	148 (35.4%)	491 (38.9%)
English & Spanish	1,594 (18.8%)	56 (17.0%)	ID	339 (18.0%)	41 (8.0%)	40 (12.3%)	316 (18.0%)	108 (11.9%)	148 (16.7%)	32 (20.5%)	125 (29.9%)	381 (30.2%)
Other language	125 (1.5%)	ID	ID	49 (2.6%)	ID	ID	36 (2.1%)	ID	ID	ID	ID	ID

Q10. Where were you born?

Where were you born?	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
United States	5,551 (66.3%)	258 (78.4%)	175 (89.3%)	1,069 (57.6%)	274 (75.5%)	226 (70.4%)	1042 (60.7%)	569 (63.2%)	716 (79.1%)	118 (76.6%)	297 (71.9%)	807 (62.1%)
Mexico	2,183 (26.1%)	63 (19.1%)	ID	598 (32.2%)	84 (23.1%)	78 (24.3%)	398 (23.2%)	250 (27.7%)	126 (14.4%)	29 (18.8%)	112 (27.1%)	429 (31.8%)
Other country	640 (7.6%)	ID	ID	189 (10.2%)	ID	ID	278 (16.2%)	82 (9.1%)	35 (4.0%)	ID	ID	ID

Section 2. Infant feeding practices—Prenatal plans for infant feeding

Q13. During the time that you were pregnant, did you take a class about breastfeeding?

During pregnancy, took a class about breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	4,391 (52.4%)	152 (46.8%)	108 (54.0%)	933 (49.9%)	143 (39.6%)	173 (53.9%)	951 (55.4%)	424 (47.2%)	466 (52.8%)	69 (44.8%)	232 (57.3%)	740 (59.4%)

Q12. Thinking back to the time when you were pregnant, how did you plan to feed your baby during his or her first few weeks of life?

Plans for feeding baby during his or her first few weeks of life	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
I was not sure how I would feed my baby	465 (5.6%)	22 (6.9%)	ID	98 (5.2%)	ID	25 (7.9%)	116 (6.7%)	37 (4.1%)	46 (5.2%)	ID	27 (6.6%)	52 (4.2%)
Breastfeed or feed breast milk only	3,350 (40.0%)	149 (46.4%)	104 (53.3%)	764 (40.9%)	168 (46.7%)	121 (38.1%)	594 (34.6%)	398 (44.0%)	376 (42.8%)	64 (42.7%)	189 (46.0%)	423 (34.0%)
Formula feed only	1,038 (12.4%)	61 (19.0%)	38 (19.5%)	193 (10.3%)	44 (12.2%)	45 (14.2%)	231 (13.4%)	97 (10.7%)	145 (16.5%)	23 (15.3%)	40 (9.7%)	121 (9.7%)
Both breast and formula feed	3,517 (42.0%)	89 (27.7%)	42 (21.5%)	814 (43.6%)	132 (36.7%)	127 (39.9%)	778 (45.3%)	372 (41.1%)	311 (35.4%)	48 (32.0%)	155 (37.7%)	649 (52.1%)

Section 3. Knowledge and beliefs about breastfeeding

Q47. Do you believe the following statements about breastfeeding are true or false?

Breastfed babies are less likely to die from sudden infant death syndrome (SIDS)	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
True	3,912 (48.7%)	171 (54.6%)	85 (44.0%)	834 (46.6%)	153 (44.2%)	162 (52.8%)	786 (49.0%)	418 (49.3%)	385 (45.1%)	88 (58.3%)	213 (53.9%)	617 (50.2%)
False	1,513 (18.8%)	52 (16.6%)	39 (20.2%)	348 (19.4%)	60 (17.3%)	52 (16.9%)	290 (18.1%)	161 (19.0%)	200 (23.4%)	ID	73 (18.5%)	221 (18.0%)
I don't know	2,604 (32.4%)	90 (28.8%)	69 (35.8%)	609 (34.0%)	133 (38.4%)	93 (30.3%)	527 (32.9%)	269 (31.7%)	269 (31.5%)	46 (30.5%)	109 (27.6%)	390 (31.8%)

Breastfeeding benefits children even after they stop nursing (higher IQ, better health, etc.)	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
True	6,286 (78.2%)	245 (78.3%)	147 (76.6%)	1,394 (77.7%)	259 (74.2%)	243 (77.9%)	1,259 (78.6%)	682 (80.0%)	639 (74.8%)	120 (78.9%)	325 (82.7%)	973 (79.4%)

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Breastfeeding benefits children even after they stop nursing (higher IQ, better health, etc.)	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
False	511 (6.4%)	26 (8.3%)	ID	124 (6.9%)	ID	ID	96 (6.0%)	49 (5.8%)	55 (6.4%)	ID	20 (5.1%)	81 (6.6%)
I don't know	1,242 (15.4%)	42 (13.4%)	30 (15.6%)	277 (15.4%)	71 (20.3%)	52 (16.7%)	246 (15.4%)	121 (14.2%)	160 (18.7%)	23 (15.1%)	48 (12.2%)	172 (14.0%)

Mothers who breastfeed are less likely to get breast or ovarian cancer	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
True	5,143 (64.3%)	199 (63.8%)	105 (55.0%)	1,143 (64.0%)	197 (57.8%)	187 (60.9%)	1,024 (64.0%)	554 (65.5%)	509 (59.8%)	104 (69.3%)	278 (70.7%)	843 (69.1%)
False	707 (8.8%)	34 (10.9%)	23 (12.0%)	157 (8.8%)	31 (9.1%)	27 (8.8%)	133 (8.3%)	71 (8.4%)	101 (11.9%)	ID	36 (9.2%)	87 (7.1%)
I don't know	2,147 (26.8%)	79 (25.3%)	63 (33.0%)	485 (27.2%)	113 (33.1%)	93 (30.3%)	444 (27.7%)	221 (26.1%)	241 (28.3%)	39 (26.0%)	79 (20.1%)	290 (23.8%)

In Texas, there is a law that gives women the right to breastfeed their babies in public	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
True	5351 (67.1%)	216 (69.2%)	141 (73.4%)	1138 (64.5%)	228 (66.5%)	214 (69.7%)	1094 (68.6%)	569 (67.2%)	590 (69.5%)	107 (70.9%)	255 (65.1%)	799 (65.4%)
False	210 (2.6%)	ID	ID	57 (3.2%)	ID	ID	36 (2.3%)	20 (2.4%)	ID	ID	ID	42 (3.4%)
I don't know	2412 (30.3%)	82 (26.3%)	45 (23.4%)	568 (32.2%)	108 (31.5%)	90 (29.3%)	465 (29.2%)	258 (30.5%)	245 (28.9%)	38 (25.2%)	132 (33.7%)	381 (31.2%)

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There is a law that requires employers to give their breastfeeding employees enough break time and a clean, private place to pump milk during the work day	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
True	3,800 (48.2%)	166 (53.4%)	122 (64.2%)	808 (46.4%)	162 (47.6%)	158 (52.3%)	742 (47.2%)	422 (50.9%)	425 (50.4%)	80 (53.7%)	210 (54.0%)	505 (41.6%)
False	415 (5.3%)	20 (6.4%)	ID	103 (5.9%)	ID	ID	95 (6.0%)	31 (3.7%)	40 (4.7%)	ID	ID	68 (5.6%)
I don't know	3,665 (46.5%)	125 (40.2%)	64 (33.7%)	832 (47.7%)	160 (47.1%)	132 (43.7%)	734 (46.7%)	376 (45.4%)	378 (44.8%)	61 (40.9%)	163 (41.9%)	640 (52.8%)

Section 4. Infant feeding practices—Breastfeeding

Q15. Was this child ever breastfed or fed breast milk even if only once?

