

Abbreviation Key

Breastfeeding Credentials and Trainings

IBCLC - International Board Certified Lactation Consultant

An IBCLC is the most highly trained and qualified of breastfeeding specialists. IBCLCs must have a minimum of 900-8000 practice hours as a breastfeeding consultant, have successfully passed an international board exam, and must complete continuing education requirements.

TBE – Trained Breastfeeding Educator

A TBE has successfully completed both Principles of Lactation Management and Lactation Counseling and Problem Solving offered by the Texas Department of State Health Services. TBEs may or many not have hands-on experience as a breastfeeding consultant.

PC - Peer Counselor (WIC or LLL)

A PC is a mom that has successfully breastfed and has received training to help other moms breastfeed. PCs can manage common breastfeeding occurrences and are trained to recognize and refer anything outside of normal breastfeeding situations. Expertise in breastfeeding consultation will vary with individual counselor length of experience.

LLL - La Leche League Leader

A LLL is an experience breastfeeding mother trained to help other breastfeeding mothers. They are familiar with research and current findings dealing with breastfeeding and offer practical information and encouragement to nursing mothers through monthly meetings and telephone assistance.

Other Healthcare Professional Credentials

MD - Medical Doctor

NP (or APRN) - Nurse Practitioner (or Advanced Practice Registered Nurse)

DEM – Direct Entry Midwife

RN - Registered Nurse

RD - Registered Dietitian

LD - Licensed Dietitian

CBE - Certified Childbirth Educator

Doula - Certified Doula

LVN - Licensed Vocational Nurse

PA - Physician Assistant

Lactation Services

TC - Telephone consultation ONLY

C - General consultation - in home or office, telephone, etc

BP - Breast pump rentals and/or sales

BA - Breastfeeding accessories sales ((shields, shells, nursing supplementers, bras, pillows, clothing, etc.)

MFW - Willing to provide technical assistance to employers who want to provide lactation support for their employees, or become a <**Mother-Friendly Worksite**>