

Memorandum

#14-110

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Amanda Hovis, Director
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: September 24, 2014

SUBJECT: Gluten-Free Food Packages Options

Starting October 1, 2014, participants receiving the Gluten-free food package will only be able to receive Rice Chex and Corn Chex in the 12 oz. box size. All other food packages will receive Corn Chex and Rice Chex in the 18 oz. box.

Participants can choose the gluten-free package when:

- The participant would like Cream of Rice as a gluten-free option.
- The 18 oz. package of Corn Chex or Rice Chex is not available where the participants shops

Participants can choose a standard food package when:

- The participant would prefer another standard food package.
- The 12 oz. package of Corn Chex or Rice Chex is not available where the participant shops.

Local agency staff should provide the *Texas WIC Approved Foods Shopping Guide for Gluten-Free Foods* (stock no. E13-06-13482) insert when participants are issued the Gluten-free food package. For all other food packages, issue the standard *Texas WIC Approved Foods Shopping Guide* (stock no. WIC-34).

If you have any questions, please contact Paula Kanter at paula.kanter@dshs.state.tx.us or 512-341-4574.

