



## Texas Influenza Surveillance Report 2018-2019 Season/2019 MMWR Week 05

(January 27, 2019 – February 2, 2019)  
Report produced on 2/8/2019

### Summary

Influenza activity is increasing across the state of Texas. Compared to the previous week, the percentage of patient visits due to influenza-like illness (ILI) and the percentage of specimens testing positive for influenza reported by hospital laboratories increased. One influenza-associated pediatric death was reported. Nine ILI/influenza-associated outbreaks were reported. In addition to flu, other respiratory viruses—especially rhinovirus/enterovirus—were detected in Texas during week 05.

Table 1: Summary of Texas Influenza (Flu) and Influenza-like Illness (ILI) Activity for the Current Week

Texas Surveillance Component	Change from Previous Week	Current Week	Previous Week†	Page of Report
Statewide influenza activity level reported to CDC (geographic spread of influenza)	No change	Widespread	Widespread	--
Statewide ILINet Activity Indicator assigned by CDC (intensity of influenza-like illness)	No change	High	High	--
Percentage of specimens positive for influenza by hospital laboratories	▲ 5.74%	31.04%	25.30%	1
Percentage of visits due to ILI (ILINet)	▲ 1.60%	8.59%	6.99%	4
Number of regions reporting increased flu/ILI activity	No change	7	7	6
Number of regions reporting decreased flu/ILI activity	▼ 1	0	1	6
Number of variant/novel influenza infections	No cases reported	0	0	6
Number of ILI/influenza outbreaks	▼ 3	9	12	6
Number of pediatric influenza deaths	New case reported	1	0	7

†Data displayed have been updated since last week's flu report with any new reports received.

### Laboratory Results

#### Influenza

Hospital laboratories across Texas voluntarily report influenza tests (antigen, culture, and PCR) to the National Respiratory and Enteric Virus Surveillance System (NREVSS). Providers throughout Texas also submit specimens for influenza testing (PCR) to Texas public health laboratories, including the Texas Department of State Health Services (DSHS) state laboratory in Austin and the nine Texas Laboratory Response Network (LRN) laboratories. The results reported by Texas NREVSS participants and public health laboratories for the current week are summarized in the two tables below. Additional influenza test results (rapid tests, culture, PCR) and ILI activity were reported from providers and public health departments throughout the state (see county map at the end of this report).

Table 2: Influenza Testing Performed by Texas Hospital Laboratories for the Current Week

	Week 05	Season to Date Week Ending: Feb. 2, 2019
Number of labs reporting flu tests	13	
Number of specimens tested	3602	59023
Number of positive specimens (%)†	1118 (31.04%)	7424 (12.58%)
Percentage of total tests that were antigen detection tests	46.59%	
<b>Positive specimens by type/subtype [n (%)]</b>		
<b>Influenza A</b>	<b>1080 (96.60%)</b>	<b>6756 (91.00%)</b>
Subtyping performed	145 (13.43%)	607 (8.98%)
A (H1N1)	57 (39.31%)	290 (47.78%)
A (H3N2)	88 (60.69%)	317 (52.22%)
Subtyping not performed	935 (86.57%)	6149 (91.02%)
<b>Influenza B</b>	<b>38 (3.40%)</b>	<b>668 (9.00%)</b>

†Laboratory data in 2016-2017 and 2017-2018 season reports may not be comparable to reports from seasons previous to 2016-2017 because the data only includes hospital laboratories data for the current season.

Figure 1: Number and Percentage of Tests (Antigen, Culture, PCR) Positive for Influenza by Type and Subtype Reported by Texas Hospital Laboratories, 2018-2019 Season

