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**#10-164**

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** November 23, 2010

**SUBJECT:** Texas Health Steps class added to December 2010 IDL schedule

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The IDL class “*Texas Health Steps Overview*” has been added to the December 2010 class schedule. **On Monday, December 13, at 2:00 p.m.**, Christina Sanchez will be delivering information regarding the Case Management for Children and Pregnant Women (CPW) program through WIC’s Interactive Distance Learning Network.

In Texas, CPW is a companion program to Texas Health Steps (THSteps), and many of the patients in the CPW program are the same clients that receive WIC benefits. Therefore, we think it wise and necessary for the two programs to collaborate often and learn more about each other’s services. CPW provides case management services to these members of the population:

- Children from birth through age 20 who are eligible for Medicaid and have a health condition or health risk.
- Women of all ages who have high-risk pregnancies and are eligible for Medicaid.

The goal of CPW is to link some of those same patients to health-care services and community resources and, when necessary, remove barriers to access. Case management may help patients secure needed medical services, specialty referrals, durable medical equipment and supplies, and mental health services, as well as services that are non-medical in nature, such as assistance to families with education/school issues, psychosocial issues, financial problems, and transportation needs.

If you have questions or require additional information, please contact Yolanda BazDresch, IDL Studio Manager, at (512) 341-4443 or email [yolanda.bazdresch@dshs.state.tx.us](mailto:yolanda.bazdresch@dshs.state.tx.us).