



Memorandum

#16-005

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Amanda Hovis, Director
Nutrition Education/Clinic Services Unit
Nutrition Services Section

DATE: January 12, 2016

SUBJECT: NEW! Hot Topic for IBCLCs- Obesity and Breastfeeding: Understanding the Challenges

We are pleased to announce a new hot topic training for our International Board Certified Lactation Consultants (IBCLC). Any staff who are on the path to becoming an IBCLC, or who are interested in the topic, are encouraged to attend, but the content is developed with the IBCLC in mind.

The topic of this session is *Obesity and Breastfeeding: Understanding the Challenges*. Women with obesity face unique challenges when breastfeeding a newborn. This training will address those challenges and provide guidance for assessment, counseling, and intervention.

Linda Zeccola, RN, BSN, IBCLC and Katie Coyne, MS, IBCLC will present the training. Those attending the entire training are eligible for 1 L-CERP (note: full attendance and completion of an evaluation are required to receive credit). The presentation will be repeated twice to accommodate different schedules.

Session Dates & Times

Monday, March 28, 2016, 12:00- 1:00 p.m. CST

Tuesday, March 29, 2016, 12:00- 1:00 p.m. CST

Registration for these trainings will be found on the Texas WIC Training Catalog.

This training will also be recorded and posted to the Texas WIC Training Catalog at a later date, but 1 L-CERP is only provided for those who watch at one of the live dates above.

For questions about this training or how to register, please contact Katie Coyne at katie.coyne@dshs.state.tx.us or 512-341-4594.