Child ever breastfed, even if only once	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	7,089 (86.0%)	252 (78.0%)	152 (77.6%)	1597 (87.5%)	297 (82.7%)	266 (83.9%)	1421 (84.8%)	789 (89.4%)	716 (82.8%)	127 (82.5%)	355 (87.7%)	1,117 (90.4%)

Q22. How old was your baby when he or she completely stopped breastfeeding or being fed breast milk (Among respondents who reported their child was ever breastfed)?

Average age when baby stopped breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Child was still breastfeeding at time of survey	1,645 (23.2%)	55 (21.8%)	26 (17.1%)	386 (24.2%)	57 (19.2%)	73 (27.4%)	327 (23.0%)	234 (29.7%)	173 (24.2%)	34 (26.8%)	76 (21.4%)	204 (18.3%)
The average age at which breastfed children stopped breastfeeding (mean)	91 days	94 days	92 days	88 days	79 days	78 days	92 days	96 days	85 days	81 days	120 days	91 days

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Average age when baby stopped breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
The average age at which breastfed children stopped breastfeeding (<i>mode/most frequent answer</i>)	2 mos	3 mos	2 mos	2 mos	1 mo	3 mos	2 mos	2 mos	2 mos	1 mo	2 mos	3 mos

Q24. Was your baby ever given formula? (Among infants who were ever breastfed)

Was your baby ever given formula	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	6,210 (90.0%)	210 (85.4%)	125 (83.3%)	1,389 (90.0%)	260 (89.3%)	215 (83.3%)	1,257 (92.1%)	671 (87.9%)	631 (89.9%)	109 (87.9%)	310 (88.3%)	1,033 (94.3%)

Q25. How old was your baby when he or she was first fed formula (Among respondents who reported their child was ever breastfed)?

Formula supplementation of the breastfed child	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
The average age at which breastfed children had formula for the first time (<i>mean</i>)	36.2 days	51.8 days	46.2 days	38.6 days	36.7 days	29.2 days	32.2 days	37.6 days	36.7 days	35.5 days	52.9 days	28.0 days
The age at which breastfed children most often had formula for the first time (<i>mode/most frequent answer</i>)	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day	1 day
Proportion of breastfed newborns who were given formula on day 1 of life	1,595 (31.9%)	48 (25.0%)	27 (23.1%)	284 (25.9%)	67 (31.3%)	73 (42.9%)	317 (33.0%)	155 (28.9%)	168 (30.8%)	36 (37.9%)	60 (25.0%)	360 (43.3%)
Proportion of breastfed newborns who were given formula within the first 2 days of life	2,129 (42.6%)	62 (32.3%)	37 (31.6%)	394 (36.0%)	89 (41.6%)	89 (52.4%)	438 (45.6%)	214 (39.9%)	222 (40.7%)	49 (51.6%)	94 (39.2%)	441 (53.0%)

Q22. How old was your baby when he or she completely stopped breastfeeding or being fed breast milk? (Among respondents who reported their child was ever breastfed)

Duration of any breastfeeding, including among children still breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Breastfed for 3 or more months (among children who were ≥3 months old)	1,813 (44.7%)	77 (47.2%)	45 (40.2%)	387 (45.5%)	66 (36.5%)	64 (43.2%)	335 (43.7%)	189 (46.0%)	183 (42.3%)	23 (31.1%)	114 (53.3%)	330 (47.0%)
Breastfed for 6 or more months (among children who were ≥6 months old)	713 (22.9%)	32 (23.2%)	21 (24.4%)	136 (22.3%)	30 (21.3%)	21 (16.0%)	124 (22.0%)	80 (24.9%)	71 (22.0%)	ID	60 (31.6%)	125 (22.5%)
Breastfed for 12 or more months (among children who were ≥12 months old)	115 (9.9%)	ID	ID	22 (11.6%)	ID	ID						

Q15, Q22, Q24, Q38. Exclusive breastfeeding of children who were ever breastfed (Among respondents who reported their child was ever breastfed)

Duration of exclusive breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Breastfed exclusively for 3 months or longer (of infants were 3 or more months old at the time of the survey)	735 (18.4%)	50 (30.7%)	26 (23.4%)	160 (19.1%)	31 (17.3%)	22 (15.2%)	117 (15.5%)	76 (18.6%)	75 (17.5%)	ID	55 (26.2%)	112 (16.3%)
Breastfed exclusively for 6 months or longer (of infants were 6 or more months old at the time of the survey)	183 (6.0%)	ID	ID	36 (6.0%)	ID	ID	23 (4.1%)	21 (6.6%)	ID	ID	22 (11.8%)	24 (4.4%)

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Q23. Did you breastfeed as long as you wanted to (Among respondents who reported their child was ever breastfed)?

Did you breastfeed as long as you wanted to	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	2,562 (49.3%)	76 (40.4%)	45 (36.3%)	590 (51.1%)	93 (41.5%)	89 (48.4%)	525 (50.9%)	259 (49.1%)	231 (43.8%)	42 (46.7%)	145 (53.9%)	467 (53.2%)

Q26. Below is a list of reasons why women may begin feeding their babies formula. For each reason, please answer if it was a reason why you began feeding your baby formula. (Among respondents who ever breastfed and whose baby was ever given formula, percent who marked 'yes,' to "I started feeding my baby formula because...")

Yes, this is a reason why I began feeding my baby formula	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
I didn't think I had enough milk	2,912 (55.4%)	110 (58.2%)	64 (56.6%)	664 (57.7%)	114 (52.8%)	93 (50.3%)	577 (56.5%)	316 (56.5%)	327 (58.8%)	54 (55.7%)	122 (47.5%)	471 (51.7%)
I was going back to work or school outside of the home <i>(among respondents who reported working for pay at any time after their babies were born)</i>	864 (53.7%)	29 (47.5%)	24 (49.0%)	179 (56.5%)	42 (48.3%)	40 (53.3%)	181 (58.8%)	92 (49.2%)	101 (52.9%)	ID	42 (55.3%)	118 (52.9%)
I was going back to work or school outside of the home <i>(among all respondents)</i>	1,512 (30.9%)	49 (28.4%)	29 (26.9%)	345 (33.0%)	61 (29.8%)	55 (33.3%)	310 (32.7%)	159 (31.0%)	172 (32.3%)	25 (26.0%)	79 (32.6%)	228 (26.5%)
Breast milk alone did not satisfy my baby	2,545 (49.6%)	70 (38.5%)	50 (45.9%)	579 (51.9%)	114 (53.5%)	87 (47.8%)	513 (51.2%)	277 (51.0%)	240 (44.4%)	44 (47.3%)	132 (53.4%)	439 (48.5%)
My baby had trouble sucking or latching on	2,383 (45.9%)	78 (43.1%)	47 (42.7%)	493 (43.6%)	86 (39.6%)	85 (47.5%)	462 (45.8%)	246 (44.8%)	273 (49.5%)	45 (47.4%)	112 (42.7%)	456 (50.1%)
I was not able to make enough milk after I went back to work <i>(among respondents who reported working for pay after their babies were born)</i>	588 (38.6%)	ID	20 (46.5%)	138 (45.1%)	23 (28.4%)	26 (37.1%)	122 (43.0%)	65 (36.7%)	67 (37.0%)	ID	30 (40.5%)	69 (31.7%)