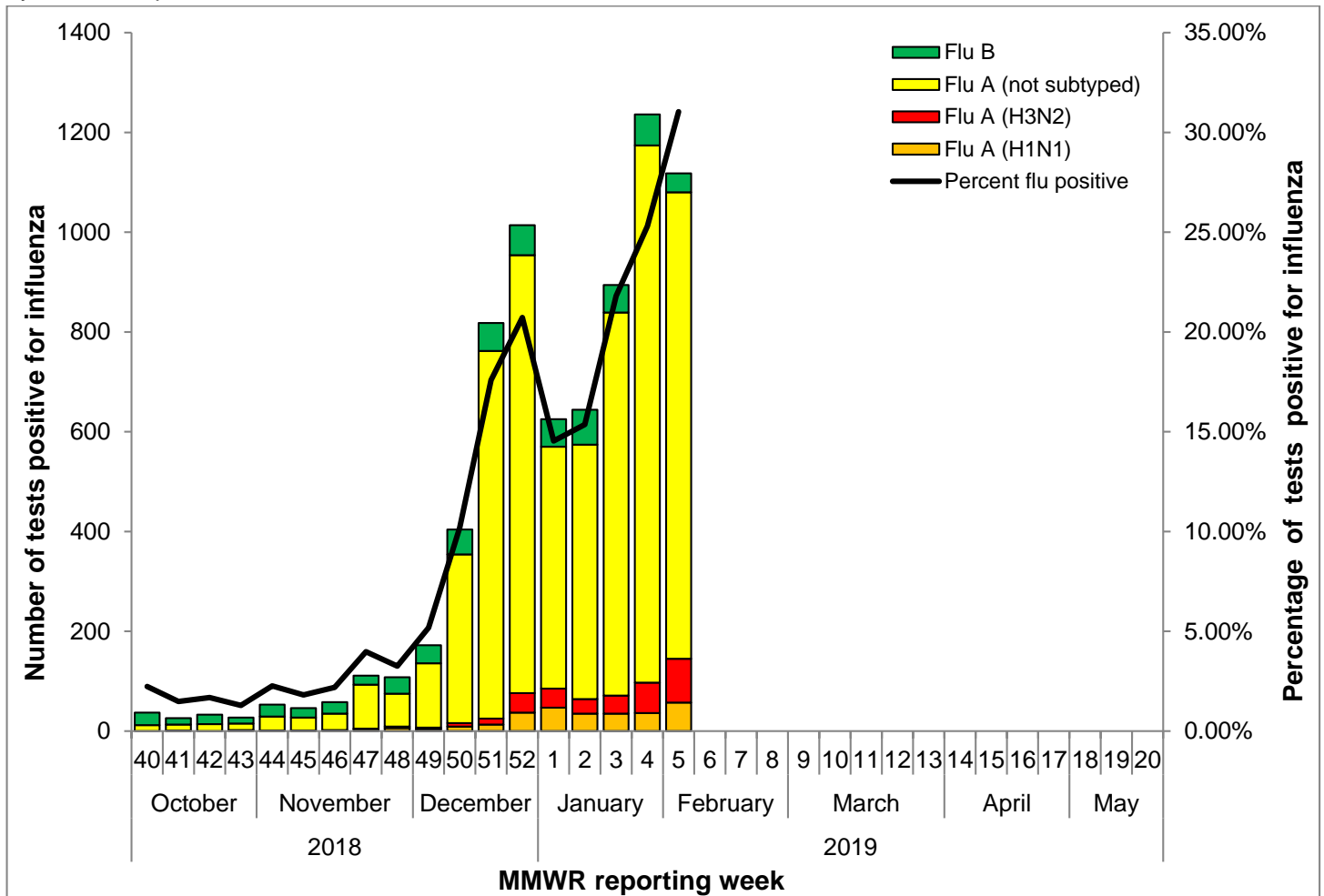


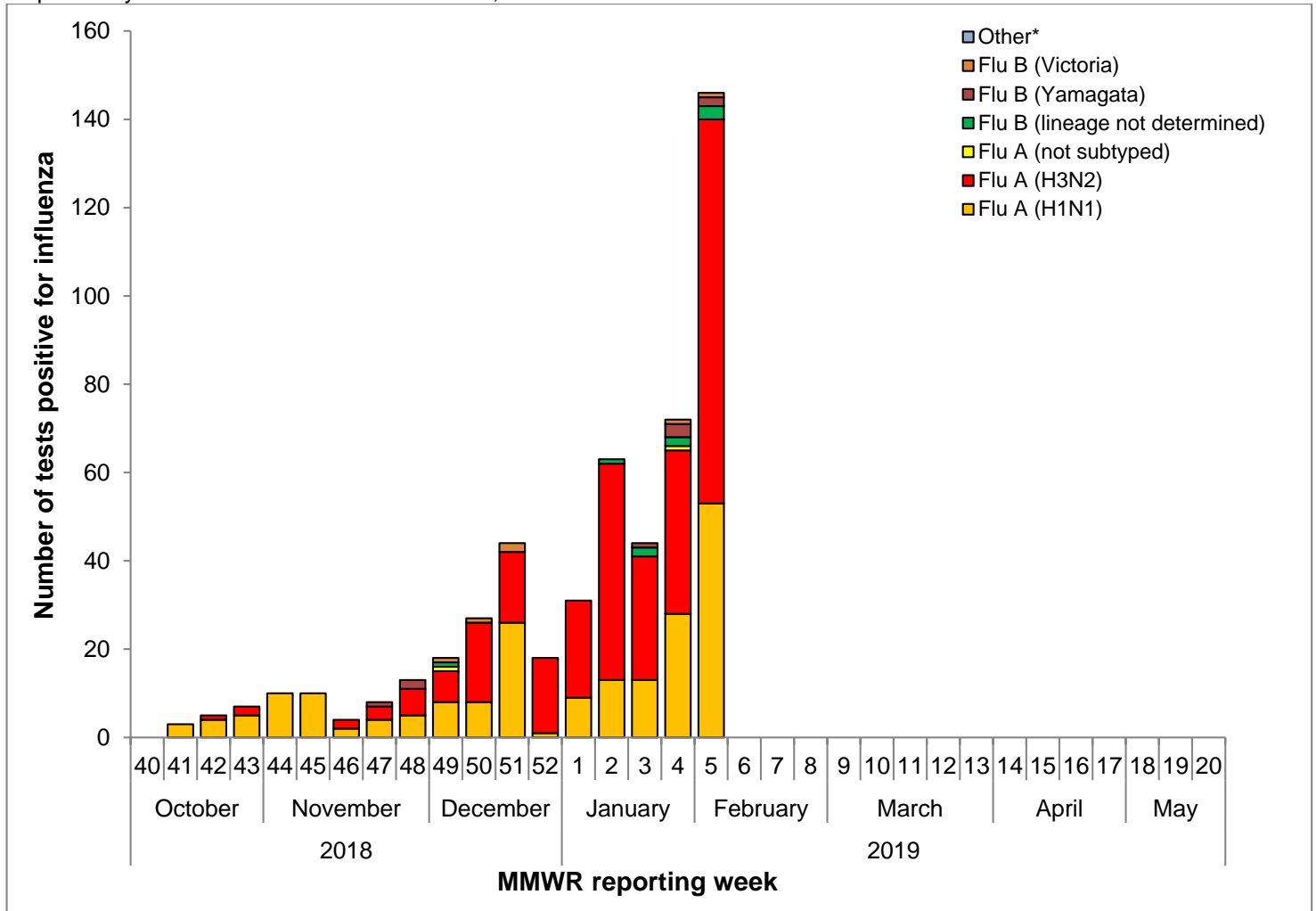
Table 3: Influenza Testing Performed by Texas Public Health Laboratories for the Current Week

