



ECI Library Matters

Social and Emotional Development (updated)

This issue of the newsletter highlights books, DVDs, and websites on social and emotional development, infant mental health, trauma, and child abuse.

For a complete list of titles on social and emotional development, please go to the library's catalog at www.texashealthlibrary.com

If you would like to borrow any of the featured library items or receive full-text articles, please contact the Library at:

- Phone: (512) 776-7260
- Toll-Free: 1-888-963-7111 ext. 7260
- Email: avlibrary@dshs.texas.gov
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The ECI AV Collection also contains a selection of streaming videos about children with disabilities or developmental delays. Please contact the library for logins and passwords.

In This Issue of ECI Library Matters:

Journal Table of Contents: Below are links to the table of contents for current issues of journals listed. The library provides access to these and many other journals. We will get you the articles you need! We also provide research services for you.

Early Childhood Report – Vol. 29 (3) March 2018

Infants & Young Children – Vol. 31 (2) April/June 2018

Selected Books: Access these titles and many more via the library catalog at www.texashealthlibrary.com

Selected DVDs: The ECI AV Collection contains audio/video resources including DVDs concerning children who have disabilities or developmental delays.

Selected eBooks: Access these and hundreds of additional EBSCO eBooks to read on your computer or device. Contact the library for the passwords.

Selected Websites: A current selection of ECI websites featured for ease of access.

Texas Department of State Health Services

USEFUL INFORMATION

[Texas Health and Human Services](#)

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Table of Contents: ECI Journals

Early Childhood Report – March 2018

Legal spotlight - you be the judge:

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Washington watch:

- Number of students served under IDEA continues to rise; State guidance on alternate assessment participation may lack key detail, report suggests. p.7

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- Behavioral data, staff input point to 5-year-old's need for special school. p.10
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- Not offering make-up speech therapy sessions denies FAPE. p.12.

Cover story:

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Classroom pets boost self-regulation, empathy. p.6

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Infants & Young Children - April/June 2018

Teacher decision factors that lead to preschool expulsion: scale development and preliminary validation of the Preschool Expulsion Risk Measure. p. 93-108. WS Gilliam, CR Reyes.

Childcare type and quality among subsidy recipients with and without special needs. p. 109-127. AL Sullivan, EM Farnsworth, A Susman-Stillman.

Parent and professional perceptions of inclusion in childcare: a literature review. p. 128-143. JM Weglarz-Ward, RM Santos.

Knowledge translation: supports, challenges, and opportunities for change in early intervention. p. 144-156. S Rabinowicz, S Ray.

A Parent-to-Parent Program in Taiwan. p. 157-174. K Liu.

[Selected Books - Check Them Out!](#)

Social and Emotional Development: Books

An activity-based approach to developing young children's social emotional competence. Jane Squires, 2007. (540 S774a 2007 ECI).

The ASQ:SE user's guide for the Ages and Stages Questionnaires: Social-Emotional. (English and Spanish) Jane Squires, Diane Bricker, and Elizabeth Twombly, 2002. (525 S774 2002 ECI).

Best for babies: expert advice for assessing infant-toddler programs. Alice S. Honig, 2014. (LC 4019.3 H773b 2014 ECI).

Bipolar kids: helping your child find calm in the storm. Rosalie Greenberg, 2007. (227.4 G798b 2007 ECI).

The body keeps the score: brain, mind, and body in the healing of trauma. Bessel A. van der Kolk, 2014. (WM 172.5 V228 2014 RHB).

Bright futures in practice: mental health practice guide. Michael Jellinek, 2002. (266.5 J48 2002 ECI).

Building resilience to trauma: the trauma and community resiliency models. Elaine Miller-Karas, 2015. (WM 172.4 M647b 2015 RHB).

Building strong foundations: practical guidance for promoting the social-emotional development of infants and toddlers. Rebecca Parlakian, 2003. (266.5 P252 2003 ECI).

Case studies in infant mental health: risk, resiliency, and relationships. Joan J. Shirilla, 2002. (WS 350 C337 2002 ECI).

