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**#11-147**

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** November 10, 2011

**SUBJECT:** New Online CCNE Lesson Available for Download

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The following new Client-Centered Nutrition Education (CCNE) lesson will be available for download by November 11, 2011 from the WIC Lesson Plans website:

<http://www.dshs.state.tx.us/wichd/nut/cflessons-nut.shtm>.

*CF-000-28, CCNE Picky Eaters – Making Peace with Food* - This lesson uses group discussion and an emotion-based visual aid to provide tips for working with young children who are picky eaters. Participants will learn to recognize picky eating behaviors and why they occur, how to handle picky eating, and ways to get preschoolers to try new foods.

Once you have comfortably taught a new lesson a few times, please complete the *Staff New Lesson Evaluation Survey* online at <http://www.surveymonkey.com/s/CSBZ28K>. Your evaluations are very important for the State Agency to continuously improve our lessons.

If you would like to add this new lesson to your current *Nutrition Education Class Schedule*, please make the change to your online *Nutrition Education Plan* or contact your State Nutrition Education Liaison for additional information.

If you have any questions or require additional information, please contact Debbie Lehman, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4517 or [Debbie.Lehman@dshs.state.tx.us](mailto:Debbie.Lehman@dshs.state.tx.us).