

**Texas WIC Lesson Evaluation Results
PN-000-09: CCNE Postpartum Grab Bag**

Client Feedback

Total # of clients who responded to survey: 97

Clients surveyed identified themselves as:

- Pregnant: 12%
- Breastfeeding: 26%
- Caretaker of baby under 12 months: 80%
- Caretaker of a child over 1 year: 53%
- Friend of family: 13%
- First WIC class: 13%

Language in which the class was taught:

- English – 62%
- Spanish – 35%
- Both – 3%

Compared to other WIC classes, clients awarded this class **4.5 stars** (out of 5).

Clients rated the class as follows on the items below:

	Not at all	A little	A lot
Helpful	0%	15%	85%
Too long	81%	18%	1%
Informative	0%	18%	82%
Important	1%	17%	82%
Boring	85%	14%	1%
Covered things I already know	13%	70%	17%
Answered my questions	2%	28%	70%
Encouraged me to participate	0%	31%	70%
The instructor knew a lot about the topic	0%	8%	92%
Good for first-time parents	0%	6%	94%
I understood the language	0%	2%	98%

Clients indicated one thing they learned that they would try at home. Out of 80 write-in responses, themes for the comments included:

- Making time for myself helps my family; take more time for myself
- Take better care of myself (eat better, don't skip meals, sleep more, exercise, relax, pampering, go out and do something fun)
- Ask for help and/or take baby to family members for an hour
- Be thankful and appreciative (of your child)

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Staff Feedback

Total # of staff who responded to the survey: 9

Staff surveyed included: Clerk (1), CA (3), Nutritionist (1), Clinic Supervisor (3), Other (1) and had the following degrees: LVN (5), Degreed Nutritionist (3), Other (1).

Language in which the class was taught:

- English – 100%
- Spanish – 0%
- Both – 0%

Staff reported the following as working well when teaching the class:

- Use the handouts and the samples to make the lesson hands on.
- I laminated pictures of different things, so they had a good number to choose from.
- It was so nice to hear the clients express themselves.
- I enjoyed this class because it was about them. Normally the classes we teach apply more to their kids.
- Use a dry erase board to write down feelings of why "me time" is important.

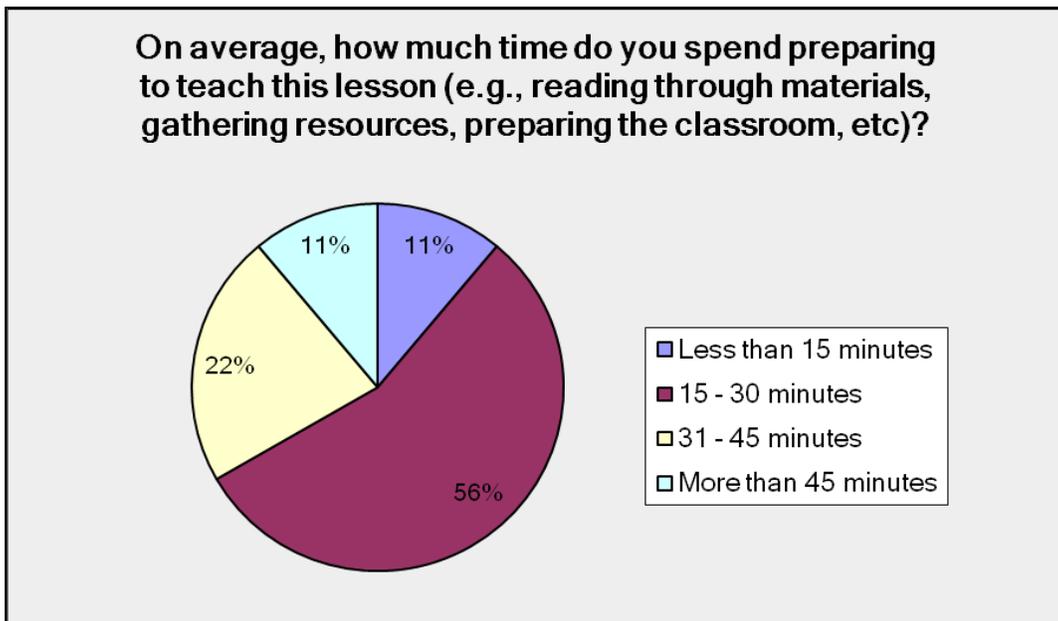
What staff would do differently the next time they teach the class:

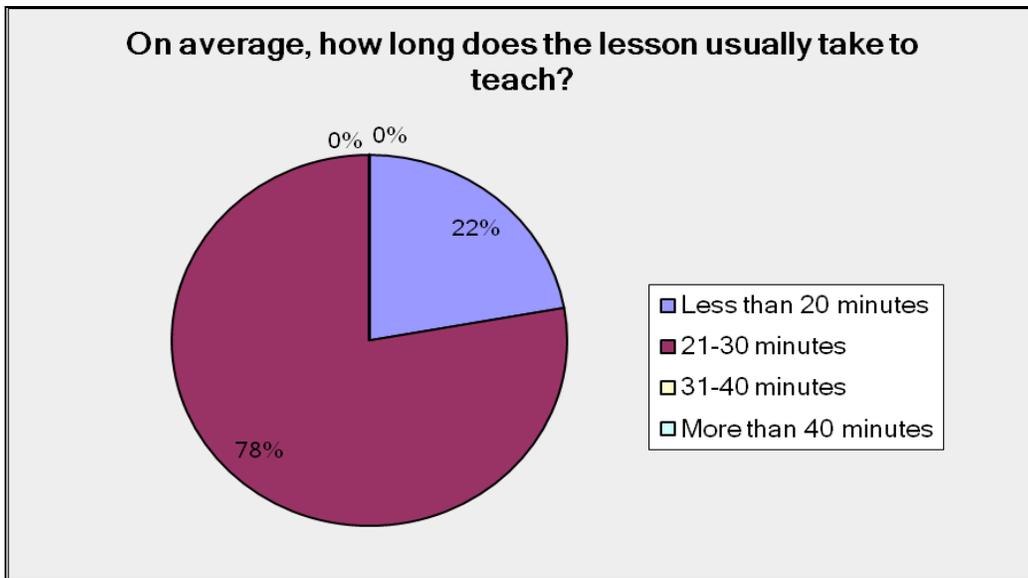
- I tried collecting real items, but the clients seem to like the pictures better from the bag. (I actually put items in a box.)
- Nothing

CLASS LOGISTICS

How many times have you taught this class?		
Answer Options	Response Percent	Response Count
1	0.0%	0
2	0.0%	0
3	33.3%	3
4	11.1%	1
5 or more	55.6%	5

How easy or difficult was the lesson to follow?		
Answer Options	Response Percent	Response Count
Very Easy	22.2%	2
Easy	77.8%	7
Difficult	0.0%	0
Very Difficult	0.0%	0





In your opinion, what would be the ideal size for this class?

Answer Options	Response Percent	Response Count
Less than 6	0.0%	0
6-10	88.9%	8
11-16	11.1%	1
More than 16	0.0%	0
It doesn't matter	0.0%	0