Child-centered practices for the courtroom and community: a guide to working effectively with young children and their families in the child welfare system. Lynne F. Katz, 2011. (WA 320 K19c 2011 ECI).

Child, family, and community, 6th ed. Janet Gonzalez-Mena, 2013. (LC 409.3 G643c 2013 ECI).

Children and babies with mood swings: new insights for parents and professionals. Stanley I. Greenspan, 2007. (WM 207 G815c 2007 ECI).

Circles in the nursery: practicing multicultural family therapy. Leena Banerjee Brown, 2007. (275 B878c 2007 ECI).

Confronting violence, 3rd ed. George A. Gellert, 2010. (HN 90 V5 G318C 2010).

Selected Books - Check Them Out!

Social and Emotional Development: Books

Developing quality care for young children: how to turn early care settings into magical places. Nettie Becker, 2009. (320.11 B395 2009 ECI).

Don't hit my Mommy: a manual for child-parent psychotherapy with young children exposed to violence and other trauma. Alicia F. Lieberman, 2015. (WS 350.6 L716d 2015 ECI).

The early childhood coaching handbook. Dathan D. Rush, and M'Lisa L. Shelden, 2011. (LB1775.6 R87 2011 ECI).

Early childhood intervention: shaping the future for children with special needs and their families. Christina Groark, 2011. (LC 4019.3 G873e 2011 ECI).

Extending the dance in infant and toddler caregiving: enhancing attachment and relationships. Helen H. Raikes, 2009. (WS 105.5 C3 R151e 2009 ECI).

Families, infants, and young children at risk: pathways to best practice. Gail L. Ensher, 2009. (LC 4019.3 E59r 2011 ECI).

Finding hope in despair: clinical studies in infant mental health. 2008. (266.5 F494 2008 ECI).

From neurons to neighborhoods: the science of early childhood development. Jack P. Shonkoff, 2000. (WS 105 S559f 2000 ECI).

Guidance of young children. Marian Marion, 2011. (WS 100 M341g 2011 ECI).

Handbook of infant mental health. Charles H. Zeanah, 2000. (266.5 Z41 2000 ECI).

Help him make you smile: the development of intersubjectivity in the atypical child. Rita S. Eagle, 2007. (226.5 E11h 2007 ECI).

Infant/child mental health, early intervention, and relationship-based therapies: a neurorelational framework for interdisciplinary practice. Connie Lillas, 2009. (WS 350 L729i 2009 ECI).

Infant and early childhood mental health: core concepts and clinical practice. 2014. (WS 103.5 M3 I43 2014).

Infants in the child welfare system: a developmental framework for policy and practice. Brenda Jones Harden, 2007. (320.4 H259 2007 ECI).

Little kids, big worries: stress-busting tips for early childhood classrooms. Alice S. Honig, 2010. (LC 3969 H773 2010 ECI).

The mystery of risk: drugs, alcohol, pregnancy and the vulnerable child. Ira J. Chasnoff, 2010. (WA 320 C487 2010 MHSA).

Selected Books - Check Them Out!

Social and Emotional Development (continued): Books

The neurobehavioral and social-emotional development of infants and children. Edward Tronick, 2007. (540 T853n 2007 ECI).

Pathways to competence: encouraging healthy social and emotional development in young children. Sarah Landy, 2009. (WS 105.5 E5 L264p 2009 ECI).

Percy gets upset. Stuart J. Murphy, 2011. (805.1 M978 2011).

Preschool assessment: principles and practices. Marla R. Brassard, 2008. (LB 3051 B823p 2008 ECI).

Psychotherapy with infants and young children: repairing the effects of stress and trauma on early attachment. Alicia F. Lieberman, 2008. (266.5 L716p 2008 ECI).

Reflecting in communities of practice: a workbook for early childhood educators. Deb Curtis, 2013. (LB 1139.4 C89 2013 ECI).

Reversing the odds: improving outcomes for babies in the child welfare system. Sheryl Dicker, 2009. (320.4 D549r 2009 ECI).

