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**TO:** WIC Regional Directors #07-030  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager (Original Signed)  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** March 9, 2007

**SUBJECT:** New Nutrition Education Materials, SP-000-26

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The State Agency mailed all local agencies copies of the new self-paced lesson, *SP-000-26, How does Secondhand Smoke Affect My Family?* Please share this information with your nutrition education and breastfeeding coordinators and staff.

*SP-000-26, How does Secondhand Smoke Affect My Family?*, English and Spanish, is a self-paced lesson for all participants. The lesson discusses the risks of exposure to secondhand smoke for children, infants, and pregnant women and gives suggestions on how to reduce the exposure to secondhand smoke. The lesson also includes a referral to the American Cancer Society Quitline 1-877-YES-QUIT which provides free professional advice and counseling by phone 24 hours a day.

If additional copies are required, please make your own copies as needed, or print copies from the website at: <http://www.dshs.state.tx.us/wichd/default.shtm>.

If you have questions or require additional information, please contact Rebecca Turnbow, Nutrition Education Branch, Nutrition Education /Clinic Services Unit, at (512) 458-7111, extension 3099, or Shellie Shores, Nutrition Education Coordinator, at (512) 458-7111, extension 3463.