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Yes, this is a reason why I began feeding my baby formula	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
<i>I was not able to make enough milk after I went back to work (among all respondents)</i>	1,048 (22.3%)	34 (19.8%)	28 (28.0%)	265 (26.6%)	33 (16.8%)	35 (22.3%)	216 (23.9%)	109 (22.3%)	116 (22.3%)	ID	56 (23.6%)	142 (16.9%)
I could not tell how much my baby ate	1,594 (33.0%)	52 (29.7%)	39 (36.4%)	335 (32.7%)	54 (27.4%)	45 (26.3%)	330 (35.6%)	165 (32.8%)	181 (34.4%)	34 (36.2%)	74 (31.2%)	285 (33.1%)
Pumping milk was too hard or inconvenient (among respondents who reported working for pay after their babies were born)	514 (32.4%)	ID	ID	98 (31.1%)	24 (28.9%)	31 (41.9%)	114 (38.1%)	69 (36.9%)	64 (34.2%)	ID	22 (31.0%)	57 (27.9%)
Pumping milk was too hard or inconvenient (among all respondents)	1,381 (27.2%)	45 (24.8%)	30 (27.5%)	304 (27.9%)	47 (22.0%)	56 (31.6%)	292 (29.5%)	163 (30.2%)	147 (27.2%)	24 (26.6%)	60 (24.4%)	213 (23.7%)
My baby lost interest in nursing or began to wean him or herself	1,215 (24.8%)	31 (18.1%)	24 (22.4%)	251 (24.2%)	44 (21.6%)	39 (23.8%)	268 (28.2%)	121 (23.4%)	125 (23.5%)	ID	58 (24.3%)	235 (26.6%)
Breastfeeding was too painful	990 (20.8%)	35 (20.5%)	23 (21.7%)	245 (24.1%)	42 (21.3%)	27 (16.7%)	185 (20.2%)	108 (21.7%)	99 (19.3%)	ID	45 (19.0%)	164 (19.1%)
Pumping milk was too painful	999 (20.2%)	30 (17.1%)	ID	235 (22.2%)	37 (17.2%)	33 (19.4%)	211 (22.0%)	99 (19.2%)	98 (18.8%)	ID	46 (19.2%)	178 (20.2%)
I did not want to breastfeed in public	972 (19.9%)	27 (15.4%)	ID	233 (22.3%)	37 (18.1%)	34 (20.2%)	181 (19.2%)	107 (20.9%)	113 (21.7%)	21 (23.1%)	40 (16.8%)	165 (18.8%)
A health professional said I should feed my baby formula	890 (18.5%)	20 (11.6%)	20 (18.9%)	215 (21.0%)	40 (20.0%)	29 (17.5%)	185 (20.0%)	92 (18.4%)	84 (16.3%)	ID	45 (18.8%)	148 (17.2%)
I felt that I breastfed long enough for my baby to get the benefits of breastfeeding	768 (16.2%)	30 (17.5%)	ID	185 (18.3%)	27 (13.7%)	25 (15.2%)	175 (19.1%)	71 (14.4%)	81 (15.7%)	ID	36 (15.3%)	113 (13.2%)
I did not like breastfeeding	721 (15.5%)	ID	ID	173 (17.6%)	36 (18.5%)	ID	149 (16.7%)	85 (17.6%)	61 (12.1%)	ID	32 (13.8%)	116 (13.9%)

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Yes, this is a reason why I began feeding my baby formula	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
My baby began to bite	378 (7.9%)	ID	ID	93 (9.2%)	ID	ID	79 (8.6%)	37 (7.5%)	45 (8.6%)	ID	22 (9.3%)	67 (7.8%)
My baby became sick & could not breastfeed	371 (7.7%)	ID	ID	70 (6.8%)	20 (10.0%)	ID	70 (7.6%)	31 (6.1%)	42 (8.0%)	ID	24 (10.0%)	76 (8.8%)

Section 5. Infant feeding practices—Reasons for not breastfeeding (among respondents who reported they never breastfed)

Q27. Below is a list of reasons why women do not breastfeed their babies. For each reason, please answer if it was a reason why you did not breastfeed. (Among respondents who never breastfed, percent who marked 'yes,' to "I did not breastfeed because...")

Yes, this is a reason why I did not breastfeed	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
I planned to go back to work or school (among respondents who reported working for pay at any time after their babies were born)	212 (63.3%)	ID	ID	48 (60.0%)	ID	ID	43 (69.4%)	ID	ID	ID	ID	24 (70.6%)
I planned to go back to work or school (among all respondents)	410 (41.3%)	29 (44.6%)	ID	86 (43.7%)	22 (37.3%)	ID	87 (41.8%)	38 (46.9%)	42 (33.9%)	ID	21 (47.7%)	45 (40.5%)
I did not think I would like breastfeeding	346 (35.4%)	29 (47.5%)	ID	69 (36.5%)	ID	20 (45.5%)	68 (33.0%)	38 (45.8%)	34 (27.0%)	ID	ID	36 (33.3%)
I believe that formula is as good as breastfeeding or that formula is better	326 (33.8%)	29 (48.3%)	ID	66 (35.9%)	ID	ID	61 (29.9%)	27 (33.8%)	39 (30.7%)	ID	ID	28 (26.2%)
I tried breastfeeding with a previous child and didn't like it or it didn't work out	329 (33.6%)	ID	ID	56 (29.9%)	ID	ID	76 (36.2%)	25 (30.9%)	49 (38.9%)	ID	ID	38 (34.5%)

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Yes, this is a reason why I did not breastfeed	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
I thought I wouldn't have enough milk	226 (23.0%)	ID	ID	43 (22.8%)	ID	ID	51 (24.2%)	ID	31 (24.6%)	ID	ID	26 (23.9%)
I was sick or taking medication	171 (17.4%)	ID	ID	33 (17.6%)	ID	ID	45 (21.5%)	ID	23 (18.4%)	ID	ID	ID
I had too many other things to do	159 (16.6%)	ID	ID	26 (14.1%)	ID	ID	32 (15.8%)	ID	23 (18.9%)	ID	ID	ID
People told me it was hard to breastfeed	151 (15.8%)	ID	ID	32 (17.4%)	ID	ID	28 (13.7%)	ID	20 (16.3%)	ID	ID	ID
A health professional said I should not breastfeed for medical reasons	111 (11.3%)	ID	ID	21 (10.9%)	ID	ID	30 (14.2%)	ID	ID	ID	ID	ID
I did not think that my baby would be able to breastfeed	88 (9.2%)	ID	ID									
I wanted to use a birth control method that can't be used while breastfeeding	84 (8.9%)	ID	ID									
I wanted or needed someone else to feed my baby	83 (8.7%)	ID	ID									
I did not know if I could get help with breastfeeding	52 (5.4%)	ID	ID									
My baby's father didn't want me to breastfeed	46 (4.8%)	ID	ID									
My baby was sick and could not breastfeed	39 (4.0%)	ID	ID									
I wanted to smoke again or smoke more than I should while breastfeeding	27 (2.8%)	ID	ID									

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Yes, this is a reason why I did not breastfeed	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
My baby's grandmother didn't want me to breastfeed	23 (2.4%)	ID	ID									

Section 6. Infant feeding practices—introduction of complementary or replacement feeding / weaning foods

Q38. How old was your baby when he or she first had any foods or liquids other than breast milk / formula?

