



Memorandum

#12-074

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Linda Brumble, Unit Manager
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: August 2, 2012

SUBJECT: Newly Revised and Updated *Child Nutrition Module* and Workbook

NEW! *Child Nutrition Module* (stock no. 13-40)

The newly revised and updated *Child Nutrition Module* replaces the *Preschool Nutrition Module*. It provides staff with basic information on nutrition for children ages 1 through 5. Topics addressed include nutrition and activity recommendations for children, tips for creating a positive feeding relationship, and information on preventing and managing common nutrition problems.

Local agencies (LAs) will receive **one printed module per site**. Your agency should receive printed modules within the next few weeks. Additional copies of the module will soon be available to print and download from the *WIC Catalog* at <http://www.dshs.state.tx.us/wichd/WICCatalog/contents.shtm>.

Once you receive the revised module, please discontinue using the old *Preschool Nutrition Module*. Staff who have previously completed the *Preschool Nutrition Module* do not need to complete the new *Child Nutrition Module*. Only new staff will need to complete the new module.

NEW! *Child Nutrition Workbook* (stock no. 13-40-1)

The new *Child Nutrition Workbook* contains activities and test questions to accompany the *Child Nutrition Module*. LAs will not receive printed copies of the workbook but will be able to download and print the desired number of workbook copies from the *WIC Catalog* at <http://www.dshs.state.tx.us/wichd/WICCatalog/contents.shtm>.

If you have any questions or require additional information, please contact Erica Harris, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4588 or erica.harris@dshs.state.tx.us, Frances Diep, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4584 or frances.diep@dshs.state.tx.us, or Angela Gil, Nutrition Education Consultant, Nutrition Education/Clinic Services Unit, at (512) 341-4590 or angela.gil@dshs.state.tx.us.