

<p style="text-align: center;">Nutrition Services Department of State Health Services</p>

Effective January 1, 2011

Policy No. FD: 17.0

Issuance of Soyfood Packages

Purpose

To ensure that Texas WIC participants receive the supplemental soyfoods that meet their nutritional needs.

Authority

7 CFR Part 246.10; State Policy

Policy

WIC participants may be issued soy milk and calcium-set tofu for conditions outlined in this policy.

Procedures

- I. Soyfood Packages
 - A. Prescriptions for soyfood packages are not required for women.
 - B. Prescriptions for soyfood packages are required for children.
 1. Refer to WIC Policy FD: 16.0 for prescription requirements if formula is part of the food package.
 2. To request soyfoods without formula, prescriptive authorities must complete sections A, C, and D on the Texas WIC Medical Request for Formula/Food form (stock number EF-13-06-13152).
 3. For children one to two years of age, soy toddler formula may be provided in place of soy milk. (Refer to Procedure II. A. below) When soy toddler formula is requested, contract formula shall be trialed prior to approval of non-contract formula.
 4. No assessment is required to approve and issue soyfoods unless it coincides with the participant's certification. (Refer to Procedures II. A and B. below)
 - C. Qualifying conditions for issuance of soyfood packages include but are not limited to: milk allergy, lactose intolerance, galactosemia, and vegan diet. Soyfood packages shall not be issued to children solely for food preference.

- D. A prescription is required when a soyfood package is initially requested and issued. Prescriptions shall be filed in the participant's record. No subsequent prescriptions are necessary for future issuances. A verbal prescription is acceptable; however, it must be followed up with a written prescription within two weeks. If a participant transfers to another Texas WIC clinic or local agency, the gaining clinic shall request a copy of the prescription from the original clinic to file in the participant's chart. If this is not available, a new Medical Request form shall be obtained.
 - E. Children who were receiving soyfoods in another state and have transferred to Texas WIC will be given a grace period to obtain a prescription from a local health care provider for soyfoods. This grace period shall be through the end of their current certification period.
 - F. Lactose-free milk packages shall be offered as an option before issuing soyfood packages to children for lactose intolerance. A trial of lactose-free milk is not required to issue soyfoods, and a prescription is not required to issue lactose-free milk.
 - G. A Medical Request form is not required to change from a soyfood package to a standard food package. Use professional judgment when changing food packages. A participant diagnosed with milk allergy or galactosemia should not be issued a standard food package.
- II. Considerations When Issuing Soyfood Packages to Participants One to Two Years of Age
- A. When a prescription for a soyfood package is presented, an assessment is not required for children one to two years of age unless it coincides with participant certification; however, it is recommended that children who have not been assessed be referred to a local agency Registered Dietitian or Nutritionist to review their weight status and dietary intake due to the lower calorie content of soy milk. If an R.D. or Nutritionist is not available, issue the prescribed soyfood package and schedule an individual counseling session at the participant's next benefits issuance appointment.

- B. A Certifying Authority (CA) or WIC Certification Specialist (WCS) may use the following guidelines to determine whether soy milk or contract soy toddler formula would be appropriate:
1. If a child's growth plots above the 10th percentile weight for length, issue the prescribed soyfoods.
 2. If a child's growth plots at or below the 10th percentile weight for length, contact the health care provider and recommend soy toddler formula in place of soymilk, and refer to a local agency R.D.