



Memorandum

#15-105

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Amanda Hovis, Director
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: September 30, 2015

SUBJECT: 2016 Schedule for Breastfeeding Courses

The wait is over! The highly anticipated release of the 2016 schedule for Principles of Lactation Management (POLM) and Lactation Counseling and Problem Solving (LCPS) has arrived! You may view class information, agendas, instructors and schedules for all of the DSHS breastfeeding classes at the recently relaunched www.TexasWIC.org site. Breastfeeding trainings for staff and health care partners are accessible thru the Health Partners tab then navigate to each class using the navigation tools on the left. Going forward, schedules will no longer be posted on the DSHS site; only here. There are a few significant items worth mentioning.

- 1) All DSHS breastfeeding classes, regardless of length, will have schedules listed and updated frequently on this new site,
- 2) The Clinical Lactation Practicum is available in Austin, Dallas and Houston. The schedule for each location will be available soon so be sure to check back for updates and register early as space is extremely limited.
- 3) Registration fees for classes:
 - a. Breastfeeding Management – free
 - b. Breastfeeding the Compromised Infant – free
 - c. Principles of Lactation Management - \$60
 - d. Lactation Counseling and Problem Solving - \$30
 - e. Clinical Lactation Practicum - \$60
 - f. Physician breastfeeding courses - free

If your agency would like to reserve spots without submitting names for POLM and/or LCPS, please email Missy Hammer (missy.hammer@dshs.state.tx.us) with the class title, location or date, and number of spots to reserve. You will be asked to provide names and other information 3 weeks in advance of the class.

If you have any questions, please contact Linda Zeccola at linda.zeccola@dshs.state.tx.us; 512-341-4591, or Missy Hammer at missy.hammer@dshs.state.tx.us; 512 341-4457.