NUTRITION ASSESSMENT REQUIREMENTS GUIDE

Legend
** = FC-WCS (Formula Certified WIC Certification Specialist) can approve
* = WCS (WIC Certification Specialist) can approve
SA = State Agency approval required
CA = Certifying Authority

Directions
This handout lists all Texas WIC formulas in columns according to the assessment parameters required by the Texas WIC Formulary and Policy FD: 16.0. The required assessment parameters are described as follows:

No Assessment Required – Diet history, and other assessment parameters are not required in order to approve the formulas listed in this column. This applies to metabolic formulas (noted by ‡). Initial metabolic formula requests require SA approval. Thereafter, renewal requests can be approved by local RD/or SA.

Formula History Required – Only a formula history is required to approve the formulas listed in this column. All other assessment parameters are optional at CA discretion. This applies to: Alternate contract formulas , formulas for tube feeding only, and all other formulas and situations not otherwise described. (noted by Δ)

Complete Assessment Required – A complete assessment includes: formula history, diet history, pertinent medical history, and anthropometric measurements and plotting. This applies to: situations when growth is of concern such as; prematurity, failure to thrive, growth impairment, etc. (noted by ◯)

No Assessment Required ‡	Formula History Required Δ	Complete Assessment Required ◯
BCAD 1	Alfamino Infant	Benecalorie (SA)
BCAD 2	Alfamino Junior	BetaQuik MCT (SA)
Complex Essential MSD	Alimentum**	Boost
Complex Junior MSD	Calcilo XD	Boost Breeze
Complex MSD AA Blend	Carb Zero (SA)	Boost High Protein
Cyclinex 1	Compleat	Boost Plus
Cyclinex 2	Compleat Pediatric	Boost Pudding
GA 1 Anamix Early Years	Compleat Pediatric Reduced Calorie	Boost VHC
GA	DiabetiSource AC (SA)	Bright Beginnings Soy
GlutarAde AA Blend GA-1	EO28 Splash	Duocal (SA)
GlutarAde Jr GA-1 Drink	Elecare DHA/ARA	EnfaCare**
Glutarex 1	Elecare Jr	Enfamil HMF (SA)
Glutarex 2	Enfamil AR	Enfamil Premature 24 (SA)
HCU Anamix Early	Enfamil Infant	Enfamil Premature High Protein 24 (SA)
HCU Anamix Next	Enfamil Newborn	Enfamil Premature 30 (SA)
HCY 1	Enfaport	Ensure
HCY 2	Extensive HA**	Ensure Clear
HOM 2	FiberSource HN (SA)	Ensure High Calcium
Hominex 1	Gentlease	Ensure High Protein Therapeutic Nutrition
Hominex 2	Glytrol (SA)	Ensure Plus
1 Valex 1	Good Start Gentle	Ensure Pudding
1 Valex 2	Good Start Soothe	Kid Essentials
IVA Anamix Early	Good Start Soy (over 1 yr of age) *	Kid Essentials 1.5
IVA Anamix Next	Hepatic Aid II (SA)	Kid Essentials 1.5 w Fiber
Ketonex 1	Impact (SA)	Liquigen (SA)
Ketonex 2	Isosource 1.5 (SA)	MCT Oil (SA)
LMD	Isosource HN (SA)	Microlipid (SA)
Lophlex LQ PKU	Jevity 1 Cal (SA)	Neosure**
MMA-PA Anamix Early	Ketocal 3:1 (SA)	Nutren 1.0
MMA-PA Anamix Next	Ketocal 4:1 (SA)	Nutren 1.0 w/Fiber
MSUD 2	Lipistart (SA)	Nutren 2.0
MSUD Analog	Monogen	Nutren Junior
MSUD Anamix Early	Neocate w DHA/ARA	Nutren Junior w/Fiber
MSUD Maxamaid	Neocate Junior	Pediasmart
MSUD Maxamum	Neocate Junior w Prebiotics	Pediasmart Soy
OA 1	Neocate Nutra (SA)	Pediasure
OA 2	Neocate Splash	Pediasure w/Fiber
OS 2	Nepro	Pediasure Enteral 1.0

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No Assessment Required ‡	Formula History Required Δ	Complete Assessment Required ◯
Periflex Advance	NovaSource Renal	Pediasure Enteral w/Fiber 1.0
Periflex Infant	Nutramigen**	Pediasure 1.5
Periflex Junior Plus	Nutramigen LGG**	Pediasure 1.5 w/Fiber
Periflex LQ PKU	Nutramigen Toddler**	Pediasure Sidekicks
PFD 2	Nutren Pulmonary (SA)	Polycal (SA)
Phenex 1	NutriHep (SA)	Resource 2.0 (SA)
Phenex 2	Osmolite 1.0 (SA)	Scandishake
Phenyl-Free 1	Osmolite 1.2 (SA)	Scandishake w/ Aspartame
Phenyl-Free 2	Oxepa (SA)	Scandishake Lactose-Free
Phenyl-Free 2HP	Pediasure Peptide 1.0	Similac Human Milk Fortifier
PhenylAde 60 Drink	Pediasure Peptide 1.5	Similac Special Care 20 (SA)
PhenylAde Drink	Pepdite Jr	Similac Special Care 24 w/ Iron (SA)
PhenylAde AA Blend	Peptamen	Similac Special Care 24 High Protein (SA)
PhenylAde Essential	Peptamen 1.5	Similac Special Care 30 (SA)
PhenylAde MTE AA Blend	Peptamen Jr	TwoCal HN (SA)
Phlexy-10 Drink	Peptamen Jr 1.5	
PKU 2	Peptamen Jr w Fiber	
PKU 3	Peptamen Jr w Prebio	
PKU Periflex Early	Perative (SA)	
Propimex 1	Portagen	
Propimex 2	Pregestimil 24 (SA)	
SOD Anamix Early	Pregestimil DHA/ARA**	
TYR 2	Promote (SA)	
TYR Anamix Early	Promote w/Fiber (SA)	
TYR Anamix Next	Pro-Phree (SA)	
Tyrex 1	ProSobee	
Tyrex 2	Pulmocare (SA)	
TYROS 1	PurAmino	
TYROS 2	PurAmino Toddler	
UCD 2	RCF	
UCD Anamix Jr	Renalcal	
WND 1	Renastart	
WND 2	Replete w/ Fiber (SA)	
XLeu Maxamaid	Similac Advance (over 1 year of age)*	
XLeu Maxamum	Similac for Diarrhea	
XLys, XTrp Maxamaid	Similac PM 60/40	
XLys, XTrp Maxamum	Similac Sensitive *	
XMet Maxamaid	Similac Soy Isomil	
XMet Maxamum	Similac for Spit-Up *	
XMTVI Maxamaid	Similac Total Comfort *	
XMTVI Maxamum	Suplena	
XPhe Maxamaid	Tolerex	
XPhe Maxamum	Vital HN	
XPhe, XTyr Maxamaid	Vivonex Pediatric	
	Vivonex Plus	
	Vivonex T.E.N.	