	Week 05	Season to Date Week Ending: Feb. 2, 2019
Number of labs reporting flu tests	9	
Number of specimens tested	196	1055
Number of positive specimens (%) <sup>†</sup>	146 (74.49%)	523 (49.57%)
<b>Positive specimens by type/subtype/lineage [n (%)]</b>		
<b>Influenza A</b>	<b>140 (95.89%)</b>	<b>499 (95.41%)</b>
Subtyping performed	140 (100.00%)	497 (99.60%)
A (H1N1)	53 (37.86%)	202 (40.64%)
A (H3N2)	87 (62.14%)	295 (59.36%)
Subtyping not performed	0 (0.00%)	2 (0.40%)
<b>Influenza B</b>	<b>6 (4.11%)</b>	<b>24 (4.59%)</b>
Lineage testing performed	3 (50.00%)	15 (62.50%)
B/Victoria	1 (33.33%)	6 (40.00%)
B/Yamagata	2 (66.67%)	9 (60.00%)
Lineage testing not performed	3 (50.00%)	9 (37.50%)
<b>Other*</b>	<b>0 (0.00%)</b>	<b>0 (0.00%)</b>

<sup>†</sup>Laboratory data in 2016-2017 and 2017-2018 season reports may not be comparable to reports from seasons previous to 2016-2017 because the data only includes hospital laboratories data for the current season

\*Other denotes specimens with coinfections (i.e. one specimen was positive for both influenza A (H1N1) and influenza A (H3N2))

Figure 2: Number and Percentage of Tests (Antigen, Culture, PCR) Positive for Influenza by Type, Subtype, and Lineage Reported by Texas Public Health Laboratories, 2018-2019 Season



\*Other denotes specimens with coinfections (i.e. one specimen was positive for both influenza A (H1N1) and influenza A (H3N2))

*Other Respiratory Viruses*

The NREVSS system collects information on a variety of respiratory viruses in addition to influenza including parainfluenza virus, respiratory syncytial virus (RSV), rhinovirus, human metapneumovirus (HMPV), seasonal coronavirus, and respiratory adenovirus. The results for the current week are summarized below.

Table 4: Non-Influenza Respiratory Virus Testing Performed by Texas NREVSS Laboratories for the Current Week

Virus	Number of Laboratories Testing	Tests Performed	Positive Tests	Percentage of Tests Positive
Adenovirus (respiratory)	8	897	22	2.45%
HMPV	9	984	48	4.88%
Parainfluenza virus	9	1245	39	3.13%
Rhinovirus	8	897	182	20.29%
RSV <sup>†^</sup>	14	1931	141	7.30%
Seasonal coronavirus (does not include MERS-CoV)	5	798	44	5.51%

<sup>†</sup>RSV tests displayed in the table are a combination of antigen detection, PCR, and culture tests. Some non-NREVSS reporters also contribute to the RSV data.

