



## Memorandum

---

**#12-046**

**TO:** WIC Regional Directors  
WIC Local Agency Directors

**FROM:** Linda Brumble, Unit Manager  
Nutrition Education/Clinic Services Unit  
Nutrition Services Section

**DATE:** May 18, 2012

**SUBJECT:** FY 2013 Obesity Prevention Mini-Grant Application

---

Applications are being accepted for funds for the **Obesity Prevention Mini-Grant (OPMG) for FY 2013**. Local agencies (LA) will be awarded grants of up to \$20,000 per agency. To apply for the funds, please complete the application and send it via email to [angela.gil@dshs.state.tx.us](mailto:angela.gil@dshs.state.tx.us) by close of business on **Friday, June 15, 2012**.

[FY 2013 Obesity Prevention Mini Grant \(OPMG\) Application \(28 kb, Word\)](#)

[FY 2013 Obesity Prevention Grant Budget and Tracking Worksheet \(38 kb, Excel\)](#)

For each OPMG project that needs funding (for example, community gardens, cooking demo, or health fair), a separate application must be completed. The application has a fixed deadline. Local agencies will be notified of approval. The funding must be spent by **September 30, 2013**.

**Examples of Projects:**

- Implement a series of cooking classes. Use the funding to purchase items for demonstrations, a food demonstration table and/or staff to teach the class.
- Start a gardening class and use the funding to develop a demonstration garden and/or staff to teach the class.
- Begin a walking group or other type of physical activity that encourages family fitness. Use the funding for inexpensive incentives such as water bottles, pedometers or jump ropes.
- A breastfeeding promotion activity that addresses obesity prevention.

**Funding will be awarded based on:**

- The objectives, activities, evaluation component and timeline for the project.
- Whether the funds requested are likely to be spent by September 30, 2013.
- The dollar amount allocated to each local agency will be determined by the total requests received and the amount of funds available.

**Local agencies that are awarded the OPMG funds are required to:**

- Write an article for *WIC News* when requested.
- Submit mid-year and end of year reports including budget status and results.
- Participate in quarterly web conferences via Century Link conferencing.

**Resources:**

To help you plan your project and complete the application we have attached a sample budget worksheet. For additional tools and resources for planning and evaluating your projects, please visit: <http://www.dshs.state.tx.us/wichd/nut/obesity.shtm>.

If you have questions or require additional information, please contact Angela Gil, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4590 or email [angela.gil@dshs.state.tx.us](mailto:angela.gil@dshs.state.tx.us).