



Memorandum

#10-115

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** September 3, 2010

**SUBJECT:** *Deleted Breastfeeding Lessons*

This memo is to inform local agencies about the deletion of older breastfeeding lessons. The use of these lessons should be **discontinued after Fiscal Year 2010**.

Deleted Breastfeeding Lessons:

NE Code	Title
BF-000-09	Giving You the Best That I Got, Baby (English and Spanish)
BF-000-13	Helping Hand for Breastfeeding Moms (English and Spanish)
BF-000-14	The Best Investment (English and Spanish)
BF-000-15	Teen Breastfeeding – Why Breastfeed? (English and Spanish)
BF-000-28	Breastfeeding Rummy (English and Spanish)
BF-000-30	Breastfeed – That’s the Ticket (English and Spanish)
BF-000-32	How to Get Breastfeeding Off to a Good Start (English and Spanish)
SP-000-11	Weaning Your Baby From the Breast (English and Spanish)

Although some of the deleted lessons listed above may still be available online at the DSHS website, <http://www.dshs.state.tx.us/wichd/nut/lesson-nut.shtm>, they will soon be removed. Therefore, local agencies should avoid selecting any of the deleted lessons for the 2011 NEBF Plans. If any of these lessons were selected, your LA needs to select another breastfeeding lesson as a replacement.

In the future, if the lesson is not an option on the NEBF Plan, contact your LA’s NEBF Liaison to determine if it is still available or if it has been deleted. Also contact your NEBF Liaison if you have any questions about these deleted breastfeeding lessons or other lessons.

If additional breastfeeding information is needed, please contact Lindsey Randall, Breastfeeding Promotion Nutritionist, at (512) 341-4594, or [lindsey.randall@dshs.state.tx.us](mailto:lindsey.randall@dshs.state.tx.us) or Cristina Garcia, Breastfeeding Promotion Nutritionist, at (512) 341-4583 or [cristina.garcia@dshs.state.tx.us](mailto:cristina.garcia@dshs.state.tx.us), or Tracy Erickson, WIC Breastfeeding Coordinator, at (512) 341-4524, or [tracy.erickson@dshs.state.tx.us](mailto:tracy.erickson@dshs.state.tx.us).