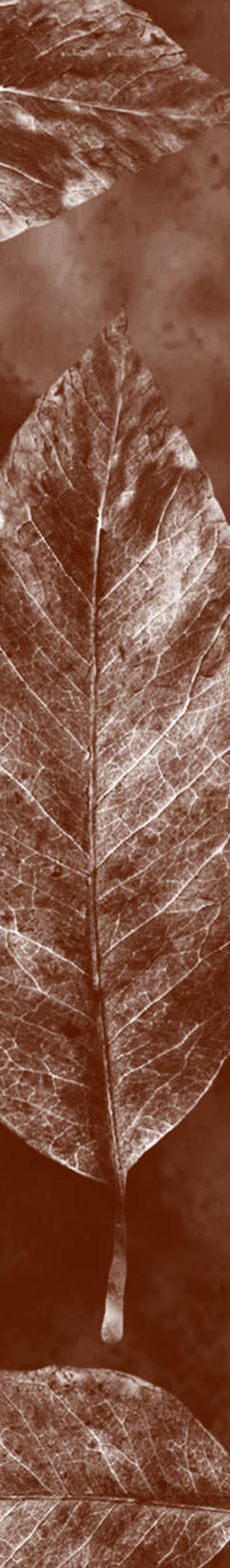


*Breast Pump  
Procedures Manual*



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# Breast Pump Training

According to Breastfeeding Policies BF:2.0 and BF:4.0, all WIC certifying authorities and other WIC staff designated by the WIC director to issue breast pumps must be trained on breast-pump issuance, inventory control, retrieval, basic troubleshooting, assembly, use and cleaning within the first six months of employment. Staff should fulfill the training requirement by completing one of the two following options:

1. Successful completion of the *Breast Pump Procedures Manual* post-test (pages 95–97 of the manual) and IDL training for each manufacturer of breast pump in inventory at the local agency.
2. Successful completion of IDL training for each manufacturer of breast pump in inventory at the local agency as well as IDL training on breast-pump issuance, inventory, storage and troubleshooting.

The following IDL trainings are offered on breast pumps:

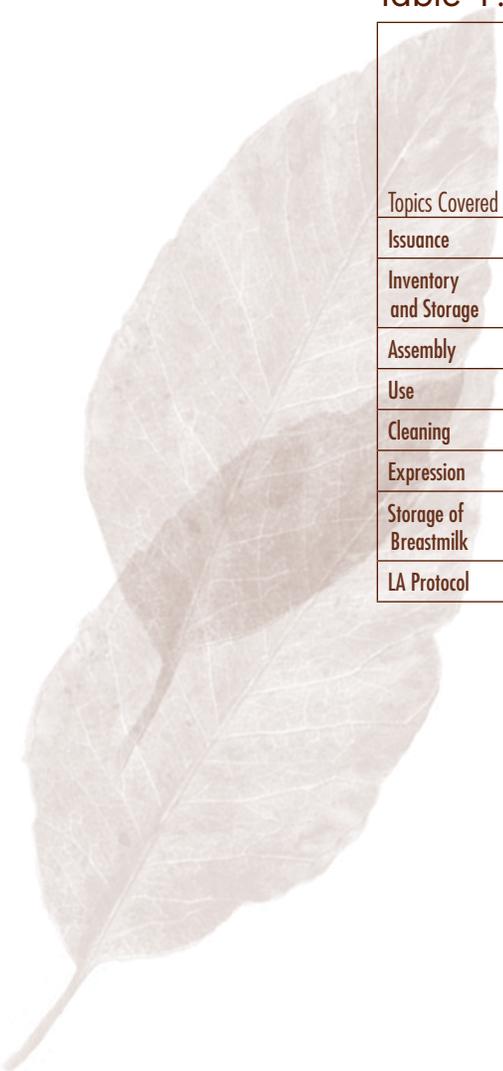
1. Texas WIC Breast Pump Program 1 — Issuance, Inventory, and Storage of Breast Pumps
2. Texas WIC Breast Pump Program 2 — Ameda Breast Pump Basics: Use, Assembly, and Cleaning
3. Texas WIC Breast Pump Program 3 — Medela Breast Pump Basics: Use, Assembly, and Cleaning (only required if your local agency issues Medela manual pumps)
4. Texas WIC Breast Pump Program 4 — When Moms Can't Make It Work
5. Texas WIC Breast Pump Program 6 — How to Help Moms Maintain Their Milk Supply When Returning to Work

Texas WIC Breast Pump Program 6 is not a required component of pump training, but is strongly recommended.

To complete the *Breast Pump Procedures Manual* post-test, in lieu of completing IDL training 1, please read the manual and then take the post-test that starts on page 95.

Documentation of completing the post-test and IDL pump trainings should be kept at the local agency.

**Table 1: Training Requirements**



Topics Covered	Breast Pump Procedures Manual	Attend Texas WIC Breast Pump Program Training 1 on IDL (Issuance/Inventory)	Attend Texas WIC Breast Pump Program Training 2 on IDL (Ameda pumps)	Attend Texas WIC Breast Pump Program Training 3 on IDL (Medela pumps)	Attend Texas WIC Breast Pump Program Training 4 on IDL (Troubleshooting)
Issuance	X	X			
Inventory and Storage	X	X			
Assembly			X*	X*	X*
Use			X	X	X
Cleaning			X	X	X
Expression			X	X	X
Storage of Breastmilk			X	X	X
LA Protocol					

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\* Assembly is not covered on all manual pumps.