<sup>^</sup>Numbers and percentage may differ from the weekly RSV report. The weekly RSV report may be accessed at <https://www.dshs.state.tx.us/RSV/disease/rsv-Data.aspx>.

**Antigenic Characterization**

Since September 30, 2018, CDC has reported antigenic characterization results from no influenza A (H3N2) viruses, four influenza A (H1N1) viruses and no influenza B viruses received from the Texas Department of State Health Services (DSHS) Laboratory, the Dallas County Health and Human Services Laboratory Response Network (LRN) Laboratory, and the San Antonio LRN Laboratory. The DSHS Laboratory and the two LRN laboratories send a representative sample of influenza viruses to the CDC throughout the flu season.

Influenza A (H3N2) [0]

Influenza A (H1N1) [4]

- Four (100%) viruses were related to A/Michigan/45/2015 (H1N1). This virus strain was included in the 2018-2019 influenza vaccine for the Northern Hemisphere.

Influenza B [0]

- Victoria lineage [0]
- Yamagata lineage [0]

**Antiviral Resistance**

No antiviral resistance testing data for Texas specimens are available at this time.

**U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet)**

Table 5: Texas ILINet Reporting and Patient Visit Summary for the Current Week

Week 05	
Number of providers reporting <sup>†</sup>	99
Number of providers reporting patient visits	98
Number (%) of providers with at least one ILI case	94 (95.92%)
Percentage of all visits due to ILI	8.59%
Texas ILINet baseline <sup>‡</sup> , 2018-2019	5.60%

<sup>†</sup>Reporting providers include both ILINet and RVSP providers.

<sup>‡</sup>The baseline is the mean percentage of patient visits for ILI during non-influenza weeks for the previous three seasons plus two standard deviations. A “non-influenza week” is defined as a week that accounted for less than 2% of the season’s total number of specimens that tested positive for influenza

Table 6: Percentage of Visits for Influenza-like Illness Reported by Texas ILINet Providers (as of 2/7/2019 2:30 PM)

Week	Providers Reporting	Number of ILI Cases by Age Group (Years)					Total ILI (all ages)	Total Patients	ILI
		0-4	5-24	25-49	50-64	65+			
201840	113	139	341	169	132	135	916	30116	3.04%
201841	112	155	216	185	116	98	770	29435	2.62%
201842	112	126	275	180	92	120	793	28991	2.74%
201843	111	165	335	209	108	128	945	30540	3.09%
201844	113	168	357	230	121	139	1015	30404	3.34%
201845	115	225	388	253	118	136	1120	31559	3.55%
201846	115	227	374	278	168	130	1177	30694	3.83%
201847	115	199	249	236	134	125	943	22915	4.12%
201848	114	261	396	310	213	179	1359	32441	4.19%
201849	114	217	406	303	188	199	1313	30298	4.33%
201850	114	254	493	304	167	157	1375	29506	4.66%
201851	106	266	471	362	206	213	1518	27082	5.61%
201852	106	238	432	404	202	165	1441	21287	6.77%
201901	109	196	305	462	172	108	1243	24279	5.12%
201902	109	217	403	443	165	99	1327	28439	4.67%
201903	111	246	654	467	151	73	1591	28561	5.57%
201904	106	258	941	498	190	92	1979	28294	6.99%
201905	99	276	1282	563	192	71	2384	27756	8.59%

Figure 3: Percentage of Visits Due to Influenza-like Illness Reported by Texas ILINet Participants, 2018-2019 Season