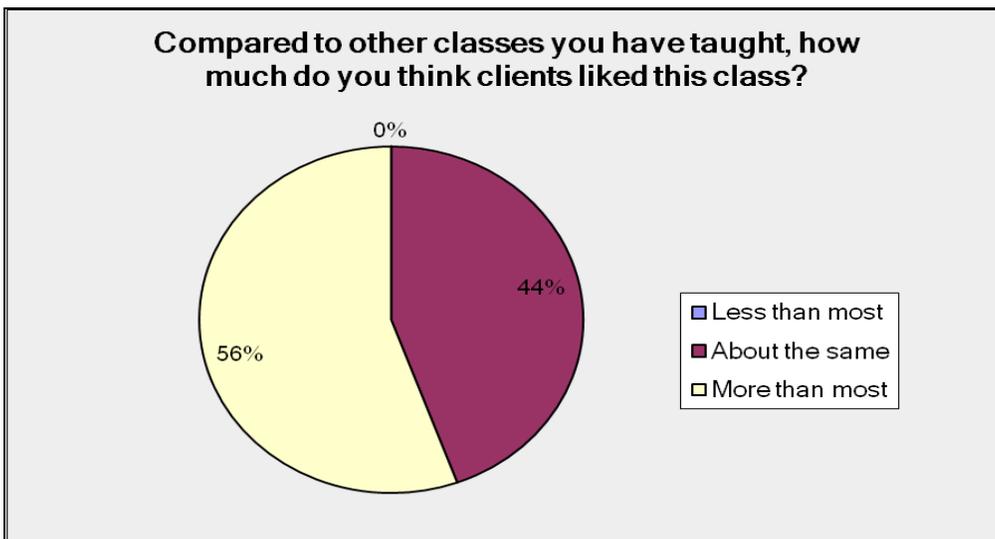
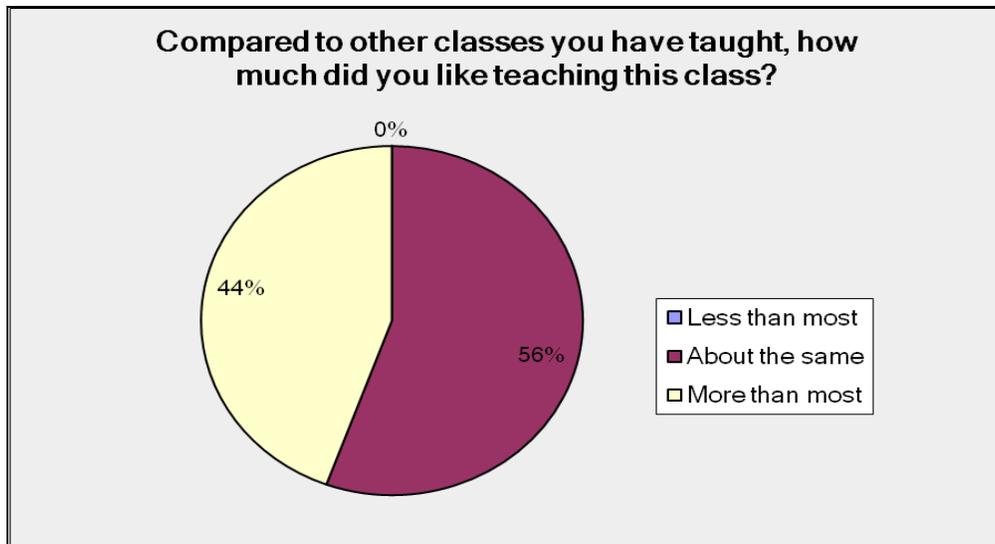
CLASS FLOW

How much of the following sections of the lesson plan did you usually cover?

Answer Options	None	Some	All	Not applicable	Response Count
Introduction/Icebreaker	0	1	8	0	9
Main activity	0	1	7	0	8
Optional activities	1	7	1	0	9
Conclusion/Take away	0	2	7	0	9
In-class evaluation	2	3	2	2	9

How many of the clients usually participate in the class discussion?		
Answer Options	Response Percent	Response Count
Almost none	11.1%	1
Less than half	0.0%	0
About half	22.2%	2
More than half	11.1%	1
Almost all	55.6%	5

ENJOYMENT OF CLASS



TRAINING BACKGROUND

What training or background have you had that helped you teach this class? (Check all that apply.)		
Answer Options	Response Percent	Response Count
None	0.0%	0
Basic nutrition knowledge	22.2%	2
Advanced nutrition knowledge	66.7%	6
Basic breastfeeding knowledge	33.3%	3
Advanced breastfeeding knowledge	55.6%	5
Public speaking	44.4%	4
Client-centered NE training from State	66.7%	6
Client-centered NE training at my local agency	33.3%	3
Other (please specify)		1

What additional training would help you teach this class?

- Nothing