Secure relationships: nurturing infant/toddler attachment in early care settings. Alice Sterling Honig, 2002. (LC 3639 H773s 2002 ECI).

Seven skills for school success: activities to develop social and emotional intelligence in young children. Pam Schiller, 2009. (WS 105.5 E5 S334s 2009 ECI).

Skillstreaming in early childhood: a guide for teaching prosocial skills. Ellen McGinnis, 2012. (LB 1139 M145s 2012 ECI).

Social and emotional development: connecting science and practice in early childhood settings. Dave Riley, 2008. (540 R573 2008 ECI).

Social and emotional health in early childhood: building bridges between services and systems. Deborah F. Perry, 2007. (WS 350 S678 2007 ECI).

Social competence in children. Margaret Semrud-Clikeman, 2007. (WS 105.5 E5 S473s 2007 ECI).

Social competence of young children: risk, disability, and intervention. William H. Brown, Samuel L. Odom, Scott R. McConnell, 2008. (540 S678 2008 ECI).

Social-emotional assessment/evaluation measure. Jane Squires, 2014. (LB 3051 S65 2014 ECI).

Socioemotional development in the toddler years: transitions and transformations. Celia A. Brownell and Claire B. Kopp, 2007. (540 B884s 2007 ECI).

Selected Books - Check Them Out!

Social and Emotional Development (continued): Books

Strengthening family coping resources: intervention for families impacted by trauma. Laurel J. Kiser, 2015. (WM 430.5 F2 K61 2015 ECI).

Supporting development in internationally adopted children. Deborah A. Hwa-Froelich, 2012. (WS 103 H991s 2012 ECI).

Teaching infants, toddlers, and twos with special needs. Clarissa Willis, 2009. (LC 4019.3 W734t 2009 ECI).

Touchpoints: three to six: your child's emotional and behavioral development. T. Berry Brazelton, 2001. (WS 105.5 E5 B827t 2001 ECI).

Traumatic stress: the effects of overwhelming experience on mind, body, and society. Bessell A. van der Kolk, Alexander C. McFarlane, and Lars Weisaeth, 2007. (WM 172.5 T777 2007 RHB).

Understanding early childhood mental health: a practical guide for professionals. 2012. (WS 105.5 M3 U55 2012 ECI).

Understanding families: supportive approaches to diversity, disability, and risk. Marci J. Hanson, 2013. (LC 4019.3 H251u 2013 ECI).

Using IGDI's: monitoring progress and improving intervention for infants and young children. Judith J. Carta, 2010. (520 U85 2010 ECI).

WAIMH handbook of infant mental health. Joy D. Osofsy, 2000. (266.5 O83 2000 ECI).

What works for bipolar kids. Mani Pavuluri, 2008. (WM 207 P339w 2008 ECI).

Why love matters: how affection shapes a baby's brain, 2nd ed. Sue Gerhardt, 2015. (WS 350 G368w 2015 ECI).

Young children and trauma: intervention and treatment. Joy D. Osofsky, 2004. (WA 320 Y69 2004 ECI).

Your guide to nurturing parent-child relationships: positive parenting activities for home visitors. Nadia Hall, Chava Kulkarni, and Shauna Seneca, 2008. (LC 4019.3 H178y 2008 ECI).

[Selected DVDs - Check Them Out!](#)

Social and Emotional Development: DVDs

ACE study: the adverse childhood experiences study: background, findings, and paradigm shift. 123 min. 2012. (DD0697).

ASQ-3 scoring and referral. 18 min. 2009. (DD0426).

Attachment relationships. 29 min. 2010. (DD0404).

BabyCues: a child's first language. 18 min. 2006. (DD0557).

Beginnings of life. 42 min. 2011. (DD0504).

A child's mind: how kids learn right and wrong. 24 min. 2011. (DD0553).

Developing trauma-informed services for families experiencing homelessness: an interactive training video and guide. 92 min. 2008 (DD0615).

Family violence: impact on children for educators and caregivers. 19 min. 2011. (DD0493).