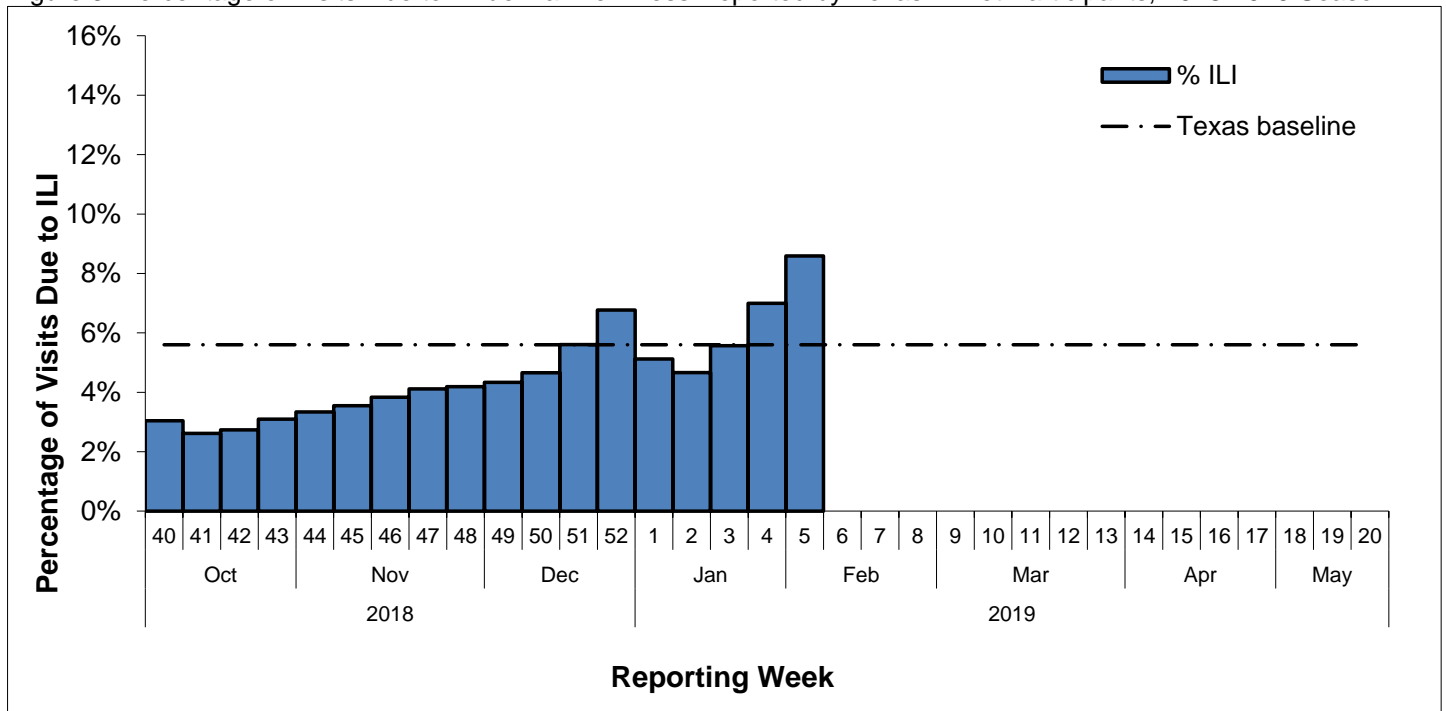
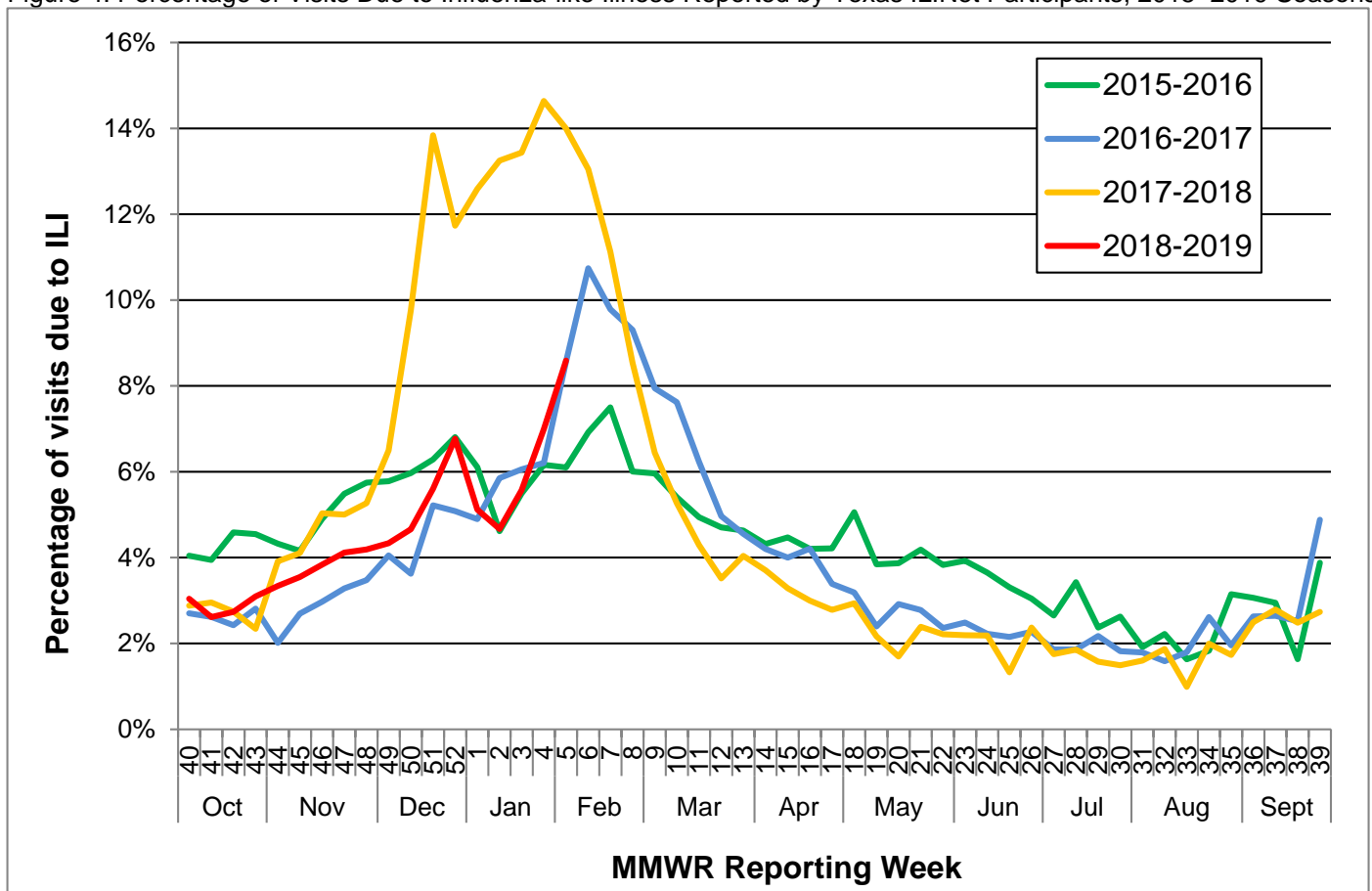