**Categories are not mutually exclusive; therefore, the responses may be included in more than one category.*

Age at which complementary or replacement (weaning) foods were introduced	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Before 1 month*	152 (2.9%)	ID	ID	27 (2.4%)	ID	ID	29 (2.9%)	ID	ID	ID	ID	30 (3.6%)
3 months or before*	579 (11.0%)	25 (11.1%)	21 (14.5%)	122 (11.0%)	30 (12.9%)	33 (15.8%)	107 (10.8%)	59 (10.4%)	55 (9.8%)	ID	23 (7.7%)	92 (11.0%)
Before 6 months*	2,583 (49.0%)	109 (48.4%)	92 (63.4%)	566 (51.0%)	129 (55.4%)	105 (50.2%)	500 (50.5%)	288 (50.8%)	266 (47.3%)	54 (52.9%)	114 (38.0%)	360 (43.2%)
6 months or after*	2,693 (51.0%)	116 (51.6%)	53 (36.6%)	543 (49.0%)	104 (44.6%)	104 (49.8%)	491 (49.5%)	279 (49.2%)	296 (52.7%)	48 (47.1%)	186 (62.0%)	473 (56.8%)

Q39. Have you ever added cereal or other solids to your baby's bottle?

Added cereal or other solids in baby's bottle	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	2408 (38.1%)	113 (43.5%)	78 (47.9%)	502 (36.0%)	134 (46.7%)	109 (42.7%)	504 (40.9%)	251 (36.6%)	226 (33.7%)	37 (30.6%)	80 (26.9%)	374 (39.2%)

Section 7. Experiences with WIC

Q14. The following statements are experiences that you may have had with WIC staff. Please indicate if you had these experiences.

a. WIC staff encouraged me to breastfeed.

WIC staff encouraged me to breastfeed	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	7,349 (88.8%)	287 (88.6%)	182 (92.9%)	1591 (86.5%)	315 (89.2%)	283 (89.0%)	1,494 (87.9%)	813 (91.7%)	749 (86.4%)	128 (84.8%)	362 (89.2%)	1,145 (92.5%)
No	599 (7.2%)	21 (6.5%)	ID	173 (9.4%)	26 (7.4%)	27 (8.5%)	131 (7.7%)	45 (5.1%)	76 (8.8%)	ID	27 (6.7%)	53 (4.3%)
I don't know	332 (4.0%)	ID	ID	76 (4.1%)	ID	ID	75 (4.4%)	29 (3.3%)	42 (4.8%)	ID	ID	40 (3.2%)

b. WIC staff told me about the benefits of the food package for breastfeeding mothers.

WIC staff told me about the benefits of the food package for breastfeeding mothers	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	7,423 (90.7%)	287 (90.5%)	180 (92.3%)	1,606 (88.5%)	318 (89.6%)	294 (91.9%)	1,525 (90.5%)	817 (93.1%)	755 (88.4%)	126 (86.9%)	359 (89.5%)	1,156 (94.7%)
No	428 (5.2%)	ID	ID	131 (7.2%)	21 (5.9%)	ID	95 (5.6%)	31 (3.5%)	49 (5.7%)	ID	22 (5.5%)	32 (2.6%)
I don't know	334 (4.1%)	ID	ID	77 (4.2%)	ID	ID	65 (3.9%)	30 (3.4%)	50 (5.9%)	ID	20 (5.0%)	33 (2.7%)

Section 8. Experiences in the hospital or birth center

Q11. Was your baby delivered by cesarean section (C-section)?

Baby delivered by C-section	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	2,975 (35.3%)	104 (26.8%)	62 (31.5%)	612 (32.7%)	121 (33.2%)	130 (40.5%)	631 (36.0%)	288 (31.9%)	304 (34.5%)	46 (29.7%)	155 (37.4%)	522 (41.8%)

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Q17. Percent who reported ‘yes’ when asked, “While you were in the hospital or birth center for delivery of this baby, did someone...”

Yes, while I was in the hospital or birth center someone did the following	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Encourage you to give you baby only breastmilk	5,699 (74.6%)	203 (73.6%)	123 (72.4%)	1,353 (78.5%)	203 (63.8%)	197 (66.8%)	1,178 (75.3%)	613 (73.2%)	566 (71.8%)	84 (63.2%)	292 (78.1%)	887 (76.5%)
Tell you to breastfeed your baby whenever your baby wanted?	5,817 (76.6%)	212 (76.8%)	122 (72.2%)	1,333 (77.8%)	207 (66.6%)	214 (72.3%)	1,199 (77.2%)	655 (78.4%)	583 (73.8%)	88 (67.2%)	296 (79.1%)	908 (79.0%)
Help you with breastfeeding by showing you how or talk to you	6,392 (84.4%)	223 (82.3%)	143 (85.1%)	1,480 (86.7%)	247 (78.9%)	234 (79.1%)	1,315 (85.2%)	716 (86.2%)	657 (84.1%)	95 (72.5%)	316 (84.9%)	966 (83.8%)
Tell you to limit the length of time your baby breastfed	4,479 (59.2%)	174 (63.3%)	90 (53.6%)	1,058 (61.9%)	179 (57.2%)	161 (54.6%)	928 (60.3%)	465 (55.8%)	465 (59.3%)	71 (54.2%)	216 (58.4%)	672 (58.4%)
Show you how to hand express	5,009 (66.2%)	183 (67.0%)	100 (59.2%)	1,204 (70.5%)	170 (54.1%)	165 (55.7%)	1,046 (68.0%)	542 (65.4%)	532 (68.0%)	56 (43.1%)	242 (65.6%)	769 (66.8%)
Provide or offer formula	5,142 (68.4%)	171 (62.4%)	102 (60.4%)	1,017 (59.8%)	216 (68.8%)	223 (76.1%)	1,091 (71.4%)	578 (70.4%)	575 (73.8%)	96 (74.4%)	230 (62.0%)	843 (73.8%)
Give your baby a pacifier	4,386 (59.1%)	173 (63.8%)	111 (66.5%)	756 (45.2%)	184 (59.5%)	180 (62.9%)	853 (56.6%)	523 (64.3%)	577 (74.5%)	95 (74.2%)	161 (44.1%)	773 (68.4%)
Give you a telephone number to call for breastfeeding support	5,528 (73.1%)	205 (74.8%)	122 (71.8%)	1,301 (76.0%)	221 (70.6%)	183 (62.9%)	1,067 (69.4%)	660 (79.2%)	575 (73.3%)	81 (61.8%)	262 (71.2%)	851 (73.9%)
Give you information about breastfeeding support groups or services	5,420 (72.1%)	197 (72.2%)	121 (72.9%)	1,249 (73.3%)	208 (66.0%)	188 (64.6%)	1,054 (69.3%)	656 (79.2%)	561 (72.1%)	68 (53.1%)	250 (67.4%)	868 (75.8%)
Tell you how to know when your baby is hungry	6,603 (88.3%)	249 (90.9%)	148 (88.1%)	1,518 (90.1%)	257 (82.6%)	241 (83.1%)	1,328 (87.3%)	725 (88.3%)	687 (89.2%)	94 (73.4%)	327 (89.3%)	1,029 (90.1%)

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Q32. The following are things that may have happened while you were in the hospital or birth center when your baby was born.