Finding the words, finding the ways: exploring reflective supervision and facilitation. 136 min. 2012. (DD0614).

For the child: information on mental health and advocacy for resource parents. 30 min. 2007. (DD0208).

Healing Neen. 54 min. 2010. (DD0555).

How to raise emotionally healthy children: volumes 1-3. 23-25 min. 2013. (DD0682-DD0684).

I want all the turns: supporting children in resolving problems and conflicts/ quiero todos los turnos. 90 min. 2013. (DD0655).

NEW! Infant mental health home visiting. 2015. (CR0045).

Infants: social and emotional development. 23 min. 2010. (DD0430).

Learning happens. 113 min. 2007. (DD0411).

Learning happens II. 29 min. 2010. (DD0412).

Life at 1: new experiences. 54 min. 2011. (DD0512).

Life at 3: bad behavior. 57 min. 2008. (DD0514).

Selected DVDs- Check Them Out!

Social and Emotional Development (continued): DVDs

Magic of everyday moments series. 18-23 min. 2014. (DD0685; DD0742-DD0743).

Managing everyday challenges through positive guidance. 75 min. 2011. (DD0535).

Observing Kassandra. 2010. (KT0079).

Parenting: emotional health and positive discipline. 9 min. 2016. (DD0736-DD0737).

Piccolo training DVD: implementation and scoring. 70 min. 2013. (DD0630).

A place of our own: early childhood solutions behavior and emotions. 180 min. 2008. (DD0325).

Play, learning, and development. 53-65 min. 2009-2010. (DD0631-DD0633).

Practical strategies for teaching social and emotional skills. 28 min. 2007. (DD0581).

Preschooler observation: social and emotional development. 23 min. 2012. (DD0496).

Preschoolers: social and emotional development. 23 min. 2008. (DD0433).

Recognizing and reporting child abuse and child sexual abuse. 68 min. 2008. (DD0323).

Recognizing child abuse. 26 min. 2007. (DV0362).

Reflective supervision for infant mental health practitioners. 136 min. 2012. (DD0613).

NEW! Stories from our hearts series. 17 min. 2011. (DD0805-DD0809).

Substance exposure and promoting attachment. 79 min. 2007. (CA0006).

Toddler behavior and development. 60 min. 2009. (DD0434).

Toddlers: social and emotional development. 28 min. 2009. (DD0260).

Understanding traumatized and maltreated children: the core concepts. 157 min. 2004. (DD0127).

[Selected eBooks - Check Them Out!](#)

The following books and many more titles are available electronically to ECI state and program staff. You may access them on a computer or mobile device.

To access, please contact the library at avlibrary@dshs.texas.gov or call (512) 776-7559 or toll-free 1-888-963-7111 x7559.

Social and Emotional Development: eBooks

The activity kit for babies and toddlers at risk: how to use everyday routines to build social and communication skills. Deborah Fein (2016).

Leading experts present more than 100 games and activities designed to support development in children from birth to age 3. A child's daily routines are transformed into learning opportunities that promote crucial abilities, like how to imitate others or use simple hand gestures to convey wants and needs.

The batterer as parent: addressing the impact of domestic violence on family dynamics, 2nd ed. Lundy Bancroft, Daniel Ritchie, and Jay G. Silverman (2012).

The authors outline the complex and insidious processes through which batterers hamper the social and emotional development of children. This book addresses the impact that batterers have on family functioning and provides an understanding of batterers as parents and family members. It delineates approaches to such practice issues as assessing risk to children, parenting issues in child custody and visitation evaluation, and the impact on children's therapeutic process and family functioning in child protective practice.

Beyond behavior management: the six life skills children need. Jenna Bilmes (2012).

Why do children do the things they do? What can caregivers do to manage it all? While there is not a simple method for understanding and managing all behaviors or all children, caregivers can give young children the social and emotional tools needed to grow and thrive on their own. The authors recommend a strength-based approach to guiding and managing young children's behavior by helping them build and use essential life skills into the daily life of the early childhood classroom. As a result, children will learn to exhibit more pro-social behaviors, work better as a community, and become excited and active learners.