Figure 4: Percentage of Visits Due to Influenza-like Illness Reported by Texas ILINet Participants, 2015–2019 Seasons



## Reports from Health Service Regions

Reports were received from all Health Service Regions (HSRs) during week 05.

Table 7: Influenza Activity Compared to week 04 by Health Service Region (HSR)

Influenza Activity Comparison	Health Service Region (HSR)
Increased	1, 2/3, 4/5N, 6/5S, 8, 9/10, and 11
Same	
Decreased	
Unsure	7

## Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas during the 2018-2019 season.

## Institutional Outbreaks and School Closures

Five institutional outbreaks were reported in four different HSRs during week 05 at long-term care facilities. One outbreak reported three residents with symptoms of ILI in HSR 2/3. Two of the three residents tested positive for influenza A H3N2 by PCR and the third tested positive for influenza A by rapid test. One outbreak reported two cases of influenza in HSR 4/5N. Two influenza-associated outbreaks were reported in HSR 7. One outbreak reported two residents and two staff who tested positive for influenza A by rapid test. The other outbreak reported two residents who tested positive for influenza B by rapid test. One influenza-associated outbreak was reported in HSR 8. Five residents reported symptoms of ILI. Two of those residents tested positive for influenza B. Control measures included isolation of ill, educational materials displayed, and prophylaxis given.

One school closure, one school outbreak, and two daycare outbreaks were reported during week 05. One school outbreak reported twenty students with symptoms of ILI. Of those, 15 tested positive for influenza A or B by rapid test in HSR 6/5S. One school closure reported 43 students and 1 staff with symptoms of ILI in HSR 7. Two students tested positive for influenza A and 18 tested positive for influenza by an unknown test type. Two daycare outbreaks were reported in HSR 8. One outbreak had 5 students test positive for influenza A. The second outbreak reported 4 children and 1 staff who tested positive for influenza A by rapid test. Control measures included exclusion of those with a fever and cleaning of the facility.

## P&I Mortality Surveillance Data

Pneumonia and influenza (P&I) death data are obtained from death certificates of Texas residents whose underlying or contributing cause(s) of death is reported as pneumonia or influenza. P&I deaths are identified based on ICD-10 multiple cause of death codes. In particular, P&I deaths are based on ICD-10 pneumonia and influenza mortality codes.

One thousand eight hundred and sixty-five P&I deaths have been reported in Texas during the 2018-2019 influenza season.

Table 8: Texas P&I Deaths Occurring Sept. 30, 2018- Jan. 02, 2019\* by Age

Age Category (years)	Number of P&I Deaths <sup>+</sup>	Mortality Rate (per 100,000)
0 - 4	<10	0.05
5 - 17	<10	0.11
18 - 49	112	0.84
50 - 64	315	6.07
65 +	1431	37.31
Overall	1865	6.23

\*NOTE: Data are provisional and subject to change, errors, and duplicates

<sup>+</sup> If the cell count is less than 10, the number of P&I deaths is suppressed and <10 is written in the cell.

Table 9: Texas P&I Deaths Occurring Sept. 30, 2018- Jan. 02, 2019\*by Health Service Region (HSR)

HSR	Number of P&I Deaths	Mortality Rate (per 100,000)
1	56	6.01
2/3	573	6.61
4/5N	137	8.36
6/5S	438	5.59
7	207	5.64
8	207	6.70
9/10	96	6.00
11	151	6.01
Overall	1865	6.23

\*NOTE: Data are provisional and subject to change, errors, and duplicates

### Influenza-Associated Pediatric Mortality

One influenza-associated pediatric death was reported during week 05 in a 4-year-old resident of HSR 2/3 with no underlying health conditions. A specimen collected from the child was positive for influenza A by rapid test. The child was not vaccinated for the current season.