The following things happened while in the hospital or birthing center	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
I was encouraged to spend time holding my baby "skin-to-skin."	6,594 (84.3%)	258 (84.6%)	154 (81.0%)	1,612 (91.6%)	272 (81.2%)	239 (82.1%)	1,326 (84.9%)	735 (87.1%)	679 (81.3%)	106 (71.6%)	315 (82.5%)	898 (76.6%)
My baby was placed on my stomach or chest "skin-to-skin" immediately after birth	5,515 (69.3%)	219 (71.1%)	125 (66.5%)	1,399 (79.3%)	205 (60.3%)	180 (60.4%)	1,143 (71.2%)	602 (70.3%)	526 (62.2%)	82 (55.4%)	263 (66.9%)	771 (63.7%)
I was able to hold my baby after delivery for at least 30 minutes in the first hour after birth	5,487 (69.5%)	233 (75.6%)	129 (67.9%)	1,339 (76.8%)	243 (71.1%)	188 (62.9%)	1,116 (70.3%)	623 (73.4%)	567 (67.3%)	91 (61.1%)	236 (61.1%)	722 (60.1%)
My baby received breast milk at the very first feeding	5,165 (65.5%)	205 (67.2%)	123 (64.4%)	1,222 (70.1%)	207 (61.2%)	168 (55.8%)	1,030 (65.0%)	618 (72.7%)	506 (60.5%)	84 (56.8%)	265 (67.8%)	737 (61.5%)
My baby stayed in the same room as me at all times except for surgical procedures	5,785 (74.5%)	260 (86.1%)	141 (74.6%)	1,382 (80.2%)	230 (69.9%)	203 (68.1%)	1,122 (72.0%)	637 (77.0%)	626 (75.1%)	97 (67.4%)	289 (75.3%)	798 (67.9%)
My baby spent one night or more away from me in the nursery	2,211 (28.5%)	67 (22.0%)	45 (23.7%)	406 (23.8%)	118 (35.3%)	102 (34.5%)	491 (31.6%)	211 (25.3%)	231 (27.7%)	55 (37.4%)	93 (24.0%)	392 (33.1%)

Q33. While your baby was in the hospital or birth center, what was your baby fed?

Fed while in the hospital or birth center	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Breastmilk only	2,746 (34.8%)	140 (45.6%)	90 (48.4%)	748 (42.4%)	113 (33.4%)	91 (30.2%)	466 (29.4%)	341 (40.1%)	254 (30.5%)	47 (32.0%)	153 (39.9%)	303 (25.4%)

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Fed while in the hospital or birth center	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Formula only	1,812 (23.0%)	84 (27.4%)	49 (26.3%)	343 (19.4%)	89 (26.3%)	80 (26.6%)	382 (24.1%)	146 (17.2%)	220 (26.4%)	39 (26.5%)	74 (19.3%)	306 (25.7%)
Both breast milk and formula	3,329 (42.2%)	83 (27.0%)	47 (25.3%)	674 (38.2%)	136 (40.2%)	130 (43.2%)	738 (46.5%)	364 (42.8%)	358 (46.4%)	61 (41.5%)	156 (40.7%)	582 (48.9%)

**Q16. About how long after your delivery did you breastfeed or try to breastfeed your baby for the very first time?
(Among respondents reporting that they ever breastfed)**

How long after delivery did you first breastfeed your baby	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
In the first hour	2,982 (42.9%)	112 (45.3%)	82 (54.3%)	707 (45.2%)	134 (45.6%)	99 (37.6%)	592 (42.6%)	378 (49.4%)	289 (40.7%)	46 (36.2%)	131 (37.6%)	412 (37.4%)
1 to 2 hours	1,313 (18.9%)	42 (17.0%)	25 (16.6%)	281 (18.0%)	51 (17.3%)	60 (22.8%)	253 (18.2%)	142 (18.6%)	148 (20.8%)	27 (21.3%)	66 (19.0%)	218 (19.8%)
3 hours to 24 hours	978 (14.1%)	27 (10.9%)	ID	204 (13.0%)	36 (12.2%)	43 (16.3%)	194 (14.0%)	86 (11.1%)	97 (13.7%)	ID	61 (17.5%)	202 (18.3%)
2 or more days	1,686 (24.2%)	66 (26.7%)	31 (20.5%)	372 (23.8%)	73 (24.8%)	61 (23.2%)	350 (25.2%)	160 (20.9%)	176 (24.8%)	38 (29.9%)	90 (25.9%)	269 (24.4%)

Q34. How did you get the formula for your baby the first time your baby was given formula in the hospital or birthing center? (Among respondents who reported that their baby was fed “formula only” or “both breast milk and formula” while in the hospital or birth center)

How respondent got the formula for their baby the very first time formula was given in the hospital	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
I asked for the formula	1,691 (35.3%)	62 (38.8%)	29 (31.2%)	429 (45.8%)	57 (26.8%)	69 (34.0%)	360 (34.9%)	166 (35.3%)	152 (27.7%)	38 (41.3%)	77 (35.3%)	252 (30.4%)
Formula was available in my room without me asking for it	1,136 (23.7%)	38 (23.8%)	30 (32.3%)	178 (19.0%)	63 (29.6%)	51 (25.1%)	252 (24.4%)	121 (25.7%)	145 (26.4%)	ID	50 (22.9%)	196 (23.6%)

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How respondent got the formula for their baby the very first time formula was given in the hospital	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Hospital staff brought me the formula without me asking for it	1,158 (24.1%)	40 (18.3%)	22 (23.7%)	192 (20.5%)	59 (27.7%)	55 (27.1%)	242 (23.4%)	117 (24.9%)	139 (25.3%)	22 (23.9%)	49 (22.5%)	221 (26.6%)
Hospital staff fed my baby the formula without me asking for it	812 (16.9%)	20 (7.4%)	ID	137 (14.6%)	34 (16.0%)	28 (13.8%)	179 (17.3%)	66 (14.0%)	113 (20.6%)	20 (21.7%)	42 (19.3%)	161 (19.4%)

Q35. Before your baby was fed formula, did a nurse or doctor talk to you about the differences between breast milk and formula? (Among respondents who reported that their baby was fed formula only or both breast milk and formula while in the hospital or birth center)

A nurse or doctor talked to the client about the differences between breast milk and formula before giving formula	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	3,165 (63.1%)	102 (63.0%)	54 (58.7%)	671 (68.0%)	130 (58.8%)	103 (49.5%)	734 (67.1%)	328 (66.7%)	338 (59.8%)	51 (51.5%)	124 (55.4%)	530 (60.8%)
No or I don't know	1,850 (36.9%)	60 (37.0%)	38 (41.3%)	316 (32.0%)	91 (41.2%)	105 (50.5%)	360 (32.9%)	164 (33.3%)	227 (40.2%)	48 (48.5%)	100 (44.6%)	341 (39.2%)

Q36. When you left the hospital or birth center, what was your baby being fed?

Fed when left the hospital or birth center	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Breastmilk only	2,997 (36.9%)	145 (46.0%)	87 (45.5%)	793 (43.9%)	130 (37.1%)	97 (31.0%)	511 (31.2%)	372 (43.0%)	296 (34.4%)	47 (31.3%)	151 (37.8%)	368 (30.0%)
Formula only	1,955 (24.1%)	91 (28.9%)	61 (31.9%)	364 (20.1%)	101 (28.9%)	90 (28.8%)	408 (24.9%)	161 (18.6%)	250 (26.0%)	44 (29.3%)	82 (20.5%)	303 (24.7%)
Both breast milk and formula	3,162 (39.0%)	79 (25.1%)	43 (22.5%)	651 (36.0%)	119 (34.0%)	126 (40.3%)	718 (43.9%)	332 (38.4%)	314 (36.5%)	59 (39.3%)	167 (41.8%)	554 (45.2%)

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Q37. Did you receive free samples of infant formula?

