



Memorandum

#10-133

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: October 1, 2010

SUBJECT: Welcome Angela Gil and Meghan Coffey - Nutrition Education Consultants

Please join us in welcoming both Angela Gil and Meghan Coffey to the state office.

The WIC Nutrition Education Branch is thrilled to introduce to you Angela Gil RD, LD Nutrition Education Consultant and Meghan Coffey Nutrition Education Consultant. Both Angela and Meghan will be responsible for providing nutrition education classes and developing nutrition education materials. Meghan will also oversee the revision of the Nutrition Education and Breastfeeding Promotion Plan.

Born and raised in Austin, Angela graduated from the University of Texas at Austin with a Bachelors Degree in Nutrition. Following graduation she moved to San Antonio where she worked for Local Agency #041, San Antonio Metropolitan Health District as a nutritionist for two years. Angela had several opportunities to move within and outside of Texas and was therefore able to work in several agencies in Texas including the City of Austin, Williamson County, the City of Dallas, and an agency in Columbus, Ohio as well. Angela once again returned to San Antonio where she spent the past six years working for Local Agency #041. While there, she completed the WIC dietetic internship in 2007 earning her credentials as a registered dietitian. While at local agency #041 Angela served as the Quality Assurance dietitian and the Obesity Grant Coordinator. She was also involved in the City of San Antonio's obesity prevention initiatives.

During free time, Angela enjoys kick boxing and jogging on the hike and bike trail. She and her family enjoy going to concerts and listening to live music. Angela is excited to be back in her hometown so her two girls, ages 6 and 8, can experience all the great things she did growing up in Austin.

Hailing from "The Constitution State", Meghan Coffey graduated from the University of Rhode Island with a Bachelors Degree in Dietetics and Nutritional Sciences. Meghan worked in the University of Rhode Island Lipid Metabolism Lab as a research assistant studying the effects of lipids on diet and the relationship to the onset of metabolic syndrome at specific age groups. While living in Rhode Island, Meghan volunteered at a local WIC agency and developed an interest in community nutrition.

Upon returning to Connecticut, Meghan worked as nutritionist for the Thames Valley Council for Community Action WIC where she enjoyed counseling participants and teaching classes. She worked to create and revise nutrition education materials.

New to Austin, Meghan likes exploring the town, biking, baking, and relaxing with her husband and two dogs. Meghan is interested in pursuing a Masters Degree in Public Health in the near future!

Please see the attached *FY 2011 Nutrition Education and Breastfeeding Promotion Liaisons* list for contact information for Angela and Meghan as well as all the nutrition education liaisons.

If you have questions or require additional information, please contact Matt Harrington, Nutrition Education Consultant, at (512) 341-4515, or matt.harrington@dshs.state.tx.us.

Attachment

FY 2011 Nutrition Education and Breastfeeding Promotion Liaisons

Your liaison is listed next to your local agency name. Your liaison will:

- * Answer your questions about the FY 2011 Nutrition Education and Breastfeeding Plan.
- * Offer technical assistance in completing your plan.
- * Review and approve your completed plan.
- * Answer your nutrition education and breastfeeding questions throughout the year.

The list of liaisons may be found online at <http://www.dshs.state.tx.us/wichd/nut/neplan.shtm>

If you have a question or require additional information, please contact your liaison:

Angela Gil, Nutrition Education Consultant
(512) 341-4590, e-mail: angela.gil@dshs.state.tx.us

Carlos Galvan, Nutrition Education Consultant
(512) 341-4584, e-mail: carlos.galvan@dshs.state.tx.us

Cristina Garcia, Nutrition Education Consultant
(512) 341-4583, e-mail: cristina.garcia@dshs.state.tx.us

Erica Harris, Nutrition Education Consultant
(512) 341-4588, e-mail: erica.harris@dshs.state.tx.us

Jessica Coll, Nutrition Education Consultant
(512) 341-4512, e-mail: jessica.coll@dshs.state.tx.us

Meghan Coffey, Nutrition Education Consultant
(512) 341-4514, e-mail: meghan.coffey@dshs.state.tx.us

Lindsey Randall, Nutrition Education Consultant
(512) 341-4594, e-mail: lindsey.randall@dshs.state.tx.us

Matt Harrington, Nutrition Education Consultant
(512) 341-4515, e-mail: matt.harrington@dshs.state.tx.us

Ponna Sambasivan, Nutrition Education Consultant
(512) 341-4517, e-mail: ponna.sambasivan@dshs.state.tx.us

Shellie Shores, Nutrition Education Coordinator
(512) 341-4516, e-mail: shellie.shores@dshs.state.tx.us

Tracy Erickson, Breastfeeding Coordinator
(512) 341-4521, e-mail: tracy.erickson@dshs.state.tx.us