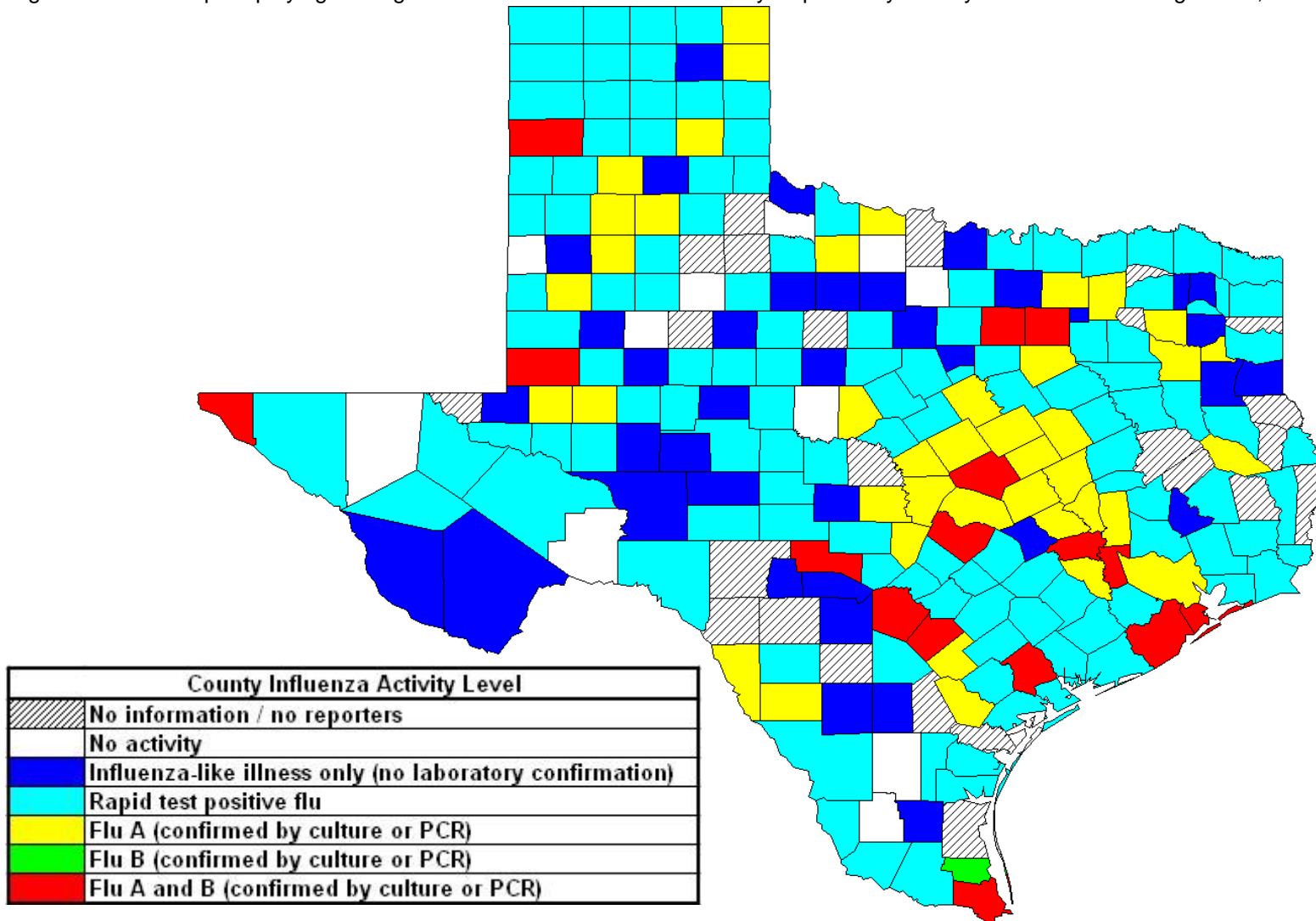
Four influenza-associated pediatric deaths have been reported in Texas during the 2018-2019 influenza season. Cases of influenza-associated pediatric mortality (children <18 years of age) are reportable year-round and by law in Texas.