Children of substance-abusing parents: dynamics and treatment. Shulamith Lala Ashenberg Straussner (2011). This book is intended as a reference for all mental health professionals who need to understand and treat this population. It offers a look at treatment options and programmatic interventions across the life span. The contributors include a range of experts who provide evidence-based clinical and programmatic strategies for working with children of alcohol and other substance-abusing parents of any age and in almost any practice setting.

Children with multiple mental health challenges: an integrated approach to intervention. Sarah Landy and Susan Bradley (2013).

This book builds on an individualized, integrated approach to present a variety of evidence-based strategies for working with children with multiple challenges. It considers children from preschool age to adolescence with a number of severe difficulties. These may include extreme anxiety and depression, cognitive challenges, delays in speech and language, and unresolved trauma.

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Social and Emotional Development (continued): eBooks

Empathic care for children with disorganized attachments: a model for mentalizing, attachment, and trauma-informed care. Chris Taylor (2016).

This book is a practical guide to caring for children who have experienced trauma. Focusing on the importance of interpersonal bonds to facilitate the child's capacity to mentalize, it aims to equip the reader with the appropriate skills to provide effective, sustained and, most importantly, empathic care to the most vulnerable and troubled children. This structured psychotherapeutic approach to caregiving will enable the development of child-carer relationships and can be used to create informed, safe environments that support both the child and the caregiver.

Foster parenting step-by-step: how to nurture the traumatized child and overcome conflict. Kalyani Gopal (2013). This book describes the trauma that can be experienced by children in foster care and the effect of that trauma on their behavior.

Gopal summarizes successful evidence-based strategies that develop the parent-child bond. Although the book was written for foster parents, it would be useful to anyone working with children who are or have been in foster care.

Grief in young children: a handbook for adults. Atle Dyregrov (2008).

This book challenges the assumption that pre-school children are not capable of experiencing grief in the same way that older children do. Although young children may not express grief in the same way as older children, they still need to be supported through loss. Illustrated throughout with case examples, the author explores young children's reactions to death and loss, both immediately after the event and over time. Full of practical advice on issues such as how to keep children in touch with their memories, answer their questions, allay their fears and explore their feelings through play, this accessible book enables adults to work with children to develop an acceptance of grief and an understanding of death and loss.

Including one, including all: a guide to relationship-based early childhood inclusion.

Leslie Roffman, Cassandra Britton, and Todd Wanerman (2011).

Strengthen every child using relationship-based approaches to support their behavioral, emotional, social, and learning challenges

Infant mind: origins of the social brain. Marc H. Bornstein (2013).

Integrating cutting-edge research from multiple disciplines, this book provides a dynamic and holistic picture of the developing infant mind. Contributors explore the transactions among genes, the brain, and the environment in the earliest years of life. The volume probes the neural correlates of core sensory, perceptual, cognitive, emotional, and social capacities. It highlights the importance of early relationships, presenting compelling findings on how parent-infant interactions influence neural processing and brain maturation.

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Social and Emotional Development (continued): eBooks

John Bowlby and attachment theory, 2nd ed. Jeremy Holmes (2014).

John Bowlby is one of the outstanding psychological theorists of the twentieth century. This book is both a biographical account of Bowlby and his ideas and an introduction to contemporary attachment theory and research. The author traces the evolution of Bowlby's work from a focus on delinquency, material deprivation and his dissatisfaction with psychoanalysis' imperviousness to empirical science to the emergence of attachment theory as a psychological model in its own right. The book also examines advances in the biology and neuroscience of attachment.

Mental health services for vulnerable children and young people: supporting children who are, or who have been, in foster care. Arlene Vetere and Michael Tarren Sweeney (2014).

More than half of children either in foster care, or adopted from care in the developed world, have a measurable need for mental health services, while up to one quarter present with complex and severe trauma- and attachment-related psychological disorders. This book outlines how services can effectively detect, prevent, and treat mental health difficulties in this vulnerable population.

NEW! Parenting and substance abuse: developmental approaches to intervention.