Received free samples of formula (Yes)	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
In a gift bag or diaper bag from the hospital or birth center	5,017 (62.9%)	186 (59.4%)	118 (61.5%)	900 (51.4%)	226 (66.9%)	230 (74.2%)	1,087 (67.3%)	493 (57.9%)	548 (64.4%)	101 (68.2%)	233 (59.9%)	895 (73.5%)
From a doctor or other healthcare provider outside of the hospital	1,837 (25.9%)	82 (28.9%)	50 (26.5%)	398 (25.6%)	97 (31.3%)	73 (26.1%)	384 (27.5%)	165 (22.3%)	195 (25.7%)	41 (29.9%)	103 (28.5%)	249 (23.0%)
Through the mail	1,766 (25.3%)	83 (29%)	70 (37.6%)	390 (25.7%)	78 (26.0%)	96 (34.5%)	323 (23.6%)	216 (29.9%)	193 (25.5%)	43 (30.9%)	89 (25.4%)	185 (17.1%)

Section 9. Experiences in the hospital or birth center among respondents whose babies spent any time in a hospital intensive care unit (NICU)

Q28. After your baby was born, did your baby have to spend any time in a hospital intensive care unit (NICU)?

Was your baby ever in the NICU	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	914 (13.4%)	26 (9.5%)	22 (12.6%)	189 (12.6%)	43 (14.0%)	29 (10.8%)	205 (15.5%)	96 (13.3%)	130 (17.6%)	ID	51 (15.4%)	108 (10.2%)

Q29. During the time your baby was in the NICU, did any of the following happen?

The following experiences happened during the time the respondent's baby was in the NICU (Respondent answered "Yes")	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
I was encouraged to spend time holding my baby skin-to-skin	632 (73.1%)	20 (83.3%)	ID	140 (78.7%)	36 (85.7%)	20 (80.0%)	134 (69.1%)	85 (77.6%)	86 (68.3%)	ID	37 (74.0%)	65 (63.1%)
Someone talked to me about the importance	716 (83.0%)	21 (87.5%)	ID	153 (86.0%)	32 (78.0%)	20 (74.1%)	173 (88.3%)	71 (85.5%)	96 (76.8%)	ID	41 (82.0%)	78 (74.3%)

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The following experiences happened during the time the respondent's baby was in the NICU (Respondent answered "Yes")	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
of breast milk for my baby												
I was offered an electric breast pump while I was separated from my baby	625 (73.4%)	ID	ID	134 (76.6%)	29 (70.7%)	ID	148 (76.7%)	63 (75.0%)	82 (67.8%)	ID	41 (82.0%)	64 (63.4%)
Someone showed me how to use an electric breast pump	625 (72.8%)	ID	ID	135 (75.8%)	29 (70.7%)	ID	147 (75.0%)	64 (78.0%)	85 (69.7%)	ID	40 (80.0%)	62 (59.6%)

Q30. Did you receive an electric breast pump after you were discharged from the hospital? (Among respondents who reported that their baby spent some time in the NICU and reported that they ever breastfed)

Received an electric breast pump after hospital discharge for infant in NICU	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	328 (44.0%)	ID	ID	75 (48.7%)	ID	ID	64 (38.1%)	34 (44.2%)	51 (46.8%)	ID	22 (45.8%)	36 (41.9%)

Q31. About how many days after you were discharged from the hospital did you receive the breast pump? (Among respondents who reported that their baby spent some time in the NICU, reported that they ever breastfed, and reported that they received an electric breast pump after they were discharged from the hospital)

# of days after discharge from NICU to receive a breast pump	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
The day I was discharged	131 (40.9%)	ID	ID	33 (45.8%)	ID	ID	23 (35.9%)	ID	21 (42.0%)	ID	ID	ID

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# of days after discharge from NICU to receive a breast pump	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
1-2 days	69 (21.6%)	ID	ID									
3-4 days	40 (12.5%)	ID	ID									
5 or more days	80 (25.0%)	ID	ID	ID	ID	ID	21 (32.8%)	ID	ID	ID	ID	ID

Section 10. Breastfeeding experiences in the first 2 weeks after going home (among “ever breastfed” respondents)

Q18. Percent who reported ‘yes’ when asked, “Did you have any of the following problems breastfeeding your baby during the first 2 weeks of breastfeeding after you went home from the hospital or birth center?” (Mark all that apply)

Yes, I experienced the following problems breastfeeding 2 weeks post-delivery	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
My baby had trouble sucking or latching on	2,683 (37.8%)	91 (36.1%)	53 (34.9%)	575 (36.0%)	106 (35.7%)	97 (36.5%)	503 (35.4%)	307 (38.9%)	312 (43.6%)	48 (37.8%)	130 (36.6%)	461 (41.3%)
I felt like my baby nursed too often	788 (11.1%)	27 (10.7%)	ID	200 (12.5%)	41 (13.8%)	25 (9.4%)	154 (10.8%)	115 (14.6%)	61 (8.5%)	ID	38 (10.7%)	101 (9.0%)
My baby was not interested in nursing	743 (10.5%)	24 (9.5%)	ID	154 (9.6%)	28 (9.4%)	34 (12.8%)	177 (12.5%)	79 (10.0%)	76 (10.6%)	ID	27 (7.6%)	121 (10.8%)
My baby wouldn’t wake up to nurse regularly	703 (9.9%)	26 (10.3%)	ID	147 (9.2%)	37 (12.5%)	ID	131 (9.2%)	79 (10.0%)	91 (12.7%)	ID	28 (7.9%)	115 (10.3%)
I didn’t think I had enough milk	2,072 (29.2%)	74 (29.4%)	47 (30.9%)	453 (28.4%)	95 (32.0%)	78 (29.3%)	416 (29.3%)	235 (29.8%)	235 (32.8%)	41 (32.3%)	91 (25.6%)	307 (27.5%)
My nipples were sore, cracked, or bleeding	2,054 (29.0%)	92 (36.5%)	47 (30.9%)	483 (30.2%)	106 (35.7%)	62 (23.3%)	370 (26.0%)	270 (34.2%)	195 (27.2%)	23 (18.1%)	116 (32.7%)	290 (26.0%)
I had trouble getting the milk flow to start	1,576 (22.2%)	50 (19.8%)	26 (17.1%)	347 (21.7%)	55 (18.5%)	53 (19.9%)	309 (21.7%)	172 (21.8%)	187 (26.1%)	20 (15.7%)	74 (20.8%)	283 (25.3%)

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Yes, I experienced the following problems breastfeeding 2 weeks post-delivery	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
It seemed like it took too long for my milk to come in	1,528 (21.6%)	50 (19.8%)	26 (17.1%)	333 (20.9%)	56 (18.9%)	45 (16.9%)	309 (21.7%)	170 (21.5%)	172 (24.0%)	28 (22.0%)	80 (22.5%)	259 (23.2%)
I had no problems	1,507 (21.3%)	58 (23.0%)	37 (24.3%)	347 (21.7%)	55 (18.5%)	68 (25.6%)	306 (21.5%)	150 (19.0%)	139 (19.4%)	29 (22.8%)	93 (26.2%)	225 (20.1%)
My breasts were overfull	1,187 (16.7%)	51 (20.2%)	20 (13.2%)	259 (16.2%)	78 (26.3%)	39 (14.7%)	226 (15.9%)	150 (19.0%)	114 (15.9%)	ID	62 (17.5%)	175 (15.7%)
My breasts leaked too much	781 (11.0%)	31 (12.3%)	ID	182 (11.4%)	49 (16.5%)	21 (7.9%)	161 (11.3%)	89 (11.3%)	67 (9.4%)	ID	43 (12.1%)	119 (10.7%)
My baby didn't gain enough weight or lost too much weight	504 (7.1%)	20 (7.9%)	ID	141 (8.8%)	29 (9.8%)	ID	98 (6.9%)	66 (8.4%)	42 (5.9%)	ID	ID	51 (4.6%)
I had some other problem	470 (6.6%)	ID	ID	114 (7.1%)	20 (6.7%)	ID	98 (6.9%)	58 (7.4%)	37 (5.2%)	ID	ID	67 (6.0%)
My breast was infected	151 (2.1%)	ID	ID	34 (2.1%)	ID	ID	30 (2.1%)	26 (3.3%)	ID	ID	ID	ID