Table 10: Influenza-Associated Pediatric Deaths Reported in Texas during the 2018-2019 Season

Month of Pediatric Death	Influenza A (H1N1)	Influenza A (H3N2)	Influenza A (Not Subtyped)	Influenza B	Influenza, Not Typed / Not Differentiated	Influenza virus co-infection: A (not subtyped) and B	Total, All Influenza Types / Subtypes
<b>2018</b>							
October	1	0	0	0	0	0	1
November	0	0	0	0	0	0	0
December	0	0	0	0	0	0	0
<b>2019</b>							
January	0	0	3	0	0	0	3
February	0	0	0	0	0	0	0
<b>Total</b>	<b>1</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>4</b>

## Statewide Influenza Activity Map

Figure 5: Texas Map Displaying the Highest Level of Influenza or ILI Activity Reported by County for the Week Ending Feb. 2, 2019 (MMWR Week 05)



Please note: The majority of influenza cases are not reportable by law in Texas. This map contains data from sentinel sites and only displays influenza and ILI cases that were reported to public health. Positive laboratory results are reported according to specimen collection date, or date received in the laboratory if the former is unknown.



## Texas Influenza Surveillance Components and Measures

Activity codes (see <http://www.cdc.gov/flu/weekly/overview.htm>)

### Statewide influenza activity level

A code reported weekly by states and territories to CDC indicating the geographic spread of influenza in the state. Levels are no activity, sporadic, local, regional, and widespread.

### ILINet Activity Indicator

A statewide level of influenza-like illness intensity (on a scale of 1-10, with 1 being the lowest level) assigned to each state weekly by CDC based on data reported through ILINet.

### Morbidity

#### Novel/variant influenza

Thorough investigations are performed on all cases of novel/variant influenza. *This condition is reportable by law in Texas.*

#### Texas ILINet

Providers voluntarily report weekly to CDC's ILINet system on the number of outpatient visits for ILI and total outpatient visits. Providers may submit up to 5 specimens per month for influenza testing. See <http://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/ILINet/> for information on how to become an ILINet provider.

#### ILI activity

Non-ILINet providers report ILI or influenza data weekly to local or regional health departments.

#### Outbreaks

Healthcare, schools, childcare, and correctional facilities report ILI and influenza outbreaks to health departments in Texas. *This condition is reportable by law in Texas.*

### Mortality

#### Pneumonia and Influenza (P&I) Mortality Surveillance

The DSHS Vital Statistics Unit collects death certificate information for all deaths on Texas residents from various partners such as funeral homes and local registrars around the state. The death certificates are then sent to the National Center for Health Statistics (NCHS) where the cause of death and underlying causes of death on the death certificates are coded with ICD-10 mortality codes. Once death certificates are coded, the information is sent back to DSHS Center for Health Statistics (CHS). CHS produces a Weekly Pneumonia and Influenza (P&I) Death Report and sends it to the State Influenza Surveillance Coordinator for inclusion in the Texas Weekly Flu Report. P&I deaths are identified based on ICD-10 multiple cause of death codes, and in particular, pneumonia and influenza mortality codes. Delays inherent in death reporting and coding practices may cause the number of reported P&I deaths to vary considerably each week.

#### Influenza-associated pediatric deaths

Deaths that are associated with influenza in children < 18 years of age are reported to health departments in Texas. *This condition is reportable by law in Texas.* <http://www.dshs.state.tx.us/idcu/disease/IAPM/>

### Laboratory

#### DSHS Austin laboratory

Providers voluntarily submit specimens to the DSHS Austin laboratory for influenza PCR testing throughout the season. Providers sign up for this program through their local health departments.

#### Laboratory Response Network (LRN) laboratories

Providers voluntarily submit specimens to one of the 9 Texas LRNs for influenza PCR testing throughout the season. Providers sign up for this program through their local health departments.

#### NREVSS

Laboratories voluntarily report influenza and other respiratory virus data weekly through the CDC's online NREVSS reporting system. **Laboratories sign up for this program by contacting DSHS.** <http://www.cdc.gov/surveillance/nrevss/>

### **Recommended Resources**

*Texas Department of State Health Services*

DSHS influenza page: <http://www.texasflu.org/>

Influenza surveillance data and reports: <http://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/>

Map of Texas Health Service Regions: <http://www.dshs.state.tx.us/regions/state.shtm>

*Centers for Disease Control and Prevention*

National FluView weekly flu report: <http://www.cdc.gov/flu/weekly/>

Variant influenza viruses: <http://www.cdc.gov/flu/swineflu/variant.htm>

Avian influenza viruses: <http://www.cdc.gov/flu/avianflu/index.htm>

Swine influenza viruses: <http://www.cdc.gov/flu/swineflu/index.htm>

Infection Control in Healthcare Facilities: <http://www.cdc.gov/flu/professionals/infectioncontrol/>

Seasonal Flu Information for Schools and Childcare Providers: <http://www.cdc.gov/flu/school/index.htm>

*World Health Organization*

Influenza page: <http://www.who.int/topics/influenza/en/>

Disease Outbreak News: <http://www.who.int/csr/don/en/>