



## Memorandum

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**#11-146**

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** November 10, 2011

**SUBJECT:** Lesson Deletions from Nutrition Education Plan

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Attached is a listing of all lessons that will be deleted from TX WIN, the WIC website, and the Nutrition Education Plan class schedule on January 2, 2012. If any of the lessons are on your class schedule, please remove them.

Our nutrition education staff is working hard to revise and update many of our older lessons. Part of this revision process includes creating new lessons in multiple formats, such as self-paced, web-based, bulletin board, and Client-Centered Nutrition Education. We appreciate your patience with your agency's nutrition education liaison during the lesson revision process.

If you have any questions, please contact your local agency's nutrition education liaison.

Attachment

## **Lessons Deletions – January 2, 2012**

CF-000-06 Smart Snacking for Children  
CF-000-08 Healthy and Tasty Cooking Demonstration for the Family  
CF-000-09 How Do You Get Your Child to Eat, But Not Too Much  
CF-000-10 Don't Use Food as a Reward of Punishment  
CF-000-11 Grocery Store Tour: Shopping for Healthy Snacks for Kids  
CF-000-14 Food for Thought  
CF-000-15 Childhood Obesity Lily Faces a Problem  
CF-000-17 Feeding your Child 1-3 Years  
CF-000-20 Tips for Making Grocery Shopping Pleasant  
CF-000-21 Healthy Drinks for Healthy Kids  
CH-000-07 Breastfeeding Kidvid  
CH-000-15 Mammal Baby Bingo  
DH-000-03 Take Time for Teeth  
DH-000-04 Healthy Teeth: A Guide for Parents of Preschoolers, Part A  
DH-000-05 Healthy Teeth: A Guide for Parents of Preschoolers, Part B  
FE-000-05 Sally Gets Her Money's Worth  
FS-000-02 Kitchen Food Safety - Fight Bacteria  
GD-000-01 Growing Healthy Families through Physical Activity  
GD-000-03 Being Active as a Family  
GN-000-07 Small Change, Big Difference  
GN-000-08 Fruits and Vegetables: Lily Bets on 5 a Day  
GN-000-09 Milk Comparison  
GN-000-10 Food Demonstrations: Orange Froth and Frozen Chocolate  
GN-000-11 Quick and Easy Vitamin A Food Demonstration: Salad  
GN-000-13 Lily Does Lunch: Nutrition at Noon  
IF-000-10 Look Who's Eating  
IF-000-13 Formula Preparation  
MN-000-11 Your New Baby and Your Budget  
MN-000-12 Dental Health during Pregnancy  
NR-000-11 Still Smoking? Lily Helps  
NR-000-14 When Christina Got Smart: Preventing Diabetes  
NR-000-16 Treasure Hunt  
NR-000-10 Diabetes Matters to Your Family  
PB-000-04 Beautiful Teeth, Beautiful Smile  
PN-000-03 Take Care of Your Baby's Best Friend  
SP-000-02 Eat to Feel Healthy and Lose Weight  
RB-000-14 Feed Your Child's Future