Q19. Did you ask for help with these problems from WIC, a health professional (a doctor, midwife, or nurse), a lactation consultant, or a breastfeeding support group? (Among respondents who reported their baby was ever breastfed and reported experiencing one or more problems during the first two weeks of breastfeeding after they were discharged from the hospital)

Did you ask for help with these problems	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	3,317 (62.6%)	115 (61.2%)	73 (64.0%)	751 (63.5%)	137 (60.1%)	108 (58.1%)	637 (60.6%)	407 (68.4%)	349 (62.9%)	42 (49.4%)	149 (58.7%)	549 (63.8%)

Q20. Did you get any help with these problems from WIC, a health professional, a lactation consultant, or a breastfeeding support group? (Among respondents who reported their baby was ever breastfed, reported experiencing one or more problems during the first two weeks of breastfeeding after they were discharged from the hospital, and reported asking for help)

Did you get any help with these problems	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	3,055 (93.6%)	111 (96.5%)	67 (93.1%)	682 (92.7%)	128 (94.1%)	100 (95.2%)	581 (92.7%)	373 (94.0%)	320 (92.5%)	39 (92.9%)	140 (95.2%)	514 (94.8%)

Q21. Did the help you received solve the problem(s) or make them better? (Among respondents who reported their baby was ever breastfed, reported experiencing one or more problems during the first two weeks of breastfeeding after they were discharged from the hospital, and reported both asking for and getting help)

Did the help solve the problem or make it better	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
No, not at all or No, not much	469 (15.6%)	20 (18.3%)	20 (29.9%)	110 (16.3%)	22 (17.3%)	ID	96 (16.9%)	53 (14.4%)	50 (15.9%)	ID	30 (14.4%)	54 (10.6%)
No opinion or don't know	93 (3.1%)	ID	ID	29 (4.3%)	ID	ID	ID	ID	ID	ID	ID	ID
Yes, a little	1,214 (40.3%)	51 (46.8%)	23 (34.3%)	266 (39.5%)	39 (30.7%)	37 (38.1%)	224 (39.4%)	165 (39.6%)	116 (36.9%)	ID	69 (49.6%)	206 (40.5%)
Yes, very much	1,235 (41.0%)	38 (34.9%)	ID	269 (39.9%)	62 (48.8%)	38 (39.2%)	232 (40.8%)	138 (37.4%)	138 (43.9%)	ID	48 (34.5%)	240 (47.2%)

Section 11. Perceptions about and experiences with community and worksite support of breastfeeding

Q40. In general how supportive of breastfeeding are people in your community?

Community support for breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Very unsupportive or somewhat unsupportive	1,715 (21.2%)	83 (26.5%)	56 (29.5%)	351 (19.5%)	69 (20.1%)	67 (21.5%)	338 (20.7%)	163 (18.9%)	198 (23.1%)	37 (24.3%)	90 (22.8%)	263 (21.5%)

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Community support for breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Neither unsupportive or supportive	393 (4.9%)	21 (6.7%)	13 (6.8%)	75 (4.2%)	ID	ID	75 (4.6%)	48 (5.6%)	53 (6.2%)	ID	20 (5.1%)	47 (3.8%)
Somewhat supportive or very supportive	4,562 (56.4%)	151 (48.2%)	88 (46.3%)	1052 (58.4%)	184 (53.6%)	167 (53.5%)	904 (55.4%)	514 (59.5%)	467 (54.4%)	76 (50.0%)	227 (57.5%)	732 (59.9%)
I don't know	1,412 (17.5%)	58 (18.5%)	33 (17.4%)	322 (17.9%)	74 (21.6%)	59 (18.9%)	314 (19.3%)	139 (16.1%)	141 (16.4%)	33 (21.7%)	58 (14.7%)	181 (12.8%)

Q41. Did you work for pay at any time after your baby was born?

Worked for pay any time after baby was born	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	2,405 (30.3%)	107 (34.7%)	76 (39.6%)	498 (28.1%)	120 (35.1%)	105 (33.8%)	468 (29.6%)	278 (32.9%)	273 (32.2%)	50 (32.7%)	115 (29.9%)	315 (26.1%)

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Q42. How old was your baby when you started working after your delivery (among respondents who worked for pay at any time after their babies were born)?

Age of baby when client returned to work	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Fewer than 4 weeks	175 (8.1%)	ID	ID	34 (7.7%)	ID	ID	34 (8.4%)	ID	25 (10.0%)	ID	ID	29 (10.5%)
4 through 6 weeks	512 (23.7%)	27 (28.1%)	22 (30.1%)	105 (23.8%)	25 (22.1%)	22 (23.7%)	77 (19.0%)	70 (27.7%)	55 (22.0%)	ID	23 (20.9%)	74 (26.7%)
7 weeks through 12 weeks	1,023 (47.4%)	43 (44.8%)	27 (37.0%)	219 (49.7%)	57 (50.4%)	47 (50.5%)	190 (46.8%)	119 (47.0%)	117 (46.8%)	ID	61 (55.5%)	125 (45.1%)
13 or more weeks	446 (20.7%)	20 (20.8%)	ID	83 (18.8%)	25 (22.1%)	ID	105 (25.9%)	47 (18.6%)	53 (21.2%)	ID	23 (20.9%)	49 (17.7%)

Q43. When you first started working after your delivery, about how many hours per week did you usually work (among respondents who worked for pay at any time after their babies were born)?

Hours per week client worked when returned to work	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
1-9 hours per week	295 (12.5%)	ID	ID	59 (12.2%)	ID	ID	66 (14.5%)	32 (11.9%)	31 (11.5%)	ID	ID	44 (14.1%)
10-19 hours per week	282 (12.0%)	ID	ID	51 (10.6%)	ID	ID	50 (11.0%)	34 (12.6%)	31 (11.5%)	ID	ID	36 (11.6%)
20-29 hours per week	466 (19.8%)	ID	ID	85 (17.6%)	ID	ID	91 (20.0%)	65 (24.2%)	57 (21.1%)	ID	22 (19.5%)	66 (21.2%)
30-39 hours per week	423 (18.0%)	ID	ID	91 (18.8%)	27 (22.5%)	ID	82 (18.0%)	53 (19.7%)	47 (17.4%)	ID	24 (21.2%)	49 (15.8%)
40 hours per week	760 (32.3%)	34 (32.7%)	ID	171 (35.4%)	37 (30.8%)	27 (27.3%)	149 (32.7%)	72 (26.8%)	93 (34.4%)	21 (42.0%)	38 (33.6%)	100 (32.2%)
>40 hours per week	125 (5.3%)	ID	ID	26 (5.4%)	ID	ID						

Q45. Think back to where you worked after your baby was born. In your opinion how supportive of breastfeeding was the place where you worked (among respondents who worked for pay at any time after their babies were born)?

