



Memorandum

#11-140

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: October 28, 2011

SUBJECT: New Client-Centered Nutrition Education (CCNE) Materials Available

Healthy Children, Healthy Smiles, the new dental health Client-Centered Nutrition Education (CCNE) lesson, is now available for download from the WIC website at <http://www.dshs.state.tx.us/wichd/nut/dhlessons-nut.shtm>.

Healthy Children, Healthy Smiles emphasizes the importance of oral health. It uses pictures as emotion-based tools to spark discussion about the various ideas and experiences regarding oral health that will benefit the whole family.

Healthy Children, Healthy Smiles (DH-000-07) will replace *Take Time for Teeth* (DH-000-03). Effective January 2, 2012, *Take Time for Teeth* will be deleted from the online Nutrition Education and Breastfeeding (NEBF) Plan. Please revise your NEBF class schedule to reflect these changes.

To help WIC staff prepare for teaching *Healthy Children, Healthy Smiles*, there will be a CCNE Lesson Backgrounder, *Oral Health*, offered via Interactive Distance Learning (IDL) and Century Link web-based conferencing. The intent of this CCNE Lesson Backgrounder is to raise WIC staff awareness of the oral health resources available to teach this lesson and instill confidence in WIC staff's ability to discuss key content points. The training will also discuss techniques to engage WIC clients in a discussion about helping WIC families have healthy teeth and gums. You can view the *Interactive Distance Learning Class Schedule* and the *NECS Online Staff Training Class Schedule* for November 2011 at: <http://www.dshs.state.tx.us/wichd/tng/idl-cal-dates.shtm>.

Once you have comfortably taught the new lesson a few times, please complete the *Staff New Lesson Evaluation Survey* online at <http://www.surveymonkey.com/s/CSBZ28K>. Your evaluations are very important in helping the State Agency staff continuously improve our lessons. If you would like to add this new lesson to your current *Nutrition Education Class Schedule*, please make the change to your online *Nutrition Education Plan* or contact your State Nutrition Education Liaison for additional information.

If you have any questions or require additional information, please contact Meghan Coffey, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4514 or meghan.coffey@dshs.state.tx.us.