Linda C. Mayles (2013).

Historically, there has been little integration of theoretical or applied research on addiction treatment and parenting intervention development. Rather, the fields of addiction and developmental research have progressed on largely separate trajectories, even though their focus powerfully and often tragically intersects each time a parent is diagnosed with a substance use disorder. This book is the first to report on pioneering efforts to move the treatment of substance-abusing parents forward by embracing their roles and experiences as mothers and fathers directly and continually across the course of treatment.

Physical and emotional abuse: triggers, short and long term consequences, and prevention methods. (2013).

This book includes a chapter on parent-child interaction therapy (PCIT) written by Cheryl B. McNeil, Amanda H. Costello, Ria M. Travers, and Meredith A. Norman. They review available outcome studies on PCIT with trauma, address philosophical concerns raised about PCIT's appropriateness for children traumatized by abuse and or neglect, and provide a theoretical rationale for the therapeutic benefits of PCIT for this population.

Play therapy with traumatized children. Paris Goodyear-Brown (2010).

Goodyear-Brown introduces a practical model of play therapy for traumatized children. Her model of treatment incorporates theoretical constructs with effective play therapy interventions. Clinicians have long recognized that trauma therapy is not just a matter of techniques but a journey with a beginning, middle, and end. The author codifies the process in her model, Flexibly Sequential Play Therapy (FSPT). Integrating non-directive and directive approaches, this components-based model allows for the uniqueness of each child to be valued while providing a safe, systematic journey towards trauma resolution.

Selected eBooks - Check Them Out!

Social and Emotional Development (continued): eBooks

NEW! A practical guide to mental health problems in children with autistic spectrum disorder: it's not just their autism. Khalid Karim (2014).

Exploring the relationship between ASD and mental health difficulties, this book offers practical guidance to help parents and professionals recognize and handle co-morbid conditions, and dispels the myth that they are just a part of autism. The authors cover a wide range of common mental health problems experienced by children with ASD, including Obsessive Compulsive Disorder (OCD), anxiety, ADHD, eating disorders, psychosis, stress, tics and depression, and illustrate these issues with case studies. They also provide vital advice in an accessible format and suggest strategies to ease the difficulties which arise from these co-morbid conditions.

Scared sick: the role of childhood trauma in adult disease. Robin Karr-Morse. (2012).

The first years of human life are more important than we ever realized. Robin Karr-Morse connects psychology, neurobiology, endocrinology, immunology, and genetics to demonstrate how chronic fear in infancy and early childhood, when we are most helpless, lies at the root of common diseases in adulthood.

NEW! Selecting effective treatments. Linda Seligman and Lourie W. Reichenberg. (2014).

This volume presents a systematic, research-based approach to the treatment of mental disorders. A chapter is devoted to the mental disorders of infants, children, and adolescents.

Theories of attachment: an introduction to Bowlby, Ainsworth, Gerber, Brazelton, Kennell, and Klaus. Carol Garhart Mooney (2010).

Early childcare professionals gain an understanding of the theories of attachment as well as the background and research of the prominent minds behind them. This book explains the core elements of each theorist's work and the ways these elements impact and support interactions with babies, including the topics of bonding, feeding practices, separation anxiety, and stranger anxiety.

Trauma counseling: theories and interventions. Lisa Lopez-Levers (2012).

This textbook includes a chapter on trauma experienced in early childhood written by Staci Perlman and Andrea Doyle. It covers development in early childhood, the influence of trauma on early development, and practice implications for working with young children who have experienced trauma.

Trauma-informed care: how neuroscience influences practice. Amanda Evans and Patricia Coccoma (2014).

The authors devote a chapter of their book to the impact of trauma on the developing brain. A simple rubric is included as a method to recognize behaviors that may be trauma-related.

Trauma-informed practices with children and adolescents. William Steele and Cathy A. Malchiodi (2012).