Reported level of support in client's work place for breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Very unsupportive or somewhat unsupportive	532 (22.9%)	32 (30.8%)	ID	104 (21.6%)	22 (18.8%)	22 (21.4%)	112 (25.1%)	59 (21.9%)	74 (28.0%)	ID	24 (21.4%)	62 (20.4%)
Neither supportive nor unsupportive	317 (13.6%)	ID	ID	66 (13.7%)	ID	ID	67 (15.0%)	37 (13.7%)	27 (10.2%)	ID	ID	52 (17.1%)
Somewhat or very supportive	903 (38.9%)	37 (35.6%)	27 (37.0%)	192 (39.8%)	42 (35.9%)	43 (41.7%)	158 (35.3%)	114 (42.2%)	96 (36.4%)	ID	50 (44.6%)	125 (41.1%)
I don't know	573 (24.6%)	25 (24.0%)	21 (28.8%)	120 (24.9%)	42 (35.9%)	28 (27.2%)	110 (24.6%)	60 (22.2%)	67 (25.4%)	ID	22 (19.6%)	65 (21.4%)

Q46a. Think back to where you worked after your baby was born. Did the place where you worked have a private place (not a bathroom) to pump breast milk (among respondents who worked for pay at any time after their babies were born)?

Workplace had a private place (not a bathroom) to pump breast milk	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	926 (40.9%)	43 (41.7%)	24 (33.3%)	211 (45.3%)	44 (38.3%)	42 (43.3%)	173 (40.0%)	106 (40.6%)	107 (41.6%)	20 (43.5%)	51 (45.9%)	105 (34.7%)
No	1,132 (50.0%)	51 (49.5%)	40 (55.6%)	210 (45.1%)	53 (46.1%)	46 (47.2%)	218 (50.3%)	138 (52.9%)	128 (49.8%)	ID	50 (45.0%)	181 (59.7%)
I don't know	206 (9.1%)	ID	ID	45 (9.7%)	ID	ID	(9.7%)	ID	22 (8.6%)	ID	ID	ID

Q46b. Think back to where you worked after your baby was born. Did the place where you worked allow break time to pump breast milk (among respondents who worked for pay at any time after their babies were born)?

Workplace allowed break time to pump breast milk	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	1,052 (46.9%)	46 (46.5%)	32 (44.4%)	213 (46.3%)	53 (46.5%)	52 (52.5%)	200 (46.7%)	131 (50.4%)	115 (45.1%)	21 (45.7%)	55 (50.0%)	134 (44.5%)
No	749 (33.4%)	33 (33.3%)	ID	156 (33.9%)	26 (22.8%)	32 (32.3%)	148 (34.6%)	79 (30.4%)	88 (34.5%)	ID	40 (36.4%)	114 (37.9%)
I don't know	443 (19.7%)	20 (20.2%)	21 (29.2%)	91 (19.8%)	35 (30.7%)	ID	80 (18.7%)	50 (19.2%)	52 (20.4%)	ID	ID	53 (17.6%)

Q46c. Think back to where you worked after your baby was born. Did the place where you worked have a written employee policy about working and breastfeeding (among respondents who worked for pay at any time after their babies were born)?

Workplace had a written employee policy about working and breastfeeding	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	365 (16.4%)	ID	ID	78 (17.2%)	ID	ID	65 (15.4%)	39 (15.1%)	51 (20.0%)	ID	25 (22.7%)	41 (13.9%)
No	1,215 (54.7%)	60 (59.4%)	36 (50.0%)	239 (52.8%)	54 (47.0%)	56 (57.7%)	242 (57.3%)	149 (57.8%)	136 (53.3%)	21 (46.7%)	52 (47.3%)	170 (57.6%)
I don't know	643 (28.9%)	26 (25.7%)	27 (37.5%)	136 (30.0%)	45 (39.1%)	26 (26.8%)	115 (27.3%)	70 (27.1%)	68 (26.7%)	ID	33 (30.0%)	84 (28.5%)

Q46d. Think back to where you worked after your baby was born. Did the place where you worked allow flexible scheduling so that breaks could be taken when needed (among respondents who worked for pay at any time after their babies were born)?

Workplace allowed flexible scheduling so that breaks could be taken when needed	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	1,014 (45.7%)	50 (49.5%)	36 (50.7%)	207 (45.5%)	55 (47.8%)	42 (43.3%)	189 (44.9%)	129 (50.6%)	109 (43.4%)	ID	43 (38.7%)	135 (45.8%)
No	805 (36.3%)	34 (33.7%)	ID	169 (37.1%)	32 (27.8%)	37 (38.1%)	163 (38.7%)	89 (34.9%)	99 (39.4%)	ID	48 (43.2%)	104 (35.3%)
I don't know	399 (18.0%)	ID	ID	79 (17.4%)	28 (24.3%)	ID	69 (16.4%)	37 (14.5%)	43 (17.1%)	ID	20 (18.0%)	56 (19.0%)

Q46e. Think back to where you worked after your baby was born. Did the place where you worked allow employees to work from home or bring their babies to work (among respondents who worked for pay at any time after their babies were born)?

Workplace allowed employees to work from home or bring their babies to work	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	317 (14.3%)	22 (22.0%)	ID	59 (13.1%)	ID	ID	70 (16.6%)	35 (13.7%)	51 (20.0%)	ID	ID	39 (13.3%)
No	1,641 (74.0%)	66 (66.0%)	51 (70.8%)	341 (75.4%)	84 (72.4%)	71 (72.4%)	294 (69.8%)	201 (78.8%)	136 (53.3%)	28 (59.6%)	83 (75.5%)	227 (77.2%)
I don't know	259 (11.7%)	ID	ID	52 (11.5%)	ID	ID	57 (13.5%)	ID	68 (26.7%)	ID	ID	28 (9.5%)

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Q44. Did you receive an electric breast pump from WIC before you went back to work? (Among respondents who reported their baby was ever breastfed and reported returning to work)

Received breast pump from WIC before returning to work	State # (%)	PHR 1 # (%)	PHR 2 # (%)	PHR 3 # (%)	PHR 4 # (%)	PHR 5 # (%)	PHR 6 # (%)	PHR 7 # (%)	PHR 8 # (%)	PHR 9 # (%)	PHR 10 # (%)	PHR 11 # (%)
Yes	520 (27.0%)	22 (27.8%)	ID	88 (23.0%)	33 (8.6%)	29 (32.2%)	117 (31.4%)	57 (24.6%)	51 (23.5%)	ID	28 (30.4%)	78 (29.5%)
No, I was not breastfeeding before I went back to work and so did not need a pump	477 (24.8%)	28 (35.4%)	22 (36.1%)	88 (23.0%)	23 (6.0%)	22 (24.4%)	100 (26.8%)	48 (20.7%)	46 (21.2%)	ID	24 (26.1%)	60 (22.7%)
No, I already had a pump from my health insurance provider, Medicaid, or CHIP so did not need one from WIC	314 (16.3%)	ID	ID	76 (19.8%)	ID	ID	43 (11.5%)	44 (19.0%)	37 (17.1%)	ID	ID	21 (8.0%)
No, I already had a pump from another source so did not need one from WIC	432 (22.4%)	ID	ID	92 (24.0%)	ID	ID	76 (20.4%)	56 (24.1%)	61 (28.1%)	ID	ID	54 (8.0%)
Not sure/don't know	183 (9.5%)	ID	ID	39 (10.2%)	ID	ID	37 (10.0%)	27 (11.6%)	22 (10.1%)	ID	ID	31 (11.7%)