FY 2011 Nutrition Education and Breastfeeding Promotion Liaisons

LA	Local Agency Name	WIC Director	Your Liaison
01	City of Austin/Travis County WIC Program	Donna Sundstrom	Ponna Sambasivan
03	Cameron County WIC Program	Lety Montiel	Erica Harris
04	Su Clinica Familiar WIC Program	Sandra Lopez	Erica Harris
05	Driscoll Childrens Hospital WIC Program	Cindy Salinas	Erica Harris
07	City of Dallas WIC Program	F. Darlene Irwin	Meghan Coffey
10	Grayson County WIC Program	Jessica Buol-Ferg	Meghan Coffey
11	Galveston County WIC Program	Tiffany Rice	Tracy Erickson
12	Hidalgo County WIC Program	Norma Longoria	Carlos Galvan
13	City of Laredo WIC Program	Nora Martinez	Carlos Galvan
17	UT Health Science Center-Houston WIC Program	Karen Gibson	Lindsey Randall
19	Vida y Salud Health Systems WIC Program	Ofelia Juarez	Carlos Galvan
20	Regence Health Network WIC Program	Barbara Khaleeq	Angela Gil
21	City of Wichita Falls/Wichita County WIC Program	Janna Kaelin	Cristina Garcia
22	City of Waco/McLennan County WIC Program	Roger Barker	Jessica Coll
24	United Medical Center WIC Program	Guadalupe Fuentes	Carlos Galvan
26	City of Houston WIC Program	Abigail Diaz	Lindsey Randall
27	South Plains Community Action Association WIC Program	Sandra Hill	Angela Gil
28	Centro de Salud Familiar La Fe WIC Program	Bethany Romero	Angela Gil
29	Ft Bend Family Health Center WIC Program	Betty Hill	Matt Harrington
30	City of Port Arthur WIC Program	Yosi Alexander	Jessica Coll
31	Bell County WIC Program	Loretta Grisham	Cristina Garcia
32	Brazos Valley Community Action Agency WIC Program	Kay Jarrett	Ponna Sambasivan
33	City of El Paso WIC Program	Bertha Amaya	Angela Gil
34	City of Abilene/Taylor County WIC Program	Annette Lerma	Cristina Garcia
35	Denton County WIC Program	Bryanne Jones	Meghan Coffey
36	City of San Marcos WIC Program	DerryAnn Gonzales	Ponna Sambasivan
37	Victoria City-County WIC Program	Kimberly Pagel	Matt Harrington
38	City of Corpus Christi/Nueces County WIC Program	Mimi Bonniwell	Erica Harris
39	Northeast Texas Public Health District WIC Program	Tecora Smith	Shellie Shores
40	City of Beaumont WIC Program	Jammie Harris	Lindsey Randall
41	City of San Antonio WIC Program	Norma Zuniga	Matt Harrington
42	Williamson County-Cities WIC Program	Tina Horkey	Ponna Sambasivan
43	Community Health Centers of South Central Texas WIC Program	Emma Garza	Jessica Coll
44	City of Del Rio WIC Program	Krystal Flores	Angela Gil
45	Cross Timbers Health Clinics WIC Program	Margaret Cuellar	Cristina Garcia
46	Brazoria County WIC Program	Lee Ann McDaniel	Tracy Erickson
48	Harris County WIC Program	Christie Kennedy	Lindsey Randall

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49	Frio County WIC Program	Janet Sloop	Carlos Galvan
51	San Patricio County WIC Program	Meliza Gutierrez	Erica Harris
53	Atascosa Health Center WIC Program	Edna Garcia	Erica Harris
54	Tarrant County WIC Program	Ann Salyer-Caldwell	Meghan Coffey
56	City of San Angelo/Tom Green County WIC Program	Gloria Hale	Angela Gil
58	Angelina County-Cities WIC Program	Angela Quillin	Lindsey Randall
59	Communicare Health Centers WIC Program	Susan Peace	Matt Harrington
60	Matagorda County WIC Program	Carol Bleau	Jessica Coll
61	Jasper-Newton Counties WIC Program	Mary Wall	Lindsey Randall
62	City of Paris/Lamar County WIC Program	Carla Rhodes	Meghan Coffey
63	Hardin County WIC Program	Mary Adams	Shellie Shores
64	Medina County WIC Program	Linda Fillinger	Carlos Galvan
65	City of Texarkana/Bowie County WIC Program	Jane Boothman	Jessica Coll
67	City of Corsicana/Navarro County WIC Program	Cindy Griggs	Jessica Coll
69	Community Council of South Central Texas WIC Program	Kathy Majefski	Matt Harrington
70	Chambers County WIC Program	Sharon Burgess	Tracy Erickson
71	Collin County WIC Program	Michelle Patrick	Meghan Coffey
73	El Centro del Barrio WIC Program	Karen Finstuen	Matt Harrington
74	City of Brownwood/Brown County WIC Program	Brandy Mobley	Cristina Garcia
76	Outreach Health Services WIC Program	Rita Portlock	Cristina Garcia
77	UTMB Regional WIC Program	Merry Jo Hopkins	Lindsey Randall
83	DSHS Regions 9/10 WIC Program	Tonja Winn	Angela Gil
84	DSHS Regions 6/5S WIC Program	Veronica Brown	Tracy Erickson
87	DSHS Regions 4/5N WIC Program	Beth Lloyd	Shellie Shores
88	DSHS Region 11 WIC Program	Linda Buck	Erica Harris
89	CHRISTUS Santa Rosa WIC Program	Sandra Deleon	Matt Harrington
90	Los Barrios Unidos Community Clinic WIC Program	Sylvia Gonzales	Meghan Coffey
94	Texas Tech University WIC Program	Judith Harden	Angela Gil
95	Hill Country Memorial Community Health Center WIC Program	Nicole Spenrath	Carlos Galvan
100	City of Amarillo WIC Program	Margaret Payton	Cristina Garcia
105	Milam County WIC Program	Debbie Olbrich	Ponna Sambasivan
106	St Joseph Regional Health Center WIC Program	Karen Sanders	Ponna Sambasivan
107	Community Care Foundation WIC Program	Paula Snokhous	Jessica Coll
108	Longview Wellness Center WIC Program	Brenda Bolton	Shellie Shores
109	Saint Marks Medical Center	Krystal Seger	Ponna Sambasivan