This sourcebook of practical approaches to working with children and adolescents synthesizes research from leading trauma specialists and translates it into easy-to-implement techniques. These approaches address the sensory and somatic experiences of trauma within structured formats that meet the best practices criteria for trauma-informed care: safety, self-regulation, trauma integration, healthy relationships, and healthy environments. Each chapter contains short excerpts, case examples, and commentary relevant to the chapter topic from recognized leaders in the field of trauma intervention with children and adolescents. Readers will find chapters filled with easily applied activities, methods, and approaches to assessment, and information about self-regulation, trauma integration, and resilience-building.

[Selected Websites - Check Them Out!](#)

Social and Emotional Development: Websites

Brain hero: This 3-minute video shows how caregiver actions can impact child development. It was produced by the Center for the Developing Child at Harvard University. View it at http://developingchild.harvard.edu/resources/multimedia/brain_hero/.

The **Center for Early Childhood Mental Health** from Georgetown University translates research in healthy mental development into materials for families, mental health consultants, and Head Start staff. See <http://www.ecmhc.org/>.

The **Center on the Social and Emotional Foundations for Early Learning** has a tremendous amount of information for families, trainers, teachers, caregivers, and more. See <http://csefel.vanderbilt.edu/>.

The **Child Welfare Information Gateway** offers resources related to child abuse and neglect. See <https://www.childwelfare.gov/topics/can/>

The **Children's Trauma Assessment Center (CTAC)** provides comprehensive neurodevelopmental trauma assessments for children who have experienced trauma or adverse childhood experiences. See <https://wmich.edu/traumacenter/about>

Early Identification: Referral Requirements under CAPTA and IDEA are explained by the Early Childhood Technical Assistance Center at <http://ectacenter.org/topics/earlyid/capta.asp>

First3Years is an organization that has trained and mentored thousands of early childhood professionals across Texas on brain development, attachment, separation, trauma, self-regulation, cross-cultural awareness, and other infant mental health related issues. See <http://first3yearstx.org/>

Helping children and adolescents cope with violence and disasters: what parents can do, the National Institute of Mental Health provides caregivers and parents with advice on how they can help children overcome traumatic experiences and start the process of recovery. See <http://www.nimh.nih.gov/health/publications/helping-children-and-adolescents-cope-with-violence-and-disasters-parents-trifold/index.shtml>.

InBrief: early childhood mental health, a report by Harvard's Center on the Developing Child, is located at http://developingchild.harvard.edu/resources/briefs/inbrief_series/inbrief_early_childhood_mental_health/.

Meeting the mental health needs of poor and vulnerable children in early care and education programs by Lenette Azzi-Lessing provides an overview of the various factors that threaten optimal development of young children living in poverty and that place them at risk for emotional and behavioral problems. Four key strategies for improving the capacity of early care and education programs for preventing and addressing mental health problems in young children in poverty are outlined in this article available at <http://ecrp.uiuc.edu/v12n1/azzi.html>.

The **National Child Traumatic Stress Network's** mission is to raise the standard of care and improve access to services for traumatized children, their families, and communities throughout the United States. See http://www.nctsn.org/nctsn/nav.do?pid=hom_main.

The **National Library of Medicine** has compiled a set of links to reliable information on child mental health. See <http://www.nlm.nih.gov/medlineplus/childmentalhealth.html>.

Selected Websites - Check Them Out!

Social and Emotional Development (continued): Websites

Promoting the social-emotional wellbeing of infants and toddlers in early intervention programs: promising strategies in four communities by Taniesha A. Woods, Sheila Smith, and Janice L. Cooper from the National Center for Children in Poverty is located at http://nccp.org/publications/pub_946.html.

The **Technical Assistance Center on Social Emotional Intervention for Young Children (TACSEI)** takes the research that shows which practices improve the social-emotional outcomes for young children with, or at risk for, delays or disabilities and creates free products and resources to help decision-makers, caregivers, and service providers apply these best practices in the work they do every day. See <http://www.challengingbehavior.org/>.

Zero to Three is a national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in the lives of infants and toddlers. It provides several resources on early childhood mental health, including a video clip. See <http://www.zerotothree.org/child-development/early-childhood-mental-health/>.